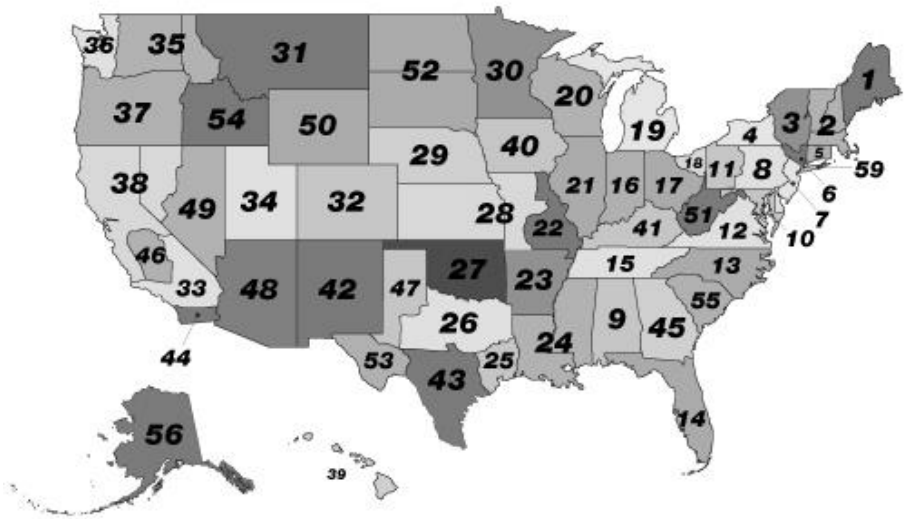


## USATF LOCAL ASSOCIATIONS & MAP

USA Track & Field is comprised of 57 Associations that cover the full geographic territory of the United States. For additional local Association information, log onto [www.usatf.org](http://www.usatf.org).

(Reference page 18 for your local Association Youth Chair)



- |    |                |    |                     |    |                            |
|----|----------------|----|---------------------|----|----------------------------|
| 1  | Maine          | 21 | Illinois            | 41 | Kentucky                   |
| 2  | New England    | 22 | Ozark               | 42 | New Mexico                 |
| 3  | Adirondack     | 23 | Arkansas            | 43 | South Texas                |
| 4  | Niagara        | 24 | Southern            | 44 | San Diego-Imperial         |
| 5  | Connecticut    | 25 | Gulf                | 45 | Georgia                    |
| 6  | New York       | 26 | Southwestern        | 46 | Central California         |
| 7  | New Jersey     | 27 | Oklahoma            | 47 | West Texas                 |
| 8  | Mid-Atlantic   | 28 | Missouri Valley     | 48 | Arizona                    |
| 9  | Alabama        | 29 | Nebraska            | 49 | Nevada                     |
| 10 | Potomac Valley | 30 | Minnesota           | 50 | Wyoming                    |
| 11 | Three Rivers   | 31 | Montana             | 51 | West Virginia              |
| 12 | Virginia       | 32 | Colorado            | 52 | Dakotas                    |
| 13 | North Carolina | 33 | Southern California | 53 | Border                     |
| 14 | Florida        | 34 | Utah                | 54 | Snake River                |
| 15 | Tennessee      | 35 | Inland Northwest    | 55 | South Carolina             |
| 16 | Indiana        | 36 | Pacific Northwest   | 56 | Alaska                     |
| 17 | Ohio           | 37 | Oregon              | 57 | National Membership Center |
| 18 | Lake Erie      | 38 | Pacific             | 58 | National Clubs             |
| 19 | Michigan       | 39 | Hawaii              | 59 | Long Island                |
| 20 | Wisconsin      | 40 | Iowa                |    |                            |

## ***YOUTH ATHLETICS REGIONS***

### **Region 1**

Adirondack  
Connecticut  
Long Island  
Maine  
New York  
New England

### **Region 2**

Mid-Atlantic  
New Jersey  
Niagara  
Three Rivers

### **Region 3**

North Carolina  
Potomac Valley  
Virginia

### **Region 4**

Florida  
Georgia  
South Carolina

### **Region 5**

Kentucky  
Lake Erie  
Michigan  
Ohio  
West Virginia

### **Region 6**

Alabama  
Southern  
Tennessee

### **Region 7**

Illinois  
Indiana

### **Region 8**

Dakota  
Iowa  
Minnesota  
Nebraska  
Wisconsin

### **Region 9**

Arkansas  
Missouri Valley  
Oklahoma  
Ozark

### **Region 10**

Arizona  
Border  
Colorado  
New Mexico

### **Region 11**

Montana  
Snake River  
Utah  
Wyoming

### **Region 12**

Gulf  
South Texas  
Southwestern  
West Texas

### **Region 13**

Alaska \*  
Inland Northwest  
Oregon  
Pacific Northwest

### **Region 14**

Central California  
Pacific

### **Region 15**

Hawaii \*  
Nevada  
San Diego-Imperial  
Southern California

**\*Note:** Alaska and Hawaii are assigned to Regions 13 and 15, respectively, for administrative purposes only and both may qualify athletes directly to National Junior Olympic competitions because of their geographic location. Advancement of athletes must be processed through the appropriate Regional Coordinator.

## ***YOUTH ATHLETICS ZONES***

### **Northeast Zone**

**Regions Covered:**

**1 & 2**

Adirondack  
Connecticut  
Long Island  
Maine  
New York  
Mid-Atlantic  
New England  
New Jersey  
Niagara  
Three Rivers

### **South Zone**

**Regions Covered:**

**3, 4, 6**

Alabama  
Florida  
Georgia  
North Carolina  
Potomac Valley  
South Carolina  
Southern  
Tennessee  
Virginia

### **Midwest Zone**

**Regions Covered:**

**5, 7, 8**

Dakotas  
Illinois  
Indiana  
Iowa  
Kentucky  
Lake Erie  
Michigan  
Minnesota  
Nebraska  
Ohio  
Oklahoma  
West Virginia  
Wisconsin

### **West Zone**

**Regions Covered:**

**10, 11, 13, 14, 15**

Alaska  
Arizona  
Border  
Central California  
Colorado  
Hawaii  
Inland Northwest  
Montana  
Nevada  
New Mexico  
Oregon  
Pacific  
Pacific Northwest  
San Diego-Imperial  
Snake River  
Southern California  
Utah  
Wyoming

### **Southwest Zone**

**Regions Covered:**

**9, 12**

Arkansas  
Gulf  
Missouri Valley  
Oklahoma  
Ozark  
South Texas  
Southwestern  
West Texas

# USATF Youth Regional Map

