

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

MEET OFFICIALS**Meet Director:**

Ali Bahr

Timing:

Rhodes Race Timing

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RESULTS

#11 Women's 60 Meters

\$	JDL Fast Track	7.18	Barbara Pierre	Unattached	1/20/2013
!	College Facility	7.32	Danielle Williams	Johnson C Smith	3/15/2014
&	JDL DMR Invitational	7.31	Breana Norman	Unattached	2017

Finals

Pl	Name	Team	Time
1	Grant, Kiara	Norfolk State	& 7.31
2	Hall, Lauryn	North Carolina	7.62
3	Judd, Ani	Unattached	7.70
4	Littlejohn, Amber	Lee (Tenn.)	7.79
5	Williams, Kayla	Lee (Tenn.)	7.81
6	Blevins, Kristen	Lee (Tenn.)	7.82
7	Guess, Wynter	Unattached	7.89
8	Patillo, Nyesha	UNCW	8.06

Prelims

Pl	Name	Team	Time	H(Pl)
1	Grant, Kiara	Norfolk State	7.35Q	1(1)
2	Hall, Lauryn	North Carolina	7.65Q	3(1)
3	Judd, Ani	Unattached	7.73q	3(2)
4	Blevins, Kristen	Lee (Tenn.)	7.80q	1(2)
5	Littlejohn, Amber	Lee (Tenn.)	7.81Q	2(1)
6	Williams, Kayla	Lee (Tenn.)	7.83q	2(2)
7	Guess, Wynter	Unattached	7.88q	1(3)
8	Patillo, Nyesha	UNCW	7.92q	1(4)
9	Sidhu, Priyanka	William & Mary	7.99	2(3)
10	Bowman, Jahnae	UNCW	8.02	1(5)
11	Clemens, Sydney	Unattached	8.08	3(3)
12	McMillan, Sydni	Unattached	8.22	3(4)
13	Bartholomew, Tiffany	Pfeiffer	8.38	2(4)
14	Pitts, Zarea	Guilford	8.69	3(5)
15	Floyd-Beaty, Moranda	Pfeiffer	9.04	3(6)
16	Redlich, Marlene	Randolph	9.35	1(6)
17	Lassiter, Deanna	Guilford	11.30	2(5)
	Lee, Tyrika	Norfolk State	DNS	2

#17 Women's 200 Meters

\$	JDL Fast Track	23.80	Danielle Williams	Johnson C. Smith	3/15/2014
!	College Facility	23.80	Danielle Williams	Johnson C Smith	3/15/2014
&	JDL DMR Invitational	24.08	Anna Cockrell	Unattached	2016

Pl	Name	Team	Time	H(Pl)
1	Judd, Ani	Unattached	25.45	1(1)
2	Mallard, Aliyah	Clemson	25.50	7(1)
3	Littlejohn, Amber	Lee (Tenn.)	25.91	1(2)
4	Runge, Gabriel	William & Mary	25.93	2(1)
5	Patillo, Nyesha	UNCW	26.13	1(3)
6	Sheffield, Brynn	UNCW	26.17	3(1)
7	Hofferber, Grace	Wake Forest	26.21	2(2)

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RESULTS**#17 Women's 200 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
8	Hall, Kristin	North Carolina	26.50	2(3)
9	Valle, Emily	Bridgewater (Va.)	26.53	4(1)
10	Miles, Daijah	Louisburg College	26.88	4(2)
11	Wardy, Alice	Mary Baldwin University	27.07	3(2)
12	Smith, Destiny	UNCW	27.12	4(3)
13	Vannoy, Kaylee	UNCW	27.30	5(1)
14	Nickl, Alexis	Wake Forest	28.00	3(3)
15	Sheets, Jordan	Randolph	28.09	4(4)
16	Marshall, Natalie	Wake Forest	28.69	6(1)
17	Branch, Domonique	Louisburg College	28.95	5(2)
18	Holmes, Morgan	Mary Baldwin University	28.97	5(3)
19	Bartholomew, Tiffany	Pfeiffer	29.29	6(2)
20	Redding, Annagabriela	Unattached	29.67	5(4)
21	Lucas, Tionna	Louisburg College	30.39	7(2)
22	Chaffins, Meghan	Randolph	30.40	6(3)
23	Floyd-Beaty, Moranda	Pfeiffer	30.69	7(3)
	Grant, Kiara	Norfolk State	DNS	1
	Williams, Kayla	Lee (Tenn.)	DNS	2
	Blevins, Kristen	Lee (Tenn.)	DNS	3
	Penn, Jalil	Randolph	DNS	6
	Lassiter, Deanna	Guilford	DNS	7

#13 Women's 400 Meters

\$	JDL Fast Track	52.96	Kayla Davis	Unattached	1/26/2019
!	College Facility	53.90	Kayon Robinson	Adams State	3/15/2014
&	JDL DMR Invitational	55.21	Kiara Porter	Unattached	2016

Pl	Name	Team	Time	H(Pl)
1	Clarke, Kendra	Clemson	55.63	1(1)
2	Pride, Malika	Norfolk State	56.14	1(2)
3	Charles, Ericka	Unattached	57.46	1(3)
4	Warner, Lakeisha	Clemson	57.79	1(4)
5	Thomas, Markeeta	Clemson	57.83	2(1)
6	Runge, Gabriel	William & Mary	58.72	2(2)
7	Gordon, Beasley	Unattached	59.16	3(1)
8	Hofferber, Grace	Wake Forest	59.43	2(3)
9	Laws, Lydia	Unattached	1:00.32	4(1)
10	Belvin, Alion	Wake Forest	1:00.40	4(2)
11	Hall, Kristin	North Carolina	1:00.70	3(2)
12	Beeler, Mikayla	Lee (Tenn.)	1:00.98	2(4)
13	Christian, Courtney	UNCW	1:01.01	4(3)
14	Pyles, Brionne	Wake Forest	1:01.16	5(1)
15	Green, Crystal	Norfolk State	1:01.43	3(3)
16	Tucker, Jacques	UNC Pembroke	1:01.54	5(2)
17	Wardy, Alice	Mary Baldwin University	1:01.75	6(1)
18	Wester, Maddison	William & Mary	1:02.52	4(4)
19	Shronk, Morgan	UNCW	1:02.56	5(3)

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RESULTS**#13 Women's 400 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
20	Lagana, Sophia	Wake Forest	1:03.88	6(2)
21	Farwell, Aubrie	UNCW	1:04.27	6(3)
22	Baran, Carlen	Furman	1:04.97	5(4)
23	Holmes, Morgan	Mary Baldwin University	1:06.27	7(1)
	Morris, Gabrielle	UNCW	DNF	7
	Mcmillan, Sydni	Unattached	FS	3
	Hinz, Lesley	Unattached	DNS	7

