

2025

Week 3

Class B Boys:

- Bowman County
- New Town
- Kindred Hillsboro/Central Valley
- Shiloh Christian

Individuals

- Jonah Njos Bowman County
- Owen Johnson Northern Cass
- Gabe Sarsland Bowman County
- Warner Bowman Bowman County
- Aiden Thurber Ellendale
- Thomas Bowman Bowman County Cole Bucholtz - Shiloh Christian
- Lukas Spotted Bear New Town
- Niko Zink Hillsboro/Central Valley
- 10 Elija Deck Kindred

Class B Girls:

- Hillsboro/Central Valley
- Bowman County
- Rugby
- Killdeer

Individuals

- Claire Grinde Hillsboro/Central Valley
- Brynn Hanson Des Lacs Burlington/Lewis &
- Jordyn Honeyman Bowman County
- Summer Olson Killdeer
- Caroline Anderson Hillsboro/Central Valley
- Hannah Senechal -Rugby
- Ericka Berg Bowman County
- Azlynn Johnson Hillsboro/Central Valley
- Kate Martinez Killdeer
- Addie Miller Killdeer

Mens Results

5,000 Meters Varsity

Official Team Scores

- 2. Dickinson 3. Killdeer
- 4. Glen Ullin/Hebron 114 5. Dawson County 115
- 1. 12 Jonah Njos 15:55.80 Bowman County 2. 11 Warner Bowman 16:08.40 Bowman County 3. 12 Jaxon Rolle 16:40.60 Glen Ullin/Hebron

17:06.60 Bowman County

17:15.80 Bowman County

17:28.50 Bowman County

17:39.80 Richardton-Taylor

17:19 60 Dickinson

17:19.60 Dickinson

17:41.80 Dickinson

- 4. 11 Thomas Bowman 11 Gabe Sarsland
- 6. 11 Kaleb Binstock 7. 12 Gabriel Ricks
- 8. 12 Trevor Dalley
- 9. 11 Tracy Aune 10, 11 Wyett Jangula

Womens Results 5,000 Meters Varsity

Official Team Scores

- 2. Killdeer 3. Dickinson
- 4. Dawson County 69 5. Baker
- 1. 8 Summer Olson 19:20.90 Killdeer
- 19:38.70 Bowman County 2. 10 Jordyn Honeyman 19:38.80 Bowman County 3. 10 Anna Sarsland
- 4. 10 Hannah McCormick 19:56.00 Dawson County
- 20:05.30 Bowman County 8 Ericka Berg 9 Jaylee Fischer 20:30.10 Bowman County
- 12 Addie Miller 20:30.70 Killdeer 12 Leila Gregoire 20:31.40 Dickinson
 - 11 Abby Praus 20:32.10 Dickinson

CHALLENGE

KNOW WHEN TO GIVE & GET HELP! BE A GREAT TEAMMATE!



Sweetwater Golf Course and Meet Workers: Jen Jahner, Pam Fisher, Judy Sparks!!! Your help allows us to run a GREAT meet!

Next Up: Beulah Invite

Date: 9/5/25 **Time: 11:00am CT**

Bus Loads at 6:00am, Leaves at 6:15am

-- Meet Info --



Athlete of the Week: Jonah Njos

Congrats on a great start to the season. Your first two races were dominating! I am so proud of you, and an thrilled with not only the work you put in, but also the style with which you are running. Your composure, focus, and execution have been amazing!! Keep it up!



Athlete of the Week: Elsie Allerdings

What a great race!! I am so proud of the work you have been putting in, and it is showing in your racing! The grit you showed from the gun, throughout your race this week as awesome. I love that you took the race head on and didn't let it come to you! Keep up the great work!!

