



AAU MID ATLANTIC CHAMPIONSHIP DISTRICT QUALIFIER.

JUNE 12-14, 2026

MILLERSVILLE UNIVERSITY, MILLERSVILLE , PENNA. 17751@ BIEMSDERFER STADIUM

ROLLING SCHEDULE ALL EVENTS. *ALL RUNNING EVENTS ARE TIMED FINALS.*

FRIDAY JUNE 12 ,(DAY 1) RUNNING EVENT: CALL TO REPORT 1:00PM - START 1:30 PM

400M DASH..... ALL AGE DIVISION.....G/B.....17-18, Open-Master 15-16, 14, 13, 12, 11, 10, 9, 8-Under.

AFTER WHICH 3000M Run. Open-Master, 17-18, 15-16, 14, 13, 12, 11. (ages may be combined).

FRIDAY JUNE th (DAY 1) FIELD EVENTS : CALL TO REPORT 1:00PMSTART 1:30 PM

TRIPLE JUMP, 1 PIT WILL BE USED, CHALK ONLY: LONG/TRIPLE JUMP, HIGH JUMP RUNWAY, ALL RUNWAYS.

ALL FIELD EVENTS THREE(3)ATTEMPTS, EXCEPT HIGH JUMP & POLE VAULT.

TRIPLE JUMP.....13, 14, 15-16, 17-18 Open-Master.All Girls will Triple Jump First. 24'ft(tape) and 27'ft(insert)

Followed by Triple Jump Boys, ...31'ft(painted) and 38'ft(insert)..... **ONLY THESE 2 BOARDS FOR EACH GENDER.**

Athletes may not cross the infield.

BIB# MUST BE WORN HIGH ON UNIFORM AND NOT FOLDED (FRONT)

COACHES MEETING JUNE 12:30 TH PM Infield (50yd line)



AAU MID ATLANTIC CHAMPIONSHIP DISTRICT QUALIFIER

June 12-14 2026

Millersville University, Millersville Penna 17751

SATURDAY JUNE 13th (DAY 2) 2026 CALL TO REPORT 8:30AM.....START 9:00AM

BIB# MUST BE WORN HIGH ON UNIFORM AND NOT FOLDED (FRONT).

1500M RUN.....G/B..... 8-U, 9, 10, 11, 12, 13, 14,15-16, 17-18 Open-Master

4 X 100 RELAY... RELAY AGE DIVISION.....8-U, 10yr, 12yr ,14yr , 15-16yr , 17-18yr, OPEN

800M RUNG/B..... 8-U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, OPEN-MASTER

110MH.....15-16,17- 18 Boys/Men Open 39"

100MH.....13,14 Boy 33"

100MH.....15-16, 17-18, Girls/Women 33" Open.

100MH.....13, 14, Girl 30"

80MH..... 11, 12, G/B 30"

100M DASH.....8 -U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, OPEN-MASTER.

NO STARTING BLOCKS FOR 10 YRS AND UNDER. Exchange zone shall be 30m Long.

TEAMS MUST SUPPLY OWN BATON &TAPE. ONE(1) PIECE OF TAPE PER ATHLETE.

SATURDAY (DAY 2) FIELD EVENTS CALL TO REPORT 8:30AM.....Start 9:00AM

LONG JUMP...Girls...(4'ft board, 8-Under)(8'ft board 9, 10, 11, 12,)(10'ftboard 13, 14, 15-16, 17-18, Open-Master).

HIGH JUMP(Boys)..... 9, 10, 11, 12, 13, 14, 15-16, 17-18,Open-Master

TURBO JAVGirl/Boy (300g) 8-Under . G/B. (400g) 9, 10, 11, 12 Turbo Jav will be supplied.

ATHLETE MUST BRING OWN SHOT PUT.

SHOT PUT.....Girl/Boy 8-U, 9, 10, 11, 12, 13, 14, 15-16, 17-18, Open-Master.

ALL FIELD EVENTS 3(THREE) ATTEMPTS.....EXCEPT HIGH JUMP&POLE VAULT.

COACHES MEETING INFIELD (50YD LINE) 8:00AM.