#15 Women's 800 Meters

\$	JDL Fast Track	1:59.26	Ajee' Wilson	Adidas	2/2/2019
!	College Facility	2:03.31	Hanna Green	Virginia Tech	2/4/2017
&	JDL DMR Invitational	2:10.44	Kenyetta Iyevbele	Unattached	2016

Pl	Name	Team	Time	H(Pl)
1	Kuntz, Emma	Furman	& 2:09.80	1(1)
2	Gear, Kristlin	Furman	2:11.04	1(2)
3	Cooke, Cora	Unattached	2:15.51	1(3)
4	Schott, Lindsay	William & Mary	2:17.18	1(4)
5	Bowen, Rylee	Duke	2:19.75	1(5)
6	Lewin, Deirdre	William & Mary	2:21.64	1(6)
7	Jones, Taylor	William & Mary	2:22.15	1(7)
8	Hanna, Annie	UNCW	2:22.29	2(1)
9	O'Hara, Regan	Queens (N.C.)	2:22.30	2(2)
10	Gallagher, Emma	Wake Forest	2:23.19	2(3)
11	McGee, Josephine	UNC-Greensboro	2:23.49	2(4)
12	McCarten, Kelley	Elon	2:23.94	2(5)
13	Casey, Deirdre	William & Mary	2:23.95	2(6)
14	Higgins, Alycia	UNC-Greensboro	2:24.39	2(7)
15	Hirsberg, Ellen	Duke	2:30.39	2(8)
16	Rivenbark, Jordyn	Queens (N.C.)	2:31.19	3(1)
17	Pethers, Corey	UNC Pembroke	2:31.56	3(2)
18	Axe, Riley	UNC Pembroke	2:33.19	3(3)
19	Harris, Imperial	Louisburg College	2:33.43	3(4)
20	Badami, Samantha	UNC Pembroke	2:34.00	3(5)
21	Packer, Christa	Unattached	2:35.83	3(6)
22	Musgrove, Quinland	Mary Baldwin University	2:38.47	4(1)
23	Bernardo, Ananya	Guilford	2:39.72	4(2)
24	Thomas, Adanna	Louisburg College	2:43.51	4(3)
25	Jay-Bryner, Tayla	Mary Baldwin University	2:58.27	4(4)
26	Schaeffer, Haley	Queens (N.C.)	3:01.10	4(5)
27	Schriever, Erin	Randolph	3:15.85	4(6)
28	Fusetti, Cailen	Pfeiffer	3:33.40	4(7)
	Kasitz, Gillian	Queens (N.C.)	DNS	1
	Kraft, Madeline	North Carolina	DNS	1
	Duvall, Lacey	Lee (Tenn.)	DNS	3
	Irvine, Kendra	Lee (Tenn.)	DNS	3

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RESULTS**#19 Women's 1 Mile Run**

\$	JDL Fast Track	4:22.66	Shannon Rowbury	Nike Oregon Project	1/31/2015
!	College Facility	4:36.10	Grace Barnett	Clemson	2/18/2017
&	JDL DMR Invitational	4:36.10	Grace Barnett	Clemson	2017

Pl	Name	Team	Time	H(Pl)
1	Morris, Logan	Clemson	4:41.26	1(1)
2	Ilse, Morgan	North Carolina	4:42.52	1(2)
3	Bissah, Martha	Norfolk State	4:43.34	1(3)
4	Jackson , Hayley	West Virginia	4:43.49	1(4)
5	George, Sammy	Unattached	4:46.66	1(5)
6	Shaw, Savannah	NC State	4:47.27	1(6)
7	Cashin, Amy	Unattached	4:50.90	1(7)
8	Anastasakis, Melissa	Elon	4:53.04	1(8)
9	Duffie De Tassigny, Heloise	Flagler	4:53.47	1(9)
10	Grosenheider, Ave	Richmond	4:54.39	1(10)
11	Smith, Chelsea	Elon	4:55.31	2(1)
12	Boxall, Charlee	Lee (Tenn.)	4:56.81	2(2)
13	Holt, Heather	NC State	4:57.59	2(3)
14	LaTour, Sarah	NC State	4:58.30	2(4)
15	Geraniotis, Coralea	Elon	4:58.95	2(5)
16	Mills, Eryn	Richmond	5:00.22	2(6)
17	Zachgo, Julia	NC State	5:03.34	2(7)
18	Lanier, Lindsey	North Carolina	5:04.52	3(1)
19	Finikiotis, Lauren	William & Mary	5:04.73	2(8)
20	Preeo, Hannah	Elon	5:04.96	2(9)
21	Wolkenhauer, Hannah	Queens (N.C.)	5:07.25	1(11)
22	Noall, Lucie	Queens (N.C.)	5:09.02	2(10)
23	Howlett, Mariah	Unattached	5:11.24	2(11)
24	Kowalk, Charlotte	William & Mary	5:13.64	2(12)
25	Hall, Janay	NC State	5:13.70	3(2)
26	Lupica, Johanna	Richmond	5:13.97	3(3)
27	McGovern, Peyton	Richmond	5:15.23	2(13)
28	Wasko, Anna	William & Mary	5:15.44	3(4)
29	Smith, Ashley	North Carolina	5:16.09	3(5)
30	Garcia, Carina	William & Mary	5:16.43	3(6)
31	Gifford, Cate	Lee (Tenn.)	5:20.38	3(7)
32	Arellano, Allyson	Queens (N.C.)	5:21.83	2(14)
33	Moreno, Skylar	UNC Pembroke	5:25.29	3(8)
34	Dorry, Rita	Unattached	5:27.57	3(9)
35	Spencer, Kylie	Pfeiffer	5:29.83	3(10)
36	Heeley, Aleksa	Queens (N.C.)	5:31.61	3(11)
37	Petit, Camryn	North Carolina	5:32.62	3(12)
38	Irvine, Kendra	Lee (Tenn.)	5:33.24	3(13)
39	Euler, Hailey	Louisburg College	5:47.44	3(14)
40	Smithwick, Cameron	UNCW	5:59.05	3(15)
	Ramsey, Blair	North Carolina	DNF	3
	Edmundson, Erin	North Carolina	DNF	1
	McCarten, Kelley	Elon	DNS	2

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RESULTS**#9 Women's 3000 Meters**

\$	JDL Fast Track	8:56.52	Kerri Gallagher	Nike	1/30/2016
!	College Facility	9:01.26	Wesley Frazier	NC State	1/30/2016
&	JDL DMR Invitational	9:30.63	Erika Kemp	NC State	2018

Pl	Name	Team	Time	H(Pl)
1	Alcorta, Caroline	Villanova	& 9:15.07	1(1)
2	Cozzarelli, Andrea	Unattached	9:49.42	1(2)
3	Billings, Lindsay	Duke	9:55.80	1(3)
4	Strange, Jonna	Unattached	10:06.80	1(4)
5	Carpenter, Amy	Lee (Tenn.)	10:18.65	1(5)
6	Umbarger, Becca	Lee (Tenn.)	10:36.85	2(1)
7	Dorry, Rita	Unattached	10:37.81	1(6)
8	Koech, Fridah	Norfolk State	10:37.98	2(2)
9	Hernandez, Logan	Lee (Tenn.)	10:54.61	2(3)
10	Koech, Ashah	Norfolk State	10:55.99	2(4)
11	Samoei, Caroline	Norfolk State	10:56.61	2(5)
12	Durcova, Zuzka	Queens (N.C.)	10:57.92	2(6)
13	Byrd, Chloe	UNCW	10:59.02	2(7)
14	Ledgett, Julia	UNCW	11:07.40	2(8)
15	Terzotis, Sarah	UNCW	11:12.95	3(1)
16	Royer, Audrey	Lee (Tenn.)	11:18.65	3(2)
17	Hyde, Kiannah	Unattached	11:23.84	3(3)
18	Nerenberg, Rachel	Unattached	11:27.67	3(4)
19	McCann, Molly	UNC Pembroke	11:35.05	3(5)
20	Zealand, Maddie	Unattached	11:36.18	3(6)
21	Tonon, Julie	Unattached	11:45.94	3(7)
22	Frazier, Elese	Unattached	11:48.71	3(8)
23	Behrends, Leah	UNCW	11:55.16	2(9)
24	Iademarco, Gabriela	Queens (N.C.)	11:56.95	3(9)
	Bockoven, Sammy	Villanova	DNF	1

#1 Women's 5000 Meters

\$	JDL Fast Track	15:41.63	Elly Henes	NC State	12/2/2018
!	College Facility	15:41.63	Elly Henes	NC State	12/2/2018
&	JDL DMR Invitational	15:43.84	Elly Henes	NC State	2018

Pl	Name	Team	Time
1	Paxton, Olivia	William & Mary	17:12.04
	41.85 (41.85)	40.41 (1:22.26)	40.12 (2:02.37)
	40.00 (4:43.69)	41.50 (5:25.19)	40.84 (6:06.02)
	41.14 (8:51.15)	41.83 (9:32.98)	41.62 (10:14.60)
	42.42 (13:03.33)	42.31 (13:45.63)	42.56 (14:28.19)
	37.46 (17:12.04)	42.63 (15:10.82)	42.23 (15:53.04)
		41.55 (16:34.59)	
2	Scarpone, Jessy	SCAD Savannah	17:45.15
	42.43 (42.43)	40.99 (1:23.41)	41.34 (2:04.74)
	42.15 (4:54.14)	42.30 (5:36.44)	42.91 (6:19.34)
	43.19 (9:10.91)	43.19 (9:54.10)	43.23 (10:37.32)
	43.73 (13:30.88)	43.41 (14:14.28)	42.73 (14:57.00)
	39.78 (17:45.15)	43.21 (15:40.21)	43.14 (16:23.35)
		42.03 (17:05.37)	

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Pl	Name	Team					Time
3	Penkala, Lauren	Flagler					18:02.45
	42.07 (42.07)	40.44 (1:22.51)	40.12 (2:02.62)	40.47 (2:43.09)	40.45 (3:23.53)	40.46 (4:03.99)	
	39.97 (4:43.95)	41.65 (5:25.60)	40.76 (6:06.36)	41.68 (6:48.03)	42.69 (7:30.72)	43.64 (8:14.36)	
	43.75 (8:58.10)	44.44 (9:42.53)	45.15 (10:27.68)	44.93 (11:12.61)	45.84 (11:58.45)	45.66 (12:44.10)	
	45.40 (13:29.49)	45.65 (14:15.14)	46.32 (15:01.46)	46.95 (15:48.41)	47.14 (16:35.54)	45.40 (17:20.94)	
	41.52 (18:02.45)						
4	Wutz, Lemi	SCAD Savannah					18:04.50
	43.39 (43.39)	40.38 (1:23.77)	41.28 (2:05.05)	42.27 (2:47.31)	42.67 (3:29.98)	42.33 (4:12.30)	
	42.12 (4:54.42)	42.28 (5:36.69)	42.87 (6:19.56)	42.76 (7:02.32)	42.84 (7:45.16)	42.80 (8:27.95)	
	43.20 (9:11.15)	43.17 (9:54.31)	43.40 (10:37.71)	43.15 (11:20.85)	44.09 (12:04.93)	44.67 (12:49.60)	
	44.88 (13:34.47)	45.35 (14:19.82)	46.14 (15:05.95)	46.77 (15:52.72)	46.43 (16:39.14)	43.88 (17:23.02)	
	41.49 (18:04.50)						
5	DeWolf, Avery	Milligan					18:35.15
	44.12 (44.12)	42.79 (1:26.90)	43.82 (2:10.72)	43.59 (2:54.31)	43.71 (3:38.01)	44.23 (4:22.24)	
	43.93 (5:06.16)	43.89 (5:50.04)	43.53 (6:33.57)	43.88 (7:17.44)	44.18 (8:01.61)	44.14 (8:45.75)	
	44.32 (9:30.06)	43.16 (10:13.22)	46.21 (10:59.42)	46.97 (11:46.39)	46.94 (12:33.32)	46.82 (13:20.14)	
	46.18 (14:06.31)	46.73 (14:53.04)	47.03 (15:40.07)	47.31 (16:27.37)	46.79 (17:14.16)	43.63 (17:57.78)	
	37.38 (18:35.15)						
6	Koech, Ashah	Norfolk State					19:09.39
	43.76 (43.76)	41.67 (1:25.43)	44.38 (2:09.80)	44.89 (2:54.69)	43.16 (3:37.84)	44.72 (4:22.55)	
	43.94 (5:06.49)	43.85 (5:50.34)	43.76 (6:34.09)	45.95 (7:20.04)	45.93 (8:05.96)	46.33 (8:52.28)	
	47.22 (9:39.50)	47.32 (10:26.82)	47.92 (11:14.74)	48.39 (12:03.12)	47.72 (12:50.84)	47.99 (13:38.82)	
	49.15 (14:27.97)	48.15 (15:16.11)	48.38 (16:04.49)	48.78 (16:53.27)	48.11 (17:41.37)	47.08 (18:28.44)	
	40.96 (19:09.39)						
7	Spencer, Kylie	Pfeiffer					19:36.24
	44.26 (44.26)	41.94 (1:26.19)	43.89 (2:10.08)	44.99 (2:55.06)	43.67 (3:38.73)	44.75 (4:23.47)	
	45.38 (5:08.85)	46.84 (5:55.69)	47.95 (6:43.63)	47.02 (7:30.65)	48.92 (8:19.56)	49.19 (9:08.75)	
	48.56 (9:57.30)	49.66 (10:46.96)	49.74 (11:36.70)	49.49 (12:26.19)	50.98 (13:17.16)	48.79 (14:05.95)	
	47.48 (14:53.43)	48.20 (15:41.63)	49.97 (16:31.59)	49.10 (17:20.68)	48.41 (18:09.08)	45.87 (18:54.95)	
	41.30 (19:36.24)						
8	Horwitch, Allison	Flagler					19:53.51
	44.53 (44.53)	42.53 (1:27.06)	43.34 (2:10.39)	44.99 (2:55.37)	42.88 (3:38.25)	44.54 (4:22.79)	
	44.01 (5:06.79)	43.80 (5:50.59)	43.26 (6:33.84)	45.83 (7:19.66)	45.79 (8:05.45)	47.20 (8:52.65)	
	47.84 (9:40.48)	49.43 (10:29.91)	50.81 (11:20.71)	51.92 (12:12.62)	51.70 (13:04.32)	51.45 (13:55.77)	
	52.72 (14:48.48)	52.38 (15:40.86)	51.04 (16:31.89)	51.18 (17:23.07)	52.34 (18:15.41)	49.70 (19:05.10)	
	48.41 (19:53.51)						
9	Rodriguez, Kaitlin	Unattached					19:53.53
	42.69 (42.69)	40.27 (1:22.96)	39.96 (2:02.91)	45.26 (2:48.17)	50.29 (3:38.45)	44.63 (4:23.08)	
	43.96 (5:07.04)	43.77 (5:50.80)	43.50 (6:34.30)	44.67 (7:18.96)	45.87 (8:04.83)	46.77 (8:51.60)	
	47.55 (9:39.15)	49.00 (10:28.14)	53.30 (11:21.43)	57.62 (12:19.05)	1:01.30 (13:20.34)	53.69 (14:14.02)	
	42.57 (14:56.59)	43.53 (15:40.12)	51.34 (16:31.45)	49.73 (17:21.17)	52.95 (18:14.11)	50.74 (19:04.85)	
	48.69 (19:53.53)						
	Ferguson, Amy	Milligan					DNF

