

## Pioneer League Championships - 4/28/2026 to 5/1/2026

## North High School

## Meet Program - Pioneer League Prelims

**Event 33 Boys 3200 Meter Run Frosh Soph**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Jones, Alexander	North Torran	10:28.76
2	Navarrete, Damian	West Torranc	10:36.20
3	Koerber, Vance	West Torranc	10:36.91
4	Sabbadin, Noah	Palos Verdes	10:39.59
5	Johnson, Caden	South Torran	11:04.99
6	Maggard, Naoki	South Torran	11:05.07
7	Lemire, Nicolas	Palos Verdes	11:12.76
8	Chi, Joshua	South Torran	11:49.23
9	Hall, Connor	South Torran	12:11.20
10	Shutta, Dylan	North Torran	12:15.64
11	Nakasuji, Drew	North Torran	12:17.00
12	Nakakura, Reece	West Torranc	12:21.18
13	Villalobos, Brandon	North Torran	12:44.02

**Event 35 Girls 3200 Meter Run Varsity**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Soto, Jaqueline	North Torran	11:03.00
2	Cohu, Kara	Palos Verdes	11:07.17
3	Espiritu, Isabelle	West Torranc	11:13.40
4	Duval, Mia	West Torranc	11:55.52
5	Wolfinger, Madeline	West Torranc	11:59.94
6	Gonzalez, Gabriela	North Torran	13:36.79

**Event 34 Girls 3200 Meter Run Frosh Soph**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
11	Otero-Vasquez, Allison	West Torranc	12:33.25
12	Brusseau, Jess	Palos Verdes	12:36.66
13	Fernandez, Larissa	West Torranc	12:49.07
14	Chang, Seoyoon	North Torran	14:53.45
15	Wu, Ashley	West Torranc	15:12.12
16	Nguyen, Jennifer	North Torran	NT

**Event 36 Boys 3200 Meter Run Varsity**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Mehnert, Dylan	West Torranc	9:07.79
2	Johnson, Cole	South Torran	9:23.53
3	Nulman, Lucas	Palos Verdes	9:28.75
4	Tamura, Evan	West Torranc	9:33.06
5	Wheeler, Cody	West Torranc	9:33.11
6	Burris, Mason	West Torranc	9:54.31
7	Schoenfeld, Kai	Palos Verdes	9:57.49
8	Anderson, Ian	Palos Verdes	9:59.27
9	Whalen, Owen	El Segundo	10:15.00
10	Bock, Jacob	West Torranc	10:18.01
11	Yang, Shihang	Palos Verdes	10:21.12
12	Bader, Travis	Palos Verdes	10:39.56
13	Chi, Ruben	West Torranc	11:00.00
14	Garcia, Santiago	North Torran	11:21.23
15	Turner, William	West Torranc	11:30.01

**Event 9 Boys 110 Meter Hurdles Frosh Soph**

<b>8 Advance: Top 1 Each Heat plus Next 6 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
2	Billups, Larry	West Torranc	23.85
3	Muthukumaran, Logesh	West Torranc	21.35
4	Selvakumar, Kirtihsvar	West Torranc	20.30
5	Campbell, Amare	North Torran	20.75
6	Mauss, Jaden	Palos Verdes	23.00
<b>Heat 2 of 2 Prelims</b>			
3	Heisler, Peter	Palos Verdes	22.03
4	Oani, Aidan	West Torranc	20.37
5	Lewis III, Marvin	North Torran	20.43
6	Henry, Baruch	South Torran	22.40

**Event 11 Girls 100 Meter Hurdles Frosh Soph**

<b>8 Advance: Top 1 Each Heat plus Next 6 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	Park, Hannah	West Torranc	22.94
2	Orpe, Caelyn	West Torranc	20.36
3	Shotts, Sophia	West Torranc	19.79
4	Ndoma-Egba, Laurette	West Torranc	18.04
5	Govan, Beverly	North Torran	19.77
6	Bindra, Saira	North Torran	20.35
7	Baad, Riley	West Torranc	21.72
<b>Heat 2 of 2 Prelims</b>			
2	Nulman, Adelaide	Palos Verdes	20.70
3	Psalms, Myla	North Torran	19.99
4	Uchiyama, Kate	South Torran	18.23
5	Goeller, Ava	South Torran	19.60
6	Kavoain, Emma	South Torran	20.08
7	Randolph, Mikayla	West Torranc	21.70

**Event 14 Girls 400 Meter Dash Frosh Soph**

<b>8 Advance: Top 1 Each Heat plus Next 6 Best Times</b>			
Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
2	An, Annabelle	South Torran	1:15.30
3	Elliot, Reese	South Torran	1:05.25
4	Wells, Olivia	Palos Verdes	1:00.00
5	Lacaille-Post, Eleanor	Palos Verdes	1:03.79
6	Suh, Emily	South Torran	1:14.55
<b>Heat 2 of 2 Prelims</b>			
3	Shotts, Sophia	West Torranc	1:06.38
4	Veldhuizen, Stella	Palos Verdes	1:03.48
5	Immel, Brooke	El Segundo	1:03.67
6	Bui, Cindy	North Torran	1:10.02

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**Event 15 Girls 400 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

2	Barnes, Sarah Rose	Palos Verdes	1:04.79
3	Kawada, Emma	West Torranc	1:02.23
4	McGovern, Ava	Palos Verdes	57.37
5	Kuykendall, Daniella	South Torran	1:02.06
6	Keith, Kailey	El Segundo	1:04.24
7	Duffy, Jazlin Renae	South Torran	1:08.37

