

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Event 1 Girls 3200 Meter Relay Varsity

Friday 5/8/2026 - 4:30 PM

Record: 9:55.90 2023 Del Norte

B. Bousse, A. Shannon, P. Echsner, H. Riggins

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Rancho Berna		10:28.96
5	Poway		9:28.87
6	Del Norte		9:35.06
7	Westview		10:36.02

Event 2 Boys 3200 Meter Relay Varsity

Friday 5/8/2026 - 4:45 PM

Record: 8:27.63 2024 Del Norte

P. Akinpelu, T. Harpster, F. Buter, K. Rigg

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Mt Carmel		8:36.51
4	San Marcos		7:59.57
5	Del Norte		7:44.70
6	Poway		7:49.56
7	Rancho Berna		8:30.34
8	Westview		8:38.77

Event 3 Girls 400 Meter Relay Varsity

Friday 5/8/2026 - 5:30 PM

Record: 47.92 2014 Rancho Bernardo

Akins, Dixon, Dee, Patterson

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Mt Carmel		50.13
4	Westview		49.40
5	Del Norte		47.55
6	San Marcos		47.79
7	Rancho Berna		49.88
8	Poway		50.23

Event 4 Boys 400 Meter Relay Varsity

Friday 5/8/2026 - 5:35 PM

Record: 41.84 2016 Mt Carmel

Q Ellis, L Johnson, T Sullivan, R Shaheed

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Mt Carmel		43.45
4	Rancho Berna		42.32
5	San Marcos		42.12
6	Westview		42.13
7	Del Norte		42.40
8	Poway		43.64

Event 5 Girls 1600 Meter Run Varsity

Friday 5/8/2026 - 5:43 PM

Record: 4:53.84 1992 Milena Glusac

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Biddle, Riley	11	Rancho Berna	4:58.60
2	Sagi, Sophie	9	Westview	5:06.30
3	Mayer, Isabella	10	Mt Carmel	5:06.67
4	Bartolay, Olivia	10	Del Norte	5:09.05
5	Kretsch, Allison	9	Poway	5:09.59
6	Santavicca, Ally	11	Poway	5:11.02
7	Enyedi, Lilah	12	Del Norte	5:13.90
8	Hong, Eliza	11	Del Norte	5:14.19
9	Sweeney, Aine	11	Poway	5:15.43
10	Dangio, Livia	12	Rancho Berna	5:16.27
11	Pham, Lynn	9	Westview	5:16.86
12	Weiss, Caylin	11	Mt Carmel	5:17.94
13	Bell, Veronica	12	Mt Carmel	5:19.52
14	Campos, Olivia	12	Mt Carmel	5:21.03
15	Muscat, Nina	11	Poway	5:22.11
16	Connelly, Graziela	11	Del Norte	5:32.68
17	Mrozek, Baylee	12	Del Norte	5:33.46
18	Li, Madison	12	Poway	5:35.86
19	Auer, Sasha	10	Westview	5:36.21
20	Strommer, Aubrie	9	San Marcos	5:37.81
21	Rodgers, Sophia	10	Poway	5:38.29
22	Maple, Taylor	12	San Marcos	5:40.15
23	Sands, Ava	10	Westview	5:45.95

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Event 6 Boys 1600 Meter Run Varsity**Friday 5/8/2026 - 5:53 PM****Record: 4:11.12 2010 Chris Brewer**

