

STCU
WEST COAST
CHAMPIONSHIPS



FRIDAY, FEBRUARY 20

Practice Hours: 12:00 p.m.–4:00 p.m.

Approx 7:30 p.m.– 8:30 p.m.

FIELD EVENTS

| | |
|-----------|--|
| 5:00 p.m. | Girl's Invite High Jump (1 pit) |
| 5:00 p.m. | Boy's Invite High Jump (1 pit) |
| 6:45 p.m. | Girl's High Jump - MS (1 pit) |
| 6:45 p.m. | Boy's High Jump - MS (1 pit) |

RUNNING EVENTS

| | |
|-----------|---------------------------------|
| 4:15 p.m. | Girl's Invite 400 Meters |
| 4:30 p.m. | Boy's Invite 400 Meters |
| 4:45 p.m. | Girl's Open 400 Meters |
| 5:25 p.m. | Boy's Open 400 Meters |
| 6:25 p.m. | Girl's 3,000 Meters - MS |
| 6:40 p.m. | Boy's 3,000 Meters - MS |
| 6:50 p.m. | Girl's 4x400-Meter Relay - MS |
| 6:55 p.m. | Boy's 4x400-Meter Relay - MS |
| 7:00 p.m. | Girl's Invite 4x800-Meter Relay |
| 7:15 p.m. | Boy's Invite 4x800-Meter Relay |
| 7:25 p.m. | Estimated End Time |

SATURDAY, FEBRUARY 21

Practice Hours: 7:30 a.m. – 8:45 a.m. (oval only)

Approx 5:30 p.m. – 6:30 p.m.

FIELD EVENTS

| Start | Event |
|--------------|---|
| 9:30 a.m. | Girl's Open Long Jump (1 pit) |
| 9:30 a.m. | Boy's Open Long Jump (1 pit) |
| 9:30 a.m. | Girl's Open Shot Put (1 pit) |
| 10:00 a.m. | Girl's Invite & Open Pole Vault (2 pits) |
| 11:00 a.m. | Boy's Open Shot Put (1 pit) |
| 1:30 p.m. | Girl's Invite Shot Put (1 pit) |
| 3:00 p.m. | Boy's Invite Shot Put (1 pit) |
| 2:00 p.m. | Boy's Invite & Open Pole Vault (2 pits) |
| 3:15 p.m. | Girl's Invite Long Jump (1 pit) |
| 3:15 p.m. | Boy's Invite Long Jump (1 pit) |

