

AAU Track and Field
Southeastern District Qualifier Meet
June 7, 2026
Hosted by Rutherford County Track Club



DATE: June 7 2026

LOCATION: Siegel High School
3300 Siegel Rd, Murfreesboro, TN 37129

HOST: **Rutherford County Track Club**

ENTRY DEADLINE: June 5, 2026 5:00pm - Online registration at [Athletic.NET](https://athletic.net)

ENTRY FEE: \$25 per Athlete

ADMISSION: \$10 per spectator, children 5 and under free : Gates opened at 7:30am

AGE DIVISION: Participants will be divided into nine (9) age divisions for boys and girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for disqualification.

NOTE: Athletes who are eighteen (18) years of age through August 8, 2026 shall be eligible to compete in the Young Men's or Young Women's age division

TIME: Field events will start at 8:00am Track events will start at 8:00am

ELIGIBILITY

Competition is open to all boys and girls who have a valid/current AAU registration card and currently reside in the Southeastern District AAU. For AAU Team and individual registration please visit the AAU web site at: www.aauathletics.org/

PROTESTS: Protests relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protests should be filed immediately; but, in any case, not more than 30 minutes after the results have been posted. A **\$75.00** cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final. **IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED.**

EVENTS LIMITS

- There is a three (3) event maximum for the 8-Under thru 12 year old divisions. There is a four (4) events maximum for 13-18 year old divisions. **EVENT MAXIMUM** includes RELAYS AND FIELDS EVENTS. Team members must be declared with alternates (up to 8 athletes total per relay team). AAU Age Divisions will be followed.
- To find which events are contested in each age group visit:
<http://aaathletics.org/Rules/RulesHandbook.aspx>

QUALIFYING FOR REGIONAL MEET

- The **top 16** in each event advance to National qualifier in Knoxville, Tennessee TN.
- **AN ATHLETE MAY ONLY ADVANCE TO THE REGIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE/SHE QUALIFIED AT THE DISTRICT QUALIFIER.**
- All events at the District Qualifier may be contested as time finals.

EVENT SCHEDULE

- The meet will run on a **rolling schedule** moving from youngest to oldest age groups; Girls first, then Boys to follow in each age group
- All races are section time finals - **NO PRELIMS**
- 3 jumps/throws for horizontal jumps/throws
- **Field events will start at 8:00 AM, Running events will start at 8 AM**

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE ORDER OF EVENTS

ORDER OF EVENTS

Field Events*

8:00 AM

Triple Jump: Girls and Boys Triple Jump beginning with 13G,14G,15-16G,17-18G, Boys follow immediately afterwards

Long Jump: Oldest (girls, then boys) to youngest (girls, then boys)

Turbo-Jav: 8-Under(300g), 9 - 12 (400g); all girls, then all boys

Girls Discus: (1.0kg): 11,12,13,14,15-16,17-18G

Boys Discus: (1.6kg): Boys will start immediately at the end of Girl Discus beginning with 11B

Girls High Jump: 9G,10G,11G,12G,13G,14G,15-16G,17-18G

Boys High Jump: will start immediately at the end of Girl High Jump beginning with 9B

Boys Shot Put: 8-Under (4lbs.) 9B,10B,11B,12B (6 lbs.) 13B,14B (4 kg) 15-16B (12 lbs.) 17-18B(12lbs)

Girls Shot Put: will start immediately at the end of Boys Shot Put beginning with 8-Under G

Running Events

8:00 AM

3000m Run.

1500RW/3000RW (11-18 old males/females)

80m Hurdles (30" 11-12G/B)

100m Hurdles (30" 13-14G), (33" 13-14B), (33" 15-18G)

110m Hurdles (39" 15-18B)

4x100m Relay

800m Run

100m Dash

400m Dash

4x800m Relay

200m Hurdles (30" 13-14 G/B)
400m Hurdles (30" 15-18 G), (36" 15-18 B)
200m Dash
1500m Run
4x400m Relay

Competitors should bring their own implements to be used at the meet

Only team coolers are allowed.

COACHES PASS *Five (5) is the maximum number of complimentary Coaches Credential passes that will be issued to any given club. Clubs/teams will receive coach's credentials (passes) based on the following formula: 1-10 Athletes One (1) Coach's Pass per club 11-20 Athletes Two (2) Coach's Pass per club 21-30 Athletes Three (3) Coach's Pass per club 31-40 Athletes Four (4) Coach's Pass per Club 41+ Athletes Five (5) Coach's Pass per club. Coaches and Athletes must have a wristband to enter the meet.

SPECIAL NOTE:

1) Some distance races may be combined due to the number of participants.

2) ALL 15-16 & 17-18 age MUST use starting blocks.

Tents and Large Patio Umbrellas' in stands on top 5 rows only and not in front of the Press Box.

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Note: any contacts listed within this MUST have a current AAU Membership.

Tents and Large Patio Umbrellas' on visitor side of stadium.

FOR MORE INFORMATION:

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