2026 AAU JUNIOR OLYMPIC GAMES
DRAKE UNIVERSITY, DES MOINES, IOWA
MULTI-EVENT/TRACK & FIELD MEET SCHEDULE

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.

CLASSIFICATION

8&UG - 8 and under (2018 & After)
8&UB - 8 and under (2018 & After)
9G - 9 years old (2017)
9B - 9 years old (2017)
10G - 10 years old (2016)
10B - 10 years old (2016)
11G - 11 years old (2015)
11B - 11 years old (2015)
12G - 12 years old (2014)
12B - 12 years old (2014)
13G – 13 years old (2013)
13B – 13 years old (2013)
14G - 14 years old (2012)
14B - 14 years old (2012)
15-16G - 15-16 years old (2010-2011)
15-16B - 15-16 years old (2010-2011)
17-18G - 17-18 years old (2008-2009)
17-18B- 17-18 years old (2008-2009)

Q = Quarterfinals S = Semifinals F = Finals TF = Timed Final

MULTI-EVENTS/RACEWALK

SATURDAY, AUGUST 1

TIME	*EVENT/AGE GROUP*		*RACE*
8:00 AM	Decathlon	15-16B (Day 1)	100M, LJ, SP, HJ, 400M
8:15 AM	Pentathlon	13G (Finals)	100M Hurdles SP, HJ, LJ, 800M
8:30 AM	Pentathlon	13B (Finals)	100M Hurdles, SP, HJ, LJ, 1500M
9:00 AM	Decathlon	17-18B (Day 1)	100M, LJ, SP, HJ, 400M
10:30 AM	Heptathlon	15-16G (Day 1)	100M Hurdles, HJ, SP, 200M
10:45 AM	Heptathlon	17-18G (Day 1)	100M Hurdles, HJ, SP, 200M
11:00 AM	Pentathlon	14G (Finals)	100M Hurdles, SP, HJ, LJ, 800M
11:30 AM	Pentathlon	14B (Finals)	100M Hurdles, SP, HJ, LJ, 1500M
12:00 PM	**1500M Racewalk (9G, 9B, 10G, 10B)**		**TF**
2:00 PM	**1500M Racewalk (11G, 11B, 12G, 12B)**		**TF**

SUNDAY, AUGUST 2

TIME	***EVENT/AGE GROUP***		***RACE***
8:00 AM	Heptathlon	15-16G (Day 2)	LJ, Jav, 800M
	Heptathlon	17-18G (Day 2)	LJ, Jav, 800M
	Pentathlon	11G, 12G (Finals)	80M Hurdles, SP, HJ, LJ, 800M
	Triathlon	9B, 10B (Finals)	HJ, SP, 400M
8:15 AM	Pentathlon	11B, 12B (Finals)	80M Hurdles, SP, HJ, LJ, 1500M
8:45 AM	Decathlon	15-16B (Day 2)	110M Hurdles, D, PV, Jav, 1500M
9:00 AM	Decathlon	17-18B (Day 2)	110M Hurdles, D, PV, Jav, 1500M
1:00 PM	Triathlon	9G, 10G (Finals)	HJ, SP, 200M
12:00 PM	**3000M Racewalk (13G, 13B, 14G, 14B)**		**TF**
3:00 PM	**3000M Racewalk (15-16G, 15-16B, 17-18G, 17-18B)**		**TF**

- All events will be run in the order listed above. If there are changes, there will be a revised schedule at Athlete Check-in.
- The 15-16B and 17-18B Pole Vaulters will compete on separate pits. Starting height will be 8' and 8'6" respectively.
- All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready.

FINAL SCHEDULE AS OF 7/24/26

EVENT SCHEDULE - TRACK & FIELD

MONDAY, AUGUST 3

RUNNING EVENT SCHEDULE

TIME	*EVENT/AGE GROUP*	*RACE*
8:00 AM	**3000M Run** **(11G, 11B, 12G, 12B)**	**TF**
10:00 AM	400M Hurdles (15-16B, 17-18B, 15-16G, 17-18G)	SF
	200M Hurdles (13G, 13B, 14G, 14B)	SF
11:45 PM	800M Run (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G,17-18B)	SF
2:00 PM	200M Dash (All divisions)	QF