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Castleberry, Cooper	12	Poway		4:07.22
2	Yarbrough, Cam	12	Del Norte		4:09.65
3	Northcutt, Jaxon	11	Mt Carmel		4:13.18
4	Littrell, Blake	10	Poway		4:22.22
5	Odom, Dean	12	San Marcos		4:23.46
6	Jackson, Tanner	12	Poway		4:26.18
7	Nash, Dylan	10	Poway		4:26.78
8	Echsner, Nick	11	Del Norte		4:27.27
9	Bell, Joshua	10	Mt Carmel		4:28.55
10	Iverson, Cameron	11	Westview		4:29.96
11	Escobar, James	10	Del Norte		4:30.65
12	Rowsley, Ben	12	Del Norte		4:31.23
13	Rivera Garcia, Tobias	11	Westview		4:32.27
14	Morales, Noah	11	Rancho Berna		4:32.42
15	Elmore, Bobby	9	Rancho Berna		4:32.55
16	Boles, Alexander	9	Del Norte		4:33.92
17	Menolascino, Anthony	12	Poway		4:35.15
18	Kerschbaum, Tyler	12	San Marcos		4:35.68
19	Blake-Haskins, Sean	10	San Marcos		4:36.71
20	Gunn, Kenrick	10	Westview		4:36.83
21	Alemi, Zain	12	Rancho Berna		4:37.66
22	Fitzwilliam, Danny	12	Del Norte		4:39.01
23	Paul, Saxton	9	Mt Carmel		4:39.47
24	Shivakumar, Eshan	12	Mt Carmel		4:39.54

Event 7 Girls 100 Meter Hurdles Varsity**Friday 5/8/2026 - 6:03 PM****Record: 14.41 2011 Taylor Larch-Miller**

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
2	Albert, Ainsley	9	Del Norte		19.64
3	Binolo, Jomela	10	Mt Carmel		18.56
4	Kakeda, Airi	9	Westview		18.52
5	Salazar, Klara	11	Rancho Berna		18.36
6	Steindorf, Amber	9	San Marcos		18.47
7	Waggaman, Megan	11	Rancho Berna		18.52
8	Patty, Chloe	10	Westview		18.80
9	Newman, Riley	9	Poway		19.90
Section 2 of 2 Finals					
1	Childers, Kiley	12	Westview		17.74
2	Brehm, Brooke	12	Rancho Berna		16.67
3	Castro, Mattea	12	Mt Carmel		16.30
4	Jensen, Avery	12	Westview		15.90
5	Czyszczonek, Izabella	11	Del Norte		14.31
6	Cunningham, Isa	11	Westview		15.68
7	Davis, Rebecca	11	Rancho Berna		16.21
8	Coker, Eva	9	Rancho Berna		16.62
9	Arnold, Reese	12	San Marcos		16.79

Event 8 Boys 110 Meter Hurdles Varsity**Friday 5/8/2026 - 6:13 PM****Record: 14.18 2000 Bobby Salimi**

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Bithell, Brayden	12	Poway		19.03
2	Cook, Isaiah	11	Del Norte		18.40
3	Gastelum, Alejandro	10	Rancho Berna		17.77
4	Brown, Mitchel	12	Rancho Berna		17.20
5	Sommer, Seth	11	Poway		17.06
6	Hoyt, Wesley	11	Poway		17.08
7	Banda, Adam	10	Westview		17.31
8	Shanyour, Mohammed	10	Westview		17.95
9	Toy, Matthew	9	Westview		18.47
Section 2 of 2 Finals					
1	Young, Maclain	10	Del Norte		16.95
2	Schroeder, Kai	12	Mt Carmel		16.53
3	Oliver, Xavier	11	Rancho Berna		15.77
4	Arn, Connor	12	Poway		15.68
5	Haglof, Blake	12	San Marcos		15.15
6	Shanyour, Omar	12	Westview		15.24
7	Marsh, Ryan	11	Westview		15.73
8	Rowan, Blake	10	San Marcos		15.90
9	Chang, Maxwell	11	Del Norte		16.81

Event 9 Girls 400 Meter Run Varsity**Friday 5/8/2026 - 6:23 PM****Record: 55.09 2022 Alyssa Bean**

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
2	Aris, Madelyn	10	Mt Carmel		1:06.07
3	Zuppan, Kalani	9	San Marcos		1:05.20
4	EGge, Malia	9	Mt Carmel		1:04.87
5	Gaudi, Kiana	10	Rancho Berna		1:04.31
6	Solis, Carrie	9	Del Norte		1:04.63
7	Patil, Renee	9	Del Norte		1:05.05
8	Kimuli, Jaila	9	Del Norte		1:05.36
Section 2 of 3 Finals					
2	Leidigh, Aliyah	10	Rancho Berna		1:03.35
3	Devermann, Kiera	11	Mt Carmel		1:03.08
4	Barard, Brianna	9	Westview		1:02.77
5	Sacco, Ava	9	Rancho Berna		1:02.23
6	Ffrench, Ellarose	10	Poway		1:02.50
7	Gruber, Isabella	11	San Marcos		1:02.81
8	Lee, Kiana	11	Westview		1:03.27
9	Carter, Emilie	12	Rancho Berna		1:03.56

