

The 4th Annual George Calano - Collegiate School Cross Country Invitational

Formerly the Collegiate Invitational Cross Country Meet

Friday, October 17, 2025

Venue: Van Cortlandt Park

In 2022, the meet was renamed in honor of **George Calano**, beloved teacher, coach, and athletic director at the Collegiate School.

Coach Calano also served from 1984-2022 as NYSAIS representative for the NYS Federation for Cross Country, Indoor and Outdoor Track and Field.

The meet offers an excellent opportunity to run fast at VCP right before championship season, just as George Calano would have wanted!

Meet Highlights

- Varsity race is a 5K. [Map](#)
- JV race is 2.5 mile.
- Freshmen race is 1.5 mile.
- All races will receive t-shirts for the winning team and winning individual. Medals for top finishers in all races.



Meet Contacts

Rebeka Stowe - Meet Director
Head Coach, Collegiate School Cross Country
rstowe@collegiateschool.org

Gerard Connelly - Assistant Meet Director
Assistant Coach, Collegiate School Cross Country
gconnelly@collegiateschool.org

Demetrius Murray - Assistant Meet Director
Assistant Coach, Collegiate School Cross Country
dmurray@collegiateschool.org

Meet Registration

STEP 1: Enter the meet on milesplit by Monday, October 6.

STEP 2: Mail check for anticipated competitors with meet entry form by Thursday, October 9.

Make checks payable to Collegiate School.

Mail to: George Calano - Collegiate School Invitational
Attn: Rebeka Stowe
Collegiate School
301 Freedom Place South
New York, NY 10069

If needed, instructions to enter rosters (by state) are below.

New York Schools <http://ny.milesplit.us/teams>

Connecticut <http://ct.milesplit.us/teams>

New Jersey <http://nj.milesplit.us/teams>

Help with registering your team with Milesplit?

1. **Login or Register** – You must have a user name and password for Milesplit. To get that, if you don't have one, click register in the top right gray MileSplit bar directly under the Universal Sports logo and search box.
2. **Claim Your Team** – If you haven't already set this up, you must be registered as a coach or team administrator .

In order to get set up, you go to your team page, and at the top right, click "Claim This Team".

Choose either that you want to be a coach or team admin. Follow the instructions on that page. \ Apply and submit. Once you do that and are approved (usually within a few hours), you will receive a confirmation email and you'll be set to go to the next step.

3. **Update Your Roster** – Go to your team page, login, and you will see a button that says "Team Administration" to the right of your team's name.

Click that and then click roster on the left hand toolbar.

Enter or update your roster, adding any new athletes.

To move graduated athletes to Alumni, simply add their graduation year and hit save

Day of Meet Procedure

We will be using Fulton Automatic Timing (FAT) for our meet timing services. For teams that compete in leagues that do not use FAT, the timing services will provide bibs for your athletes, to be picked up at the finish line before the start of the meet (**from 2-4pm**).

Bring your bibs to the meet!

Any team that uses Fulton Automatic Timing will not be receiving new bibs.

If you are unsure if you will need to bring your bibs please confirm via email

(rstowe@collegiateschool.org; gconnelly@collegiateschool.org) by Thursday, October 9, 2025.

You must have your roster on milesplit. Please enter your athletes into the anticipated races they will be competing in. This is to give us a preliminary idea of how many athletes may be competing

- 4:00 PM **Boys Freshman Race** **1.5 miles unlimited entries**
Awards: Medals 1-15 - T-shirts to Winning Freshman School
Entry fee: \$25 Team or \$5 per individual (lower total)
- 4:10 PM **Girls Freshman Race** **1.5 miles unlimited entries**
Awards: Medals 1-15 - T-shirts to Winning Freshman School
Entry fee: \$25 Team or \$5 per individual (lower total)
- 4:25 PM **Boys Junior Varsity Race** **2.5 miles unlimited entries**
Awards: Medals 1 – 15 T-shirts to Winning Team and individual
Entry fee: \$25 Team or \$5 per individual (lower total)
- 4:35 PM **Girls Junior Varsity Race** **2.5 miles unlimited entries**
Awards: Medals 1 – 15 T-shirts to Winning Team and individual
Entry fee: \$25 Team or \$5 per individual (lower total)
- 4:50 PM **Girls Varsity Race** **5K** **Best Seven**
Awards: Medals 1 –15 Team Plaque 1st, 2nd, 3rd place teams
T-shirts to Winning Team and individual
Entry fee: \$55
- 5:05 PM **Boys Varsity Race** **5K** **Best Seven**
Awards: Medals 1 –15 Team Plaque 1st, 2nd, 3rd place teams
Winning Team and individual T-shirts
Entry fee: \$55

MEDALS AWARDED AT THE FINISH LINE. TEAM AWARDS at 5:30PM

4th Annual George Calano - Collegiate School Cross Country Invitational Entry Form

Formerly the Collegiate Invitational Cross Country Meet

School Program: _____

Coach: _____

Athletic Director _____

Main Contact #: _____

Main Email: _____

Varsity Boys \$55 = _____
Boys Junior Varsity Race \$25 (more than 5 runners) or \$5 x _____ # runners = _____
9th Grade Race \$25 (more than 5 runners) or \$5 x _____ # runners = _____

Varsity Girls \$55 = _____
Girls Junior Varsity Race \$25 (more than 5 runners) or \$5 x _____ # runners = _____
9th Grade Race \$25 (more than 5 runners) or \$5 x _____ # runners = _____

TOTAL ENTRY FEE = _____

Make checks payable to Collegiate School by **Thursday, October 9th.**

Mail to: George Calano - Collegiate School Invitational
Attn: Rebeka Stowe
Collegiate School
301 Freedom Place South
New York, NY 10069

IN MEMORY: George Calano (1949—2022)

George Calano filled an unexpected vacancy at Collegiate in November 1971, and began a forty plus year career in teaching, coaching and administration. George started as a PE teacher in grades one thru twelve, with coaching stints in soccer, wrestling and track. Eventually, George added responsibilities as Assistant Athletic Director for fifteen years before becoming the Head of Physical Education and Athletics for ten years from 2003 to 2013.

George was the Head Coach of Cross Country, Indoor and Outdoor Track, taking over as the Head Coach of Cross Country in 1980, starting the Indoor track program in 1981, and becoming the Head Coach of Outdoor Track in 1983.

George served as the NYSAIS Boys Representative for the NYS Federation XC, Indoor, and Outdoor Track (1984-2022) and also served as Sports Chair for the Ivy Prep School League.

George, a lifelong Staten Islander, was married to his wife, Barbara for 50 years, father to Marci and son-in-law Rich Kliesch, and grandfather to Ritchie, Katelyn, Timmy, and Alden.

Coaching Highlights:

65 Ivy League Championships

30 NYSAIS XC Championships

28 Ivy League Championships

25 Consecutive Ivy League Championships

7 NYC Mayor's Cup Championships (4- Cross Country, 2- Indoor Track, 1 Outdoor Track)

4 Top Ten Finishes at the NYS Federation XC Championships

3 NYS Federation Championship Relay Teams

1 National Champion Relay (4x mile 2007)

6 All-American Relay Teams

