

2026 Region 16 Meet Schedule - Wichita Southeast High School

Day 1: SCHEDULE OF MULTI-EVENTS & STEEPLECHASE

Decathlon & Heptathlon events will be contested approximately 30 minutes after the preceding event is completed

		Boys										Girls											
		8u years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years	8u years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years				
Time	Event																						
9:00am	Decathlon: 100M, LJ #1, SP #1, HJ #1, 400m																				X	X	
9:15am	Heptathlon: 100m Hurdles, HJ #1, SP #1, 200m																					X	X
10:00am	2000 Meters Steeplechase: Girls then Boys																				X	X	


Day 1: SCHEDULE OF TRACK & FIELD EVENTS

All Running events will start at the designated time listed each day. All events with the exception of the 100m & 200m, will be contested as TIMED FINALS. Top 9 in field Events Advance to Finals. Nine(9) or le athletes will have 4 attempts only in all Field Events.

		Girls										Boys										
		8u years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years	8u years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years			
10:00am	Javelin						X 3rd	X 1st							X 4th	X 2nd						
1:00pm	400m Timed Finals	X 9th	X 7th	X 5th	X 3rd	X 1st								X 10th	X 8th	X 6th	X 4th	X 2nd				
	4x800m Relay (Age Groups Combined by Gender)					X		X						X		X		X	X			
	1500m Run	X	X	X	X	X								X	X							
1:00pm	Triple Jump							4th	3rd								4th	3rd		2nd	1st	
1:30pm	Javelin																			X 2nd	X 1st	
3:30pm	Discus																			X 2nd	X 1st	

Day 3: SCHEDULE OF TRACK EVENTS


All Running Events will start at the designated time listed each day All event, with the exception of the 100m & 200m, will be contested as TIMED FINALS

		Girls										Boys															
		8u years	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	8u years	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years		
9:00am	3000m (groups may be combined)					X	X			X	X			X	X			X	X			X	X			X	X
	110m Hurdles																									X	X
	100m Hurdles									X	X				X	X					X	X					
	80m Hurdles					X	X											X	X								
	100m Prelims									X	X				X	X					X	X			X	X	
	200m Hurdles Timed Finals									X	X									X	X						
	400m Hurdles Timed Finals														X	X									X	X	
	200m Prelims	X	X	X		X	X											X	X								
	400m Timed Finals									X	X				X	X					X	X			X	X	

Day 4: SCHEDULE OF FIELD EVENTS


All Field Events will begin at 8:00am and will be on a rolling schedule. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official - ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete.

Long Jump, Triple Jump, Shot Put, Discus and Javelin will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with the three additional jumps or throws.

		Girls										Boys									
		8u years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years	8u years	9 years	10 years	11 years	12 years	13 years	14 years	15-16 years	17-18 years		
8:00am	LJ 1										1st	2nd	3rd								
	LJ 2													1st	2nd	3rd					
	HJ 1		1st	2nd	3rd	4th															
	HJ 2										1st	2nd	3rd	4th							
	SP 1			1st	3rd								2nd	4th							
	SP 2	1st	3rd								2nd	4th									
	POLE VAULT															1st	2nd	3rd	4th		
	DISCUS							1st	3rd							2nd	4th				

Day 4: SCHEDULE OF TRACK EVENTS

All Running Events will start at the designated time listed each day. All events, with the exception of the 100m & 200m, will be contested as TIMED FINALS

		Girls										Boys													
		8u years	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	8u years	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
9:00am	100m Finals	X	X	X		X	X		X	X		X	X		X	X		X	X		X	X		X	X
	800m	X	X	X		X	X								X	X									
	4x100m Relay	X		X			X			X		X	X		X			X			X		X	X	
	1500m (age groups may be combined)								X	X		X	X					X	X		X	X		X	X
	200m Finals	X	X	X		X	X		X	X		X	X		X	X		X	X		X	X		X	X
	4x400m Relay			X			X			X		X	X			X			X			X		X	X