

MEET INFORMATION



US Express Cross Country Invite Middle School Challenge

September 25, 2021

Howell Park
5509 Winbourne Ave
Baton Rouge, LA



Host: US Express Track Club

Byron Turner
225-892-3489

Email: byronturner@usexpresstrackclub.org
www.usexpresstrackclub.org

Revised: 09/14/2021

ENTRY INFORMATION AND INSTRUCTION

Entry Procedure

All entries will be done electronically through www.athletic.net. Entry Deadline is **September 22nd at 10pm (NOT MIDNIGHT)**. This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

Entry Fees

Entry fees are **\$10.00** per athlete/Teams' cost is maxed at \$100 for 10 or more athletes. Payment will be made online through www.athletic.net or by school check.

PACKET PICKUP

Look for the US Express Track Club tent for packet pickup. Parents and Coaches can pick up their team's/Unattached meet packet at check in area identified in front of course beginning 1 hour prior to the race.

TEAM AREA

Team area must be setup away from the course. Please review site map for location.

HYDRATION

Each team as well as athletes MUST provide their own hydration support. Due to COVID-19 restriction we will not provide any.

MEET PACKETS

Packets will include the following:

- Bib numbers with chip affixed
- List of athletes and their corresponding bib numbers.

SPECTATORS

There is no fee for spectators, but ALL SPECTATORS MUST FOLLOW COVID-19 general procedures. Will wear a mask at all times and must maintain social distancing.

AGE GROUPS (For Club Team or Unattached athlete, Age is based on the age of the athletes as of December 31st)

AGE	School Classification
11-14	Middle School (5-8 th grade)

MEET SCHEDULE

8:30 am Packet Pickup available
9:30 am 2-mile Girls Race (Max 10 per team – registration required)
10:00 am 2-mile Boys Race (Max 10 per team – registration required)
10:30 am All comer races

AWARDS

Top 10 athletes in each race to receive t-shirt
Top Team will receive trophy

HOWELL PARK COURSE LAYOUT

