



Get more than just \$0 Virtual Care.

Quality care at your fingertips.

Telehealth. Virtual Care. Call it what you want, but it's the way to help you get the care you need when and how you want it.

And we're experts at delivering great virtual care experiences. Antidote Health started as a virtual care provider with services designed for everyone. Now, we've integrated that capability into each of our Antidote health insurance plans.

With an Antidote Health Plan, you'll be assigned an Antidote Virtual Primary Care Provider (PCP). This caring, experienced and board-certified clinician can be your first stop for your health care needs. You'll enjoy a \$0 copay for every visit.* Unlike other health plans, you're not just seeing any virtual provider, you're seeing YOUR Antidote virtual PCP. This person will get to know you and your health.

Benefits to our virtual care

- ✓ Easy to schedule appointments
- ✓ Available day or night from wherever you are with our Antidote App
- ✓ \$0 copay for visits with an Antidote Health provider*
- ✓ \$0 copay for in-person PCP visits and discounted specialist visits when referred by your Antidote Health provider**
- ✓ Your Antidote Health provider can share visit summaries with your other providers

Time to get a health plan on your terms. Contact your broker to enroll today:

Broker Info

*\$0 virtual care benefit applies only to virtual care visits with an Antidote Health clinician. Antidote's Telehealth Providers are available in AZ, CA, CO, DC, FL, GA, IL, MD, MA, MI, MO, NJ, NY, NC, OH, PA, TX, UT, VA, WA and WI. Prescriptions, visits, and services may be limited at provider discretion or under terms of the plan.

** \$0 copay for PCP visits, regardless of Tier-1 or Tier-2 designation, applies when referred by an Antidote Health clinician. Otherwise, the standard copay for a PCP visit for that plan is applicable. PCP Referrals may have limitations. Specialist referrals are discounted per Tier designation. See plan details for more information.

Plans are offered or insured by Antidote Health Plan of Arizona, Inc. and Antidote Health Plan of Ohio, Inc.

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For Primary Care, Medical or Urgent Care concerns, our providers can diagnose, treat and prescribe for many minor medical conditions, such as:

- Acid reflux
- Asthma and allergies
- Bronchitis
- Cold sores
- Constipation
- Coughs, colds, sore throat
- COVID symptoms
- Earaches and infections
- Flu-like symptoms
- Headaches and migraines
- High blood pressure
- Itchy or sore throat
- Muscle sprains and strains
- Nausea/vomiting/diarrhea
- Pinworms
- Poison ivy, oak or sumac
- Respiratory infections
- Skin infections and rashes
- Sinus infections
- Tick bites
- Urinary tract and yeast infections

For Mental Health concerns, our licensed providers can provide support, prescribe and more for issues such as:

- Major Depressive Disorder (MDD Depression)
- Generalized Anxiety Disorder (GAD)
- Panic Disorder (including panic attacks)
- Social Anxiety Disorder
- Post-Traumatic Stress Disorder (PTSD)
- Obsessive Compulsive Disorder (OCD)
- Insomnia Disorder

For Chronic Condition management, our providers specialize in hypertension and diabetes care.

They offer customized treatment plans, medications and follow-ups. For those with diabetes, our providers will also monitor blood sugar levels.

For more information, contact your broker or visit: antidotehealth.com