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

MEET OFFICIALS**Meet Director:**

Ali Bahr

Timing:

Rhodes Race Timing

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RESULTS**#7 Women's 60m Hurdles**

\$	JDL Fast Track	7.95	Sharika Nelvis	adidas	1/31/2015
\$	JDL Fast Track	7.95	Brianna Rollins	Nike	1/30/2016
!	College Facility	8.12	Danielle Williams	Johnson C Smith	3/15/2014
&	JDL DMR Invitational	8.11	Danielle Williams	Unattached	2016

Finals

Pl	Name	Team	Time
1	Robertson, Taejah	Norfolk State	8.53
2	Clemens, Sydney	Unattached	9.02
3	Hunter, Sarah	Cumberlands	9.21
4	Valle, Emily	Bridgewater (Va.)	9.23
5	Smith, Destiny	UNCW	9.29
6	Bunch, Ashalia	Norfolk State	9.74
7	Redding, Annagabriela	Unattached	10.67
	Miller, Bri	William & Mary	DNF

Prelims

Pl	Name	Team	Time	H(Pl)
1	Robertson, Taejah	Norfolk State	8.57q	1(1)
2	Valle, Emily	Bridgewater (Va.)	9.10q	1(2)
3	Clemens, Sydney	Unattached	9.20q	1(3)
4	Hunter, Sarah	Cumberlands	9.28q	2(1)
5	Bunch, Ashalia	Norfolk State	9.33q	2(2)
6	Miller, Bri	William & Mary	9.36q	1(4)
7	Smith, Destiny	UNCW	9.65q	1(5)
8	Redding, Annagabriela	Unattached	10.03q	2(3)
9	Vanwinkle, Alexis	Randolph	10.73	2(4)
	James , Kellyann	Norfolk State	DNS	1
	Pyles, Brionne	Wake Forest	DNS	2

#3 Women's 4000m DMR

\$	JDL Fast Track	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
!	College Facility	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
&	JDL DMR Invitational	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2016

Pl	Team	Time
1	Clemson (A)	11:44.06
	3:39.66 (3:39.66) 56.82 (4:36.48) 2:17.26 (6:53.73) 4:50.33 (11:44.06)	
2	North Carolina (A)	11:44.26
	3:39.75 (3:39.75) 56.02 (4:35.77) 2:14.39 (6:50.15) 4:54.11 (11:44.26)	
3	Mount Olive (A)	11:49.13
	3:40.03 (3:40.03) 57.63 (4:37.65) 2:20.75 (6:58.40) 4:50.74 (11:49.13)	
4	Lee (Tenn.) (A)	12:25.28
	3:51.21 (3:51.21) 59.81 (4:51.02) 2:27.35 (7:18.36) 5:06.92 (12:25.28)	
5	Queens (N.C.) (A)	12:27.89
	3:46.65 (3:46.65) 1:06.06 (4:52.71) 2:23.41 (7:16.11) 5:11.78 (12:27.89)	
6	UNC Pembroke (A)	13:28.20
	3:58.40 (3:58.40) 1:02.02 (5:00.42) 2:36.17 (7:36.58) 5:51.62 (13:28.20)	

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

MEET OFFICIALS**Meet Director:**

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RESULTS**#5 Women's Invite 4000m DMR**

\$	JDL Fast Track	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
!	College Facility	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2/20/2016
&	JDL DMR Invitational	11:07.51	Ciluffo, James, Farrow, Barnett	Clemson	2016

Pl	Team					Time
1	Arkansas (A)					\$ 11:04.23
		3:24.12 (3:24.12)	54.26 (4:18.38)	2:08.52 (6:26.89)	4:37.34 (11:04.23)	
2	Virginia Tech (A)					! 11:07.08
		3:24.18 (3:24.18)	54.90 (4:19.07)	2:09.20 (6:28.27)	4:38.81 (11:07.08)	
3	Texas (A)					11:10.55
		3:26.87 (3:26.87)	54.04 (4:20.91)	2:05.68 (6:26.58)	4:43.97 (11:10.55)	
4	Duke (A)					11:15.14
		3:26.10 (3:26.10)	55.44 (4:21.54)	2:07.21 (6:28.74)	4:46.40 (11:15.14)	
5	NC State (A)					11:34.63
		3:31.14 (3:31.14)	56.15 (4:27.28)	2:16.72 (6:44.00)	4:50.64 (11:34.63)	
6	Wake Forest (A)					11:44.40
		3:29.49 (3:29.49)	56.42 (4:25.91)	2:19.64 (6:45.54)	4:58.86 (11:44.40)	
	UNAT (A)					DNF

#23 Women's High Jump

\$	JDL Fast Track	1.88m	Barbara Szabo	Western State	3/15/2014
!	College Facility	1.88m	Barbara Szabo	Western State	3/15/2015
&	JDL DMR Invitational	1.70m	Emily Godwin	North Carolina	2014
&	JDL DMR Invitational	1.70m	Julisa Tindall	College of Charleston	2016

