



2024 USATF

Southern California Association

Junior Olympic Cross Country Championships

Sunday, November 10, 2024
MT SAC 1100 N Grand Ave, Walnut, CA 91789

AGE DIVISION	RACE DISTANCE	NOTES
8 & Under (born 2016+)	2km (1.24 miles)	<ul style="list-style-type: none">Age is determined as of 12/31/2024Runners aged 6 and under may compete at this association championships and at regionals if they qualifyRunners must turn the age of 7 by 12/31/2024 to move onto the national championships from regionals
9 & 10 (born 2014-2015)	3 km (1.86 miles)	
11 & 12 (born 2012-2013)	3 km (1.86 miles)	
13 & 14 (born 2010 –2011)	4 km (2.48 miles)	
15 & 18 (born 2006–2009)	5 km (3.1 miles)	

MEET DIRECTOR: Ryan Yohn

- **Cell:** (714) 357 – 2253
- **E-mail:** youthxc@scausatf.org

MEET SCHEDULE: Race times may start later, but **NOT** earlier than listed below.

RACES	DIVISIONS	START TIME
Self-Guided CW	All	7:30
1	8U GIRLS	8:30
2	8U BOYS	8:50
3	9/10 GIRLS	9:10
4	9/10 BOYS	9:35
5	11/12 GIRLS	10:00
6	11/12 BOYS	10:25
7	13/14 GIRLS	10:50
8	13/14 BOYS	11:15
9	15/18 GIRLS	11:40
10	15/18 BOYS	12:10

PARKING DIRECTIONS: \$10 Cash. Parking is available in the parking structure near the track stadium on Bonita Drive.

COURSE DESCRIPTION: The course is mostly dirt with a large section of cement and will include several hills depending on the race distance.

PREREQUISITES: No preliminary races are needed to qualify for this meet.

ELIGIBILITY REQUIREMENTS:

- A) **Individuals:** Current USATF membership is required to compete. Proof of Birth is required and must be submitted prior to registration and participation via the National office. Please have your athlete **age verified** well in advance of the registration deadline as the office gets extremely busy with last minute requests.
- B) **Teams:** Only current registered USATF member clubs in good standing may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registration. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

REGISTRATION ENTRY FEES & DEADLINES:

- Entry Fee: \$10 per athlete. There is no team fee.
- **Register online at <https://www.athletic.net/CrossCountry/meet/248711/register>**
 - OPENS on October 20, 2024
 - **CLOSES** on November 6, 2024 at 11:59pm. **Late entries will NOT be allowed.** Athletes not registered by this time will not compete in the meet. Please do not wait until the last minute as there can be several time consuming and technically challenging steps.
 - Fees must be paid online by the close of registration.
- Club Administrators and Unattached Athletes should register online as stated above. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry.

DIVISION TEAM ENTRIES and SCORING:

- A team consists of 5 to 8 runners in a division. The top 5 finishers of that team will score.
- When entering your team into the athletic.net, you must declare which athletes are on your scoring team (A, B, C, etc.).
- Clubs may submit changes to their scoring teams no later than 7:30 a.m. on the morning of the meet.

IN THE EVENT of a TIE BETWEEN TWO OR MORE TEAMS: Ties between two or more teams shall be resolved in favor of the team whose last scoring member finishes nearer to first place

ADVANCEMENTS TO REGIONALS:

- Top **30** individuals and top **5** teams in each age group will advance to the Region 15 Championships.
- Age groups 15-16 and 17-18 will be combined in team scoring only; the top 5 teams will advance.
- The Region 15 Championships will be held on **Sunday November 17, 2024** at Central Park in Santa Clarita. Information regarding the Region 15 championships can be found on <https://www.athletic.net/CrossCountry/meet/248712/info>

HIGH SCHOOL WAIVERS:

- Athletes that run in CIF SS Prelims on 11/15 - 11/16 may request a waiver to advance directly to the Region 15 Championships on 11/17. **Request for this waiver must be emailed to Ryan Yohn at youthxc@scausatf.org by Monday, November 4, 2024**
- For those high school athletes qualifying to CIF SS Finals (11/23), we are confirming if they can be waived through to nationals. At the moment of this flyer, we don't have clarity on this matter. See calendar below -

CHAMPIONSHIP CALENDAR

- USATF SCA XC Championships: 11/10
- CIF SS Prelims: 11/15 – 11/16
- USATF Region 15 Championships: 11/17
- CIF SS Finals: 11/23

IMPORTANT MESSAGE for PARENTS and COACHES:

- After the course walk, spectators (including parents and coaches) will respect the portions of the course coned off for ONLY the COMPETITORS.
- You **cannot** pace athletes or spray water on them during the race.
- Any interference with the start line and finish line officials will result in an ejection from the meet
- If you have a grievance, please give it in writing to the results table and they will forward it on to the proper meet management personnel.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes at the registration table on the day of the meet. *Please do not pin the bottom of the bibs so they can be easily torn off in the chute.*

EVENT RESULTS: During competition, event results will be posted at the results table within 15 minutes of the race. In addition, event results will be posted at the **www.scausatf.org** website within 3 days of the meet.

AWARDS: USATF Junior Olympic ribbons and medals will be awarded to the top 15 individuals in each age division. Team championship awards will be given to the top 3 teams in each division. The 15/18 division will NOT be given team awards.

CHAMPIONSHIP GEAR: T-Shirts and Sweatshirts will be sold at the meet.

SITE CLEANLINESS: Please assist us in policing your own area for trash! It takes all of us to keep the facilities willing to allow us to return year after year. Your cooperation will keep us from having to start charging a clean-up fee in the future.

NOTE: NO DOGS ARE PERMITTED AT THIS MEET

THIS MEET IS USATF SANCTIONED