RUNNING EVENTS

| | |
|------------|-----------------------------------|
| 9:00 a.m. | Girl's Open 3,000 Meters |
| 9:40 a.m. | Boy's Open 3,000 Meters |
| 10:50 a.m. | Girl's Invite 3,000 Meters |
| 11:05 a.m. | Boy's Invite 3,000 Meters |
| 11:20 a.m. | Girl's 60m Hurdles, Prelim - MS |
| 11:25 a.m. | Boy's 60m Hurdles, Prelim - MS |
| 11:30 a.m. | Girl's Invite 60m Hurdles, Prelim |
| 11:37 a.m. | Boy's Invite 60m Hurdles, Prelim |
| 11:45 a.m. | Girl's Open 60m Hurdles, Prelim |
| 11:55 a.m. | Boy's Open 60m Hurdles, Prelim |
| 12:05 p.m. | Girl's 60m, Prelim - MS |
| 12:15 p.m. | Boy's 60m, Prelim - MS |
| 12:25 p.m. | Girl's Invite 60m, Prelim |
| 12:35 p.m. | Boy's Invite 60m, Prelim |
| 12:45 p.m. | Girl's Open 60m, Prelim |
| 1:20 p.m. | Boy's Open 60m, Prelim |
| 2:05 p.m. | Girl's 60m Hurdles, Final - MS |
| 2:10 p.m. | Boy's 60m Hurdles, Final - MS |
| 2:15 p.m. | Girl's Open 60m Hurdles, Final |
| 2:20 p.m. | Boy's Open 60m Hurdles, Final |
| 2:25 p.m. | Girl's Invite 60m Hurdles, Final |
| 2:30 p.m. | Boy's Invite 60m Hurdles, Final |
| 2:35 p.m. | Girl's 60m, Final - MS |
| 2:38 p.m. | Boy's 60m, Final - MS |
| 2:41 p.m. | Girl's Open 60m, Final |
| 2:44 p.m. | Boy's Open 60m, Final |
| 2:47 p.m. | Girl's Invite 60m, Final |
| 2:50 p.m. | Boy's Invite 60m, Final |
| 3:00 p.m. | Girl's 800 Meters - MS |
| 3:10 p.m. | Boy's 800 Meters - MS |
| 3:20 p.m. | Girl's Open 800 Meters |
| 3:50 p.m. | Boy's Open 800 Meters |
| 4:30 p.m. | Girl's Invite 800 Meters |
| 4:40 p.m. | Boy's Invite 800 Meters |
| 4:50 p.m. | Girl's Open 4x200 Meter Relay |
| 5:10 p.m. | Boy's Open 4x200 Meter Relay |
| 5:25 p.m. | Girl's Invite 4x200 Meter Relay |
| 5:35 p.m. | Boy's Invite 4x200 Meter Relay |
| 5:45 p.m. | Estimated End Time |

STCU
WEST COAST
CHAMPIONSHIPS



SUNDAY, FEBRUARY 22

Practice Hours: 7:30 a.m. – 8:45 a.m. (oval only)

FIELD EVENTS

| Start | Event |
|--------------|---|
| 9:30 a.m. | Girl's Open Triple Jump (1 pit) |
| 9:30 a.m. | Boy's Open Triple Jump (1 pit) |
| 9:30 a.m. | Girl's Shot Put – MS (1 pit) |
| 10:30 a.m. | Boy's Shot Put – MS (1 pit) |
| 11:00 a.m. | Boy's Open High Jump (2 pits) |
| 12:00 p.m. | Girl's Invite Weight Throw (1 pit) |
| 12:30 p.m. | Girl's Long Jump – MS (1 pit) |
| 12:30 p.m. | Boy's Long Jump – MS (1 pit) |
| 1:30 p.m. | Girl's Open High Jump (2 pits) |
| 2:00 p.m. | Boy's Invite Weight Throw (1 pit) |
| 3:15 p.m. | Girl's Invite Triple Jump (1 pit) |
| 3:15 p.m. | Boy's Invite Triple Jump (1 pit) |

RUNNING EVENTS

| | |
|------------|----------------------------------|
| 9:00 a.m. | Girl's 400 Meters – MS |
| 9:15 a.m. | Boy's 400 Meters – MS |
| 9:30 a.m. | Girl's Mile – MS |
| 9:45 a.m. | Boy's Mile – MS |
| 10:00 a.m. | Girl's Open Mile |
| 10:50 a.m. | Boy's Open Mile |
| 11:55 a.m. | Girl's Open 200 Meters |
| 12:55 p.m. | Boy's Open 200 Meters |
| 2:45 p.m. | Girl's Invite 200 Meters |
| 3:00 p.m. | Boy's Invite 200 Meters |
| 3:15 p.m. | Girl's Invite Mile |
| 3:25 p.m. | Boy's Invite Mile |
| 3:35 p.m. | Girl's 200 Meters – MS |
| 3:55 p.m. | Boy's 200 Meters – MS |
| 4:15 p.m. | Girl's Open 4x400-Meter Relay |
| 4:35 p.m. | Boy's Open 4x400-Meter Relay |
| 4:45 p.m. | Girl's Invite 4x400- Meter Relay |
| 4:55 p.m. | Boy's Invite 4x400-Meter Relay |
| 5:15 p.m. | Estimated End Time |