Pl	Name	Team	Mark
1	Becker, Grace	William & Mary	& 1.72m 5' 7 ³ / ₄
2	Nebrich, Mary	North Carolina	1.62m 5' 3 ³ / ₄
3	Walliker, Lucy	Queens (N.C.)	1.57m 5' 1 ³ / ₄
4	Buttolph, Hannah	Lee (Tenn.)	1.57m 5' 1 ³ / ₄
5	Hunley, Taja	Randolph	1.47m 4' 9 ³ / ₄
	Bamber, Maggie	UNCW	NH
	Vannoy, Kaylee	UNCW	NH
	Musgrove, Quinland	Mary Baldwin University	NH
	Glowe, Erika	Queens (N.C.)	NH
	Morris, Gabrielle	UNCW	NH

#25 Women's Pole Vault

\$	JDL Fast Track	4.61m	Katie Nageotte	Unattached	1/30/2016
!	College Facility	4.40m	Megan Clark	Duke	1/29/2016
&	JDL DMR Invitational	4.10m	4 athletes	Virginia, Duke, South	2016

Pl	Name	Team	Mark
1	Kempski, Tesia	Wake Forest	3.80m 12' 5 ¹ / ₂
2	Jones, Taylor	William & Mary	3.80m 12' 5 ¹ / ₂
3	Deutsch, Darby	Wake Forest	3.65m 11' 11 ³ / ₄
4	Hall, Elise	Unattached	3.65m 11' 11 ³ / ₄
5	Turner, Haidyn	Wake Forest	3.50m 11' 5 ³ / ₄
6	Roeder, Elaina	Wake Forest	3.50m 11' 5 ³ / ₄

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#25 Women's Pole Vault (cont'd)**

Pl	Name	Team	Mark
7	Hill, Ana	Unattached	3.35m 10' 11 ³ / ₄
8	Graves, Lauren	William & Mary	3.35m 10' 11 ³ / ₄
9	Kincer, Kaitlynn	Lee (Tenn.)	3.05m 10' 0"
10	Irvine, Kendra	Lee (Tenn.)	3.05m 10' 0"
11	Vanwinkle, Alexis	Randolph	2.90m 9' 6 ¹ / ₄
	Castarlenas, Aintzane	Queens (N.C.)	NH
	Zucker, Hadley	Unattached	NH
	McCray, Deshonde	Norfolk State	NH
	Akers, Kelly	Bridgewater (Va.)	NH

#27 Women's Long Jump

\$	JDL Fast Track	6.25m	Julienne McKee	Unattached	2/20/2016
\$	JDL Fast Track	6.25m	Kate Hall	Unattached	2/1/2019
!	College Facility	6.23m	Shakinah Brooks	St. Augustine's	1/20/2016
&	JDL DMR Invitational	6.25m	Julienne McKee	Unattached	2016

Pl	Name	Team	Mark	F(Pl)
1	Keefer, Anna	North Carolina	6.02m 19' 9"	2(1)
2	Miller, Bri	William & Mary	5.48m 17' 11 ³ / ₄	2(2)
3	Pyles, Brionne	Wake Forest	5.30m 17' 4 ³ / ₄	2(3)
4	Bowman, Jahnae	UNCW	5.28m 17' 4"	1(1)
5	Brender a Brandis, Alexis	William & Mary	5.22m 17' 1 ¹ / ₂	2(4)
6	Cavanagh, Julianna	UNCW	5.10m 16' 8 ³ / ₄	1(2)
7	Truelove, Avery	Lee (Tenn.)	4.98m 16' 4 ¹ / ₄	2(5)
8	Miller, Gracie	UNCW	4.93m 16' 2 ¹ / ₄	2(6)
9	Marshall, Natalie	Wake Forest	4.92m 16' 1 ³ / ₄	1(3)
10	Musgrove, Quinland	Mary Baldwin University	4.83m 15' 10 ¹ / ₄	1(4)
11	Chaffins, Meghan	Randolph	4.64m 15' 2 ³ / ₄	1(5)
12	Beeler, Mikayla	Lee (Tenn.)	4.51m 14' 9 ³ / ₄	2(7)
13	Redding, Annagabriela	Unattached	4.47m 14' 8"	1(6)
14	Pitts, Zarea	Guilford	4.20m 13' 9 ¹ / ₂	1(7)
	Price, Shacoya	Queens (N.C.)	NM	1
	Britt, Jamie	Guilford	NM	1
	Ulseth, Elise	Queens (N.C.)	NM	2
	Simmons, Kelcie	Duke	NM	2

#29 Women's Triple Jump

\$	JDL Fast Track	13.08m	Imani Oliver	Unattached	2/2/2019
!	College Facility	13.01m	Kearah Danville	Angelo State	3/15/2014
&	JDL DMR Invitational	12.37m	Peighton Simmons	North Carolina	2018

Pl	Name	Team	Mark
1	Isles, Brianna	North Carolina	11.75m 38' 6 ³ / ₄
2	Brender a Brandis, Alexis	William & Mary	11.28m 37' 0 ¹ / ₄
3	Cavanagh, Julianna	UNCW	11.06m 36' 3 ¹ / ₂
4	McDermott, Julia	William & Mary	10.73m 35' 2 ¹ / ₂
5	Truelove, Avery	Lee (Tenn.)	10.72m 35' 2"
6	Hunley, Taja	Randolph	10.20m 33' 5 ³ / ₄

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#29 Women's Triple Jump (cont'd)**

Pl	Name	Team	Mark
7	Redding, Annagabriela	Unattached	9.90m 32' 5 ³ / ₄
8	Wardy, Alice	Mary Baldwin University	9.81m 32' 2 ¹ / ₄
9	Miller, Gracie	UNCW	9.58m 31' 5 ¹ / ₄
10	Redlich, Marlene	Randolph	9.24m 30' 3 ³ / ₄
11	Kelly, Tiffanie	Randolph	9.14m 30' 0"
	Price, Shacoya	Queens (N.C.)	NM
	Tarvis, Alexia	UNCW	NM

#31 Women's Shot Put

\$	JDL Fast Track	16.80m	Amber Monroe	Unattached	2/18/2017
!	College Facility	16.29m	Portious Warren	Central Arizona	3/5/2016
&	JDL DMR Invitational	16.13m	Lauren Evans	NC State	2018