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Section 3 of 3 Finals...(Event 9 Girls 400 Meter Run Varsity)

1	Beeby, Madison	12	Rancho Berna	1:02.08
2	Drager, Isabella	11	Rancho Berna	1:01.17
3	Obrist, Emerson	12	San Marcos	59.50
4	Christian, Bria	11	Mt Carmel	58.93
5	Hennigan, Delaney	12	Westview	56.90
6	Delaney, Ava	10	Poway	58.82
7	Davis, Piper	10	Westview	59.28
8	Frenken, Averi	11	San Marcos	59.51
9	McConnin, Lindsay	10	Poway	1:01.89

Event 10 Boys 400 Meter Run Varsity**Friday 5/8/2026 - 6:33 PM****Record: 47.63 2002 Deun White**

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
-------------	-------------	-----------	---------------	------------------

Section 1 of 3 Finals

2	Carrasco-Dorris, Jaden	11	Westview	56.08
3	Hughes, Jackson	9	Poway	55.21
4	Gonzalez, Orion	9	Poway	54.43
5	Chuck, Jacob	9	San Marcos	54.38
6	Enriquez, Lucas	10	Mt Carmel	54.40
7	Lisby, Ryker	10	Rancho Berna	54.64
8	Glover, Logan	10	Poway	55.58

Section 2 of 3 Finals

2	Pelican, Noah	9	Mt Carmel	53.64
3	Mendiola, Emri	10	San Marcos	53.09
4	Tani, Nassim	12	Rancho Berna	53.05
5	Racicot, Brady	11	Mt Carmel	52.74
6	Beans, Marquez	11	Del Norte	52.86
7	Miller, Landon	10	Rancho Berna	53.07
8	Mariner, Carson	11	Rancho Berna	53.54
9	Lopez, Kieren	10	Westview	53.84

Section 3 of 3 Finals

1	Foisie, Jackson	10	Poway	52.71
2	Ratermann, Tyler	10	Westview	51.33
3	McCammon, Bryce	11	San Marcos	50.85
4	Ikeda, Grayson	9	Del Norte	50.23
5	Woods, Jordan	11	San Marcos	48.29
6	Grandinetti, Callum	10	Rancho Berna	49.28
7	Espinoza, Cristian	10	Mt Carmel	50.62
8	Doolittle, Nico	9	Rancho Berna	51.22
9	Thomas, Oliver	10	Westview	51.82

Event 11 Girls 100 Meter Dash Varsity**Friday 5/8/2026 - 6:45 PM****Record: 11.81 2016 Jackie Patterson**

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
-------------	-------------	-----------	---------------	------------------

Section 1 of 3 Finals

2	Alliano, Lexi	9	Rancho Berna	13.48
3	Libby, Grace	10	Poway	13.32
4	Hughes, Delaney	11	Poway	13.19
5	Pohl, Cami	10	San Marcos	13.15
6	Desmond, Issa	12	Mt Carmel	13.15
7	Miranda, Zoe	9	Westview	13.29
8	McConnin, Lindsay	10	Poway	13.46
9	Scott, Ariel	9	Mt Carmel	13.66

Section 2 of 3 Finals

2	Kim, Kensley	9	Del Norte	12.98
3	Reddy, Vibha	9	Rancho Berna	12.90
4	Pascual, Lexington	11	Rancho Berna	12.79
5	Randolph, Gabriella	11	San Marcos	12.77
6	Nicholas, Dylan-Marie	11	Poway	12.77
7	Vales, Jordyn	11	Westview	12.88
8	Coker, Eva	9	Rancho Berna	12.90
9	De Guzman, Mina	10	Westview	12.99

