



JOHN McDONNELL INVITATIONAL

FRIDAY-SUNDAY, APRIL 21-23

Schedule of Events

FRIDAY EVENTS

Time	Event	Gender
12:00 p.m.	Hammer Throw	Men
1:30 p.m.	Hammer Throw	Women
3:00 p.m.	Discus Throw	Men
4:30 p.m.	Discus Throw	Women
6:00 p.m.	Javelin Throw	Men
6:00 p.m.	Triple Jump	Men
6:00 p.m.	Triple Jump	Women
7:30 p.m.	Javelin Throw	Women

SATURDAY RUNNING EVENTS

Time	Event	Gender
3:00 p.m.	<i>Fastest Kid In Fayetteville</i>	<i>Boys & Girls</i>
4:00 p.m.	4x100 Meter Relay	Women
4:10 p.m.	4x100 Meter Relay	Men
4:20 p.m.	3,000 Meter Steeplechase	Women
4:40 p.m.	3,000 Meter Steeplechase	Men
5:10 p.m.	400 Meters	Women
5:25 p.m.	400 Meters	Men
5:40 p.m.	100 Meters	Women
5:50 p.m.	100 Meters	Men
6:10 p.m.	100 Meter Hurdles	Women
6:25 p.m.	110 Meter Hurdles	Men
6:35 p.m.	200 Meters	Women
6:50 p.m.	200 Meters	Men
7:05 p.m.	400 Meter Hurdles	Women
7:15 p.m.	400 Meter Hurdles	Men
7:25 p.m.	800 Meters	Women
7:35 p.m.	800 Meters	Men
7:45 p.m.	1,500 Meters	Women
8:00 p.m.	1,500 Meters	Men
8:20 p.m.	4x400 Meter Relay	Women
8:30 p.m.	4x400 Meter Relay	Men
8:40 p.m.	3,000 Meters	Women

SATURDAY FIELD EVENTS

Time	Event	Gender
2:00 p.m.	Pole Vault	Men
4:45 p.m.	High Jump	Women
5:30 p.m.	Long Jump	Women
5:30 p.m.	Long Jump	Men
6:00 p.m.	Pole Vault	Women
6:30 p.m.	Shot Put	Women
7:00 p.m.	High Jump	Men
8:00 p.m.	Shot Put	Men

ARKANSAS / WISCONSIN DECATHLON CHALLENGE

Time	Event	Gender
Sat. 2:00 p.m.	Decathlon 100 Meters	Men
Sat. 2:40 p.m.	Decathlon Long Jump	Men
Sat. 3:30 p.m.	Decathlon Shot Put	Men
Sat. 4:20 p.m.	Decathlon High Jump	Men
Sat. 6:00 p.m.	Decathlon 400 Meters	Men

HEPTATHLON

Time	Event	Gender
Sat. 2:15 p.m.	Heptathlon 100m Hurdles	Women
Sat. 2:45 p.m.	Heptathlon High Jump	Women
Sat. 3:45 p.m.	Heptathlon Shot Put	Women
Sat. 5:00 p.m.	Heptathlon 200m	Women

ARKANSAS / WISCONSIN DECATHLON CHALLENGE

Time	Event	Gender
Sun. 10:00 a.m.	Decathlon 110 Meter Hurdles	Men
Sun. 10:35 a.m.	Decathlon Discus Throw	Men
Sun. 11:35 a.m.	Decathlon Pole Vault	Men
Sun. 1:35 p.m.	Decathlon Javelin Throw	Men
Sun. 2:35 p.m.	Decathlon 1,500 Meters	Men

HEPTATHLON

Time	Event	Gender
Sun. 11:15 a.m.	Heptathlon Long Jump	Women
Sun. 12:00 p.m.	Heptathlon Javelin	Women
Sun. 1:00 p.m.	Heptathlon 800m	Women