



**2026 Cross Country State Championship Tournament Guide
Junior High**

Schedule, Rules, Regulations, Instructions

CAA State Tournament Coordinator

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Cross Country Race Schedule

2026 CAA Cross Country Championships Tournament Guide

Site:

Freestone Park
1045 E Juniper Avenue
Gilbert, AZ 85234

Course Distance: 2 Miles

Saturday, October 17, 2026
Junior High Race Day Schedule

Division I

- 8:00 A.M. Packet pick-up
- 8:45 A.M. National Anthem
- 8:50 A.M. Boys Race
- 9:20 A.M. Girls Race
- 9:40 A.M. Awards Ceremony

Division II

- 9:00 A.M. Packet pick-up
- 9:45 A.M. National Anthem
- 9:50 A.M. Boys Race
- 10:20 A.M. Girls Race
- 10:40 A.M. Awards Ceremony

Division III

- 10:00 A.M. Packet pick-up
- 10:45 A.M. National Anthem
- 10:50 A.M. Boys Race
- 11:20 A.M. Girls Race
- 11:40 A.M. Awards Ceremony

*All times are approximate and subject to change; BE READY FOR YOUR RACE!

Rules

Rules are those of the current edition of the National Federation Track and Field/ Cross Country Rules and Records, CAA Constitution and Bylaws, and these tournament instructions.

General Instructions

- Certified Athletic Trainers will be on-site; however, each school will be responsible for the taping/wrapping of their own athletes, including the needed supplies.
- The ATC's will be near the Finish Line area.
- Water will be available at the meet site; however, it is beneficial to bring your own.
- Runner bibs are preassigned; athletes are required to finish their race with the bib assigned specifically to them. Athletes finishing in an incorrect bib will be disqualified.
- If a participant requires medical attention, the parent/guardian/coach will be notified by the tournament staff to meet in the medical area. Under no circumstances is a parent or coach to enter the restricted area unless requested, which includes the following areas: scoring, finish line, and chute.

Registration Instructions

Coaches are responsible for registering their athletes in athletic.net. Registration in Athletic.net will close at 8:00 p.m. on Tuesday, October 13th. Athletes not registered by the deadline will not compete at the State Championship Meet.

Athlete Qualifications

- Each school may enter a maximum of ten (10) eligible athletes per team.
- An athlete is considered eligible if (s)he has:
 - Competed in at least 3 CAA-approved* meets during the regular season.

*CAA-approved meets are listed on the CAA Cross Country calendar unless otherwise noted.

Trophies/Medals

Team Awards- First, Second, and Third place team trophies.
Individual medals will be awarded to the top 15 finishers in each race.

Souvenirs

TBA is the official supplier for CAA Programs and Souvenirs.

Chip Timing will be provided by:



State Championship Bib Instructions

Inspect your Team Packet

- Confirm you have the correct team roster and the matching bibs
- If you notice anything missing/incorrect, please notify meet management before you leave the pick-up area

Distribute your bibs to your competing athletes

- All competing athletes **MUST** wear their assigned Bib as listed on your Team Roster
- Athletes who are not registered should not use someone else's bib. Failure to follow these instructions will result in disqualification.

Properly attach the bibs for each athlete (see picture)

- Race bibs should be placed upright on the torso, between the chest and stomach
- Be sure each athlete uses 4 safety pins to securely affix their bib
- **DO NOT FOLD OR DAMAGE BIBS**

Race Bibs – Post Event

- Athletes may keep their race bibs as a souvenir or discard them.