**Heat 2 of 2 Prelims**

2	Phillips, Makayla	El Segundo	1:05.00
3	Jardin, Emma	Palos Verdes	1:02.34
4	Adams, Naomi	South Torran	59.69
5	Browne, Jiselle	El Segundo	1:01.50
6	Hulswit, Lucent	West Torranc	1:03.36
7	Gales, Min-jee	El Segundo	1:08.20

**Event 16 Boys 400 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Newell, Keaton	West Torranc	54.96
2	Gonzalez, Noah	El Segundo	53.93
3	Arieta, Josh	El Segundo	52.64
4	Hughes, Camren	Palos Verdes	48.08
5	Gale, Ken	South Torran	52.00
6	Cimaglio, James	North Torran	53.49
7	Echevarria, Joshua	North Torran	54.79

**Heat 2 of 2 Prelims**

1	Woodard, Jordan	West Torranc	55.70
2	Milne-Castro, Preston	El Segundo	54.06
3	Irvine, Jack	West Torranc	52.99
4	Spires, Kaidyn	North Torran	50.21
5	Delgado, Daniel	South Torran	50.31
6	Gapusan, Aerel	West Torranc	53.22
7	Osorio, Caleb	North Torran	54.30
8	Nguyen, An	West Torranc	1:00.34

**Event 17 Boys 100 Meter Dash Frosh Soph****8 Advance: Top 1 Each Heat plus Next 3 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 5 Prelims**

1	Hartley, Joel	Palos Verdes	12.96
2	Lim, Wilsun	South Torran	12.59
3	Murata, Trenton	West Torranc	12.22
4	Knapp, Nolan	North Torran	11.72
5	Muranaga, Adam	West Torranc	12.04
6	Johnson Jr., Terrance	North Torran	12.53
7	Wertz, Coleman	Palos Verdes	12.94

**Heat 2 of 5 Prelims**

1	Jones, Donavan	Palos Verdes	13.01
2	Ortega Diaz, Matias	Palos Verdes	12.61
3	Villar, Maximillian	Palos Verdes	12.28
4	Kishita, Dean	Palos Verdes	11.80
5	Puffer, Carson	El Segundo	12.01
6	Upshaw, Jaden	Palos Verdes	12.48
7	Barton, Reed	Palos Verdes	12.90

**Heat 3 of 5 Prelims**

1	Rosik, Henrik	South Torran	13.03
2	Krishnanumurthy, Ithihaas	West Torranc	12.62
3	Choi, Andrew	Palos Verdes	12.28
4	Dixon, Devin	North Torran	11.81
5	Abdelmalak, Marco	El Segundo	12.00
6	Stumpf, Connor	Palos Verdes	12.44
7	Diamond, Logan	South Torran	12.81

**Heat 4 of 5 Prelims**

1	Chen, Anthony	South Torran	13.78
2	Voytilla, Boden	Palos Verdes	12.64
3	Blankenship, Trey	Palos Verdes	12.30
4	Bahrami, Kasra	Palos Verdes	11.84
5	Le, Aidan	North Torran	12.00
6	Chikwendu, Victor	South Torran	12.44
7	Koutras, Christopher	Palos Verdes	12.80

**Heat 5 of 5 Prelims**

1	Storm, Elijah	Palos Verdes	15.39
2	De Silva, Jayden	Palos Verdes	12.72
3	Latkoczy, Levente	Palos Verdes	12.35
4	Asante, Preston	West Torranc	11.96
5	Samson, Marcus	North Torran	11.99
6	Albayadle, Jacob	South Torran	12.39
7	Ryan, Talan	South Torran	12.73

**Event 18 Girls 100 Meter Dash Frosh Soph****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 4 Prelims**

1	Bennett, Violet	South Torran	15.58
2	Patel, Anya	El Segundo	14.45
3	Baranick, Kennedy	Palos Verdes	13.77
4	Kubeck, Taylor	West Torranc	13.19
5	Chang, Amy	Palos Verdes	13.69
6	Rayner, Talia	Palos Verdes	14.28
7	Nulman, Adelaide	Palos Verdes	15.24

**Heat 2 of 4 Prelims**

2	Upshaw, Zoe	Palos Verdes	14.46
3	Thomas, Addison	South Torran	13.93
4	Marsh, Ava	South Torran	13.33
5	Lacaillade-Post, Evelyn	Palos Verdes	13.63
6	Viscarra, Isabela	North Torran	14.21
7	Davis, Imri	Palos Verdes	15.23

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**Heat 3 of 4 Prelims...(Event 18 Girls 100 Meter Dash Frosh)**

2	Veera, Safiyya	Palos Verdes	14.53
3	Hawkins, Mya	West Torranc	13.95
4	Punsalan, Melanie	West Torranc	13.35
5	Kavoian, Ava	South Torran	13.63
6	Lorraine, Esther	Palos Verdes	14.13
7	Yu, Maragaret	Palos Verdes	15.00

**Heat 4 of 4 Prelims**

2	McLendon, Willa	El Segundo	14.65
3	Rozhkova, Sofia	Palos Verdes	14.03
4	Jackson, Kaliyah	West Torranc	13.49
5	Law, Emily	Palos Verdes	13.50
6	Winata, Kylie	South Torran	14.07
7	Williams, Lucy	South Torran	14.66

**Event 19 Girls 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Lane Name School Seed Time****Heat 1 of 3 Prelims**