Section 3 of 3 Finals

1	West, Brynn	12	Rancho Berna	12.71
2	Parker, Farrah	10	Westview	12.55
3	Gross, Zoe	12	Del Norte	12.47
4	Do, Madelyn	10	Del Norte	12.39
5	Holmes, Miyah	10	San Marcos	12.00
6	Joo, Ella	12	Del Norte	12.30
7	Holmes, Lauren	11	Del Norte	12.42
8	Hoar, Veronica	10	Westview	12.48
9	Bouma, Ericka	10	San Marcos	12.56

Event 12 Boys 100 Meter Dash Varsity**Friday 5/8/2026 - 6:55 PM****Record: 10.70 2011 Jared Pickering**

<u>Lane</u>	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>
-------------	-------------	-----------	---------------	------------------

Section 1 of 3 Finals

1	Cella, Brody	11	Rancho Berna	11.58
2	Ismaili, Adrian	11	Poway	11.49
3	Gray, Abdul	10	Mt Carmel	11.46
4	Patil, Yash	11	Del Norte	11.41
5	Collins, Manny	11	Rancho Berna	11.33
6	Thompson, Gavin	10	Poway	11.34
7	Hanlon, Jackson	11	Mt Carmel	11.42
8	Barnett, Kruz	10	Del Norte	11.48
9	Lozano, Jason	9	Westview	11.52

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Section 2 of 3 Finals...(Event 12 Boys 100 Meter Dash Varsity)

1	Scher, Kaiden	11	Poway	11.31
2	Dorsey, Thomas	11	San Marcos	11.26
3	Ramos, Mateo	11	San Marcos	11.18
4	Pollak, Cason	11	Del Norte	11.09
5	Lake, Koda	10	Mt Carmel	11.04
6	Ford, Brogan	12	Westview	11.09
7	Reese, Zamar	12	San Marcos	11.16
8	Powell, Andrew	9	Mt Carmel	11.26
9	Samboy, Gavin	12	Mt Carmel	11.31

Section 3 of 3 Finals

1	De La Cruz, Miles	12	Rancho Berna	10.98
2	Miranda, Miles	11	Westview	10.94
3	Monagan, Carson	12	San Marcos	10.93
4	Green, Sean	9	San Marcos	10.83
5	Abawi, Brice	12	Rancho Berna	10.57
6	Jurgens, Chase	12	Del Norte	10.82
7	Goldmann, Grant	12	Del Norte	10.91
8	Christensen, Silas	12	Rancho Berna	10.93
9	Haney, Josh	12	Westview	10.95

Event 13 Girls 800 Meter Run Varsity**Friday 5/8/2026 - 7:10 PM****Record: 2:08.77 2024 Tessa Buswell**

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

1	Sattarzadeh, Hajar	10	Westview	2:29.75
2	Lane, Addison	12	Del Norte	2:30.40
3	Long, Charlotte	12	Westview	2:31.69
4	Chau, Riley	10	Del Norte	2:32.21
5	Chammas, Charlize	12	Rancho Berna	2:33.78
6	Zekry, Mariam	11	Mt Carmel	2:34.20
7	Heiss, Charlie	9	Poway	2:34.83
8	Withers, Merity	10	Rancho Berna	2:35.12
9	Wang, Marianne	10	Westview	2:36.13
10	Krishnan, Nivedya	9	Westview	2:36.19
11	King, Sydney	10	San Marcos	2:36.27
12	Strommer, Aubrie	9	San Marcos	2:37.20
13	Maple, Taylor	12	San Marcos	2:37.79

Section 2 of 2 Finals

1	Hennigan, Delaney	12	Westview	2:11.35
2	Delaney, Ava	10	Poway	2:16.62
3	Kretsch, Allison	9	Poway	2:17.49
4	Lorenz, Emily	11	Rancho Berna	2:20.19
5	Lagiseti, Samhita	12	Del Norte	2:21.74
6	Sweeney, Aine	11	Poway	2:21.97
7	Desbois, Riley	11	Rancho Berna	2:22.88
8	Reinero-Ellsworth, Lilliana	10	Mt Carmel	2:23.36
9	Shannon, Addison	12	Del Norte	2:23.83
10	Smith, Mackenzie	12	Poway	2:23.94
11	Baccei, Sophia	12	Rancho Berna	2:25.37
12	Slade, Anjali	10	Westview	2:27.43

