

Week at a Glance

2020 October 4 - November 7

Week 4

	SUNDAY, 10/25/2020	MONDAY, 10/26/2020	TUESDAY, 10/27/2020	WEDNESDAY, 10/28/2020	THURSDAY, 10/29/2020	FRIDAY, 10/30/2020	SATURDAY, 10/31/2020
Breakfast 7:30 AM	<p>Blueberry Pancakes Breakfast Meat of Choice Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Resident's Choice of Egg Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>	<p>Spinach, Bacon and Mushroom Quiche Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>	<p>Belgian Waffle Breakfast Meat of Choice Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Resident's Choice of Egg Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>	<p>Corned Beef Hash Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>	<p>Scrambled Egg and Ham Casserole Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Resident's Choice of Egg Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>	<p>Texas Slice French Toast Breakfast Meat of Choice Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Resident's Choice of Egg Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>	<p>Hash Browns Au Gratin Resident's Choice of Egg Fresh Seasonal Fruit Hot or Cold Cereal</p> <p><i>Breakfast Meat of Choice Breakfast Potatoes Toast, Muffin or Pastry</i></p> <p>Choice of Juice Milk Coffee / Tea / Decaf</p>
Lunch 11:30 PM	<p>Soup du Jour Tossed Greens with Grapes and Cottage Cheese</p> <p>Apricot Glazed Turkey Breast Bread Stuffing Peas and Carrots Choice of Bread & Butter or Margarine</p> <p><i>Meatloaf Buttermilk Mashed Potatoes Roasted Cauliflower</i></p> <p>Pound Cake with Fruit Topping Choice of Beverage</p>	<p>Soup du Jour Apple Cranberry Salad</p> <p>Spiral Baked Ham Candied Yams Brussels Sprouts with Water Chestnuts Choice of Bread & Butter or Margarine</p> <p><i>Princess Chicken and Mushroom Crepes Buttered Green Beans Choice of Bread & Butter or Margarine</i></p> <p>Boston Cream Pie Choice of Beverage</p>	<p>Soup du Jour Corn, Cucumber, and Lentil Salad</p> <p>Southern Fried Chicken Macaroni and Cheese Parmesan Zucchini Choice of Bread & Butter or Margarine</p> <p><i>Salisbury Steak Roasted Bok Choy Choice of Bread & Butter or Margarine</i></p> <p>Fresh Strawberry Shortcake Choice of Beverage</p>	<p>Soup du Jour Mushroom and Chickpea Salad</p> <p>Garlic and Peppercorn Roast Beef Roasted Fingerling Potatoes Baked Spaghetti Squash Choice of Bread & Butter or Margarine</p> <p><i>Baked Fish Florentine Broccoli Au Gratin</i></p> <p>Bread Pudding with Vanilla Sauce Choice of Beverage</p>	<p>Soup du Jour Salad Greens with Orange</p> <p>Grilled Pork Tenderloin with Maple Butter Parmesan Risotto Fresh Brussels Sprouts with Cranberries Choice of Bread & Butter or Margarine</p> <p><i>Salmon Wellington Caramelized Onion Mashed Potatoes Roasted Fresh Vegetables</i></p> <p>Chef's Cake of the Day Choice of Beverage</p>	<p>Soup du Jour Chopped Kale Salad</p> <p>Chicken Cacciatore Cauliflower and Potato Gratin Seasoned Fresh Spinach Choice of Bread & Butter or Margarine</p> <p><i>Braised Short Ribs Savory Polenta Choice of Bread & Butter or Margarine</i></p> <p>Fruit Crisp Choice of Beverage</p>	<p>Soup du Jour Beet and Apple Salad</p> <p>Rosemary Pot Roast Smashed Potatoes Honey Glazed Baby Carrots Choice of Bread & Butter or Margarine</p> <p><i>Coconut Shrimp with Sweet and Sour Sauce Red Pepper Rice Pilaf French Cut Green Beans Choice of Bread & Butter or Margarine</i></p> <p>Coffee Cake Choice of Beverage</p>
Evening 4:30 PM	<p>Italian Wedding Soup Salad of the Day</p> <p>Ravioli with Garlic Cream Sauce Carrot Raisin Salad Herb Bread</p> <p><i>Grilled Ham, Pineapple and Cheese Sandwich Choice of Bread & Butter or Margarine</i></p> <p>Lemon Meringue Pie Milk Coffee / Tea / Decaf</p>	<p>Mushroom Barley Soup Salad of the Day</p> <p>Smothered Steak with Onions Potatoes Anna Seasoned Fresh Broccoli Choice of Bread & Butter or Margarine</p> <p><i>Coconut Crispy Chicken Tenders Gingered Cabbage Salad Choice of Bread & Butter or Margarine</i></p> <p>Apple Pie Milk Coffee / Tea / Decaf</p>	<p>Tomato Bisque Salad of the Day</p> <p>Roast Beef and Bleu Sandwich Sweet Potatoes and Apples Braised Kale Choice of Bread & Butter or Margarine</p> <p><i>Shrimp and Crab Louis Pickle Spear Potato Salad</i></p> <p>Sorbet Milk Coffee / Tea / Decaf</p>	<p>Potato Cheese Soup Salad of the Day</p> <p>Herbed Mahi Mahi Rice Pilaf Buttered Zucchini Choice of Bread & Butter or Margarine</p> <p><i>Sweet and Sour Pork Caprese Salad Muffin & Butter or Margarine</i></p> <p>Assorted Ice Cream Milk Coffee / Tea / Decaf</p>	<p>California Cream Soup Salad of the Day</p> <p>Chili Con Carne Roasted Beet Salad Choice of Bread & Butter or Margarine</p> <p><i>California Chicken Salad with Dressing</i></p> <p>Creamy Rice Pudding Milk Coffee / Tea / Decaf</p>	<p>Straciatella Soup Salad of the Day</p> <p>Chicken Pot Pie Topped with Puff Pastry Choice of Bread & Butter or Margarine</p> <p><i>Baked Cheese Lasagna Caesar Salad Breadstick & Butter or Margarine</i></p> <p>Cream Puff Milk Coffee / Tea / Decaf</p>	<p>Bean and Pasta Soup Salad of the Day</p> <p>Oven Fried Fish and Chips Creamy Coleslaw Choice of Bread & Butter or Margarine</p> <p><i>Pastrami Reuben Sandwich Pico de Gallo Guacamole</i></p> <p>Lemon Angel Food Sponge Cake Milk Coffee / Tea / Decaf</p>
HS Snack 7:00pm	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice