



**MKS Youth Cross Country Meet
Middletown Community Park
Sunday, October 15, 2023**

LOCATION: Middletown Community Park, 7628 Coblenz Road, Middletown, MD 21769

MEET DIRECTOR: Rachel Wood (Middletownknightstriders21@gmail.com)

ELIGIBILITY: Youth races are open to athletes aged 4 to 18 years old (by 12/31/2023). Unattached athletes are welcome.

AGE GROUPS: Athletes' age groups are determined by the age they will be on December 31, 2023.

- 6 and under —1K
- 7/8 year-olds —2K
- 9/10 year-olds —3K
- 11/12 year olds —3K
- 13/14 and 15/18 year-olds —4K

MEET REGISTRATION: Meet cost is \$10 per athlete and registration must be done on Athletic.net by **Thursday, October 12 at 11:59 pm**. THERE WILL BE NO SAME DAY REGISTRATION.

PACKET PICK UP: Bib packets can be picked up from the Bullseye Running timing table at the finish line.

AWARDS: Awards will be distributed to the top 20 runners in each age/gender division. The winner for each age/gender group will receive a trophy, 2nd and 3rd place will receive medals, and 4-20 will receive ribbons. They will be available for pick up at the awards table near the finish line once the race is marked official.

CONCESSIONS: Bear's Shaved Ice will sell snow cones during the race. Water will be available at the finish line for athletes only.

PARKING: Please do not park in the small lot near the Finish Line, along the park road, or on any field. You will be towed! Please use the lots near the pavilions and bathrooms. Overflow parking is available at the top of the park near Middletown High School.

TENTS and BATHROOMS: Spectators and teams are encouraged to set up tents in the open fields between the parking lot and the finish line. Bathrooms are located in the building near the closest parking lot.

COURSES: Course maps are linked [HERE](#). There are no formal course walks but athletes, parents, and coaches are welcome to come early to do a self-guided walk. Courses will be open at 11 am. The course will be well marked with paint, flags, and directional signs. There will be rabbits for the 6+U, 7-8, and 9-10 races.

MEET SCHEDULE: Note approximate race times below-please be early. If the meet is running late, the next race will start immediately after the previous one ends.

1 pm: 6 & U Boys/Girls together

1:15 pm: 7/8 Boys/Girls together

1:45 pm: 9/10 Boys

2:15 pm: 9/10 Girls

2:45 pm: 11/12 Boys

3:15 pm: 11/12 Girls

3:45 pm: 13/14 and 15/18 Boys/Girls together*

** 13/14 and 15/18 will be scored separately*

Parents may run with athletes in the 6 and under race. No parents or athletes are allowed to pace or run with athletes aged 7 and above.

RESULTS: Live results will be posted at Bullseye.tf