2	Viljoen, Anabelle	Palos Verdes	13.93
3	Alanis, Fernanda	El Segundo	13.19
4	Musalborn, Kaia	El Segundo	12.06
5	Albano, Sophia	Palos Verdes	13.02
6	Toney, Laura	Palos Verdes	13.76
7	Roe, Callie	South Torran	15.11

**Heat 2 of 3 Prelims**

2	Kechter, Sydney	Palos Verdes	14.01
3	Shelton, Kiki	El Segundo	13.24
4	Jones, Ryan	El Segundo	12.61
5	Camarillo, Audrey	El Segundo	12.94
6	Ishizaki, Kaia	South Torran	13.55
7	Buss, Kendall	West Torranc	14.53

**Heat 3 of 3 Prelims**

2	Dysim, Lauren	El Segundo	14.07
3	Mahkorn, Emme	North Torran	13.42
4	Pope, Nyla	North Torran	12.79
5	Rijpkema, Aletta	El Segundo	12.84
6	Alabi, Amara	West Torranc	13.47
7	Yamamoto, Rion	South Torran	14.40

**Event 20 Boys 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Lane Name School Seed Time****Heat 1 of 3 Prelims**

1	Jabbari, Arshawn	El Segundo	11.70
2	Lopez, Aiden	South Torran	11.39
3	Beckner, Marley	North Torran	11.00
4	Thomas, Dylan	El Segundo	10.59
5	Tomaro, Travis	Palos Verdes	10.94
6	Jennings, Lucas	El Segundo	11.39
7	Esquibel, Luc	West Torranc	11.65

**Heat 2 of 3 Prelims**

1	Ybanez, Lawrence	Palos Verdes	11.76
2	Zhao, Alan	South Torran	11.40
3	Noubi, Chris dulcis	South Torran	11.00
4	Ogun, Faiz	North Torran	10.64
5	Brown, Jayden	El Segundo	10.91
6	Davis, Julian	South Torran	11.30
7	Choi, Jake	Palos Verdes	11.58

**Heat 3 of 3 Prelims**

1	Gondoputro, Rylan	South Torran	12.19
2	Sakaguchi, Gavin	West Torranc	11.43
3	Kiaaina, Ku	West Torranc	11.16
4	McCarthy, Richard	Palos Verdes	10.67
5	Brady, Aaden	Palos Verdes	10.91
6	Wesley, Corey	West Torranc	11.20
7	Owens, Kevin	Palos Verdes	11.45
8	Kuo, Nathan	West Torranc	12.28

**Event 21 Boys 800 Meter Run Frosh Soph****16 Advance: Top 2 Each Heat plus Next 12 Best Times****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	Navarrete, Damian	West Torranc	2:05.10
2	Wooster, Kenji	West Torranc	2:14.17
3	Miyamoto, Ethan	North Torran	2:14.55
4	Co, Armando	North Torran	2:17.02
5	Vejphuyarn, Konner	West Torranc	2:17.54
6	Vidal, Nicholas	Palos Verdes	2:18.86
7	Adanike, David	West Torranc	2:22.09
8	Bahng, Daniel	West Torranc	2:24.54
9	Nakasuji, Drew	North Torran	2:24.89
10	Albayadle, Jacob	South Torran	2:26.49
11	Wada, Ryland	West Torranc	2:26.54
12	Griffith, Benjamin	North Torran	2:31.27
13	Hsu, Wesley	Palos Verdes	2:31.45
14	Conde, D'Angelo	South Torran	2:35.61
15	Stanley, Rainer	West Torranc	2:37.14
16	Natsheh, Omar	West Torranc	2:37.59
17	Chae, Luke	West Torranc	2:38.80
18	Smigelski, Ian	El Segundo	2:41.60
19	Dhaouadi, Mohamed	South Torran	2:43.02
20	Min, Joshua	West Torranc	3:00.00
21	Siegloch, Willem	El Segundo	3:03.54

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**Heat 2 of 2 Prelims...(Event 21 Boys 800 Meter Run Frosh S**

1	Lopez, Cruz	North Torran	2:11.31
2	Gardner, Stephen	North Torran	2:13.29
3	Ochoa, Nathan	North Torran	2:15.27
4	Le, Andrew	North Torran	2:15.95
5	Chi, Joshua	South Torran	2:18.16
6	Jackman, Joseph	North Torran	2:18.82
7	Pan, Jamen	West Torranc	2:22.68
8	Veit, Logan	South Torran	2:23.82
9	Pike, Cole	El Segundo	2:26.32
10	Plush, Shane	El Segundo	2:26.32
11	Darpi, Adlan	El Segundo	2:29.71
12	Coon, Hudson	Palos Verdes	2:30.07
13	Ceballos, Nathan	North Torran	2:32.07
14	Pena, Kaeden	West Torranc	2:33.72
15	Cameron, Jeffrey	South Torran	2:37.27
16	Ryke, Tommy	South Torran	2:37.28
17	Vieira Lisboa, Tim	West Torranc	2:40.12
18	Lemieux-Nakano, Ryder	North Torran	2:40.84
19	Milam, Daniel	Palos Verdes	2:51.75
20	Yousef, Jorge	North Torran	2:57.78
21	Layunuis, Liam	South Torran	3:04.27