Pl	Name	Team	Mark	F(Pl)
1	Lynch, Janese	Wake Forest	14.29m 46' 10 ³ / ₄	2(1)
2	Schultz, Gabby	Queens (N.C.)	13.65m 44' 9 ¹ / ₂	2(2)
3	Strazdite, Kristine	Elon	13.55m 44' 5 ¹ / ₂	2(3)
4	Barthelmes, Skylar	Elon	12.88m 42' 3 ¹ / ₄	2(4)
5	Carmichael, To'mara	Queens (N.C.)	12.65m 41' 6"	2(5)
6	Lewis, Faith	Lee (Tenn.)	12.08m 39' 7 ³ / ₄	2(6)
7	Parker, Arieana	Norfolk State	11.92m 39' 1 ¹ / ₄	2(7)
8	Dawson, Chanel	Wake Forest	11.87m 38' 11 ¹ / ₂	2(8)
9	Malone, Emily	North Carolina	11.65m 38' 2 ³ / ₄	1(1)
10	Sessoms, Akiera	Norfolk State	11.50m 37' 8 ³ / ₄	2(9)
11	Haugsdahl, Sofie	Mary Baldwin University	11.31m 37' 1 ¹ / ₄	1(2)
12	Hopkins, Avianna	Queens (N.C.)	11.30m 37' 1"	2(10)
13	Jacobs, Leanna	UNC Pembroke	11.12m 36' 5 ³ / ₄	2(11)
14	Marino, Lillian	UNC Pembroke	10.63m 34' 10 ¹ / ₂	1(3)
15	Kiszenia, Nicole	North Carolina	10.11m 33' 2"	2(12)
16	Werner, Danielle	Bridgewater (Va.)	9.52m 31' 3"	1(4)
17	Etim-Andy, Miracle	Unattached	9.23m 30' 3 ¹ / ₂	1(5)
18	Waddell, Alexis	Guilford	8.72m 28' 7 ¹ / ₂	1(6)
19	Vinokur, Valerie	UNC Pembroke	8.39m 27' 6 ¹ / ₂	1(7)
20	higgins, micheleigh	Guilford	8.34m 27' 4 ¹ / ₂	1(8)
	Simms, Tiara	Norfolk State	NM	2
	Stevenson, Teliya	Randolph	DNS	1
	Thomas, Aaliyah	Pfeiffer	DNS	1
	O'Neal, Kyia	Guilford	DNS	1
	Wilhelm, Kayla	Randolph	DNS	1

#33 Women's Weight Throw

\$	JDL Fast Track	23.58m	Amber Campbell	Unattached	1/29/2016
!	College Facility	21.18m	Marthaline Cooper	Winthrop	2/26/2017
&	JDL DMR Invitational	23.18m	Amber Campbell	Unattached	2017

Pl	Name	Team	Mark	F(Pl)
1	Hicks, Alva	Wake Forest	19.74m 64' 9 ¹ / ₄	2(1)
2	Barthelmes, Skylar	Elon	16.31m 53' 6 ¹ / ₄	2(2)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#33 Women's Weight Throw (cont'd)**

Pl	Name	Team	Mark	F(Pl)
3	Hinson, Hannah	Wingate	15.59m 51' 1 ³ / ₄	2(3)
4	Schultz, Gabby	Queens (N.C.)	15.56m 51' 0 ³ / ₄	2(4)
5	Carmichael, To'mara	Queens (N.C.)	15.56m 51' 0 ³ / ₄	2(4)
6	Bradsher, Charlotte	Elon	15.44m 50' 8"	2(6)
7	Jacobs, Leanna	UNC Pembroke	15.10m 49' 6 ¹ / ₂	2(7)
8	Sally, PreAsia	Norfolk State	14.57m 47' 9 ³ / ₄	2(8)
9	Hopkins, Avianna	Queens (N.C.)	14.34m 47' 0 ³ / ₄	2(9)
10	Parker, Arieana	Norfolk State	13.75m 45' 1 ¹ / ₂	2(10)
11	Marino, Lillian	UNC Pembroke	13.45m 44' 1 ¹ / ₂	2(11)
12	Lewis, Faith	Lee (Tenn.)	13.35m 43' 9 ³ / ₄	1(1)
13	Burrell, Daiysa	Norfolk State	12.85m 42' 2"	2(12)
14	Cope, Autumn	Elon	12.75m 41' 10"	1(2)
15	Werner, Danielle	Bridgewater (Va.)	10.00m 32' 9 ³ / ₄	1(3)
16	Waddell, Alexis	Guilford	9.11m 29' 10 ³ / ₄	1(4)
17	Higgins, micheleigh	Guilford	7.59m 24' 11"	1(5)
	Bellamy, Ajahna	Pfeiffer	NM	1
	O'Neal, Kyia	Guilford	NM	1
	Wilhelm, Kayla	Randolph	NM	1
	Stevenson, Teliya	Randolph	NM	1
	Thomas, Aaliyah	Pfeiffer	NM	1
	Vinokur, Valerie	UNC Pembroke	NM	1
	Ford, Tonishea	Pfeiffer	NM	1

#12 Men's 60 Meters

\$	JDL Fast Track	6.61	Sean McLean	Nike	1/19/2015
\$	JDL Fast Track	6.61	Ramon Gittens	Unattached	1/30/2016
!	College Facility	6.62	Keitavious Walter	Hinds CC	3/5/2016
&	JDL DMR Invitational	6.70	Daniel Estrada	Unattached	2018

Finals

Pl	Name	Team	Time
1	Yang, Chun-Han	Adidas	6.73
2	Parker, Marcus	Clemson	6.80
3	Brooks, Josiah	Lee (Tenn.)	6.83
4	Richards, Guillaume	Keiser University	6.86
5	Roach, Ethan	Wake Forest	7.01
6	Miles, Devonte	Cumberlands	7.05
7	Munnelynn, Zion	Louisburg College	7.08
8	Aggrey, Joseph	Unattached	7.18

Prelims

Pl	Name	Team	Time	H(Pl)
1	Yang, Chun-Han	Adidas	6.79Q	1(1)
2	Parker, Marcus	Clemson	6.80Q	4(1)
3	Brooks, Josiah	Lee (Tenn.)	6.84Q	3(1)
4	Richards, Guillaume	Keiser University	6.90q	3(2)
5	Roach, Ethan	Wake Forest	7.05q	1(2)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS

#12 Men's 60 Meters (cont'd)**Prelims**

Pl	Name	Team	Time	H(Pl)
6	Aggrey, Joseph	Unattached	7.09Q	2(1)
7	Munnely, Zion	Louisburg College	7.10q	3(3)
8	Miles, Devonte	Cumberlands	7.12q	1(3)
9	Bryant, Sean	Pfeiffer	7.13	1(4)
9	Lynn, Dequan	Louisburg College	7.13	3(4)
11	Boya, Siphosethu	Lee (Tenn.)	7.14	4(2)
12	Gamble, Orlandus	Louisburg College	7.17	4(3)
13	Campbell, Keyshawn	Pfeiffer	7.23	4(4)
14	Lewis, Kendrick	Louisburg College	7.24	3(5)
15	Crawford, Samuel	Unattached	7.31	2(2)
16	Johnson, Dante	Keiser University	7.35	4(5)
17	Reid, Dennis	Unattached	7.40	2(3)
18	Roserie, Jaden	Pfeiffer	7.41	2(4)
19	Zgoda, Michael	Queens (N.C.)	7.42	4(6)
20	Mohabir, Lamont	Randolph	7.45	1(6)
20	Word, Chad	Furman	7.45	1(5)
22	Chabala, Matt	William & Mary	7.47	3(6)
23	Santiago, Steven	Mary Baldwin University	7.48	2(5)
24	Henderson, Mahmoud	Guilford	7.51	4(7)
25	Doerwaldt, Max	Mary Baldwin University	7.65	2(6)
26	Sessions, Ed	Queens (N.C.)	7.73	4(8)
27	Williams, Romajin	Mary Baldwin University	7.91	1(7)
28	Ruddock, Jared	Randolph	7.99	3(7)
29	Parks, Tyrese	Unattached	8.03	2(7)
	Strainge, Jerimy	Keiser University	DNS	2

