



2025 USATF
NATIONAL
YOUTH OUTDOOR
CHAMPIONSHIPS
NEW YORK, NY

NATIONAL
COMBINED
EVENT
SCHEDULE

JUNE 23-24, 2025

ICAHN STADIUM
20 RANDALL'S ISLAND
NEW YORK, NY, 10035

TRIATHLON (MONDAY, JUNE 23RD)

9-10 YEAR-OLD DIVISION

GIRLS

Time	Event
4:00 p.m.	Shot Put (6lb)
5:15 p.m.	High Jump
6:40 p.m.	200 Meter Dash

BOYS

Time	Event
4:00 p.m.	Shot Put (6lb)
5:15 p.m.	High Jump
6:40 p.m.	200 Meter Dash

PENTATHLON (TUESDAY, JUNE 24TH)

11-12 YEAR-OLD DIVISION

GIRLS

Time	Event
11:55 a.m.	80 Meter Hurdles
12:45 p.m.	Shot Put (6lb)
1:45 p.m.	High Jump
3:45 p.m.	Long Jump
4:45 p.m.	800 Meter Run

BOYS

Time	Event
1:40 p.m.	80 Meter Hurdles
2:30 p.m.	Shot Put (6lb)
3:45 p.m.	High Jump
5:45 p.m.	Long Jump
6:45 p.m.	800 Meter Run

PENTATHLON (TUESDAY, JUNE 24TH)

13-14 YEAR-OLD DIVISION

GIRLS

Time	Event
11:55 a.m.	100 Meter Hurdles
12:45 p.m.	Shot Put (6lb)
1:45 p.m.	High Jump
3:45 p.m.	Long Jump
4:45 p.m.	800 Meter Run

BOYS

Time	Event
1:40 p.m.	100 Meter Hurdles
2:30 p.m.	Shot Put (4K)
3:45 p.m.	High Jump
5:45 p.m.	Long Jump
6:45 p.m.	800 Meter Run

HEPTATHLON (TUESDAY, JUNE 23RD – WEDNESDAY, JUNE 24TH)

15-16 & 17-18 YEAR OLD DIVISION

GIRLS - DAY 1

Time	Event
12:00 p.m.	100 Meter Hurdles
12:45 p.m.	High Jump
1:45 p.m.	Shot Put
3:45 p.m.	200 Meter Dash

GIRLS – DAY 2

Time	Event
1:40 p.m.	Long Jump
2:30 p.m.	Javelin
3:45 p.m.	800 Meter Run

DECATHLON (TUESDAY, JUNE 23RD – WEDNESDAY, JUNE 24TH)

15-16 & 17-18 YEAR OLD DIVISION

BOYS/GIRLS – DAY 2

Time	Event
12:00 p.m.	100 Meter Dash
12:45 p.m.	Long Jump
1:45 p.m.	Shot Put (12lb)
3:45 p.m.	High Jump
4:45 p.m.	400 Meter Dash

BOYS/GIRLS – DAY 2

Time	Event
12:45 p.m.	110 Meter Hurdles
1:30 p.m.	Discus
2:30 p.m.	Pole Vault
4:45 p.m.	Javelin
5:45 p.m.	1500 Meter Run