



Powered by **SHAREWAVES**

Meet Information



Saturday, May 31, 2025

This event is licensed by the Amateur Athletic Union (AAU) of the US.

THERE WILL BE A COACHES CONFERENCE CALL THURSDAY, MAY 29TH AT 8PM.

<https://us04web.zoom.us/j/78808389554?pwd=o3n72yXhRp99FoN2iPgLgHWIEe8IAQ.1>

There will be an optional Coaches Meeting on the infield after hurdles are completed.

Location Shawnee Mission South High School. 5800 W. 107th St. Overland Park, KS 66207

Entries This meet is for ages 7 to 18. Athletes may run for their track club or unattached. There will be a 50m Fun Run for ages 6 and under only.

Registration Online registration is on www.Athletic.net beginning March 14th and closes May 28th at 9pm.

Start time Gates open at 8am. Field events will begin at 9am. sharp. Running events start at 10am.

Entry Fees Fees are paid online at the time of registration, through the Athletic.net website, are non-refundable and there will be no on-site registration. \$35/Athlete. **There is no charge for family and friends to attend.**

Blocks: No starting blocks will be permitted for Athletes 10 years old and younger.

Packets There are no coaches packets to pick up. Athletes nor Coaches need wrist bands. Please print off the meet schedule prior to the meet.

Warm Ups Warm-ups will be permitted on the track before running events begin and then will only be permitted in the warm-up area located mid-field.

Field events There will be 3 attempts only. ****Athletes checking out of a field event for a running event, will be asked to complete their remaining throws/jumps immediately so they don't have to return afterwards.**

Tents Tents will only be allowed on the top level of the bleachers and in the grassy areas at the end of the track.

Results Live results will be available on www.AATiming.com.

Implements No formal weigh-ins for throwing implements. Bring your own implements.

Medals Medals will be awarded for the top 3 finishers per event shortly after the completion of the final heat of each age group. Medals will be handed out on our medal stand in the center of the field. If you miss your medal ceremony, you may get it at the Medals Area.

Medical There will be an RN and Athletic Trainers on site.

Parents **No parents allowed on the track or infield at any time.**

8 and under HIP NUMBER PICK UP

Starting at 8 am, you may pick up the hip numbers for all your **8 and under Athletes** at the heating tent. You do not need a hip number for 50m Fun Run. PLEASE DESIGNATE ONE ADULT from each team to get these numbers, put them on the left hips of your Athletes and work with the Staging Manager at the tents to get them in their correct seat, according to lane and heat assignments. This will allow the meet to run more efficiently. Thank you

Contacts Meet Director Vanessa O'Dell 913-940-2045. Head Coach JT Collor 913-710-8310.
Field events Director Ricky Dunigan 405-204-7721.



Event Schedule

This is a tentative schedule of events and is subject to change. All events will be on a rolling schedule and will run girls first, then boys. Some age groups and genders may be combined.

Time

Event

9am

FIELD EVENTS

Long jump (youngest to oldest)
High Jump (youngest to oldest)
Javelin/Turbo Javelin (17/18, 15/16,13/14, 9/10, 8&U, 11/12)
Shot Put (15/16, 17/18, 8&u, 9/10, 11/12, 13/14)
Discus (youngest to oldest)

10 am

RUNNING EVENTS (younger to older) (8 and under, 9/10,11/12, 13/14, 15/16,17/18)

800m
80H
100H
110H
50m Fun Run for 6 and under (Free)
100m
400m
1500m
4x200m Relay (No Fee for relay teams)

Thank you to our Sponsors

