

CIFSDS Track & Field 2026

Starting Heights

Division 1

Girls High Jump	4-6
Girls Pole Vault	8-2
Boys High Jump	5-6
Boys Pole Vault	10-6

Division 2

Girls High Jump	4-2
Girls Pole Vault	7-8
Boys High Jump	5-4
Boys Pole Vault	10-0

Division 3

Girls High Jump	4-2
Girls Pole Vault	6-8
Boys High Jump	5-2
Boys Pole Vault	7-6