Event 14 Boys 800 Meter Run Varsity**Friday 5/8/2026 - 7:20 PM****Record: 1:52.35 2013 Alex Grigoriev**

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

1	Andrade, Santiago	9	San Marcos	2:02.82
2	Namgoong, Daniel	12	Westview	2:03.93
3	Sessoms, Tevin	10	Rancho Berna	2:04.30
4	Kerschbaum, Tyler	12	San Marcos	2:04.88
5	Blake-Haskins, Sean	10	San Marcos	2:05.68
6	Singh, Ishveer	9	Rancho Berna	2:06.23
7	Moyse, Aaron	11	Poway	2:06.52
8	Ishio, Tomio	10	Westview	2:06.88
9	Cohen, Ariel	12	Poway	2:07.45
10	Fegenbush, Andrew	12	San Marcos	2:07.61

Section 2 of 2 Finals

1	Yarbrough, Cam	12	Del Norte	1:51.19
2	Butler, Finley	12	Del Norte	1:54.17
3	Buswell, Keith	10	Poway	1:54.66
4	Huff, Logan	11	San Marcos	1:57.42
5	Porter, Josh	12	San Marcos	1:57.51
6	Moffit, Jayden	12	Rancho Berna	1:57.61
7	Boesel, Wyatt	12	Mt Carmel	1:58.90
8	Bradshaw, Isaac	12	Del Norte	1:59.10
9	Greene, Landen	11	Poway	1:59.84
10	Akinpelu, Timothy	11	Del Norte	1:59.88
11	Iverson, Cameron	11	Westview	2:00.24
12	Menolascino, Anthony	12	Poway	2:01.56
13	Lapastora, Marcelino	11	Del Norte	2:01.74

Event 15 Girls 300 Meter Hurdles Varsity**Friday 5/8/2026 - 7:30 PM****Record: 43.75 2011 Taylor Larch-Miller**

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

2	Newman, Riley	9	Poway	52.44
3	Harding, Evan	11	San Marcos	52.38
4	Patty, Chloe	10	Westview	50.84
5	Arnold, Reese	12	San Marcos	50.28
6	Libby, Grace	10	Poway	50.46
7	Blackburn, Ashlyn	12	Del Norte	52.08
8	Roberts, Mia	9	Poway	52.40

Section 2 of 2 Finals

1	Childers, Kiley	12	Westview	48.22
2	Lanski, Brooke	11	Westview	47.43
3	Brehm, Brooke	12	Rancho Berna	47.30
4	Jensen, Avery	12	Westview	46.74
5	Czyszczonek, Izabella	11	Del Norte	45.27
6	Buswell, Bonnie	12	Poway	46.73
7	Coker, Eva	9	Rancho Berna	46.86
8	Maude, Marina	10	Mt Carmel	47.33
9	Davis, Rebecca	11	Rancho Berna	47.98

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Event 16 Boys 300 Meter Hurdles Varsity**Friday 5/8/2026 - 7:40 PM****Record: 38.14 1985 Travis Knox**

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

2	Banda, Adam	10	Westview	46.26
3	Bithell, Brayden	12	Poway	45.17
4	Lyles, Tyler	9	Poway	44.35
5	Hoyt, Wesley	11	Poway	43.53
6	Lopez, Kieren	10	Westview	44.18
7	Tesiero, Jacob	10	Rancho Berna	44.43
8	Young, Maclain	10	Del Norte	46.15
9	Sommer, Seth	11	Poway	46.49

