



2nd Annual Haystack Tune-Up Oct 24, 2026

Hayward High School – 2026 NCS Championships Site: Course will be the same at the Championships.

Coaches,

Welcome to the Haystack Tune-up. The last opportunity to run on our championship course before league and section championships. Teams will be separated by CIF Divisions, Large Schools will be CIF State Divisions 1-3, Small Schools will be Divisions 4-5. FROSH/SOPH & JUNIOR VARSITY GIRLS will be ALL divisions in the middle of schedule. All races will be on a 3 Mile course.

ENTRY PROCESS

- All entries will be done on www.athletic.net
- Entries will close on Wednesday, October 21, 2026 at 8:00pm

Go to athlete.net, create your account and password (if you don't already have one), add our meet to your schedule, and enter your team. Please email Coach Ben Fano (bf817@husd.us) with any questions or concerns

COURSE MAPS

[3 Mile Map](#) (Google Earth) [Temporary Map](#)

SCHEDULE OF EVENTS

Time	Race Division	Number of Entries
8:30 AM	Large School Varsity Girls	10
9:00 AM	Large School Varsity Boys	10

9:25 AM	Large School Frosh/Soph Boys	unlimited
9:55 AM	Large School Junior Varsity Boys	unlimited
10:25 AM	Frosh Soph Girls	unlimited
10:55 AM	Junior Varsity Girls	unlimited
11:25 AM	Small School Varsity Girls	10
11:55 AM	Small School Varsity Boys	10
12:20 PM	Small School Frosh/Soph Boys	unlimited
12:50 PM	Small School Junior Varsity Boys	unlimited

ENTRY FEES

- \$15 an individual, \$700MAX per school
- Checks should be made out to **Hayward High School**, please place Haystack tune up meet 2026 in memo
- Please mail to Benjamin Fano, Head Coach XC/TF 1633 East Ave, Hayward, CA 94541
- Payments need to be mailed in prior to Oct 17th or brought on the day of the invitational
- [School W9](#)

CHIPS

- We will be using disposable chips and athletes can keep them at the conclusion of the race..

AWARDS

- Top 30 individuals in all races will receive a medal.

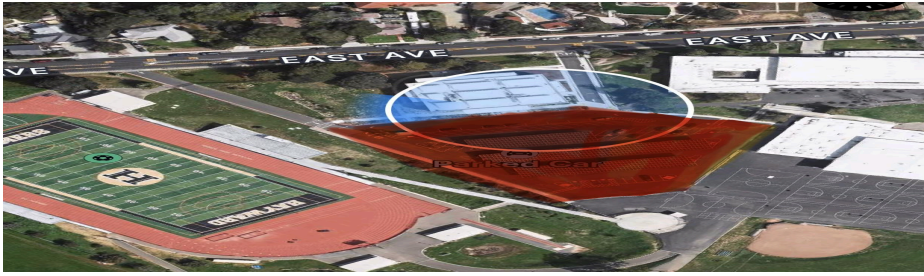
Results will be posted after race near restrooms and finish line; also available at www.athletic.net

TRAINER/FACILITIES

- There will be a trainer available on site
- Locker Room will not be available for dressing/showers
- Restrooms will be available In E hall, A hall, Stadium, and portable potties.

VIP PARKING

- We will be charging \$10 to park at our usual student lot marked in the red.
- This includes Coaches and athletes who drive as well.
- Loading zone will be at the front of the school on east avenue. This includes buses, tent drop offs, etc.
- Free parking is offered on East avenue and Second street.
- Handicap parking is limited but will be free.



SPECIAL FEATURES NOT TO BE MISSED:

- Breakfast burritos, tacos, drinks, etc. provided by HHS Girls Basketball Team
- Haystack Tune up T-shirts will be available for purchase
- Coaches Hospitality Room