

Xplosion Mothers' Day
MAYHEM IN MISSOURI
(St. Louis vs Everybody)
Sunday, May 10, 2026

LOCATION: Cardinal Ritter College Preparatory High School, 701 N. Spring Ave., Saint Louis, MO 63108

Please remember Cardinal Ritter College Prep is a smoke-free, alcohol-free facility.

No pets allowed in the stadium.
NO Firearms allowed in the stadium.

TENTS IN DESIGNATED AREAS IN THE BLEACHERS.

Spectators not allowed at the finish line or on the track.

ATHLETE & COACHES INFORMATION

ENTRY FEES: \$25.00 per athlete entered online at www.athletic.net by WEDNESDAY, May 6, 2026, 11:59 p.m. CST. The meet is open to clubs and unattached athletes. Fees must be paid online by the close of the meet registration.

LATE FEES WILL BE ASSESSED FOR ENTRY AFTER THE DEADLINE. Late fee is \$15 per athlete and \$15 per event.

ENTRY LIMITATIONS: 6 & under thru 11-12 divisions – 3 events & 13-14, 15-18 - 4 events. PEE WEE age division is 6 & under.

ENTRIES: ALL ENTRIES MUST BE COMPLETED ON-LINE BY WEDNESDAY, MAY 6th BY 11:59 p.m. CST.

PACKET PICK-UP: Packets will be available for pickup by unattached or team coaches beginning at 7:30AM on Meet Day. Each packet will contain a wristband for each athlete and a wristband for team coaches. Team coaches will receive 1 wristband for every 10 athletes registered in the meet. **Unattached athlete coaches will not receive wristbands and must pay the spectator admission fee of \$5.**

BIBS: All athletes must have on a BIB to compete.

AWARDS: Medals for 1st, 2nd, and 3rd places. Ribbons for 4th, 5th, and 6th places. PEE WEES will receive awards at the finish line. All races are timed finals. Pee Wees will not be timed, receive marks nor placed. 15-18 age groups will be awarded as one age group.

EQUIPMENT: We request that each team bring their own implements for their personal use. However, throwing implements will be provided. No spikes longer than 1/8" will be allowed on the track.

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SPECTATOR INFORMATION

SPECTATOR ADMISSION: There will be a \$5 charge at the gate to enter the stadium. Children 5 years and under are free. **The preferred method for payment is PRE-PURCHASE of e-Tickets on Athletic.net website.** If you do not pre-purchase your ticket, CashApp and Venmo are preferred.

WRISTBANDS: Wristbands are required to for entry to the stadium and must be worn at all times.

CONCESSIONS: Available at the track. No bar-b-que pits or personal grills allowed.

PARKING

Parking lot reserved for disabled parking and confirmed meet workers until 9:30 AM. After 9:30 AM, open parking in designated areas.

STADIUM ADMISSION

Entry to the stadium begins at 7:30 AM.


MEET DIRECTOR

Wanda K. McNeil, MayhemInMo@gmail.com

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ORDER OF EVENTS			
FIELD EVENTS		RUNNING EVENTS	
All Field events 3 throws/jumps , except High Jump. Age groups may be combined. All events are on a rolling schedule. Field Event start time 9 AM (except Javelin) .		All events will be contested girls first, then boys. We may run age groups together in the 800M, 1500M, 1500M RW & 3000M. All events are on a rolling schedule. Running Events start time 9 AM .	
DISCUS	15-18, 13-14, 11-12	3000 M	11-12 thru 15-18
SHOT PUT	7-8, 9-10, 11-12, 13-14, 15-18	80 M HURDLES	11-12
HIGH JUMP	15-18, 13-14, 11-12, 9-10	100/110M HURDLES	13-14, 15-18
LONG JUMP	7-8, 9-10, 11-12, 13-14, 15-18	PEE WEE 50/100M	6 & Under
JAVELIN Start time 11AM		100M	7-8 thru 15-18
JAVELIN	7-8, 9-10, 11-12, 13-14, 15-18	400M	7-8 thru 15-18
 XPLOSION TRACK CLUB		1500M	7-8 thru 15-18
		1500M RW	9-10 thru 15-18
		800M	7-8 thru 15-18
		4X200M RELAY	7-8 thru 15-18
		PEE WEE SOFTBALL THROW HELD IN THE INFIELD DIRECTLY AFTER THE PEE WEE RACES.	