assemblyguide





partslist





1) E-114 fork

2) AHB5000 Handlebar

- a. 2 pair carbon tri-bar extensions
- b. 2 aluminum inserts for tri-bar extensions
- c. 2 carbon armrests
- d. Package of 2 armrest pads
- e. 2 armrest bracket
- f. Armrest bracket spacers (8) (4x10mm, 4x5mm)
- g. aero-shaped spacers, to match frame size:
 - i. XS: 2 x10mm spacers, 1 x 25mm spacer
 - ii. S: 2 x 10mm spacers, 1 x 25mm spacer
 - iii. M: 2 x10mm spacers, 2 x 25mm spacers
 - iv. L: 2 x10mm spacers, 3 x 25mm spacers
- h. Tri-bar extensions adjustment bolts

4) Brakes

- a. 2 TRP RL970 brake levers
- b. 2 TRP T825 brake calipers, front and rear
- c. Tektro brake cable guides (90 degree angle for front brake, 110 degree angle for rear brake)
- d. 1 serrated washer (for front brake only)

5) Screws and bolts:

- a. 8 M5 25 mm bolts
- b. 8 M5 16mm bolts
- c. 8 M5 8mm bolts
- e. 2 M8 10mm setscrews for tri-bar extensions
- f. 1 fork-mounting bolt; length varies to match frame size:
 - i. XS and S: 1 M8 50mm and 1 M8 80mm fork mounting bolts
 - ii. M and L: 1 M8 80mm and 1 M8 130mm fork mounting bolts

6) ASP5000 seat post (not shown)

7) ONEness: XS & S: 65mm - M & L: 95mm (not shown)

1- AHB5000 handlebar assembly



- a. Select the tri-bar extensions to be used and insert them in the base bar, first placing the aluminum inserts in the tri-bar sockets on the base bar. The adjusting bolts (M8/10mm) are fitted underneath the base bar. Tighten bolts lightly, allowing enough play for adjustment.
- b. Once the extensions have been properly adjusted to the rider, tighten bolts to the recommended torque setting.

Recommended tightening torque: 4.5Nm



Recommended tightening torque: 3Nm





- d. Install carbon armrests to brackets. Tighten lightly, adjust position to suit rider and then tighten bolts to recommended torque setting.

 Recommended tightening torque: 2.5Nm
- e. Recommended tightening torque for the break levers and shifters: 6Nm.

Please note: we suggest you finalize your customer's position on his bicycle before cutting the cable housings of the brakes and derailleurs.



2- Installation and fitting of the ONEness.

- a. First install the lower crown race on the fork as you would do on a standard fork.
- b. Slide the lower bearing into bottom of headtube, using a small amount of grease
- c. Slide the fork into the headtube
- d. Put the top bearing into the top of headtube, using a small amout of grease.
- e. Slide the compression ring
- f. Slide the top cap. If it rubs against the frame, use the thin .25mm spacers to create a gap between the top cap and the splitted compression ring.
- g. Install the ONEness system (XS & S = 65mm, M & L = 95mm) on top of all the spacers.
- h. Slide the aluminum adaptor shim between the steertube and the stem clamp
- i. Install the longer fork mounting bolt (XS & S = 80mm, M & L = 130mm) and tighten it to the recommended torque of 5 Nm
- j. Tighten the two ONEness clamp bolts to the recommended torque of 6 Nm
- k. Install the handlebar assembly on the stem and adjust the angle by pivoting it on the serrated bed of the ONEness system.
- I. Once the proper angle is found, fasten the handlebar assembly to the ONEness system using the two bolts and the backing plate to the recommended torque of 7 Nm
- m. It is now time to fit the rider's height going through steps j. to l., using the shorter fork mounting bolt if necessary (XS & S = 50mm, M & L = 80mm).





- n. Install the flexible masking cap to hide the assembly bolts.
- o. The extensions can now be cut to the desired length. We recommend using a box mitre and a hacksaw with a 32-teeth/inch blade to ensure a clean, perpendicular cut.
- p. Determine the point along the steer tube where the fork is to be cut. Use a pointed tool to mark the spot.



q. Untighten fairing clamp bolts, remove the parts just installed and cut steer tube to proper length.

3 - Installing saddle and seatpost



- a. Saddle and seatpost are installed and adjusted in two steps: 1) Saddle angle is set by pivoting the cylindrical component on the carbon part of the post. We suggest pre-setting saddle angle before adjusting saddle setback. Once the angle has been set to suit the rider, remove the saddle and tighten the cylindrical component using a torque wrench. Make sure that both bolts have the same length (M6/20mm). The recommended torque for tightening the cylinder is 8Nm.
 - 2) Saddle setback is adjusted using the two bolts located on the cylinder, as with a standard seatpost.
- b. The seatpost is shipped full-length. It may be cut, but a minimum insertion length of 8cm must be kept. We recommend using a box mitre and a hacksaw with a 32 teeth/inch blade to ensure a clean, perpendicular cut.
- c. Recommended seatpost clamp tightening torque is 7Nm.

As with all carbon seatposts, use carbon fiber assembly compound in the seat tube.

Do not use grease.