**Event 22 Girls 800 Meter Run Frosh Soph****16 Advance: Top 2 Each Heat plus Next 12 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Troupe, Avalee	South Torran	2:37.38
2	Taft, Tiana	South Torran	2:39.68
3	Avery, Kaylie	West Torranc	2:39.71
4	Gonzalez, Jennifer	North Torran	2:40.70
5	Walker, Savannah	South Torran	2:41.47
6	Fisher, Ava	West Torranc	2:44.85
7	Richardson, Sarah	South Torran	2:45.12
8	Fernandez, Larissa	West Torranc	2:49.03
9	Taki, Emily	South Torran	2:49.93
10	Perez, Sophia	El Segundo	2:54.44
11	Salminao, Kamilah	West Torranc	2:55.02
12	Dwyer, Alexandria	El Segundo	3:01.25
13	Torres, Brookelyn	South Torran	3:01.70
14	De Silva, Zara	Palos Verdes	3:05.00
15	Boge, Aika	South Torran	3:06.94
16	Mashburn-Gillian, Khloe	West Torranc	3:15.10
17	Kim, Allison	South Torran	3:17.84
18	Rios, Sheeny	El Segundo	3:19.09
19	Steele, Mia	El Segundo	3:20.79
20	Tso, Emma	South Torran	3:23.99
21	Nagahashi, Azuki	North Torran	NT

**Heat 2 of 2 Prelims**

1	Brusseau, Jess	Palos Verdes	2:37.97
2	Nichols, Lillian	El Segundo	2:39.57
3	Eiland, Ashton	South Torran	2:39.92
4	Otero-Vasquez, Allison	West Torranc	2:40.56
5	Nelson, Josephine	El Segundo	2:41.87
6	Pope, Kallen	Palos Verdes	2:42.51
7	Prasadh, Harini	West Torranc	2:45.76
8	Aizawa, Riko	South Torran	2:48.24
9	Yap, Bella	South Torran	2:50.31
10	Baik, Nari	West Torranc	2:50.84
11	Croke, Devin	Palos Verdes	2:59.34
12	Morrissey, Ashten	El Segundo	3:00.17
13	Wu, Ashley	West Torranc	3:01.71
14	Kneller, Emma	South Torran	3:03.03
15	Macias, Ivanna	West Torranc	3:08.29
16	Garza, Sasha	West Torranc	3:09.85
17	Hillman, Myla	El Segundo	3:18.58
18	Mitchel, Hayley	South Torran	3:18.89
19	Alfaro, Beanca	West Torranc	3:23.61
20	Ko, Kailee	South Torran	3:23.86
21	Ford, Bodhi	North Torran	NT

**Event 23 Girls 800 Meter Run Varsity****12 Advance: Top 2 Each Heat plus Next 8 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Espiritu, Isabelle	West Torranc	2:20.57
2	Holcomb, Hailey	South Torran	2:26.01
3	Johnson, Ava	Palos Verdes	2:28.28
4	Yoshihara, Katie	South Torran	2:34.06
5	Wolfinger, Madeline	West Torranc	2:34.46
6	Booth, Grace	Palos Verdes	2:42.54
7	Ibarra, Raylene	West Torranc	2:44.82
8	Iwanaka, Zoe	West Torranc	2:50.69
9	Akker, Isabelle	South Torran	2:54.36
10	Ponce, Sarah	North Torran	3:09.54
11	Fuchs, Annika	El Segundo	3:12.98
12	Cotrufo, Sasha	El Segundo	3:23.31
13	Bogan, Valentina	El Segundo	4:19.21

**Heat 2 of 2 Prelims**

1	Malysheva, Ivanka	Palos Verdes	2:21.01
2	Jardin, Emma	Palos Verdes	2:22.11
3	Russell, Annmarie	Palos Verdes	2:28.29
4	Farnsworth, Maddie	Palos Verdes	2:29.37
5	Fujimura, Clara	South Torran	2:35.68
6	Hua, Kaitlynn	North Torran	2:40.07
7	Morales, Mia	West Torranc	2:46.61
8	Cristofaro, Gabriella	West Torranc	2:49.64
9	Booth, Lily	Palos Verdes	3:03.82
10	Shimmura, Lexie	West Torranc	3:09.06
11	Ayala, Chloe	South Torran	3:14.08
12	Pollard, Zoe	El Segundo	3:17.94
13	Wadsworth, Chloe	South Torran	NT

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**Event 24 Boys 800 Meter Run Varsity****12 Advance: Top 2 Each Heat plus Next 8 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Sigworth, Blake	Palos Verdes	1:52.66
2	Nespoli, Keller	South Torran	1:56.81
3	Lengkeek, Noah	Palos Verdes	1:59.31
4	Uzan, Lukas	West Torranc	2:00.74
5	Wheeler, Cody	West Torranc	2:01.67
6	Coon, Lincoln	Palos Verdes	2:05.45
7	Benyam, Heyab	South Torran	2:06.34
8	Chacon, Dean	West Torranc	2:08.16
9	Kim, Jacob	West Torranc	2:09.07
10	Pohlman, Elijah	El Segundo	2:11.17
11	Berloni, Gregorio	South Torran	2:11.73
12	Wong, Benjamin	West Torranc	2:13.23
13	Khedesian, Harout	South Torran	2:14.52
14	Chi, Ruben	West Torranc	2:19.14
15	Yang, Shihang	Palos Verdes	2:20.00
16	Shimoda, Kengo	West Torranc	2:25.15
17	Seki, Sei	West Torranc	2:25.21
18	Nagahashi, Aston	North Torran	2:34.82
19	Zaman, Abdul	West Torranc	2:35.84