**AAU MID ATLANTIC CHAMPIONSHIP DISTRICT QUALIFIER
MILLERSVILLE UNIVERSITY, MILLERSVILLE PENNA. 17751**

SUNDAY JUNE 14th (Day3) 2026 RUNNING EVENT CALL TO REPORT 8:30AM.....START 9:00AM

4 X 800M RELAYRELAY AGE DIVISION..... 11-12, 13-14, 15-16, 17-18, OPEN-MASTER

200MDASH..... ALL AGE DIVISION..... 17-18, Open-Master, 15-16, 14, 13, 12, 11, 10, 9, 8-Under

2000M Steeplechase.....15-16 , 17-18, G 30"/ B36"

200MHurdles.....13, G/B 14, G/B 30"

400MHurdles.....15-16, 17-18 Girls 30"

400MHurdle.....15-16, 17-18 Boys 36"

1500M/3000M RACEWALK9, 10, 11, 12, /13, 14, 15-16, 17-18.....EVENT/GENDER WILL BE COMBINED.

4 X 400 RELAY(3 turn stagger).....RELAY AGE DIVISION 9-10, 11-12, 13-14, 15-16, 17-18, OPEN-MASTER

BIB# MUST BE WORN HIGH ON UNIFORM(FRONT)

SUNDAY (DAY 3) - FIELD EVENT CALL TO REPORT 8:30AM.....START 9:00AM

ALL FIELD EVENTS 3(THREE) ATTEMPTS, EXCEPT HIGH JUMP& POLE VAULT.

HIGH JUMP(Girls).....9, 10, 11, 12, 13, 14, 15-16, 17-18, Open-Master,

LONG JUMP.....Boy(4'ft board 8-Under)(8'ft board 9, 10, 11, 12)(10'ft board 13, 14, 15-16, 17-18, Open-Master

DISCUS and JAVELIN THROWATHLETE MUST BRING OWN DISCUS/JAVELIN .

DISCUS 17-18, 15-16, 14, 13, 12, 11..... G/B(1.0kg) MALE (1.6kg) 15-16, 17-18 , Open-Master

JAVELIN THROW.....G(600g) B(800g) 13, 14, 15-16, 17-18, OPEN-MASTER

POLE VAULT..... CALL TO REPORT 12:30pm..... Start 1:30pm. 13, 14, 15-16, 17-18, OPEN-MASTER



PLEASE BE REMINDED OF AGE GROUP CLASSIFICATION:

The athlete's year of birth shall determine the age division in which he/she will compete:

Age Group	Year Born	Age Group	Year Born
8 & Under Year Old	2018&After	13 Year Old	2013
		14 Year Old	2012
9 Year Old	2017	15-16 Year Old	2010-2011
10 Year Old	2016	17-18 Year Old	2008-2009
11 Year Old	2015		
12 Year Old	2014		

RELAY AGE CLASSIFICATION

Age Group	Relay Event	Age Group	Relay Event
8 & Under	(4 X 100)	13-14	(4 x 100, 4 x 400, 4 x 800)
9-10	(4 x 100, 4 x 400)	15-16	(4 x 100, 4 x 400, 4 x 800)
11-12	(4 x 100, 4 x 400, 4 x 800)	17-18	(4 x 100, 4 x 400, 4 x 800)

RELAY TEAMS: UNIFORM MUST BE OF SAME COLOR, JERSEY (TOP) SHORTS (BOTTOM). ATHLETE NAMED AS ALTERNATE FOR RELAYS MUST BE REGISTER AND LISTED AS ALTERNATES. RELAYS ARE TO BE LISTED AS A, B, C .

RUNNING EVENT REPORT TO CLERK OF COURSE WHEN EVENTS ARE CALLED.FIELD EVENTS REPORT DIRECTLY TO FIELD EVENT WHEN CALLED. CHECK IN WITH HEAD OFFICIAL. INTERMEDIATE AND YOUNG AGE DIVISION MADATORY USE OF STARTING BLOCK 100/200/400/400MH/110MH/100MH/4X100 /4X400 /TRACK WILL CLOSE 15 MIN BEFORE START OF MEET NO FURTHER WARMUPS ON TRACK ALLOWED.

