

CIF D1 Divisional Championships 2026
May 16 at Del Norte High School

Time	Event	Heat	Time	Event	Heat
10:00	Girl's 4 x 800 Relay	1	1:56	Girl's 300 LH	1
10:15	Boy's 4 x 800 Relay	1	1:59	Girl's 300 LH	2
11:00	Girl's 4 x 100 Relay	1	2:01	Girl's 300 LH	3
11:04	Girl's 4 x 100 Relay	2	2:07	Boy's 300 IH	1
11:10	Boy's 4 x 100 Relay	1	2:10	Boy's 300 IH	2
11:14	Boy's 4 x 100 Relay	2	2:13	Boy's 300 IH	3
11:22	Girl's 1600m	1	2:23	Girl's 200m	1
11:30	Girl's 1600m	2	2:26	Girl's 200m	2
11:40	Boy's 1600m	1	2:29	Girl's 200m	3
11:48	Boy's 1600m	2	2:35	Boy's 200m	1
11:58	Girl's 100 IH	1	2:38	Boy's 200m	2
12:01	Girl's 100 IH	2	2:41	Boy's 200m	3
12:04	Girl's 100 IH	3	2:51	Girl's 3200m	1
12:12	Boy's 110 HH	1	3:09	Boy's 3200m	1
12:15	Boy's 110 HH	2	3:28	Girl's 4 x 400 Relay	1
12:18	Boy's 110 HH	3	3:36	Girl's 4 x 400 Relay	2
12:28	Girl's 400m	1	3:46	Boy's 4 x 400 Relay	1
12:32	Girl's 400m	2	3:54	Boy's 4 x 400 Relay	2
12:36	Girl's 400m	3			
12:42	Boy's 400m	1	Time	Field Events	Site
12:46	Boy's 400m	2	10:00	Girl's Long Jump	
12:50	Boy's 400m	3	10:00	Boy's Long Jump	
1:00	Girl's 100m	1	10:00	Girl's Pole Vault	
1:03	Girl's 100m	2	10:00	Boy's High jump	
1:06	Girl's 100m	3	10:00	Girl's Shot Put	
1:12	Boy's 100m	1	10:00	Boy's Discus	
1:15	Boy's 100m	2	12:45	Girl's Triple Jump	
1:18	Boy's 100m	3	12:45	Boy's Triple Jump	
1:28	Girl's 800m	1	12:45	Girl's High jump	
1:33	Girl's 800m	2	12:45	Boy's Shot Put	
1:41	Boy's 800m	1	12:45	Girl's Discus	
1:46	Boy's 800m	2	1:45	Boy's Pole Vault	

Note: Time schedule is approximate