

Mamaroneck Invitational



April 26, 2025

Dear Coach,

Your team is invited to the 47th Mamaroneck Invitational, which will be held on April 26, 2025. This season will be a little different as this will be a COED meet.

Below is a form which you may print and mail or email the requested information to David Smith.

Page 2 is the basic information regarding the meet, as well as the bill which you may use to submit to your business office to process payment.

Page 3 has a little more information concerning the day of the meet.

If you have any questions, please do not hesitate to contact us at:
DSmith@mamschools.org

Cell: 914-497-0913

Hope to see you on the 26th of April.

Sincerely,

David Smith - Meet Director/Head Coach

Mamaroneck Relays

Date: Saturday, April 26, 2025

Place: Mamaroneck High School

Time: 8:00 teams check in Javelin 8:30am Girls - Boys

9:00am: JT, 9:00am: LJ 10:00am: HJ, 8:45am: Running

Track: 400 meters, 6 lane, all weather latex track surface.

SP/DT surface is concrete

JT surface is grass (inside track)

Awards: Varsity: Medals to 1st through 4th based on time, place, distance

Team Awards: Varsity: 1st, 2nd, 3rd, based on final scores

Ed Vogel SP/DT Award to top competitor, based on combined attempts

Entry fee: \$600 for both Boys/Girls Varsity:

Check payable to: Mamaroneck Athletic Association
% David Smith, Meet Director or Bari Suman, AD
Mamaroneck High School
1000 W. Boston Post Rd
Mamaroneck, NY 10543

For Use By Business Office:

46th Mamaroneck Relays

\$600 for Boys Girls Varsity and Field Teams

Payable to: Mamaroneck High School

Mail To: David Smith, Meet Director

Mamaroneck High School

1000 W. Boston Post Road

Mamaroneck NY 10543

47th
MAMARONECK INVITATIONAL
TRACK AND FIELD RELAYS

MAMARONECK HIGH SCHOOL

APRIL 27, 2024

ORDER OF EVENTS

FIELD EVENTS

- 8:30 AM:** **Girls JAVELIN THROW Girls**
- 9:00 AM:** Boys JAVELIN THROW (only 2 or 4 boys)
- 9:00 AM: Girls LONG JUMP
- 9:40 AM:** Boys LONG JUMP
- Girls Triple Jump
- 10:20 AM: Boys Triple JUMP
- 10:00 AM: or when JAVELIN is DONE** HIGH JUMP (only 2 or 4)
- SHOT PUT* (only 2 or 4)
- DISCUS THROW* (only 2 or 4)

*TEAMS WILL ROTATE IN GROUPS

RUNNING EVENTS

**8:45 AM: (ONLY THREE TEAM ENTERED PER EVENT PER SCHOOL, Open events
3 Entries Per Event)**

1. Girls Open 1500 Meter (3 Entries per team)
2. Boys Open 1600 Meter (3 Entries per team)
3. Girls Sprint Medley Relay (400-200-200-800)
4. Boys Sprint Medley (400-200-200-800)
5. Girls 400 m Relay (4x100)
6. Boys 400 m Relay (4x100)
7. Girls Distance Medley Relay (1200-400-800-1600)
8. Boys Distance Medley Relay (1200-400-800-1600)
9. Girls 800 m Relay (4x200)
10. Boys 800 m Relay (4x200)
11. Girls 3200 m Relay (4x800)
11. Boys 3200 m Relay (4x800)
12. Girls Open 400IH (3 Entries per team)
13. Boys Open 400IH (3 Entries per team)
15. Girls 1600 m Relay (4x400)
16. Boys 1600 m Relay (4x400)