



2023 USATF Region 10 JO Cross Country Championships

Saturday, November 18, 2023
East Side Sports Complex
14380 Montwood, Paso TX 79938

MEET SCHEDULE

Divisions	Distance and Course Maps	Time
8 & under (born 2015+)	2 km course map tba	9:00 a.m. - Girls 9:30 a.m. - Boys
9-10 (born 2013-2014)	3 km course map tba	10:00 a.m. - Girls 10:30 a.m. - Boys
11-12 (born 2011-2012)	3 km course map tba	11:00 a.m. - Girls 11:30 a.m. - Boys
13-14 (born 2009-2010)	4 km course map tba	12:00 p.m. - Girls 12:30 p.m. - Boys
15-16 (born 2007–2008) 17-18 (born 2005-2006)	5 km course map tba	1:00 p.m. - Girls & Boys

ELIGIBILITY REQUIREMENTS: Athletes must qualify by competing in their association championships.

Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any event.

Teams: Only registered USATF member clubs may enter as a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional, or National Championships Visit www.usatf.org/membership.

ENTRY PROCESS: Individual Entries: \$15 per athlete. Club Administrators and Unattached Athletes should register online at **Athletic.net** by **November 14th** at **11:59 pm MST**. **Late entries will not be allowed.** Online registration opens **November 6th**. Pre-authorization of a credit card will be required for team entries and unattached entries will require immediate payment. Accuracy of data entered is the responsibility of each club and/or athlete. Please verify team and athlete data within Athletic.net for accuracy prior to submitting entries.

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

TECHNICAL MEETING: Friday, Nov. 17, 2023, 6:30 pm
Pebble Hills High School Library
14400 Pebble Hills Blvd.
El Paso, TX 79938

PACKET PICKUP: Friday, Nov. 17, 6:00pm to 8:00pm Saturday, Nov. 18, 7:00am to 12:00pm
Pebble Hills High School Library Eastside Sports Complex
14400 Pebble Hills Blvd.
El Paso, TX 79938

COURSE PREVIEW: Friday, Nov 17, 3:00pm to 5:00pm
Eastside Sports Complex

EVENT CHECK-IN: Athletes must check in at the designated check-in area 20 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated area behind the start line after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$10. Bib numbers will be distributed to athletes.

AWARDS: USATF Junior Olympic medals will be awarded to the top 30 individuals in each age division. Medal will be awarded to the top Three Teams in each age group. Awards will be presented within 30 minutes upon the posting of results. Awards will be held in the pavilion located at the park.

TEAM SCORING: 8 athletes on a team in each division, online entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

EVENT RESULTS: During competition, event results will be posted **at the awards table, located in the pavilion**. In addition, event results will be posted at **www.elpasoathletics.com during the meet**.

PROTESTS: There will be a \$100 fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

ADVANCEMENTS Top 30 in each age division will advance to the USATF National Championships to be held in Louisville, Kentucky on December 9, 2023.

RULES – CONDUCT & FACILITY: We ask all spectators, coaches and athletes conduct themselves in accordance with USATF standards of conduct. Unruly behavior or disruption of competition will not be tolerated. No Pets allowed at the facility. All issues may be brought by any head coach to Youth Chair appropriately. We ask all teams to clean up after themselves and bring extra trash bags to help with the maintenance of this facility. **Team tents shall be kept to a designated area and stakes shall not be used. Weights are highly recommended.**

DIRECTIONS & PARKING: The park includes a large parking lot, overflow parking will be street parking.

CONTACT:

Herman M Duncan (Border Association Youth Chair)

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LODGING

TBA.

For guidance, there are several hotels on Loop 375 and more on the East side of El Paso, the I-10 corridor, and near the El Paso International Airport.

The El Paso International Airport is 13 miles from the event (less than 30 minute drive).