

4th Annual Michigan Meet of Champions By MITCA!

Shepherd HS Cross Country Course (located at Shepherd HS
321 South Fourth Street
Shepherd, Michigan

Meet Manager:

Dave Lustig – DLProTiming@gmail.com

Registration: \$20 per runner. Custom Beanie included with registration. Register on Athletic.net OR RunSignUp:

<https://www.athletic.net/CrossCountry/meet/231006/info>
<https://runsignup.com/Race/MI/Shepherd/TeamMichigan>

Registration Deadline: Monday, November 6th @ 8pm

Awards: Top 30 in each race medal! Medals given in the chute

Elite Team Winners: Cool gifts!

Live Stream – freetracklive.com

Spectator Parking & Admission: Parking available at Shepherd HS \$5 admission fee for spectators

Apparel Sales: Moneyball will be selling custom event apparel on site

DRAFT ORDER & LIVE SELECTION SHOW!

SUNDAY, NOVEMBER 5TH @ 8PM - This will determine the draft order for our sponsors

TUESDAY, NOVEMBER 7TH @ 8PM - ELITE TEAM LIVE DRAFT!

Once registration closes, the top 140 runners will be announced and then our fourteen awesome sponsors will have a LIVE Draft in which teams will be filled. We encourage participation in the live draft with potential athlete interviews, draft parties, etc!

RACE DAY SCHEDULE

11:00AM - Course preview and packet pickup

ELITE TEAM RACES - GIRLS 1PM, BOYS 2:05PM

The Top 140* boys/girls registered will be drafted LIVE by our sponsors and will compete on one of 11 teams. Each runner will receive a jersey to wear for competition.

*Top 140 will be determined by 2023 cross country performances and by meet management rankings and will be posted before draft night

ELITE OPEN RACES - GIRLS 1:35PM, BOYS 2:40PM

Total number of runners will be based on registration totals. 70 runners P/gender will be selected to wear sponsor jerseys.

ALL-COMERS OPEN RACES - GIRLS 3:10PM, BOYS 3:40PM

70 runners will be selected to win sponsor swag!

