

4A District-6 NCWAA
“Columbia Basin Big-9”
CROSS COUNTRY CHAMPIONSHIPS
Franklin Park, Yakima
THURSDAY OCTOBER 31, 2019

RACE TIMES:	3:00pm Girls' Junior Varsity 3:30pm Boys' Junior Varsity 4:00pm Girls' Varsity 4:30pm Boys' Varsity 4:35pm Wheelchair Division 5:15pm Awards Ceremony
ENTRIES:	Each school's entries will be taken from the school's athletic.net entries, as of 5:00pm on Wednesday, October 30 . For a full team, coaches must enter nine (9) varsity athletes to this state qualifying meet. This will include seven (7) varsity runners and two (2) varsity alternates, plus an unlimited number of entries for the junior varsity races. Any changes to entries may be made up to 2:00pm on race day with the Meet Referee.
COURSE INFORMATION:	The running course is the 3-Mile Course used for the Sunfair Invitational meet earlier in the month. A combination of flagging, cones and paint will be used to identify the course to runners and spectators. Hard and unyielding surfaces will be covered by rubber mats to ensure safety of the runners.
RULES & UNIFORMS:	All National Federation rules will be in effect. Please make sure that all uniforms are in full compliance with WIAA rules.
MEET NUMBERS:	Competition numbers will be assigned to each competitor. Numbers must be worn on the front of the uniform for each competitor during competition.
TIMING & RESULTS:	The Eisenhower Boosters' Timing Crew will be responsible for entries and results. A Finishlynx video camera will be used to ensure an accurate order of finish. Individual and team results will be posted on site after each race, and will be posted on athletic.net as soon as practicable after the meet.
STATE QUALIFIERS:	The top two (2) teams from each varsity race qualify for the state meet as well as the top fourteen (14) individual placers. Please note that the runners for the top two teams count in the top fourteen individual placers.
LANE ASSIGNMENTS:	Lane assignments will be determined by a random draw for the girls' races and for the boys' races. Each race will have a specific draw for that event. Lanes will be 6 ft. in width. The Meet Referee and/or Paul Stephens will perform the draw prior to the meet. The lane assignments will be sent out to coaches prior to the meet.
COACHES MEETING:	There will be a coaches meeting at 2:30pm at the Rotary Pavilion near the race finish line. Race packets will be available out at that time.
MEET DIRECTORS:	Paul Stephens (Eisenhower A.D.), and Phil English
MEET REFEREE:	Chris Svendsen
GAMES COMMITTEE:	The Games Committee will be Chris Svendsen, Rick Glenn, and Frank Purdy.
ADMISSIONS:	Admissions may be charged to spectators of the District Championships. If charged, the admission prices shall be adults - \$7.00, and students/seniors - \$5.00.
TEAM AWARDS:	A plaque will be awarded to the winner of the boys' and girls' varsity races. The CBBN league trophies will be presented to the winning teams at the awards ceremony.
INDIVIDUAL AWARDS:	Medals will be awarded to the boys and girls varsity champion along with placing ribbons for spots 2 nd – 6 th and qualifying ribbons for places 7 th – 10 th . The top three finishers in the junior varsity races will receive a medal and places 4 th – 20 th will receive a ribbon.
AWARDS PRESENTATION:	An Awards Ceremony will take place next to the museum at the end of the meet.
QUESTIONS:	Please contact one of the following individuals with any questions: Chris Svendsen (admin@sunfairrun.com) Paul Stephens (stephens.paul@yakimaschools.org) Phil English (english.phil@yakimaschools.org)