ADVANCEMENT PROCEDURE: AAU MID ATLANTIC DISTRICT QUALIFIER TO AAU REGION 2

QUALIFIER. Top sixteen (16) athletes and relays advance with a verified mark from their AAU District Qualifier, to their AAU Region2 Qualifier. JUNE 26-28 Millersville U. Millersville, Pa.

ADVANCEMENT FROM AAU REGION2 QUALIFIER TO AAU NATIONAL JO's DES MOINE IA.

Top Six (6)) All Running ,Relays and Field Events, Top Three(3) Multi Events: Tri athlete , Pen, Hep, and Dec



PLEASE REVIEW: IF AN ATHLETE IS COMPETEING IN MULTIABLE EVENTS THE ATHLETE MUST CHECK IN WITH OFFICIAL, CHECK OUT WITH HEAD OFFICIAL, AND REPORT BACK TO THE HEAD OFFICIAL OF THAT EVENT, IN THE TIME STATED BY HEAD OFFICIAL NO PERSON ALLOWED IN ANY BUILDINGS, LOBBIES, DOORWAYS, COURTYARDS, UNDER BLEACHERS.COACHES YOU MUST MONITOR YOUR ATHLETES.

RESTROOMS/PORT-A-POT ARE NOT TOO BE ABUSED. DO NOT TRASH/CLOG TOILETS OR URNIALS OR THROWING PAPER ON FLOOR. ,RESTROOMS ARE FOR YOUR COMFORT.

BE REMINDED OUR DISTRICT QUALIFIER IS ON A ROLLING SCHEDULE. DO NOT RUN THE RISK OF MISSING YOUR EVENT.

DO MAKE EVERY EFFORT TO RECYCLE PLASTIC, CANS. SEPARATE FROM TRASH

PLEASE DEPOSIT ALL TRASH IN A TRASH CAN, LARGE TRASH BAG, NOT ON GROUND AND/OR SEATING/BLEACHERS/YOUR TEAM AREAS MUST BE CLEANED OF ANY TRASH. TEAMS: PLEASE ENSURE YOUR AREA IS FREE OF ALL LITTER. BAG AND TRASH. **ALL TENTS, CANOPIES** MUST BE SECURED, TIED DOWN/WEIGHTED/STAKED DURING MEET.UNDER WINDY CONDITION TOP MUST BE REMOVED, THEY BECOME DANGEROUS FLYING OBJECTS, LOWER AND/OR REMOVED COVER EACH NIGHT. **NO TENTS ALLOWED IN WARMUP FIELD.**

TENTS: NO TENT/SHADEING DEVICES ALLOWED HOME SIDE BLEACHERS. TENTS ALLOWED ON VISITOR SIDE. NO TENT AROUND OR ATTACHED TO TRACK FENCE. NO TEAMS ,TENTS, CHAIRS, DO NOT BLOCK ANY GATEWAY, WALK THROUGH AND/OR PASSAGEWAY FOR VEHICLES.

REVIEW WITH YOUR ATHLETE: TO BE SURE TO CHECK IN/CHECK OUT WITH HEAD OFFICIAL OF THEIR FIELD EVENTS.

ATHLETE MAY RISK THEIR RIGHT TO COMPETE IF THEY DO NOT CHECK INTO THEIR EVENT WHEN EVENT IS CALL TO REPORT, CLERK OF COURSE OR FIELD EVENTS.

ATHLETE MUST COMPETE WITH THE CORRECT WEIGHT IMPLEMENT JAVELIN, SHOTPUT, POLE VAULT, DISCUS

ATHLETE MUST PROVIDE OWN SHOT PUT, DISCUS, TURBO JAV, & JAVELIN IMPLEMENT 600g AND 800g

ATHLETES MUST SUPPLY OWN TAPE & BATON. NO TENNIS BALL, NO RAISED CONES.

MEET MANAGEMENT RESERVE THE RIGHT TO COMBINE AGE, GENDER, OR EVENTS.

WHEN ANNOUNCE FOR SERVERE WEATHER YOU MUST CLEAR STADUIM/FIELD, GO TO YOUR VEHICLES, YOU MAY NOT SHELTER UNDER YOU TENTS or TREES .RETURN TO FACILITY WHEN ANNOUNCED. ATHLETES RETURN TO AREA OF YOUR COMPETITION.