Section 2 of 2 Finals

1	Chang, Maxwell	11	Del Norte	42.43
2	Arn, Connor	12	Poway	41.50
3	Marsh, Ryan	11	Westview	40.95
4	Rowan, Blake	10	San Marcos	40.67
5	Haglof, Blake	12	San Marcos	39.15
6	Shanyour, Omar	12	Westview	40.02
7	Oliver, Xavier	11	Rancho Berna	40.92
8	Schroeder, Kai	12	Mt Carmel	40.99
9	Brown, Mitchel	12	Rancho Berna	42.02

Event 17 Girls 200 Meter Dash Varsity**Friday 5/8/2026 - 7:50 PM****Record: 24.33 2022 Alyssa Bean**

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 3 Finals

2	Gage, Jillian	12	Poway	28.22
3	Drager, Isabella	11	Rancho Berna	27.69
4	Sacco, Ava	9	Rancho Berna	27.56
5	Gruber, Isabella	11	San Marcos	27.41
6	Ffrench, Ellarose	10	Poway	27.48
7	Miranda, Zoe	9	Westview	27.62
8	Barard, Brianna	9	Westview	27.80

Section 2 of 3 Finals

1	Desmond, Issa	12	Mt Carmel	27.33
2	Leidigh, Aliyah	10	Rancho Berna	27.11
3	Obrist, Emerson	12	San Marcos	26.93
4	De Guzman, Mina	10	Westview	26.85
5	Frenken, Averi	11	San Marcos	26.45
6	Beeby, Madison	12	Rancho Berna	26.70
7	Kim, Kensley	9	Del Norte	26.90
8	Nicholas, Dylan-Marie	11	Poway	27.00
9	Hughes, Delaney	11	Poway	27.24

Section 3 of 3 Finals

1	West, Brynn	12	Rancho Berna	26.34
2	Parker, Farrah	10	Westview	25.73
3	Hennigan, Delaney	12	Westview	25.66
4	Hoar, Veronica	10	Westview	25.46
5	Joo, Ella	12	Del Norte	24.66
6	Holmes, Miyah	10	San Marcos	24.72
7	Holmes, Lauren	11	Del Norte	25.47
8	Bouma, Ericka	10	San Marcos	25.69
9	Randolph, Gabriella	11	San Marcos	25.97

Event 18 Boys 200 Meter Dash Varsity**Friday 5/8/2026 - 8:00 PM****Record: 21.16 2002 Deun White**

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 3 Finals

1	Brown, Kyle	12	Westview	23.90
2	Racicot, Brady	11	Mt Carmel	23.70
3	Giampaoli, Samuel	11	Del Norte	23.37
4	Powell, Andrew	9	Mt Carmel	23.26
5	Hanlon, Jackson	11	Mt Carmel	23.12
6	Ramos, Mateo	11	San Marcos	23.14
7	Pelican, Noah	9	Mt Carmel	23.31
8	Ismaili, Adrian	11	Poway	23.46
9	Grant, Demarion	12	Westview	23.85

Section 2 of 3 Finals

1	McCammion, Bryce	11	San Marcos	23.05
2	Dorsey, Thomas	11	San Marcos	22.91
3	Scher, Kaiden	11	Poway	22.80
4	Thompson, Gavin	10	Poway	22.72
5	Green, Sean	9	San Marcos	22.49
6	Reese, Zamar	12	San Marcos	22.67
7	Samboy, Gavin	12	Mt Carmel	22.74
8	Ikeda, Grayson	9	Del Norte	22.85
9	Collins, Manny	11	Rancho Berna	23.03

Section 3 of 3 Finals

1	Christensen, Silas	12	Rancho Berna	22.47
2	Lake, Koda	10	Mt Carmel	22.23
3	Woods, Jordan	11	San Marcos	22.11
4	De La Cruz, Miles	12	Rancho Berna	22.06
5	Abawi, Brice	12	Rancho Berna	21.49
6	Monagan, Carson	12	San Marcos	22.04
7	Goldmann, Grant	12	Del Norte	22.07
8	Jurgens, Chase	12	Del Norte	22.18
9	Grandinetti, Callum	10	Rancho Berna	22.28

