



HIGH SCHOOL SCHEDULE

January 23, 2026

Heat Sheets Available
at ArmoryTrack.Live

FRIDAY HS TRACK EVENTS

| | | | | | | | |
|---------|---|--------------|-------------|--------|---------------|----|----|
| 5:30 PM | G | DMR | High School | Finals | Top 12 Teams | 1 | 12 |
| 5:42 PM | B | DMR | High School | Finals | Top 12 Teams | 1 | 12 |
| 5:54 PM | G | 200m Dash | High School | Finals | Fastest First | 15 | 85 |
| 6:16 PM | B | 200m Dash | High School | Finals | Fastest First | 15 | 83 |
| 6:39 PM | G | 1 Mile Run | High School | Finals | Fastest First | 3 | 44 |
| 7:00 PM | B | 1 Mile Run | High School | Finals | Fastest First | 4 | 70 |
| 7:24 PM | G | 400m Dash | High School | Finals | Fastest First | 13 | 69 |
| 7:50 PM | B | 400m Dash | High School | Finals | Fastest First | 9 | 47 |
| 8:08 PM | G | 800m Run | High School | Finals | Fastest First | 6 | 69 |
| 8:26 PM | B | 800m Run | High School | Finals | Fastest First | 6 | 68 |
| 8:50 PM | G | 4x200m Relay | High School | Finals | Fastest First | 3 | 16 |
| 8:59 PM | B | 4x200m Relay | High School | Finals | Fastest First | 3 | 14 |

Friday Night HS Infield Events

| | | | | | # Sections | Field Size |
|----------------|-------|-------------|-------------|-------|------------|------------|
| 6:15 PM | Girls | 55m Hurdles | High School | Final | 4 | 29 |
| 6:30 PM | Boys | 55m Hurdles | High School | Final | 4 | 27 |
| 6:40 PM | Girls | 55m Dash | High School | Final | 6 | 49 |
| 6:50 PM | Boys | 55m Dash | High School | Final | 6 | 38 |
| 5:45 PM | Girls | Pole Vault | High School | Final | 1 | 3 |
| 7:00 PM | Boys | Pole Vault | High School | Final | 1 | 9 |
| 6:00 PM | Girls | Long Jump | High School | Final | 1 | 17 |
| 6:00 PM | Boys | Long Jump | High School | Final | 2 | 21 |
| 7:15 PM | Girls | Triple Jump | High School | Final | 1 | 6 |
| 7:15 PM | Boys | Triple Jump | High School | Final | 1 | 13 |
| 6:00 PM | Boys | Shot Put | High School | Final | 2 | 20 |
| 7:15 PM | Girls | Shot Put | High School | Final | 2 | 21 |
| 7:00 PM | Girls | High Jump | High School | Final | 1 | 4 |
| 7:00 PM | Boys | High Jump | High School | Final | 1 | 8 |

Field events - Three Attempts / Top 6 to Final
Blocks Allowed in the Infield Races