#18 Men's 200 Meters

\$	JDL Fast Track	21.08	Lamar Hargrove	Tiffin	3/15/2014
!	College Facility	21.08	Lamar Hargrove	Tiffin	3/15/2014
&	JDL DMR Invitational	21.58	Anthony Bynum	Charlotte	2014

Pl	Name	Team	Time	H(Pl)
1	Yang, Chun-Han	Adidas	21.66	1(1)
2	Brooks, Josiah	Lee (Tenn.)	21.93	1(2)
3	Brooks, Justin	Lee (Tenn.)	22.00	1(3)
4	Brown, Keith	Norfolk State	22.52	1(4)
5	Aggrey, Joseph	Unattached	22.63	2(1)
6	Boya, Siphosethu	Lee (Tenn.)	22.69	2(2)
7	Koonce, Levin	Louisburg College	22.90	4(1)
8	Woodard, Gregory	Mary Baldwin University	23.20	3(1)
9	Bryant, Sean	Pfeiffer	23.40	3(2)
10	Page, Jairus	Louisburg College	23.64	5(1)
11	Ray, Zachary	UNCW	23.72	2(3)
12	Wade, Malcolm	Louisburg College	23.94	4(2)
13	Ritter, Donovan	Louisburg College	23.97	3(3)
14	Waltower, Kenan	Pfeiffer	24.00	5(2)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

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RESULTS**#18 Men's 200 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
15	Powell, Tyler	Unattached	24.02	3(4)
16	Santiago, Steven	Mary Baldwin University	24.04	4(3)
17	Colson, Tevin	Pfeiffer	24.12	5(3)
18	Zgoda, Michael	Queens (N.C.)	24.54	6(1)
19	McCain, Gregory	Unattached	24.72	7(1)
20	Mohabir, Lamont	Randolph	24.78	5(4)
21	Abdur-Rahim, Amir	Guilford	24.81	6(2)
22	Doerwaldt, Max	Mary Baldwin University	25.12	4(4)
23	Sessions, Ed	Queens (N.C.)	25.43	7(2)
24	Lamour, Xavier	Pfeiffer	25.45	8(1)
25	Williams, Romajin	Mary Baldwin University	25.49	6(3)
26	Henderson, Mahmoud	Guilford	25.75	6(4)
27	Cofie, Al	Randolph	25.88	7(3)
28	Dotson, Drew	Unattached	26.20	8(2)
	Mukoro, Josh	North Carolina	DNS	2
	Ruddock, Jared	Randolph	DNS	8

#14 Men's 400 Meters

\$	JDL Fast Track	46.81	Dane Hyatt	Unattached	2/25/2012
!	College Facility	47.24	Josh Edmonds	St. Augustine's	2/25/2012
&	JDL DMR Invitational	48.21	Dane Hyatt	Unattached	2014

Pl	Name	Team	Time	H(Pl)
1	Barnes, Trequan	Norfolk State	& 47.33	1(1)
2	Hamilton, Rajay	Keiser University	& 47.98	1(2)
3	Brooks, Justin	Lee (Tenn.)	48.83	1(3)
4	Pinder, Justin	Norfolk State	49.42	1(4)
5	Greenwalt, Dakota	Wake Forest	50.69	2(1)
6	Ballard, Skander	William & Mary	50.79	3(1)
7	Reid, Aveon	Louisburg College	50.94	2(2)
8	Chambers, Theo	William & Mary	50.98	2(3)
9	McCain, Jeremiah	Lee (Tenn.)	51.06	2(4)
10	Koonce, Levin	Louisburg College	51.09	5(1)
11	Simmons, Evan	Wake Forest	51.77	4(1)
12	Crawford, Mason	UNC Pembroke	52.40	4(2)
13	Connolly, John	Louisburg College	52.78	4(3)
14	Colson, Tevin	Pfeiffer	52.95	6(1)
15	Cunningham, Stacen	Lee (Tenn.)	52.95	3(2)
16	Rust, Daniel	UNC-Greensboro	53.05	4(4)
17	Santiago, Steven	Mary Baldwin University	53.52	6(2)
18	Mukoro, Josh	North Carolina	53.90	3(3)
19	Cobb, Nigel	Louisburg College	54.22	7(1)
20	Abdur-Rahim, Amir	Guilford	54.34	6(3)
21	Anderson, Edwin	Louisburg College	54.41	7(2)
22	Monroe, Dontavius	Pfeiffer	54.47	6(4)
23	Foster, Nevin	Pfeiffer	54.70	5(2)
24	Powell, Tyler	Unattached	55.42	5(3)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#14 Men's 400 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
25	McCain, Gregory	Unattached	56.04	7(3)
26	Dotson, Drew	Unattached	57.98	8(1)
27	Murray, Keyshawn	Guilford	1:01.16	8(2)
	Coleman, Simeon	Cumberlands	DQ	3
	Woodard, Gregory	Mary Baldwin University	DQ	5
	Zammiti, Mitchell	Unattached	DNS	7
	Richards, Guillaume	Keiser University	DNS	8

#16 Men's 800 Meters

\$	JDL Fast Track	1:45.92	Clayton Murphy	Nike Oregon Project	2/2/2019
!	College Facility	1:48.94	Eliud Rutto	Mid Tenn State	2/4/2017
&	JDL DMR Invitational	1:50.09	Jake Burton	Florida State	2016

