

2026 NBL TRACK AND FIELD CHAMPIONSHIPS

FIELD EVENT SCHEDULE

updated May 4, 2026 at 6am

TUESDAY - MAY 5

Volunteer Responsibility	CHECK-IN DEADLINE	EVENT START	FIELD EVENTS	ENTRANTS	FLIGHTS	LOCATION	
Cardinal Newman	2:15 PM	2:45 PM	VB Discus	Top 16 to Finals	27	2	Big Ring - SRHS
Analy	2:15 PM	2:45 PM	JVB Discus	Top 8 to Finals	45	4	Original Ring - SRHS
Maria Carrillo	2:30 PM	3:00 PM	JVB Pole Vault	FINAL	14		
Healdsburg	2:30 PM	3:00 PM	VG High Jump	FINAL	15		
Elsie Allen	2:30 PM	3:00 PM	JVB Long Jump	Top 8 to Finals	32	3	North Pit
Montgomery	2:30 PM	3:00 PM	JVG Long Jump	Top 8 to Finals	20	2	South Pit
Piner	2:30 PM	3:00 PM	JVG Shot Put	Top 8 to Finals	27	2	Ring 1 - SRHS
Maria Carrillo	3:45 PM	4:15 PM	VB Pole Vault	FINAL	16		
Healdsburg	3:45 PM	4:15 PM	JVG High Jump	FINAL	16		
Piner	3:45 PM	4:15 PM	JVB Shot Put	Top 8 to Finals	43	3	Ring 2 - SRHS
Montgomery	4:00 PM	4:15 PM	VG Long Jump	Top 16 to Finals	25	2	South Pit
Elsie Allen	4:00 PM	4:45 PM	VB Long Jump	Top 16 to Finals	20	2	North Pit
Cardinal Newman	4:15 PM	4:45 PM	VG Discus	Top 16 to Finals	19	2	Big Ring - SRHS
Piner	4:15 PM	4:45 PM	VB Shot Put	Top 16 to Finals	25	2	Ring 1 - SRHS
Ukiah	5:30 PM	6:00 PM	VB Triple Jump	Top 16 to Finals	18	2	South Pit
Analy & Cardinal Newman	5:30 PM	6:00 PM	JVG Discus	Top 8 to Finals	31	3	Original Ring - SRHS (flights 1-2) Big Ring- SRHS (flight 3 - starts as soon as VG is done)
Ukiah	6:45 PM	7:15 PM	JVB Triple Jump	Top 8 to Finals	16	2	South Pit

**NO PRELIMS IN THE FIELD EVENTS BELOW
STRAIGHT TO THURSDAY FINALS**

- VG Shot Put
- VG Triple Jump
- JVG Triple Jump

THURSDAY - MAY 7

Volunteer Responsibility	CHECK-IN DEADLINE	EVENT START	FIELD EVENTS	LOCATION
	2:30 PM	2:45 PM	UB Long Jump	South Pit
Maria Carrillo	2:30 PM	3:00 PM	JVG Pole Vault	
Healdsburg	2:30 PM	3:00 PM	JVB High Jump	
Elsie Allen	2:30 PM	3:00 PM	VB Long Jump	North Pit
Cardinal Newman	2:30 PM	3:00 PM	VB Discus	Big Ring - SRHS
Piner	2:30 PM	3:00 PM	VG Shot Put	Ring 1 - SRHS
Analy	2:30 PM	3:00 PM	JVB Discus	Original Ring - SRHS
Piner	2:30 PM	3:00 PM	JVG Shot Put	Ring 2 - SRHS
Ukiah	3:00 PM	3:30 PM	VG Triple Jump	South Pit
	4:10 PM	4:15 PM	UB Shot Put	Ring 2 - SRHS
Maria Carrillo	3:45 PM	4:15 PM	VG Pole Vault	
Healdsburg	3:45 PM	4:15 PM	VB High Jump	
Analy	4:00 PM	4:30 PM	JVG Discus	Original Ring - SRHS
Elsie Allen	4:30 PM	5:00 PM	JVB Long Jump	North Pit
Piner	4:30 PM	5:00 PM	VB Shot Put	Ring 1 - SRHS
Piner	4:30 PM	5:00 PM	JVB Shot Put	Ring 2 - SRHS
Ukiah	4:30 PM	5:00 PM	JVG Triple Jump	South Pit
Cardinal Newman	4:45 PM	5:15 PM	VG Discus	Big Ring - SRHS
Montgomery	5:15 PM	5:45 PM	VG Long Jump	North Pit
Ukiah	5:15 PM	5:45 PM	VB Triple Jump	South Pit
Ukiah	6:45 PM	7:15 PM	JVB Triple Jump	South Pit
Montgomery	7:00 PM	7:30 PM	JVG Long Jump	North Pit