

**16th ANNUAL CATOCTIN YOUTH CROSS COUNTRY MEET
SUNDAY SEPTEMBER 24, 2023 (Rain or shine!)**

Meet Director: Kimberly Quick 240-405-4809

Location: Catoctin High School
14745 Sabillasville Road
Thurmont, MD 21788



AGE AS OF DECEMBER 31, 2023 (NOT RACE DAY AGE)

Entrance Fee: \$10 per Athlete - Register on Athletic.net

Awards: Trophy for First Place each race & gender; Medals for 2nd & 3rd;
Ribbons for 4th thru 25

SCHEDULE: 11:30 am - 12:45 pm..... Open Course Walks

ORDER OF RACES

6 & Under	1:00 PM (G&B)	1K (0.62 mile)
7 & 8	1:30 PM (G&B)	2K (1.24 mile)
9 & 10	2:00 PM (G) 2:30 PM (B)	3K (1.86 mile)
11 & 12	3:00 PM (G) 3:30 PM (B)	3K (1.86 mile)
13 & 14+HS	4:00 PM (G&B)	4K (2.48 mile)

1K, 2K and 4K genders will be combined. 3K will be girls first, and then boys, for both sets of the 3K. High schoolers will run with the 4K runners.

Restrooms will be available.

Concessions will be served, including pizza, assorted drinks and candies!

Course maps will be available on Athletic.net, emailed and posted at race event.

No pacing by parents except kids 6 & under.