Friday April 25th

**Field Events**

1:00 PM Men’s Pole Vault

2:00 Women’s Hammer

Men’s Javelin

4:00 Women’s Long Jump

Women’s Pole Vault

Men’s Hammer Women’s Javelin

6:00 Men’s Long Jump

**Track Events**

4:30 Women’s 100m Prelims

4:45 Men’s 100m Prelims

5:15 Women’s 100m Hurdle Prelims

5:45 Men’s 110m Hurdle Prelims

6:05 Women’s 200m

6:20 Men’s 200m

6:35 Women’s 1500m

6:55 Men’s 1500m

7:15 Women’s 5k

7:40 Men’s 5k

Saturday April 26th

**Field Events**

11:30 AM Men’s Shot Put

Women’s Discus

Women’s High Jump

Men’s Triple Jump

1:45 PM Women’s Shot Put

Men’s Discus

Women’s Triple Jump

Men’s High Jump

**Track Events**

11:15 AM WCU Senior Recognition

***11:45 Fastest Kid in the Holler***

12:00 PM National Anthem

12:10 Women’s 4 x 100m relay

12:20 Men’s 4 x 100m relay

12:30 Women’s 100m Hurdles Finals

12:45 Men’s 110m Hurdles Finals

1:00 Women’s 400m

1:15 Men’s 400m

1:30 Women’s 100m Final

1:35 Men’s 100m Final

1:40 Women’s 800m

2:00 Men’s 800m

2:20 Women’s 400m Hurdles

2:40 Men’s 400m Hurdles

3:00 Women’s 3k Steeplechase

3:20 Men’s 3k Steeplechase

3:35 Women’s 4 x 400m relay

3:50 Men’s 4 x 400m relay