California Community College Athletic Association

2026 SoCal Regional Track & Field Championships

Prelims - Saturday May 2

Finals – Saturday May 9

Memorial Stadium – Bakersfield College
1801 Panorama Drive, Bakersfield, Ca. 93305

MEET INFORMATION (as of March 1, 2026)

Please watch for updates. There is construction going on and things may change.

MEET ADMINISTRATIVE STAFF:

- Meet Manager: Pam Kelley (Bakersfield College) – Head Track and Field Coach
- Event Manager: Ayanna Tweedy (Bakersfield College) – Interim Athletic Director
- Games Committee: Matt Sherman and one rep from each conference
- Meet Referee: Mark Blethen
- CCCAA Track And Field Management Council Representative: Toni Campbell (Cuyamaca College)
  - Meet Starters: Vincent Ludd, Jerry Scott and two other

TECHNICAL COMPETITIVE INFORMATION:

- This meet will be run in accordance with NCAA, CCCAA and 5CTCA rules and bylaws. Rules regarding seed, lane assignments and advancement rules can be found in the Championship Handbook.

ADMISSION/ ATHLETE – COACHES ENTRANCE:

- Athletes, Coaches and Spectators: will enter the stadium from the Southwest gate. Each school will be provided with security wristbands which must be worn on the wrist in order to be admitted to the stadium.
- Spectator Fee: Adult ticket prices are $12 per day. A ticket price of $8 will be charged to all properly identified students, faculty, staff, senior citizens age 60 and over, and children less than 12 years of age. Spectator tickets will also be purchased at the south side ticket booth, located off of Mt. Vernon Avenue

ATHELTIC TRAINERS:

- Will be available to all athletes at the south end of the stadium on the grass near the track shed.
- All other college's athletic trainers must keep off the infield and track area.
- Trainers should provide their own supplies.
- Trainers may contact Mike Mederios at (661) 395-4475

PACKET PICK-UP:

- Packets will be available for pick-up at the Team Check-in located parking level of the stadium starting at 10 on Saturday.
- Wrist bands must be secured to each athlete and coach before you will be admitted into the stadium. Each college will be given up to 4 coaches wrist bands. If you require more please email pkelley@bakersfieldcollege.edu with the names and positions of additional coaches. Failure to do this may result in no additional wristbands being issued.
- Packets and their entire contents must be picked up at the same time. Teams are responsible for the distribution of credentials.

PARKING:

- School vans and buses can park in Lot P8 located on University Avenue, west of Memorial Stadium.
- Parking for fans will be located in Lot P7 at the corner of University Avenue and Mt. Vernon Avenue. There will be a $5 charge on Saturday, May 2 and 9

WEIGHTS AND MEASURES:

- Will be located at the track shed, adjacent to the clerk's table.
- Field events will take place from 10am to 2:00 pm
- Implements must be weighed in at least 1 hour before competition. Please drop your implements off early to avoid missing the deadline.
- All implements must be labeled with your school's name.
- All impounded implements will be confiscated until the conclusion of competition in that event.

WARM UP AREA:

- Will be located adjacent to the track shed discus areas.
- Some hurdles will be placed in this area

TEAM AREA:

- If teams setup inside the stadium they must be in the top rows ONLY on either side of the bleachers to allow un-obstructed views by spectators. Set ups can only occur in the south side of the stadium. The north side of the stadium will be closed.
- There will be no team set up on the grass at the south end of the stadium by the scoreboard or on the lower practice field adjacent to the discus.
- Teams will only be allowed to set up on the hill next to the practice field or in the 10 top rows of the stands.
- Space will be limited for set up on the grass hill due to construction.

PRACTICE SCHEDULE:

- The track and field stadium will be open on Friday May 1 and 8 from 4 pm until 6:30 pm. At 6:45 pm the track and field stadium will be closed and locked.

- No implements (javelin, shot put, hammer or discus) are allowed on the practice football field located between the hammer cage and the soccer stadium. There will be no throwing of implements in ANY ring or runway except during official competition or official warm-ups.

COMPETITION TIME SCHEDULE: See competition time schedule attached

ATHLETE ENTRY:

- Entries are completed automatically following the Conference Championships and do not require declaration.
- Declaration is presumed if athletes are not scratched.

ENTRY FEE:

- $500 per gender per college. Fees are due at packet pick-up. Personal checks, cash, school check, or school PO's are the only acceptable means of payment. Fees are payable to **Bakersfield College Foundation Athletics General Fund**
- This is an entry fee not a participation fee. Any scratched athlete after the scratch deadline will be charged.
- ***MAILED ENTRY FEES MUST BE RECEIVED PRIOR TO COMPETITION. IN MOST CASES IT WOULD BE BEST BRING IT WITH YOU. ENTRY FEES MUST BE PAID IN FULL AT PACKET PICKUP – NO EXCEPTIONS.***

COACHING AREAS:

- Coaches must remain in the bleachers during the competition.
- No coaches will be allowed inside the fencing at the north end of the stadium near the steeplechase.

COACHES CORNER/COMMUNICATION CENTER:

- Will be located at the announcer table. This area will have communication with the meet manager and meet referees.

PROTESTS:

- Protest forms will be included in each team's packet and must be submitted within the required time frame.
- Each protest must be accompanied by a $50 protest fee per protest that will only be returned if you win your protest.
- Please submit all protests to the Coaches Corner. Protests must be submitted within 15 minutes after results have been announced or posted. For complete wording see the 2025-2026 NCAA Cross Country and Track & Field Rule Book.