**Heat 2 of 2 Prelims**

1	Miller, Aidan	South Torran	1:54.74
2	Arieta, Alexander	El Segundo	1:56.33
3	Mashburn-Gillian, Kobe	West Torranc	1:59.82
4	Kozaki, Kanta	West Torranc	2:00.11
5	Chekole, Nahom	West Torranc	2:03.57
6	Say, Daniel	Palos Verdes	2:05.42
7	McClain, Joseph	West Torranc	2:07.83
8	Segoviano, Nathan	South Torran	2:07.93
9	Whalen, Owen	El Segundo	2:10.55
10	Bock, Jacob	West Torranc	2:10.74
11	Tremblay, Leonardo	South Torran	2:12.90
12	Iyer, Nikhil	South Torran	2:13.11
13	Elliott, Ryder	South Torran	2:18.82
14	Smigelski, Jonah	El Segundo	2:19.00
15	Chekole, Nathaniel	West Torranc	2:20.20
16	Lopez, Nicolas	North Torran	2:20.89
17	Kagazwala, Husain	South Torran	2:26.74
18	Gutierrez, Joseph	North Torran	2:34.21
19	Considine, Ethan	Palos Verdes	2:42.07
20	Crawford, Zane	South Torran	2:43.19

**Event 26 Boys 300 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

2	Dario, Mason	North Torran	47.59
3	Woodard, Jordan	West Torranc	45.28
4	Jones, Darius	North Torran	42.53
5	Andres, Anton	Palos Verdes	45.02
6	Lowe, Jesse	El Segundo	46.78

**Heat 2 of 2 Prelims**

3	Erickson, Joshua	West Torranc	45.70
4	Hughley, Cameron	South Torran	44.05
5	Irvine, Jack	West Torranc	44.12
6	Halpine, Liam	El Segundo	45.87

**Event 27 Girls 300 Meter Hurdles Frosh Soph****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Randolph, Mikayla	West Torranc	1:07.26
2	Bindra, Saira	North Torran	58.45
3	Shotts, Sophia	West Torranc	53.44
4	Ndoma-Egba, Laurette	West Torranc	50.58
5	Orpe, Caelyn	West Torranc	53.37
6	Goeller, Ava	South Torran	55.87
7	Park, Hannah	West Torranc	1:03.20

**Heat 2 of 2 Prelims**

2	Veera, Safiyya	Palos Verdes	58.94
3	Psalms, Myla	North Torran	53.90
4	Uchiyama, Kate	South Torran	52.67
5	Wells, Olivia	Palos Verdes	52.94
6	Kavoain, Emma	South Torran	55.48
7	Baad, Riley	West Torranc	1:02.29

**Event 29 Boys 200 Meter Dash Frosh Soph****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 4 Prelims**

1	Koutras, Christopher	Palos Verdes	NT
2	Wertz, Coleman	Palos Verdes	26.37
3	Samson, Marcus	North Torran	25.50
4	Knapp, Nolan	North Torran	24.71
5	Voytilla, Boden	Palos Verdes	25.44
6	Lim, Wilsun	South Torran	26.36
7	Ryan, Talan	South Torran	NT

**Heat 2 of 4 Prelims**

1	Diamond, Logan	South Torran	NT
2	Heisler, Peter	Palos Verdes	26.47
3	Ortega Diaz, Matias	Palos Verdes	25.62
4	Muchlherr, Andreas	El Segundo	24.73
5	Asante, Preston	West Torranc	25.38
6	Chikwendu, Victor	South Torran	26.36
7	Yim, Logan	South Torran	27.95

**Heat 3 of 4 Prelims**

1	Puffer, Carson	El Segundo	NT
2	Krishnanumurthy, Ithihaas	West Torranc	26.49
3	Johnson Jr., Terrance	North Torran	25.68
4	Muranaga, Adam	West Torranc	24.98
5	Galicia, Noah	West Torranc	25.35
6	De Silva, Jayden	Palos Verdes	26.34
7	Rosik, Henrik	South Torran	27.30

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## Meet Program - Pioneer League Prelims

**Heat 4 of 4 Prelims...(Event 29 Boys 200 Meter Dash Fresh S**

1	Abdelmalak, Marco	El Segundo	NT
2	Albayadle, Jacob	South Torran	26.57
3	Torre, Luke	West Torranc	25.98
4	Stumpf, Connor	Palos Verdes	25.00
5	Le, Aidan	North Torran	25.27
6	Murata, Trenton	West Torranc	26.11
7	Chen, Anthony	South Torran	26.82

**Event 30 Girls 200 Meter Dash Fresh Soph****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Williams, Lucy	South Torran	30.12
2	Punsalan, Melanie	West Torranc	29.53
3	Lorraine, Esther	Palos Verdes	29.00
4	Govan, Beverly	North Torran	27.41
5	Cifuentes, Ehline	West Torranc	28.55
6	Rayner, Talia	Palos Verdes	29.51
7	Thomas, Addison	South Torran	29.87
8	Nulman, Adelaide	Palos Verdes	34.54

**Heat 2 of 3 Prelims**

1	Bui, Cindy	North Torran	30.98
2	Marsh, Ava	South Torran	29.53
3	Baranick, Kennedy	Palos Verdes	29.01
4	Lacaille-Post, Eleanor	Palos Verdes	27.46
5	Veldhuizen, Stella	Palos Verdes	28.45
6	Hawkins, Mya	West Torranc	29.41
7	Winata, Kylie	South Torran	29.68
8	Bennett, Violet	South Torran	32.66

**Heat 3 of 3 Prelims**

1	McLendon, Willa	El Segundo	31.65
2	Immel, Brooke	El Segundo	29.55
3	Elliot, Reese	South Torran	29.16
4	Jackson, Kaliyah	West Torranc	27.99
5	Kubeck, Taylor	West Torranc	28.07
6	Chang, Amy	Palos Verdes	29.26
7	Upshaw, Zoe	Palos Verdes	29.65
8	An, Annabelle	South Torran	32.63

