

OC GRIT DISTANCE INVITE

March 22, 2026

LOCATION: Woodbridge High School (2 Meadowbrook, Irvine, CA 92604)

REGISTRATION via ATHLETIC.NET

- CLOSES on 3/18 (11:59pm) ←←←←←←←←
- **NO LATE or DAY OF REGISTRATION!!!**
- **\$5** per event (youth athletes). **\$10** per event (open adult athletes)
- **PAYMENT OPTIONS:**
 - Online payment will be auto collected through Athletic.net when the registration closes
 - Venmo: If you want to avoid online surcharges, we are accepting payments through Venmo. Please make the payment before the closure of the registration so I can mark it off.

EVENT ORDER (girls to boys, young to old, slow to fast):

- 1500m – **8:00am start time** – 1st call at 7:30am
- 3000m Racewalk (divisions and gender WILL BE combined into one race)
- 800m
- 3000m
- 1500m Racewalk (divisions and gender WILL BE combined into one race)
- 4x800m Relay (divisions MAY BE combined depending on numbers)

Ryan Yohn
@OCGRIT



RACE TIMES: Once registration closes, we will send out heat sheets with estimated start times.

SEEDING: we will be creating heats based on athletic.net seed times and coach overrides. To give your runner the most competitive experience, please make sure they have a seed time.

ENGRAVED MEDALS: Top 3 in each race **LIVE RESULTS** on socaltiming.com

FACILITIES & TEAM CAMPS

- Campus Parking: **\$5 CASH**
- The track has a small set of bleachers. Because of this, we are NOT ALLOWING tents, ez ups, or pop ups in the bleachers.
- There is plenty of grass and field space surrounding the track
- Tents, EZ Ups, and pop ups must remain on the ground surrounding the track.

CONTACT Ryan Yohn @ (714) 357 - 2253 if you have any questions

USATF SANCTIONED MEET