



2022 USATF Oregon Association Junior Olympic Cross Country Championships



(Advancement from Association to Regionals)

Saturday, November 5th, 2022
Bush Park - Salem, OR

SCHEDULE & AGE DIVISIONS

Age Division	Distance	Time
8 & Under (born 2014+)	2 km (1.24 miles)	Girls- 9:00A Boys- 9:30A
9 & 10 (born 2012-2013)	3 km (1.86 miles)	Girls – 10:00A Boys – 10:30A
11 & 12 (born 2010-2011)	3 km (1.86 miles)	Girls – 11:00A Boys – 11:30A
13 & 14 (born 2008 –2009)	4 km (2.48 miles)	Girls – 12:00P Boys –12:30P
15 & 18 (born 2004–2007)	5 km (3.1 miles)	Girls – 1:00P Boys – 1:30P

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration and participation.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes **at packet pick up 8:00 a.m.**

EVENT RESULTS: During competition, event results will be posted at **Awards Tent**. In addition, event results will be posted at live.athletic.net.

AWARDS: USATF Junior Olympic medals will be awarded to the top three individuals in each age division. The first place team will receive a trophy.

ADVANCEMENTS - From Association to Regionals: Top **35** individuals and top **5** teams in each age group will advance to the Region **13** Championships. Age groups 15-16 and 17-18 will be combined in team scoring only, the top 10 teams will advance. The **Region 13 Championships will be held on Saturday, November 19th at Chambers Creek Golf Course (Tacoma, WA)**

ENTRY FEES & DEADLINES:

On-Time Registration:

Must be completed by **11/02/2022 @ 6:00 p.m. PST**

Individual Entries: **\$10.00** per athlete.

Team Entries: **No charge**

ONLY ONLINE ENTRIES WILL BE ACCEPTED. Please visit Athletic.net to enter.

PAYMENTS: The online entry system accepts all credit card types. **No day-of-meet registration will be accepted.**

DIRECTIONS & PARKING: TBA

CONTACT: Lynn Brown; membership@oregon.usatf.org

Club Administrators and Unattached Athletes should register online at Athletic.net by **11/2/2022 at 6:00 p.m. PST**. **Late entries will not be allowed. Online registration opens 10/05/2022. Fees must be paid online by the close of registration. Accuracy of data entered is the responsibility of each club and/or athlete.**

Please validate data within Athletic.net for accuracy prior to submitting entry.

Valid 2022 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that age verification documents are uploaded into your [USATF Connect](#) membership profile no later than **10/26/22** (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification). See Rule 300.1 (i) for further explanation. [Go here](#) to view a video tutorial on how to add verification documents in USATF Connect.

Membership Chair: Lynn Brown membership@oregon.usatf.org

For questions, call: (503) 891-0759