FIELD EVENT SCHEDULE

TIME	*EVENT*	*AGE GROUP*	*PIT/RING #*
8:00 AM	Long Jump	14G	Pit 1
	Long Jump	14B	Pit 2
	Discus	13B	
	Shot Put	9G	Rings 1 & 2
	Shot Put	9B	Rings 3 & 4
	Javelin	13G	
9:00 AM	High Jump	15-16G	Pads 1, 2 & 3
	Pole Vault	13B	Pad 1
12:00 PM	High Jump	12B	Pads 1, 2 & 3
	Shot Put	14G	Rings 1 & 2
	Shot Put	14B	Rings 3 & 4
1:00 PM	Discus	11G	
	Javelin	15-16B	
	Long Jump	17-18G	Pit 1
	Long Jump	17-18B	Pit 2
	Pole Vault	14B	Pad 1
3:00 PM	High Jump	10G	Pad 1, 2 & 3
	Shot Put	8&UG	Rings 1 & 2
	Shot Put	8&UB	Rings 3 & 4

FINAL SCHEDULE AS OF 7/24/26

EVENT SCHEDULE - TRACK & FIELD

TUESDAY, AUGUST 4

RUNNING EVENT SCHEDULE

TIME	*EVENT/AGE GROUP*	*RACE*
8:00 AM	**1500M Run** **(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)**	**TF**
11:00 AM	**400M Hurdles** **(15-16B, 17-18B, 15-16G, 17-18G)**	**F**
	200M Hurdles **(13G, 13B, 14G, 14B)**	**F**
11:30 AM	100M Dash (All Divisions)	QF
2:00 PM	400M Run (8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)	SF

FIELD EVENT SCHEDULE

TIME	*EVENT*	*AGE GROUP*	*PIT/RING #*
8:00 AM	Long Jump	9G	Pit 1
	Long Jump	9B	Pit 2
	Discus	17-18G	
	Shot Put	10G	Rings 1 & 2
	Shot Put	10B	Rings 3 & 4
	Turbo Javelin	12B	
9:00 AM	High Jump	13B	Pads 1, 2 & 3
	Pole Vault	13G	Pad 1
12:00 PM	Discus	12G	
	High Jump	11B	Pads 1, 2 & 3
	Triple Jump	13G	Pit 1
	Triple Jump	13B	Pit 2
	Shot Put	11G	Rings 1 & 2
	Shot Put	15-16B	Rings 3 & 4
1:00 PM	Javelin	13B	
	Pole Vault	14G	Pad 1
3:00 PM	High Jump	9G	Pads 1, 2 & 3
	Shot Put	15-16G	Rings 1 & 2
	Shot Put	11B	Rings 3 & 4
	Triple Jump	14G	Pit 1
	Triple Jump	14B	Pit 2

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EVENT SCHEDULE - TRACK & FIELD

WEDNESDAY, AUGUST 5

RUNNING EVENT SCHEDULE

TIME	*EVENT/AGE GROUP*	*RACE*
8:00 AM	**2000M Steeplechase** **(15-16G, 17-18G, 15-16B, 17-18B)**	**F**
9:15 AM	**800M Run** **(8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)**	**TF**
12:00 PM	**800M Run** **(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)**	**F**
12:30 PM	200M Dash (All Divisions)	SF
1:15 PM	80M Hurdles (11G, 11B, 12G, 12B)	SF
	100M Hurdles (13G, 14G, 13B, 14B, 15-16G, 17-18G)	SF
	110M Hurdles (15-16B, 17-18B)	SF
3:30 PM	4 x 400M Relay (9-10G, 9-10B, 11-12G, 11-12B)	SF

FIELD EVENT SCHEDULE

TIME	*EVENT*	*AGE GROUP*	*PIT/RING #*
8:00 AM	Triple Jump	15-16G	Pit 1
	Triple Jump	15-16B	Pit 2
	Discus	15-16B	
	Shot Put	13G	Rings 1 & 2
	Shot Put	17-18B	Rings 3 & 4
	Turbo Javelin	9B	
9:00 AM	High Jump	12G	Pads 1, 2 & 3
	Pole Vault	15-16G	Pad 1 (FLIGHT ONE- LOW PIT)
12:00 PM	Shot Put	17-18G	Rings 1 & 2
	Shot Put	13B	Rings 3 & 4
	High Jump	14G	Pads 1, 2 & 3
1:00 PM	Discus	14G	
	Triple Jump	17-18G	Pit 1
	Triple Jump	17-18B	Pit 2
	Javelin	14B	
	Pole Vault	15-16G	Pad 1 (FLIGHT TWO- HIGH PIT)
3:00 PM	High Jump	13G	Pads 1, 2 & 3
	Shot Put	12G	Rings 1 & 2
	Shot Put	12B	Rings 3 & 4