**Event 31 Girls 200 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Yamamoto, Rion	South Torran	30.97
2	Phillips, Makayla	El Segundo	28.37
3	Hulswit, Lucent	West Torranc	27.70
4	Musalborn, Kaia	El Segundo	25.42
5	Barnes, Sarah Rose	Palos Verdes	27.27
6	Toney, Laura	Palos Verdes	28.37
7	Dysim, Lauren	El Segundo	30.09

**Heat 2 of 3 Prelims**

1	Roe, Callie	South Torran	33.22
2	Mahkorn, Emme	North Torran	28.64
3	Kuykendall, Daniella	South Torran	27.93
4	McGovern, Ava	Palos Verdes	25.80
5	Jones, Ryan	El Segundo	26.98
6	Camarillo, Audrey	El Segundo	28.13
7	Duffy, Jazlin Renae	South Torran	29.65

**Heat 3 of 3 Prelims**

2	Ishizaki, Kaia	South Torran	28.99
3	Viljoen, Anabelle	Palos Verdes	28.00
4	Adams, Naomi	South Torran	25.89
5	Browne, Jiselle	El Segundo	26.45
6	Gales, Min-jee	El Segundo	28.04
7	Keith, Kailey	El Segundo	29.24

**Event 32 Boys 200 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 4 Prelims**

1	Milne-Castro, Preston	El Segundo	24.56
2	Choi, Jake	Palos Verdes	23.96
3	McCarthy, Richard	Palos Verdes	22.84
4	Thomas, Dylan	El Segundo	21.36
5	Noubi, Chris dulcis	South Torran	22.76
6	Gale, Ken	South Torran	23.67
7	Ybanez, Lawrence	Palos Verdes	24.40

**Heat 2 of 4 Prelims**

1	Jabbari, Arshawn	El Segundo	24.76
2	Arieta, Josh	El Segundo	23.98
3	Cimaglio, James	North Torran	23.15
4	Ogun, Faiz	North Torran	21.76
5	Beckner, Marley	North Torran	22.66
6	Zhao, Alan	South Torran	23.56
7	Osorio, Caleb	North Torran	24.29

**Heat 3 of 4 Prelims**

1	Gonzalez, Noah	El Segundo	24.90
2	Owens, Kevin	Palos Verdes	24.00
3	Kiaaina, Ku	West Torranc	23.16
4	Spires, Kaidyn	North Torran	21.89
5	Tomaro, Travis	Palos Verdes	22.56
6	Gapusan, Aerel	West Torranc	23.44
7	Sakaguchi, Gavin	West Torranc	24.15

**Heat 4 of 4 Prelims**

1	Nguyen, An	West Torranc	26.54
2	Echevarria, Joshua	North Torran	24.04
3	Davis, Julian	South Torran	23.20
4	Hughes, Camren	Palos Verdes	21.98
5	Brown, Jayden	El Segundo	22.49
6	Delgado, Daniel	South Torran	23.37
7	Lopez, Aiden	South Torran	24.14
8	Gondoputro, Rylan	South Torran	NT

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## Meet Program - Pioneer League Prelims

**Event 5 Boys 1600 Meter Run Frosh Soph****16 Advance: Top 2 Each Heat plus Next 10 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Navarrete, Damian	West Torranc	4:40.24
2	Miyamoto, Ethan	North Torran	4:56.18
3	Kusaka, Fisher	West Torranc	4:56.39
4	Maggard, Naoki	South Torran	5:05.12
5	Reeves, Lincoln	West Torranc	5:06.62
6	Hall, Connor	South Torran	5:10.20
7	Matsumura, Justin	Palos Verdes	5:10.42
8	Lemire, Nicolas	Palos Verdes	5:13.88
9	Darpi, Adlan	El Segundo	5:15.22
10	Wada, Ryland	West Torranc	5:19.18
11	Shutta, Dylan	North Torran	5:19.68
12	Le, Andrew	North Torran	5:30.66
13	Coon, Hudson	Palos Verdes	5:31.87
14	Hsu, Wesley	Palos Verdes	5:36.21
15	Ceballos, Nathan	North Torran	5:40.85
16	Vieira Lisboa, Tim	West Torranc	5:47.68
17	Terry, Nicholas	Palos Verdes	5:47.93
18	Siegloch, Willem	El Segundo	5:55.92
19	Dhaouadi, Mohamed	South Torran	6:04.06
20	Kao, Ethan	Palos Verdes	6:15.00
21	Maloy, Connor	El Segundo	6:56.35

**Heat 2 of 3 Prelims**

1	Koerber, Vance	West Torranc	4:49.32
2	Lopez, Cruz	North Torran	4:55.27
3	Jones, Alexander	North Torran	4:58.41
4	Jackman, Joseph	North Torran	5:04.81
5	Westergaard, Conor	West Torranc	5:07.02
6	Bahng, Daniel	West Torranc	5:09.52
7	Vejphuyarn, Konner	West Torranc	5:10.50
8	Nakakura, Reece	West Torranc	5:13.55
9	Nakasuji, Drew	North Torran	5:15.35
10	Deza, Dylan	West Torranc	5:18.45
11	Pan, Jamen	West Torranc	5:20.31
12	Adanike, David	West Torranc	5:29.01
13	Javaid, Zain	West Torranc	5:32.04
14	Ryke, Tommy	South Torran	5:35.67
15	Smigelski, Ian	El Segundo	5:41.04
16	Cameron, Jeffrey	South Torran	5:47.42
17	Elmoslimany, Hamza	West Torranc	5:48.94
18	Nguyen, Vincent	West Torranc	5:52.08
19	Yousef, Jorge	North Torran	6:04.41
20	Layunuis, Liam	South Torran	6:13.83

