

FRIDAY, FEBRUARY 20

Practice Hours: 12:00 p.m. – 4:00 p.m.

Approx 7:30 p.m. – 8:30 p.m.

FIELD EVENTS

5:00 p.m.	Girl's Invite High Jump (1 pit)
5:00 p.m.	Boy's Invite High Jump (1 pit)
6:45 p.m.	Girl's High Jump – MS (1 pit)
6:45 p.m.	Boy's High Jump – MS (1 pit)

RUNNING EVENTS

4:15 p.m.	Girl's Invite 400 Meters
4:30 p.m.	Boy's Invite 400 Meters
4:45 p.m.	Girl's Open 400 Meters
5:25 p.m.	Boy's Open 400 Meters
6:25 p.m.	Girl's 3,000 Meters – MS
6:40 p.m.	Boy's 3,000 Meters – MS
6:50 p.m.	Girl's 4x400-Meter Relay – MS
6:55 p.m.	Boy's 4x400-Meter Relay – MS
7:00 p.m.	Girl's Invite 4x800-Meter Relay
7:15 p.m.	Boy's Invite 4x800-Meter Relay
7:25 p.m.	Estimated End Time

SATURDAY, FEBRUARY 21

Practice Hours: 7:30 a.m. – 8:45 a.m. (oval only)

Approx 5:30 p.m. – 6:30 p.m.

FIELD EVENTS

Start	Event
9:30 a.m.	Girl's Open Long Jump (1 pit)
9:30 a.m.	Boy's Open Long Jump (1 pit)
9:30 a.m.	Girl's Open Shot Put (1 pit)
10:00 a.m.	Girl's Invite & Open Pole Vault (2 pits)
11:00 a.m.	Boy's Open Shot Put (1 pit)
1:30 p.m.	Girl's Invite Shot Put (1 pit)
3:00 p.m.	Boy's Invite Shot Put (1 pit)
2:00 p.m.	Boy's Invite & Open Pole Vault (2 pits)
3:15 p.m.	Girl's Invite Long Jump (1 pit)
3:15 p.m.	Boy's Invite Long Jump (1 pit)

RUNNING EVENTS

9:00 a.m.	Girl's Open 3,000 Meters
9:40 a.m.	Boy's Open 3,000 Meters
10:50 a.m.	Girl's Invite 3,000 Meters
11:05 a.m.	Boy's Invite 3,000 Meters
11:20 a.m.	Girl's 60m Hurdles, Prelim – MS
11:25 a.m.	Boy's 60m Hurdles, Prelim – MS
11:30 a.m.	Girl's Invite 60m Hurdles, Prelim
11:37 a.m.	Boy's Invite 60m Hurdles, Prelim
11:45 a.m.	Girl's Open 60m Hurdles, Prelim
11:55 a.m.	Boy's Open 60m Hurdles, Prelim
12:05 p.m.	Girl's 60m, Prelim – MS
12:15 p.m.	Boy's 60m, Prelim – MS
12:25 p.m.	Girl's Invite 60m, Prelim
12:35 p.m.	Boy's Invite 60m, Prelim
12:45 p.m.	Girl's Open 60m, Prelim
1:20 p.m.	Boy's Open 60m, Prelim
2:05 p.m.	Girl's 60m Hurdles, Final – MS
2:10 p.m.	Boy's 60m Hurdles, Final – MS
2:15 p.m.	Girl's Open 60m Hurdles, Final
2:20 p.m.	Boy's Open 60m Hurdles, Final
2:25 p.m.	Girl's Invite 60m Hurdles, Final
2:30 p.m.	Boy's Invite 60m Hurdles, Final
2:35 p.m.	Girl's 60m, Final – MS
2:38 p.m.	Boy's 60m, Final – MS
2:41 p.m.	Girl's Open 60m, Final
2:44 p.m.	Boy's Open 60m, Final
2:47 p.m.	Girl's Invite 60m, Final
2:50 p.m.	Boy's Invite 60m, Final
3:00 p.m.	Girl's 800 Meters – MS
3:10 p.m.	Boy's 800 Meters – MS
3:20 p.m.	Girl's Open 800 Meters
3:50 p.m.	Boy's Open 800 Meters
4:30 p.m.	Girl's Invite 800 Meters
4:40 p.m.	Boy's Invite 800 Meters
4:50 p.m.	Girl's Open 4x200 Meter Relay
5:10 p.m.	Boy's Open 4x200 Meter Relay
5:25 p.m.	Girl's Invite 4x200 Meter Relay
5:35 p.m.	Boy's Invite 4x200 Meter Relay
5:45 p.m.	Estimated End Time

STCU WEST COAST CHAMPIONSHIPS



SUNDAY, FEBRUARY 22

Practice Hours: 7:30 a.m. – 8:45 a.m. (oval only)

FIELD EVENTS

Start	Event
9:30 a.m.	Girl's Open Triple Jump (1 pit)
9:30 a.m.	Boy's Open Triple Jump (1 pit)
9:30 a.m.	Girl's Shot Put – MS (1 pit)
10:30 a.m.	Boy's Shot Put – MS (1 pit)
11:00 a.m.	Boy's Open High Jump (2 pits)
12:00 p.m.	Girl's Invite Weight Throw (1 pit)
12:30 p.m.	Girl's Long Jump – MS (1 pit)
12:30 p.m.	Boy's Long Jump – MS (1 pit)
1:30 p.m.	Girl's Open High Jump (2 pits)
2:00 p.m.	Boy's Invite Weight Throw (1 pit)
3:15 p.m.	Girl's Invite Triple Jump (1 pit)
3:15 p.m.	Boy's Invite Triple Jump (1 pit)

RUNNING EVENTS

9:00 a.m.	Girl's 400 Meters – MS
9:15 a.m.	Boy's 400 Meters – MS
9:30 a.m.	Girl's Mile – MS
9:45 a.m.	Boy's Mile – MS
10:00 a.m.	Girl's Open Mile
10:50 a.m.	Boy's Open Mile
11:55 a.m.	Girl's Open 200 Meters
12:55 p.m.	Boy's Open 200 Meters
2:45 p.m.	Girl's Invite 200 Meters
3:00 p.m.	Boy's Invite 200 Meters
3:15 p.m.	Girl's Invite Mile
3:25 p.m.	Boy's Invite Mile
3:35 p.m.	Girl's 200 Meters – MS
3:55 p.m.	Boy's 200 Meters – MS
4:15 p.m.	Girl's Open 4x400-Meter Relay
4:35 p.m.	Boy's Open 4x400-Meter Relay
4:45 p.m.	Girl's Invite 4x400-Meter Relay
4:55 p.m.	Boy's Invite 4x400-Meter Relay
5:15 p.m.	Estimated End Time