

Osceola Field Event Frenzy

Friday, April 24, 2026

Meet Schedule

Teams: Baldwin, Prescott, St. Croix Falls, Somerset and Osceola

2:45 Stadium Open for warm ups

3:45 Field Events Begin

High Jump-Girls starting at 3' 6" and going up by 2".

Pole Vault-Boys and Girls will vault together. Opening Height is 5' 0" increasing by 6". Secondary warm up will take place before the bar goes up to 9' 0". This warm up will be 15 minutes (longer if needed depending on number of vaulters)

Shot Put -Girls

(3 throws in prelims, top 10 get 1 throw in finals. The throw in finals determines place of top 10)

Discus -Boys

(3 throws in prelims, top 10 get 1 throw in finals. The throw in finals determines place of top 10)

Long Jump (4 jumps) - Girls and Boys open pit

Triple Jump (4 jumps) - Girls and Boys open pit

*Boys High Jump, Boys Shot Put, and Girls Discus will be allowed approx. a 20 minute warm-up following the completion of the first field events.

Boys High Jump: After Girls - The bar will start at 4' 6" and go up by 2"

Entries: Teams are allowed **unlimited entries in all events** All entries are due by Wednesday, April 22 @ noon. All entries can be done online on athletic.net

Athletes will be expected to help when their flight is not competing.

Spikes: ¼ inch spikes on all surfaces. NO SPIKES SHOULD BE USED ON THE TURF.

Please use athletic tape (not provided) for marking the runways

Concessions: Light Concessions will be available

Parking: ****Buses can drop off and park on the road by the softball fields.****

Team Camps: NO team camps inside the track. Please set your team camps near the fence on the softball field side (SOUTH) of the track. Please put camps close to the fence. Please clean up your team camps upon completion of the meet.

Spectators are encouraged to bring their own chairs.

Event Fee - \$300 per school (\$150 for each gender)

Jeff Hahn - Athletic Director

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Theresa Ellefson – Head Girls Coach

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Rick Stewart—Head Boys Coach

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