**Heat 3 of 3 Prelims**

1	Johnson, Caden	South Torran	4:49.97
2	Sabbadin, Noah	Palos Verdes	4:50.87
3	Wooster, Kenji	West Torranc	4:58.90
4	Co, Armando	North Torran	5:01.14
5	Poot, Christian	West Torranc	5:07.98
6	Vidal, Nicholas	Palos Verdes	5:08.62
7	Veit, Logan	South Torran	5:12.16
8	Gardner, Stephen	North Torran	5:12.22
9	Matsumura, Cody	Palos Verdes	5:16.98
10	Shechter, Gregory	Palos Verdes	5:17.46
11	Plush, Shane	El Segundo	5:23.79
12	Pike, Cole	El Segundo	5:27.63
13	Frankhan, Troy	West Torranc	5:32.57
14	Ly, Miles	West Torranc	5:33.14
15	Wang, Stanley	Palos Verdes	5:45.55
16	Hary, Ishaan	West Torranc	5:47.20
17	Conde, D'Angelo	South Torran	5:49.73
18	Villalobos, Brandon	North Torran	5:51.25
19	Yang, Ethan	Palos Verdes	6:10.00
20	Lemieux-Nakano, Ryder	North Torran	6:10.14

**Event 6 Girls 1600 Meter Run Frosh Soph****16 Advance: Top 2 Each Heat plus Next 12 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Otero-Vasquez, Allison	West Torranc	5:38.85
2	Fernandez, Larissa	West Torranc	5:52.99
3	Taft, Tiana	South Torran	5:53.12
4	Pope, Kallen	Palos Verdes	6:01.34
5	Gonzalez, Jennifer	North Torran	6:05.72
6	Dwyer, Alexandria	El Segundo	6:10.70
7	Aizawa, Riko	South Torran	6:15.51
8	Lopez, Anabella	Palos Verdes	6:17.92
9	Walker, Savannah	South Torran	6:17.97
10	Fisher, Ava	West Torranc	6:28.19
11	Richardson, Sarah	South Torran	6:31.65
12	Yap, Bella	South Torran	6:37.60
13	Wu, Ashley	West Torranc	6:39.90
14	Lopez, Harrison	West Torranc	6:46.12
15	Perez, Sophia	El Segundo	6:46.71
16	Chang, Seoyoon	North Torran	6:51.65
17	Arreola, Mikaylah	West Torranc	6:53.29
18	Morrissey, Ashten	El Segundo	7:01.56
19	Torres, Brookelyn	South Torran	7:05.17
20	Presti, Isabella	West Torranc	7:07.92
21	Kim, Allison	South Torran	7:13.92
22	Hillman, Myla	El Segundo	7:23.85
23	Nagahashi, Azuki	North Torran	7:26.29
24	Tso, Emma	South Torran	7:39.94
25	Ford, Bodhi	North Torran	8:00.74

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## Meet Program - Pioneer League Prelims

**Heat 2 of 2 Prelims...(Event 6 Girls 1600 Meter Run Frosh S**

1	Brusseau, Jess	Palos Verdes	5:42.19
2	Nichols, Lillian	El Segundo	5:44.27
3	Croke, Devin	Palos Verdes	5:53.91
4	Troupe, Avalee	South Torran	5:54.94
5	Avery, Kaylie	West Torranc	6:07.06
6	Mehnert, Jessica	West Torranc	6:07.22
7	Taki, Emily	South Torran	6:16.70
8	Eiland, Ashton	South Torran	6:16.95
9	Prasadh, Harini	West Torranc	6:22.62
10	Baik, Nari	West Torranc	6:27.62
11	Macias, Ivanna	West Torranc	6:36.44
12	Kneller, Emma	South Torran	6:36.44
13	De Silva, Zara	Palos Verdes	6:40.58
14	Nguyen, Jennifer	North Torran	6:42.62
15	Boge, Aika	South Torran	6:48.18
16	Rios, Sheeny	El Segundo	6:48.44
17	Javaid, Nadia	West Torranc	6:55.12
18	Quinto, Lily	West Torranc	7:01.28
19	Nguyen, Natalie	North Torran	7:06.95
20	Garza, Sasha	West Torranc	7:07.90
21	Ko, Kailee	South Torran	7:18.85
22	Mitchel, Hayley	South Torran	7:22.10
23	Alfaro, Beanca	West Torranc	7:29.27
24	Mashburn-Gillian, Khloe	West Torranc	7:38.65
25	Nelson, Josephine	El Segundo	NT

**Event 7 Girls 1600 Meter Run Varsity****12 Advance: Top 2 Each Heat plus Next 8 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	Malysheva, Ivanka	Palos Verdes	5:00.94
2	Soto, Jaqueline	North Torran	5:11.79
3	Johnson, Ava	Palos Verdes	5:22.14
4	Wolfinger, Madeline	West Torranc	5:30.89
5	Duval, Mia	West Torranc	5:30.91
6	Paulson, Caylee	West Torranc	5:50.55
7	Fujimura, Clara	South Torran	5:52.11
8	Booth, Grace	Palos Verdes	6:03.39
9	Morales, Mia	West Torranc	6:07.17
10	Cristofaro, Gabriella	West Torranc	6:20.71
11	Akker, Isabelle	South Torran	6:23.74
12	Ponce, Sarah	North Torran	7:06.35
13	Reyes, Ariel	West Torranc	7:27.94
14	Fuchs, Annika	El Segundo	NT
15	Wadsworth, Chloe	South Torran	NT

