

Palomar League Finals 2026
Mt. Carmel High School - 5/8/2026
Session Report

Session: 1 Palomar League Finals - Track Events
Day 1 - Friday 5/8/2026 - Starts at 04:30 PM

Event	Round
4:30 PM #1 Girls 3200 Meter Relay Varsity	Finals
4:45 PM #2 Boys 3200 Meter Relay Varsity	Finals
5:30 PM #3 Girls 400 Meter Relay Varsity	Finals
5:35 PM #4 Boys 400 Meter Relay Varsity	Finals
5:43 PM #5 Girls 1600 Meter Run Varsity	Finals
5:53 PM #6 Boys 1600 Meter Run Varsity	Finals
6:03 PM #7 Girls 100 Meter Hurdles Varsity	Finals
6:13 PM #8 Boys 110 Meter Hurdles Varsity	Finals
6:23 PM #9 Girls 400 Meter Run Varsity	Finals
6:33 PM #10 Boys 400 Meter Run Varsity	Finals
6:45 PM #11 Girls 100 Meter Dash Varsity	Finals
6:55 PM #12 Boys 100 Meter Dash Varsity	Finals
7:10 PM #13 Girls 800 Meter Run Varsity	Finals
7:20 PM #14 Boys 800 Meter Run Varsity	Finals
7:30 PM #15 Girls 300 Meter Hurdles Varsity	Finals
7:40 PM #16 Boys 300 Meter Hurdles Varsity	Finals
7:50 PM #17 Girls 200 Meter Dash Varsity	Finals
8:00 PM #18 Boys 200 Meter Dash Varsity	Finals
8:10 PM #19 Girls 3200 Meter Run Varsity	Finals
8:30 PM #20 Boys 3200 Meter Run Varsity	Finals
8:50 PM #21 Girls 1600 Meter Relay Varsity	Finals
9:00 PM #22 Boys 1600 Meter Relay Varsity	Finals

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Session Report

Session: 2 Palomar League Finals - Field Events
Day 1 - Friday 5/8/2026 - Starts at 04:30 PM

	Event	Round
4:30 PM	#24 Girls Pole Vault Varsity	Finals
4:30 PM	#30 Boys Pole Vault Varsity	Finals
4:30 PM	#28 Girls Discus Throw Varsity	Finals
4:30 PM	#34 Boys Discus Throw Varsity	Finals
4:30 PM	#25 Girls Long Jump Varsity	Finals
4:30 PM	#31 Boys Long Jump Varsity	Finals
5:30 PM	#23 Girls High Jump Varsity	Finals
5:30 PM	#29 Boys High Jump Varsity	Finals
6:30 PM	#27 Girls Shot Put Varsity	Finals
6:30 PM	#33 Boys Shot Put Varsity	Finals
6:30 PM	#26 Girls Triple Jump Varsity	Finals
6:30 PM	#32 Boys Triple Jump Varsity	Finals