FINAL SCHEDULE AS OF 7/24/26

EVENT SCHEDULE - TRACK & FIELD

THURSDAY, AUGUST 6

RUNNING EVENT SCHEDULE

TIME	*EVENT/AGE GROUP*	*RACE*
8:00 AM	**1500M Run** **(8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B)**	**TF**
11:45 AM	**80M Hurdles** **(11G, 11B, 12G, 12B)**	**F**
	100M Hurdles **(13G, 14G, 13B, 14B, 15-16G, 17-18G)**	**F**
	110M Hurdles **(15-16B, 17-18B)**	**F**
12:15 PM	100M Dash (All Divisons)	SF
1:00 PM	4 x 400M Relay (13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)	SF

FIELD EVENT SCHEDULE

TIME	*EVENT*	*AGE GROUP*	*PIT/RING/PAD*
8:00 AM	Long Jump	13G	Pit 1
	Long Jump	13B	Pit 2
	Discus	17-18B	
	Javelin	15-16G	
	Turbo Javelin	12G	
9:00 AM	High Jump	17-18G	Pads 1, 2 & 3
	Pole Vault	15-16B	Pad 1 (FLIGHT ONE- LOW PIT)
12:00 PM	High Jump	17-18B	Pads 1, 2 & 3
1:00 PM	Long Jump	15-16G	Pit 1
	Long Jump	15-16B	Pit 2
	Discus	12B	
	Javelin	14G	
	Turbo Javelin	9G	
	Pole Vault	15-16B	Pad 1 (FLIGHT TWO- HIGH PIT)
3:00 PM	High Jump	10B	Pads 1, 2 & 3

FINAL SCHEDULE AS OF 7/24/26

EVENT SCHEDULE - TRACK AND FIELD

FRIDAY, AUGUST 7

RUNNING EVENT SCHEDULE

TIME	*EVENT/AGE GROUP*	*RACE*
8:00 AM	**4 x 800M Relay** **(11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)**	**TF**
10:15 AM	**200M Dash** **(ALL DIVISIONS)**	**F**
11:00 AM	400M Dash (13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)	SF
12:45 PM	4 x 100M Relay (All Divisions)	SF

FIELD EVENT SCHEDULE

TIME	*EVENT*	*AGE GROUP*	*PIT/RING #*
8:00 AM	Long Jump	11B	Pit 1
	Long Jump	11G	Pit 2
	Discus	15-16G	
	Javelin	17-18B	
	Turbo Javelin	11B	
9:00 AM	High Jump	15-16B	Pads 1, 2 & 3
	Pole Vault	17-18G	Pad 1 (FLIGHT ONE- LOW PIT)
12:00 PM	High Jump	14B	Pads 1, 2 & 3
1:00 PM	Long Jump	10B	Pit 1
	Long Jump	10G	Pit 2
	Discus	13G	
	Javelin	17-18G	
	Turbo Javelin	8&UG	
	Pole Vault	17-18G	Pad 1 (FLIGHT TWO- HIGH PIT)
3:00 PM	High Jump	11G	Pads 1, 2 & 3

FINAL SCHEDULE AS OF 7/24/26

EVENT SCHEDULE - TRACK AND FIELD

SATURDAY, AUGUST 8

RUNNING EVENT SCHEDULE

TIME	*EVENT/AGE GROUP*	*RACE*
8:00 AM	**3000M** **(13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B)**	**TF**
12:15 PM	**4 x 100M Relay** **(All Divisions)**	**F**
1:00 PM	**AAU Coach of the Year Award** **AAU Club of the Year Award**	
1:15 PM	**400M Dash** **(All Divisions)**	**F**
2:00 PM	**TIRR Exhibition Race**	
2:15 PM	**100M Dash** **(All Divisions)**	**F**
2:45 PM	**AAU Joel Ferrell Award Recognition**	
3:00 PM	**4 x 400M Relay** **(9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B)**	**F**

FIELD EVENT SCHEDULE

TIME	*EVENT*	*AGE GROUP*	*PIT/RING #*
8:00 AM	Long Jump	8&UB	Pit 1
	Long Jump	8&UG	Pit 2
	Discus	11B	
	Turbo Javelin	10B	
	Turbo Javelin	8&UB	
9:00 AM	High Jump	9B	Pads 1, 2 & 3
	Pole Vault	17-18B	Pad 1 (FLIGHT ONE- LOW PIT)
12:00 PM	Turbo Javelin	11G	
	Turbo Javelin	10G	
	Long Jump	12G	Pit 1
	Long Jump	12B	Pit 2
	Pole Vault	17-18B	Pad 1 (FLIGHT TWO- HIGH PIT)
	Discus	14B	

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