



10th Annual

MIDWEST TRACK AND FIELD SHOWCASE & TEAM CHAMPIONSHIPS

Saturday, July 12, 2025

**Battle High School
7575 E. Saint Charles Road
Columbia, MO 65202**

Open to all clubs including AAU & USATF, AND Unattached Athletes

FIELD EVENTS: 8:00am

RUNNING EVENTS: Race Walks 8:00am 9:00am 3000m Run starts

HOST: Columbia's Blue Thunder Track Club

REGISTRATION DEADLINE: Wednesday, July 9, 2025 by 11:59pm

LATE ENTRIES WILL NOT BE ACCEPTED

ENTRY FEE: \$25.00 PER ATHLETE to be entered by a club designee at www.Athletic.net. Fees must be paid online by the close of registration deadline.

AGE GROUPS: 2 year age groups will be used determined by birth year: 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18. Athletes who are still 18 as of August 3, 2024 may still compete.

ENTRY LIMITATIONS: 11-12 & younger - 3 events
13-14 & older - 4 events

GATE ADMISSION: \$5.00 per person. 5 years and under FREE! Cash and Venmo accepted.
Valid / current AAU or USATF coach cards in FREE

1400 Forum Blvd, Suite 7A, #402
Columbia, Missouri 65203

BlueThunderTrackClub@gmail.com
www.BlueThunderTrackClub.com



RUNNING EVENTS: Race Walk begins at 8:00am. The remaining running events will begin at 9:00am and are all timed finals, on a rolling schedule. Events will run girls first, then boys, starting with 8 & under (primary). Some events may have combined groups (girls/boys) if there are less than 8 athletes entered in an event age group.

HURDLES will be placed according to AAU rules for 13-14 girls.

Warm ups will not be allowed in the infield. See Included map for location of warm up area

FIELD EVENTS: First field events will begin at 8:00am by order on following page. Four (4) attempts for all horizontal jumps, **NO FINALS**. Three (3) for vertical jumps, **NO FINALS**. Four (4) attempts for all throws, **NO FINALS**. Some field events may be combined (girls/boys). So, please listen carefully to event calls from the announcer.

** Competitors should bring their own implements to be used at meet**

POINTS: Point format: 1st-10 2nd-8 3rd-6 4th-5 5th-4 6th-3 7th 2 8th-1

AWARDS: Individual Medals: Gold, Silver & Bronze for all events
Small Club (25 or less registrations) Overall Team Points: 1st, 2nd & 3rd Place Plaques
Large Club (26 or more registrations) Overall Team Points: 1st, 2nd & 3rd Place Plaques

WEATHER: The meet will only be cancelled in the event of inclement weather which would jeopardize the safety of the participants (lightning-hail-heavy rain). In all other cases of inclement weather, 30 minute delays in meet may occur.

TENTS/CANOPIES: Tents/Canopies are only allowed on the top row of both grandstands & in "Tent city" areas indicated on the facility map. **All tents/canopies must be staked/bound/weighted down on all corners, or the owner will be directed to take it down by our meet staff.**

INFIELD: Only athletes about to compete may be in heating area. Checked-in athletes, meet officials and volunteers are allowed on the infield. Refusal to cooperate will lead to disqualification of child or team. Athletes must leave the track and field area through west gate at the completion of his/her event.

Packet Pick-up: 7:00am – 8:30am

Coaches Meeting: During Race Walk

Concession stand with refreshments will be available at this event. Cash and Venmo will be accepted.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT MEET DIRECTORS:

Brenda Davis

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(573) 682-0368

Camren Cross

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(573) 999-3106

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FIELD EVENTS

Shot Put: 8 & under through 17-18

Order: 17-18, 15-16, 13-14, 11-12, 9-10, 8 & under

Discus: 11-12 through 17-18

Order: 11-12, 13-14, 15-16, 17-18

Turbo Jav: 8 & under through 11-12

Order: 11-12, 9-10, 8 & under

Javelin: 13-14 through 17-18

Order: 17-18, 15-16, 13-14 ~ Event will follow completion of Turbo Jav~

Long Jump: 8 & under through 17-18

Order: 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18

Triple Jump: 13-14 through 17-18

Order: 13-14, 15-16, 17-18 ~ Event will follow completion of Long Jump~

High Jump: 9-10 through 17-18

Order: 17-18, 15-16, 13-14, 11-12, 9-10

Pole Vault: 13-14 through 17-18

Order: 13-14, 15-16, 17-18

First field events will begin at 8:00am by order listed above.

4 attempts for horizontal jumps, **NO FINALS**. 4 for all throws, **NO FINALS**. 3 attempts for vertical jumps, **NO FINALS**. Some field events may be combined (girls/boys). So, please listen carefully to event calls from the announcer.

**** Competitors should bring their own implements to be used at meet ****

RUNNING EVENTS

1500m Race Walk

3000m Race Walk

3000m Run

80m Hurdles

100m Hurdles

110m Hurdles

4x800m Relay

100m Dash

400m Dash

4x100m Relay

1500m Run

400m Hurdles

200m Hurdles

200m Dash

800m Run

4x400 Relay

First events on the track will begin at 8:00am starting with the Race Walk. All running events will be timed finals, on a rolling schedule. Events will run girls first, then boys, starting youngest age group with exception of high jump, javelin & turbo jav. Some events may have combined age groups if there are less than 8 athletes entered in an event age group.

**** Warm ups will not be allowed in the infield. See included map for location of warm up area ****

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FACILITY MAP



SPECIAL NOTES

- Our intentions are to manage this meet in a way to prepare athletes and coaches for the expectations at nationals. So, please respect the rules of the meet, have athletes show to the heating tent race ready & without any extra items, do not cross barriers or flagging, and only meet volunteers are allowed on the field / track unless invited down by one of the meet officials.
- We are requesting that all entries in [Athletic.net](https://athletic.net) are entered with seed marks if possible. Again, we want this meet to prepare athletes for national competition. Competing with like-competition is what will happen at the next level. So, please do enter valid seed marks as our desire is to have close races to bring out the best in the athletes.
- Only use spikes $\frac{1}{4}$ " in length or shorter.
- Respect the facility and keep it clean.
- Fully Automatic Timing (F.A.T) and live results will be available at BRRM.com by Big River Race Management. Final results will be posted at BRRM.com as well as [Athletic.net](https://athletic.net) once released.

Thank you very much for attending our meet; and we hope it is a great experience for you.
The best of luck to all of you that will be competing at a national championship meet.
We will be rooting for you!

-BLUE THUNDER TRACK CLUB-

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