



# *The Ultimate Speed Academy Invitational - Sunday, May 25, 2025*

## **RUNNING EVENTS - BEGIN AT 9:00 A.M.**

**\*\*\*Opening Ceremony: The National Anthem and the Parade of Peewees\*\*\***

	PEEWEEES 50/100 METER DASH	6 and Under Years Old
TIMED FINAL	1500 METER RUN	8&U through 17-18
TIMED FINAL	80/100/110 METER HURDLES	11-12 through 17-18
TIMED FINAL	100 METER DASH	8&U through 17-18
TIMED FINAL	800 METER RUN	8&U through 17-18
EXHIBITION	PEEWEE 4X100 METER RELAY	NO AWARDS GIVEN
TIMED FINAL	4x100 METER RELAY	8&U through 17-18
TIMED FINAL	400 METER DASH	8&U through 17-18
TIMED FINAL	1500/3000 METER RACEWALK	9-10 – 13-14/15-16-17-18
TIMED FINAL	1600M MEDLEY RELAY (200-200-400-800)	8&U through 17-18

*Note: All running events will be run girls first, then boys, from youngest to oldest within each event. We reserve the right to run age groups and/or genders together in the 1500 run, racewalk, and relays at the meet director's discretion to expedite the overall meet, while ensuring fair competition.*

## **FIELD EVENTS – BEGIN AT 8:30 A.M.**

**\*ALL WARMUPS AND RUN THROUGHES MUST BE COMPLETED BY THIS TIME\***

*(WE RESERVE THE RIGHT TO HAVE ALL THROWERS THROW TWO (2) CONSECUTIVE THROWS BEFORE THEIR FINAL THROW DEPENDENT ON THE NUMBER OF ENTRIES)*

<b>LONG JUMP- 3 JUMPS</b>	<b>HIGH JUMP- 3 ATTEMPTS</b>	<b>DISCUS-3 THROWS</b>	<b>SHOTPUT- 3 THROWS</b>
PRIMARY GIRLS	BANTAM GIRLS	YOUNG WOMEN	PRIMARY GIRLS
PRIMARY BOYS	BANTAM BOYS	YOUNG MEN	PRIMARY BOYS
BANTAM GIRLS	MIDGET GIRLS	INTERMEDIATE GIRLS	BANTAM GIRLS
BANTAM BOYS	MIDGET BOYS	INTERMEDIATE BOYS	BANTAM BOYS
MIDGET GIRLS	YOUTH GIRLS	YOUTH GIRLS	MIDGET GIRLS
MIDGET BOYS	YOUTH BOYS	YOUTH BOYS	MIDGET BOYS
YOUTH GIRLS	INTERMEDIATE GIRLS	MIDGET GIRLS	YOUTH GIRLS
YOUTH BOYS	INTERMEDIATE BOYS	MIDGET BOYS	YOUTH BOYS
INTERMEDIATE GIRLS	YOUNG WOMEN		INTERMEDIATE GIRLS
INTERMEDIATE BOYS	YOUNG MEN		INTERMEDIATE BOYS
YOUNG WOMEN			YOUNG WOMEN
YOUNG MEN			YOUNG MEN
<b>TRIPLE JUMP- 3 JUMPS</b>	<b>TURBO JAVELIN/JAVELIN</b>	<b>PEEWEE SOFTBALL</b>	
BEGINS AFTER LONG JUMP- CAFETERIA STYLE	<b>3-HOUR WINDOW</b> CAFETERIA STYLE	IMMEDIATELY AFTER THEIR RUNNING EVENTS	

**This meet is sanctioned by the AAU.**