**Heat 2 of 2 Prelims**

1	Espiritu, Isabelle	West Torranc	5:08.44
2	Cohu, Kara	Palos Verdes	5:10.71
3	Russell, Annmarie	Palos Verdes	5:29.18
4	Holcomb, Hailey	South Torran	5:30.27
5	Yoshihara, Katie	South Torran	5:40.24
6	Green, Cameron	West Torranc	5:45.39
7	Hua, Kaitlynn	North Torran	5:56.50
8	Danon, Reese	Palos Verdes	6:00.21
9	Gonzalez, Gabriela	North Torran	6:11.68
10	Ibarra, Raylene	West Torranc	6:15.20
11	Iwanaka, Zoe	West Torranc	6:25.09
12	Booth, Lily	Palos Verdes	6:49.36
13	Cotrufo, Sasha	El Segundo	7:31.67
14	Bogan, Valentina	El Segundo	NT
15	Baddour, Maya	West Torranc	NT

**Event 8 Boys 1600 Meter Run Varsity****12 Advance: Top 2 Each Heat plus Next 6 Best Times**

Lane	Name	School	Seed Time
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**Heat 1 of 3 Prelims**

1	Sigworth, Blake	Palos Verdes	4:11.27
2	Uzan, Lukas	West Torranc	4:21.74
3	Mehnert, Dylan	West Torranc	4:22.53
4	Burris, Mason	West Torranc	4:27.93
5	Ng, Wesley	West Torranc	4:28.18
6	Kozaki, Kanta	West Torranc	4:34.30
7	Westergaard, Sean	West Torranc	4:42.66
8	Segoviano, Nathan	South Torran	4:44.83
9	Pohlman, Elijah	El Segundo	4:45.46
10	Mattie, Robert	West Torranc	4:51.39
11	Uch, Miguel	West Torranc	4:53.53
12	McClain, Joseph	West Torranc	4:55.32
13	Masellis, Michael	Palos Verdes	4:56.82
14	Berloni, Gregorio	South Torran	5:04.78
15	Garcia, Santiago	North Torran	5:05.97
16	Yang, Shihang	Palos Verdes	5:10.00
17	Amir, Ahson	West Torranc	5:11.85
18	Tremblay, Leonardo	South Torran	5:17.51
19	Schoonraad, Connor	West Torranc	5:30.00
20	Crawford, Zane	South Torran	5:50.58
21	Suzue, Michiharu	West Torranc	5:53.10

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**Heat 2 of 3 Prelims...(Event 8 Boys 1600 Meter Run Varsity)**

1	Miller, Aidan	South Torran	4:17.48
2	Johnson, Cole	South Torran	4:21.62
3	Tamura, Evan	West Torranc	4:23.71
4	Schoenfeld, Kai	Palos Verdes	4:27.42
5	Nespoli, Keller	South Torran	4:28.77
6	Chekole, Nahom	West Torranc	4:32.71
7	Whalen, Owen	El Segundo	4:43.24
8	Silverman, Rowan	West Torranc	4:44.00
9	Bock, Jacob	West Torranc	4:45.46
10	Chacon, Dean	West Torranc	4:49.15
11	Bader, Ryan	Palos Verdes	4:53.98
12	Iyer, Nikhil	South Torran	4:54.86
13	Seki, Sei	West Torranc	5:00.31
14	Paplauski, Anton	West Torranc	5:03.18
15	Koretzky, Joshua	Palos Verdes	5:06.15
16	Bader, Travis	Palos Verdes	5:09.76
17	Erickson, John	West Torranc	5:13.23
18	Elliott, Ryder	South Torran	5:17.43
19	Cole, Kaden	Palos Verdes	5:30.82
20	Nagahashi, Aston	North Torran	5:45.48
21	Yamada, Sebastian	West Torranc	6:05.21

**Heat 3 of 3 Prelims**

1	Nulman, Lucas	Palos Verdes	4:19.04
2	Cole, Logan	North Torran	4:19.91
3	Mashburn-Gillian, Kobe	West Torranc	4:26.16
4	Wheeler, Cody	West Torranc	4:27.21
5	Anderson, Ian	Palos Verdes	4:29.80
6	Jardin, Nicholas	Palos Verdes	4:30.29
7	Benyam, Heyab	South Torran	4:43.49
8	Kim, Jacob	West Torranc	4:43.59
9	Coon, Lincoln	Palos Verdes	4:46.65
10	Thompson, Carter	West Torranc	4:48.53
11	Koretzky, Jonathan	Palos Verdes	4:53.98
12	Newell, Keaton	West Torranc	4:54.66
13	Khedesian, Harout	South Torran	5:01.49
14	Rubinoff, Joshua	West Torranc	5:02.55
15	Chekole, Nathaniel	West Torranc	5:08.50
16	Aineruhanga, Eli	West Torranc	5:08.59
17	Chapman, Julius	West Torranc	5:14.01
18	Lopez, Nicolas	North Torran	5:15.63
19	Chekole, Joseph	West Torranc	5:33.55
20	Kagazwala, Husain	South Torran	5:34.27
21	Song, Noah	West Torranc	6:14.77