

Enjoy mental health care at your fingertips.

Get affordable, high-quality mental health care designed with you in mind.

At Antidote Health, we believe mental health is as important as physical health. Many people put their mental health last on their "to do" list, but delaying care could make issues worse and impact your overall health.

With our health plans, anytime see you an Antidote Virtual Provider, including for mental health services, you'll pay a \$0 copay.*

Our Antidote Virtual Providers can offer treatment for:

- ✓ Major Depressive Disorder (MDD Depression)
- ✓ Generalized Anxiety Disorder (GAD)
- ✓ Panic Disorder (including Panic Attacks)
- ✓ Social Anxiety Disorder
- ✓ Post Traumatic Stress Disorder (PTSD)
- ✓ Obsessive Compulsive Disorder (OCD)
- ✓ Insomnia Disorder

We approach mental health care with Enhanced Evidence-Based Care (EEBC). Unlike a physical condition that can be measured by blood tests to check your status, mental health requires more than a test or scan. Our Antidote Virtual Providers leverage the EEBC method, which means they track and measure progress throughout the treatment process. We do this through questionnaires before your first appointment and throughout the treatment process.

Did you know?

Clinical research has repeatedly found the EEBC method to be up to twice as effective as usual care. Every board-certified mental health doctor you will see through Antidote uses this EEBC method.

Time to get a health plan on your terms. Contact your broker to enroll today:

Broker Info

\$0 copay is applicable for select generic drugs that are featured on the \$0 Core Drug List and the \$0 Advanced Drug List. \$0 copays are available on certain chronic condition drugs with the \$0 Advanced Drug List. Some \$0 copay medications may need to be prescribed by an Antidote provider to qualify. Please see the appropriate drug list for the most up to date information and pricing.

Plans are offered or insured by Antidote Health Plan of Arizona, Inc. and Antidote Health Plan of Ohio, Inc.

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