



**2025 USATF Track & Field Montana Association
Junior Olympic Championships
Montana State University Track & Field Complex
Bozeman, Montana - June 20-21, 2025**

Updated 6/16/2025 (v3)

Clubs and unattached athletes should register online no later Wednesday, June 18th, 2025 at 7:00 p.m. (MDT). Late entries will not be accepted. Online registration via www.athletic.net. Fees must be paid online by the close of registration.

Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data on Athletic.net for accuracy prior to submitting entry.

Age Division are determined by Year of Birth

Age Divisions	Year of Birth	Max # of Events
8 & under	2017+ *	3
9 - 10	2015 - 2016	3
11 - 12	2013 - 2014	3
13 - 14	2011 - 2012	4
15 - 16	2009 - 2010	4
17 - 18	2007 - 2008 **	4

* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or National Championships.

** Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships (July 27) are eligible to compete in the 17-18 age division through that meet. This extended eligibility does not apply to cross country events.

Place: The meet is hosted at the Montana State University's Bobcat Track & Field Complex, 1 Bobcat Cir, Bozeman, MT 59717.

Entry & Fees: \$8 per event for participants, \$32 per relay, \$12 for Decathlon/Heptathlon, and \$11 for Pentathlon/Triathlon. Athletes will receive bib numbers at the meet. Lost bib replacement

charge is \$10. NOTE: The Decathlon/Heptathlon/Hammer will not be contested at this event but will serve as a bypass to Regionals.

Awards: USATF Junior Olympic athletes 1st through 5th place will receive awards. The announcer will call for the top 5 soon after the completion of the event. Competitors will have no more than 10 minutes to get to the awards stand for presentation of medals once the announcement is made. Medals will be available at the awards stand if an athlete isn't able to get to the awards stand on time.

Advancement to Regionals: Participation in the Association meet allows advancement to the Regional meet.

Contact: Meet Director: Chad Coley at (406) 920-0987 or email chad@bozemantrackclub.org.

Rules & Conduct: USA Track & Field Competition Rules will govern. Coaches and parents are responsible for the conduct of their athletes. Failure to maintain proper control or display good sportsmanship may result in the removal of a team or individual from further competition, or the expulsion of a coach, parent, or spectator. Once the meet begins, only competing athletes and working officials will be allowed on the track or infield, except in the case of medical emergencies.

Protests: Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee, at once and not later than (30) thirty minutes after a result has been announced. All protests must be made in writing and accompanied by a \$50.00 cash deposit. The deposit will be refunded if the protest is upheld and forfeited if the protest is denied.

Uniforms: All relay team members must wear a top and shorts of the same color. Bodysuits must be of the same colors also.

Spikes: A maximum of 1/4 inch pyramid spikes only.

Athlete Check-In: Athletes must check-in 20 minutes before the scheduled start of their event. Any athlete not checked-in by the last call for their event will be automatically scratched.

Parking: All teams and spectators will park in the designated parking lots ONLY. Do not park along the road or you may be ticketed or towed.

Admission: There is no admissions fee for this event.

Participant Seating/Tents: Tents are allowed on the grassy area around the track and the upper corners of the bleachers only. No tents are allowed inside the fence of the track. Please make sure your tents/canopies are secured since wind gusts may occur. No slack-lines or

hammocks are permitted. If you use an umbrella in the bleachers please sit in the upper half so as to not disrupt other's view. No glass containers, smoking, or alcohol will be allowed.

Implements: All throwing implements will be inspected up to 30 minutes prior to the athlete's scheduled time of competition on each day. Implements will be marked and returned to the athlete. The head of each event will check to determine if the implement has been marked. Only marked implements will be allowed for the competition. All implements that fail to pass the inspection will be impounded until after the competition has completed. If you do not have implements some will be provided.

Prior to check-in, it is the responsibility of the coach or parent to fill out a card (at the pole vault area) stating that the competitor's weight shall be at or below the manufacturer's pole rating. It is the responsibility of the coach or parent to verify the competitor will use a legal pole rated at or above his/her weight.