STARTING BLOCKS:

- Only those supplied by meet management are acceptable.
- The starting blocks for the will be Newton Elite Block

POLE VAULT:

- Vaulting poles may be stored in the track shed at the SE corner of the facility. Please make sure to label your poles.

SPIKES:

- Our track was redone last summer. We will closely monitor the spikes that athletes use on our new surface.
- Spikes must be 3/16" Pyramid or less. No needle spikes allowed. Shoes will be checked at the clerk's tent. Shoes with non-conforming spikes will be confiscated and returned after the event closes. No exceptions.
- Any shoes worn in a competitive event that do not abide by these rules will result in disqualification of the athlete.

CONCESSIONS:

- Concessions will be available on the concourse level during the meet

TRACK SURFACE:

- The running surface and field event venues are MONDO.
- 9 lane oval track.
- East Runway
- Triple Jump – 29' and 35' from board to pit and 164' board to end of runway.
- Long Jump – 9'8" from board to pit and 132' from board to end of runway.
- West Runway
- Triple Jump – 37'8" and41'7 from board to pit and 180' from board to end of runway.
- Long Jump – 9'8" from board to pit and 175' from board to end of runway.
- No athletic tape or chalk is permitted on the runways at any time. Painters tape may be used.
- Discus, Shot and Hammer are brushed concrete and the Javelin is a MONDO approach.
- Only water will be allowed on track level. Food, energy and sport drinks must be consumed outside the of the track level. In addition, no gum or seeds will be allowed on track level.
- Relay team members may pick up painters tape to use for marks. Athletic tape is prohibited on the track

AWARDS PROCEDURES:

- Will be handed out immediately after each event. Field event athletes will be escorted to the awards area (near the finish line) after the conclusion of their event by the event officials. Awards for hammer and discuss will be given at the conclusion of both events. Running event top 8 athletes will stay near the finish line after their events (basket of sweats/shoes etc. will be brought from the start line to the awards area).

REVISED TIME SCHEDULES FOR PRELIMS AND FINALS

PRELIMS TIME SCHEDULE
May 2, 2026

FIELD EVENTS
10:00 JAVELIN (W)
10:00 DISCUS (M) (STADIUM)
12:00 HIGH JUMP (M)
12:00 LONG JUMP (W)
12:30 JAVELIN (M)
12:30 DISCUS (W) (STADIUM)
2:30 POLE VAULT (W)
2:30 HIGH JUMP (W)
2:30 LONG JUMP (M)
3:00 HAMMER(M)
3:00 SHOT PUT (W)
5:00TRIPLE JUMP (M)
5:00 TRIPLE JUMP (W)
5:00 POLE VAULT (M)
5:30 SHOT PUT (M)
5:30 HAMMER (W)

TRACK EVENTS
1:45 3000 STEEPLE (W)
2:35 3000 STEEPLE (M)
3:00 4 X 100 (W)
3:15 4 X 100 (M)
3:30 1500 (W)
3:45 1500 (M)
4:00 100 HURDLES (W)
4:15 110 HURDLES (M)
4:35 400 (W)
4:50 400 (M)
5:05 100 (W)
5:20 100 (M)
5:35 800 (W)
5:50 800 (M)
6:10 400 HURDLES (W)
6:25 400 HURDLES (M)
6:40 200 (W)
6:55 200(M)
7:10 10000 (W)
8:10 4 X 400 (W)
8:40 4 X 400 (M)
9:10 10000 (M)

Finals Time Schedule
May 9, 2026

FIELD EVENTS:

12:00 PM DISCUS (MEN) (STADIUM)
12:00 PM JAVELIN (WOMEN)
1:45 PM JAVELIN (M)
1:45 DISCUS (W) (STADIUM)
2:45 PM-HIGH JUMP (MEN)
2:45 PM-LONG JUMP (WOMEN)
2:45 PM-POLE VAULT (WOMEN)
3:30 PM-SHOT PUT (MEN)
3:30 PM-HAMMER THROW (WOMEN) BC HAMMER THROW PARK
4:15 PM-HIGH JUMP (WOMEN)
4:15 PM LONG JUMP (M)
5:00 PM- POLE VAULT (MEN)
5:15 PM-HAMMER THROW (MEN)-BC HAMMER THROW PARK
5:15 PM-SHOT PUT (WOMEN)
5:45 PM-TRIPLE JUMP (MEN)-WEST PIT
5:45 PM-TRIPLE JUMP (WOMEN)-EAST PIT

SATURDAY TRACK EVENTS:

4:15 PM- 3,000 STEEPLECHASE (WOMEN)
4:35 PM- 3,000 STEEPLECHASE (MEN)
4:55 PM- 4 X 100 RELAY (WOMEN)
5:00 PM- 4 X 100 RELAY (MEN)
5:10 PM- 1500 METERS (WOMEN)
5:20 PM- 1500 METERS (MEN)
5:30 PM- 100 HURDLES (WOMEN)
5:40 PM- 100 HURDLES (MEN)
5:50 PM- 400 (WOMEN)
5:55 PM- 400 (MEN)
6:05 PM- 100 (WOMEN)
6:10 PM- 100 (MEN)
6:20 PM- 800 (WOMEN)
6:25 PM- 800 (MEN)
6:35 PM- 400 HURDLES (WOMEN)
6:45 PM- 400 HURDLES (MEN)
6:55 PM- 200 (WOMEN)
7:00 PM- 200 (MEN)
7:10 PM- 5,000 (WOMEN)
7:35 PM- 5,000 (MEN)
8:00 PM- 4 X 400 RELAY (WOMEN)
8:10 PM- 4 X 400 RELAY (MEN)