

## Heartland Preview Meet Records (2015-Present)

### Girls

<b>Name</b>	<b>City, State</b>	<b>School</b>	<b>Time</b>	<b>Year</b>
HS: Ali Bainbridge	Sioux Falls, SD	Lincoln	17:10.7	2022
MS: Bria Miller	Harrisburg, SD	Harrisburg	11:48.8	2021

### Boys

<b>Name</b>	<b>City, State</b>	<b>School</b>	<b>Time</b>	<b>Year</b>
HS: Simeon Birnbaum	Rapid City, SD	Stevens	14:47.8	2022
MS: Cole Reilly	Sioux Falls, SD	Ben Reifel	10:30.5	2022

## Top 10 All-Time Yankton Trail Park Course Records (2015-Present)

### Girls Top 10 (5K)

<b>Name</b>	<b>City, State</b>	<b>Time</b>	<b>Year</b>
Abbey Nechanicky	Wayzata, MN	16:44.7	2022
Tierney Wolfgram	Woodbury, MN	16:48.67	2017
Molly Born	Shawnee Mission (NW), KS	16:49.3	2016
Emily Covert	Minneapolis (Washburn), MN	16:55.71	2017
Emily Venters	Lawrence (Free State), KS	16:56.0	2016
Anna Fenske	Farmington, MN	17:00.4	2016
Stephanie Jenks	Marion, IA	17:01.3	2015
Paityn Noe	Huxley (Ballard), IA	17:02.7	2022
Ali Weimer	Saint Michael, MN	17:03.3	2021
Anna Fenske	Farmington, MN	17:05.14	2017

### Boys Top 10 (5K)

<b>Name</b>	<b>City, State</b>	<b>Time</b>	<b>Year</b>
Jackson Heidesch	Des Moines (Dowling), IA	14:39.0	2022
Simeon Birnbaum	Rapid City, (Stevens), SD	14:39.2	2022
Finn Gessner	Madison (LaFollett), WI	14:39.4	2016
Seth Hirsch	Omaha (Millard West), NE	14:39.5	2016
Ford Washburn	Iowa City, IA	14:41.6	2022
Noah Breker	Minneapolis (Armstrong), MN	14:51.0	2022
Milo Greder	Omaha (Westside), NE	14:51.6	2016
Drew Bosley	Mequon, WI	14:53.54	2017
Seth Eliason	Hopkins, MN	14:54.1	2016
Alex Miley	Maple Grove, MN	14:54.1	2016