Throws Implement Specifications						
	Shot Put		Discus		Javelin	
	Boys	Girls	Boys	Girls	Boys	Girls
8 & under	2 kg	2 kg	NA	NA	300 g mini-jav	300 g mini-jav
9-10	6 lb	6 lb	NA	NA	300 g mini-jav	300 g mini-jav
11-12	6 lb	6 lb	1 kg	1 kg	450 g aero jav	450 g aero jav
13-14	4 kg	6 lb	1 kg	1 kg	600 g	600 g
15-16	12 lb	4 kg	1.6 kg	1 kg	800 g	600 g
17-18	12 lb	4 kg	1.6 kg	1 kg	800 g	600 g

Throws Implement Specifications		
	Hammer	
	Boys	Girls
15 - 16	12 lb	4 kg
17 - 18	12 lb	4 kg



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Schedule of Events

All track events will use the following rotation (unless otherwise noted):

Girls: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18

Boys: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18

Friday, June 20, 2025 - Multi-events + 3000m Run

4:00 pm	Triathlon, Pentathlon 80-Meter Hurdles - Pentathlon 100-Meter Hurdles – Pentathlon Shot Put – Triathlon/Pentathlon High Jump – Triathlon/Pentathlon Long Jump – Pentathlon 200-Meter Dash – Triathlon 400-Meter Dash – Triathlon 800 Meter Run – Pentathlon 1500-Meter Run – Pentathlon	9-10, 11-12, 13-14 Girls first, then Boys
6:10 pm	3000m Run	All Ages
5:00-6:15 pm	Packet Pickup	No Late Entries

Saturday, June 21, 2025 - Track Events Rolling Schedule

8:30 am - 1:00 pm	Packet pickup	No Late Entries
11:00 am	4x800	All Age Divisions (Girls, Boys, then Mixed)
12:00 pm	1500m Run	All Age Divisions
	110m Hurdles	Boys 15-16, 17-18
	100m Hurdles	13-14 B(36"), 15-16 G(33"), 17-18 G(33"), 13-14 G(30")
	80m Hurdles	11-12 G (30"), 11-12 B (30")
	4x100m Relay	All Age Divisions (Girls, Boys, then Mixed)
	400m Dash	All Age Divisions

	2000m Steeplechase	13-18 G(30"), 13-18 B(36")
	100m Dash	All Age Divisions
	800m Run	All Age Divisions
	200m Hurdles	Girls & Boys 13-14
	400m Hurdles	Girls & Boys 15-16/17-18
	200m Dash	All Age Divisions
	4x400m Relay	All Age Divisions (Girls, Boys, then Mixed)

Saturday, June 21, 2025 - Field Events

	Long Jump (Pit 1)	Long Jump (Pit 2)	High Jump	Pole Vault	Discus	Shot Put	Javelin
8:30 am							15-18 B
9:00 am	8 & und G	8 & und B	11-14 B				13-18 G
9:45 am	9-10 G	9-10 B	11-14 G				13-14 B
10:00 am				Girls			11-12 B and G
10:15 am	13-14 G	13-14 B	15-18 B				
10:45 am					11-14 G		10 & under B
11:00 am	11-12 G	15-18 B	15-18 G				
11:30 am					11-14 B		10 & under G
11:45 am	15-18 G	11-12 B	9-10 B				
12:00 pm				Boys	15-18 G	15-18 B	
12:30 pm	Triple Jump	Triple Jump	9-10 G				
12:45 pm	All Girls	All Boys			15-18 B	15-18 G	

1:30 pm						13-14 B	
1:45 pm						9-14 G	
2:15 pm						9-12 B	
2:45 pm						8 & under B	
3:15 pm						8 & under G	

***Although there are times next to the events on the schedule, we may adjust the schedule where it is needed up to 30 minutes ahead. We will also attempt to stay on or ahead of schedule whenever possible. It is up to the coaches, athletes, and parents to pay attention to what's going on at all times. Athletes will need to check-in at the event 20 minutes prior to their event and have all Field Event Implements weighed in and marked.**

Hurdle Specifications

NOTE: USATF altered the 13-14 Boys 100m hurdle height to 36 inches

Distance	Division	# Hurdles	Height	To First	Interval	To Finish
80 m	11-12 G/B	8	30"	12 m	7.5 m	15.5 m
100 m	13-14 G	10	30"	13 m	8.5 m	10.5 m
100 m	15-16 G, 17-18 G	10	33"	13 m	8.5 m	10.5 m
100 m	13-14 B	10	36"	13 m	8.5 m	10.5 m
110 m	15-16 B, 17-18 B	10	39"	13.72 m	9.14 m	14.02 m
200 m	13-14 G/B	5	30"	20 m	35 m	40 m
400 m	15-16 G, 17-18 G	10	30"	45 m	35 m	40 m
400 m	15-16 B, 17-18 B	10	36"	45 m	35 m	40 m

Parking