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Event 19 Girls 3200 Meter Run Varsity**Friday 5/8/2026 - 8:10 PM****Record: 10:18.92 2011 Alli Billmeyer**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Biddle, Riley	11	Rancho Berna	10:44.62
2	Santavicca, Ally	11	Poway	10:59.91
3	Mayer, Isabella	10	Mt Carmel	11:13.08
4	Enyedi, Lilah	12	Del Norte	11:13.72
5	Bartolay, Olivia	10	Del Norte	11:21.94
6	Sagi, Sophie	9	Westview	11:22.33
7	Pham, Lynn	9	Westview	11:26.40
8	Bell, Veronica	12	Mt Carmel	11:28.72
9	Lagiseti, Samhita	12	Del Norte	11:31.56
10	Dangio, Livia	12	Rancho Berna	11:37.87
11	Hong, Eliza	11	Del Norte	11:40.92
12	Muscat, Nina	11	Poway	11:44.55
13	Li, Madison	12	Poway	11:47.41
14	Campos, Olivia	12	Mt Carmel	11:51.45
15	Weiss, Caylin	11	Mt Carmel	11:52.30
16	Krolikowski, Amelia	9	Rancho Berna	12:02.66
17	Maguire, Savannah	11	Rancho Berna	12:12.87
18	Auer, Sasha	10	Westview	12:14.86
19	Connelly, Graziela	11	Del Norte	12:19.20
20	Husseman, Catalina	12	Poway	12:27.74
21	Ko, Abigail	9	Poway	12:31.15
22	Rodgers, Sophia	10	Poway	12:33.20
23	Nash, Carys	9	Poway	12:37.78

Event 20 Boys 3200 Meter Run Varsity**Friday 5/8/2026 - 8:30 PM****Record: 9:17.23 2009 Collin Jarvis**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Northcutt, Jaxon	11	Mt Carmel	8:57.28
2	Yarbrough, Cam	12	Del Norte	8:59.74
3	Castleberry, Cooper	12	Poway	9:09.69
4	McDevitt, Parker	12	Westview	9:14.94
5	Odom, Dean	12	San Marcos	9:24.94
6	Bell, Joshua	10	Mt Carmel	9:30.08
7	Echsner, Nick	11	Del Norte	9:42.02
8	Morales, Noah	11	Rancho Berna	9:43.10
9	Gregg, Adam	12	Poway	9:44.06
10	Nash, Dylan	10	Poway	9:46.73
11	Rivera Garcia, Tobias	11	Westview	9:50.09
12	Porter, Josh	12	San Marcos	9:54.06
13	Keddington, Jack	10	Westview	9:54.18
14	Boles, Alexander	9	Del Norte	9:55.04
15	Blake-Haskins, Sean	10	San Marcos	9:56.61
16	Hightower, Nolan	11	Del Norte	9:57.76
17	Escobar, James	10	Del Norte	9:58.16
18	Cottom, Devin	12	Rancho Berna	9:58.93
19	Alemi, Zain	12	Rancho Berna	10:02.74
20	Ayala, Lucas	11	Westview	10:05.59
21	Elmore, Bobby	9	Rancho Berna	10:07.29
22	Masterson, Philip	12	San Marcos	10:07.52
23	Ramirez, Antonio	10	Del Norte	10:07.69
24	Blatt, Adrian	11	Del Norte	10:08.12

Event 21 Girls 1600 Meter Relay Varsity**Friday 5/8/2026 - 8:50 PM****Record: 3:54.54 1992 Mt. Carmel****Birdsall, Boone, O'Connor, Dring**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Rancho Berna		4:09.97
4	San Marcos		4:04.82
5	Westview		3:59.75
6	Poway		4:03.76
7	Mt Carmel		4:08.89
8	Del Norte		4:13.65

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Meet Program - Palomar League Finals - Track Events

Event 22 Boys 1600 Meter Relay Varsity

Friday 5/8/2026 - 9:00 PM

Record: 3:19.93 2011 Rancho Bernardo

Grigoriev, Cable, Jones, Pickering

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Poway		3:26.60
4	Rancho Berna		3:25.17
5	Del Norte		3:22.38
6	San Marcos		3:22.88
7	Mt Carmel		3:26.58
8	Westview		3:32.81