

18th Annual Jim Mitchell Invitational

@ Armory Track & Field Center

Saturday, December 20th, 2025

No longer by invite only - first 60 schools to register will be accepted

Meet Director - Tim Fulton - fulton.timmy@gmail.com

Finance Director - Mike Potter - wvxctf@gmail.com

Simply enter online on Athletic.net and submit paperwork to your business office

SPIKES

All events will be split into two division - Seeded & Unseeded - based on seed marks

Spikes will be allowed in seeded events

Spikes WILL NOT be allowed in unseeded events

No Blocks on oval

Time Schedule			Entry Limit	Heats	Per Heat	Entries
3:00 PM	Seeded	Girls 300m Dash	4	15	6	75
3:15 PM	Unseeded	Girls 300m Dash		13	6	75
3:28 PM	Seeded	Boys 300m Dash	4	16	6	84
3:44 PM	Unseeded	Boys 300m Dash		16	6	93
4:00 PM	Seeded	Girls 1 Mile Run	4	2	20	40
4:14 PM	Unseeded	Girls 1 Mile Run		2	26	48
4:28 PM	Seeded	Boys 1 Mile Run	4	3	18	55
4:46 PM	Unseeded	Boys 1 Mile Run		4	26	90
5:10 PM	Seeded	Girls 600m Run	4	6	10	60
5:28 PM	Unseeded	Girls 600m Run		6	12	70
5:46 PM	Invitational	Boys 500m Dash	1	1	6	6
5:51 PM	Seeded	Boys 600m Run	4	6	10	60
6:09 PM	Unseeded	Boys 600m Run		7	14	80
6:30 PM	Seeded	Girls 200m Dash	4	13	6	65
6:43 PM	Unseeded	Girls 200m Dash		14	6	82
6:57 PM	Seeded	Boys 200m Dash	4	13	6	65
7:10 PM	Unseeded	Boys 200m Dash		16	6	93
7:26 PM	Seeded	Girls 1000m Run	4	3	15	45
7:38 PM	Unseeded	Girls 1000m Run		3	18	55
7:53 PM	Seeded	Boys 1000m Run	4	3	17	50
8:05 PM	Unseeded	Boys 1000m Run		4	23	74
8:21 PM	Seeded	Girls 4x200m Relay	2	5	5	25
8:36 PM	Unseeded	Girls 4x200m Relay		4	3	18
8:46 PM	Seeded	Boys 4x200m Relay	2	5	5	25
8:58 PM	Unseeded	Boys 4x200m Relay		5	4	24
9:11 PM	Seeded	Girls 4x1500m Relay	1	1	20	10
9:36 PM	Seeded	Boys 4xMile Relay	1	1	20	17
9:58 PM						

Infield Events

4:00 PM	Invitational	Girls 55m Dash	Prelims	Entry Limit Blocks Allowed
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4:06 PM	Seeded	Girls 55m Dash	Prelims	NO BLOCKS
4:15 PM	Unseeded	Girls 55m Dash	Final on Time	NO BLOCKS
4:27 PM	Invitational	Boys 55m Dash	Prelims	Blocks Allowed
4:33 PM	Seeded	Boys 55m Dash	Prelims	NO BLOCKS
4:42 PM	Unseeded	Boys 55m Dash	Final on Time	NO BLOCKS
4:54 PM	Seeded	Girls 55m Hurdles	Prelims	NO BLOCKS
5:04 PM	Unseeded	Girls 55m Hurdles	Final on Time	NO BLOCKS
5:14 PM	Seeded	Boys 55m Hurdles	Prelims	NO BLOCKS
5:24 PM	Unseeded	Boys 55m Hurdles	Final on Time	NO BLOCKS
5:34 PM	Invitational	Girls 55m Dash	Finals	Blocks Allowed
5:39 PM	Seeded	Girls 55m Dash	Finals	Blocks Allowed
5:44 PM	Invitational	Boys 55m Dash	Finals	Blocks Allowed
5:49 PM	Seeded	Boys 55m Dash	Finals	Blocks Allowed
5:54 PM	Seeded	Boys 55m Hurdles	Finals	Blocks Allowed
5:59 PM	Seeded	Girls 55m Hurdles	Finals	Blocks Allowed

Field Events

				Minimum	
3:00 PM	Varsity	Girls Pole Vault	3	7-8-9-9'6" up 6"	Only top 30 entries
3:00 PM	Varsity	Boys Triple Jump	3	35 Feet	
3:00 PM	Varsity	Girls Triple Jump	3	29 Feet	
3:00 PM	Varsity	Boys Shot Put	3	35 Feet	Only top 75 entries
6:00 PM	Varsity	Boys Long Jump	3	17 Feet	
6:00 PM	Varsity	Girls Long Jump	3	14 Feet	
6:00 PM	Varsity	Girls Shot Put	3	22 Feet	Only top 75 entries
6:30 PM	Varsity	Boys High Jump	3	5'03-5'06-5'08-5'10-6'00	
5:30 PM	Varsity	Girls High Jump	3	4'03-4'06-4'08-4'10-5'00	
6:00 PM	Varsity	Boys Pole Vault	3	Open 9-6, up 1' to 12'6, then 6"	Only top 30 entries

All running events final on time, Sections run fast to slow

First throws/jumps measured, all other must meet minimum

Entry Limit per team on infield is three athlete per team - all events

All field events 3 attempts no finals

MEDALS: To the top 3 in each event