Pl	Name	Team	Time	H(Pl)
1	Short, Christopher	William & Mary	1:54.09	1(1)
2	Owens, Miles	William & Mary	1:54.09	1(2)
3	Cox, Nick	Duke	1:54.84	1(3)
4	Chavez-Gutierrez, Raul	William & Mary	1:54.90	1(4)
5	Rodriguez, Juan	UNC-Greensboro	1:56.08	1(5)
6	Grandperrin, Nicolas	Cumberlands	1:56.49	1(6)
7	Daniel, Madison	Furman	1:58.40	1(7)
8	Politis, Matt	Duke	1:58.55	1(8)
9	Loukili, Alex	William & Mary	1:58.68	2(1)
10	Clayton, Weston	UNC-Greensboro	1:59.11	2(2)
11	Connell, Devin	Duke	1:59.15	2(3)
12	Thoma, Nicholas	UNC-Greensboro	2:00.09	3(1)
13	Coleman, Nico	Duke	2:00.51	3(2)
14	Shore, Ezekiel	UNCW	2:00.69	2(4)
15	Sandin, William	UNC-Greensboro	2:01.49	2(5)
16	Saborio, Ernesto	Unattached	2:01.69	2(6)
17	Nsiambote, Nianza	Unattached	2:01.84	3(3)
18	Camden, Ryan	UNCW	2:01.92	3(4)
19	Timothy, Jonathan	UNC-Greensboro	2:02.76	2(7)
20	Robinson, Qua-Ronz	Louisburg College	2:02.98	2(8)
21	Freeman, Curtis	Pfeiffer	2:03.10	3(5)
22	Jordan, Zaire	Louisburg College	2:03.40	4(1)
23	Hall, Anthony	Louisburg College	2:03.98	3(6)
24	Thoma, Joseph	UNC-Greensboro	2:04.40	3(7)
25	Krell, Jason	Unattached	2:05.24	3(8)
26	Johnson, Peter	Furman	2:07.94	4(2)
27	Crawford, Samuel	Unattached	2:08.55	2(9)
28	Epperly, Brayden	Randolph	2:09.13	4(3)
29	Carnevale, Trey	Queens (N.C.)	2:09.60	4(4)
30	Seward, Jonathan	UNCW	2:13.72	4(5)
31	James, Ben	Guilford	2:14.00	4(6)
32	Betts, Brandon	Randolph	2:21.87	4(7)
33	Hanrahan, Jackson	Pfeiffer	2:25.09	4(8)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#16 Men's 800 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
34	Gorman, Thomas	Hampden-Sydney	2:26.97	4(9)
	Ogden, Jake	Furman	DNF	1
	Neal, Jevon	UNC-Greensboro	DNS	3
	Foster, Nevin	Pfeiffer	DNS	4

#20 Men's 1 Mile Run

\$	JDL Fast Track	3:53.85	Edward Cheserek	Skechers	2/3/2018
!	College Facility	3:59.57	Vincent Ciattei	Virginia Tech	2/3/2018
&	JDL DMR Invitational	4:02.25	Graham Crawford	NC State	2016

Pl	Name	Team	Time	H(Pl)
1	McGorty, Ryan	William & Mary	4:06.26	1(1)
2	Wetzel, Logan	Villanova	4:08.30	1(2)
3	Brooks, Andrew	North Carolina	4:12.48	2(1)
4	Tubby, Brandon	North Carolina	4:15.07	2(2)
5	Williamson, Marshall	North Carolina	4:16.85	2(3)
6	Fischbach, Sebastian	Wake Forest	4:17.16	2(4)
7	Burleson, Trey	Richmond	4:17.21	2(5)
8	Leslie, Cooper	William & Mary	4:18.66	2(6)
9	Graham, Noah	NC State	4:19.50	2(7)
10	Kipchirchir, Meshack	Norfolk State	4:20.00	2(8)
11	Resor, Mitch	Unattached	4:21.14	2(9)
12	Hirsch, Walker	Louisburg College	4:22.32	2(10)
13	Liberty, Trenton	Flagler	4:24.58	3(1)
14	Patrick, Hank	Wash. & Lee	4:25.56	3(2)
15	Combs, Ryan	North Carolina	4:26.46	3(3)
16	Mekonnen, Yared	NC State	4:26.72	3(4)
17	Baird, Cooper	Wash. & Lee	4:28.39	3(5)
18	Eckmann, AJ	Duke	4:29.13	3(6)
19	Greene, Justin	Flagler	4:29.53	3(7)
20	Cullen, Joe	Duke	4:29.96	2(11)
21	Ponce, Moises	Lee (Tenn.)	4:29.97	3(8)
22	Shelgren, Tristan	Unattached	4:30.03	3(9)
23	Woodfolk, Drew	Wash. & Lee	4:30.47	3(10)
24	Leach Jr, Travis	Unattached	4:31.15	3(11)
25	England, Jacob	Cumberlands	4:37.60	3(12)
26	Jones, Evan	UNCW	4:38.60	2(12)
27	McCheskey, Dennis	Louisburg College	4:39.38	4(1)
28	Gilman, Ben	Lee (Tenn.)	4:39.39	3(13)
29	Hendry, Andrew	Lee (Tenn.)	4:42.56	3(14)
30	Venancio, Carter	UNCW	4:45.35	4(2)
31	Stalker, Morgan	Unattached	4:47.37	4(3)
32	Reed, Nehemiah	Unattached	4:50.87	4(4)
33	Gunter, Samuel	Unattached	4:51.38	4(5)
34	Packer, Josh	Unattached	4:53.07	4(6)
35	Dyke, John	Hampden-Sydney	5:10.76	4(7)
36	Kinton, Kenny	Randolph	5:29.42	4(8)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#20 Men's 1 Mile Run (cont'd)**

Pl	Name	Team	Time	H(Pl)
37	Miller-Ulrich, Jakob	Pfeiffer	5:33.14	4(9)
	Phillips, Josh	Villanova	DNF	1
	Steele, Nick	Villanova	DNF	1
	Milligan, Alex	North Carolina	DNF	2
	Lowry, Dylan	Unattached	DNF	2
	Zammitti, Mitchell	Unattached	DNF	4
	Klimczak, Maxwell	Mary Baldwin University	DNS	4

#10 Men's 3000 Meters

\$	JDL Fast Track	7:45.49	Paul Chelimo	US Army	2/4/2017
!	College Facility	7:54.26	Luis Vargas	NC State	1/30/2016
&	JDL DMR Invitational	8:07.35	Leoule Degfae	Virginia Tech	2014

Pl	Name	Team	Time	H(Pl)
1	Wallis, Daniel	Queens (N.C.)	8:17.58	1(1)
2	Pulimood, Nikhil	Duke	8:28.11	1(2)
3	Coppi, Mason	Furman	8:28.49	2(1)
4	Hinson, Kyle	Louisburg College	8:29.16	2(2)
5	Clikeman, Miles	Richmond	8:30.38	2(3)
6	Goodell, Evan	William & Mary	8:32.04	1(3)
7	Mandato, Trent	Furman	8:36.32	2(4)
8	Lowry, Dylan	Unattached	8:38.02	2(5)
9	Tabor, Ben	Lee (Tenn.)	8:38.41	2(6)
10	Domenech, Pol	Wingate	8:39.13	1(4)
11	Grandperrin, Nicolas	Cumberlands	8:39.29	3(1)
12	Pratt, Micah	William & Mary	8:42.13	2(7)
13	Landis, Christian	Unattached	8:42.25	2(8)
14	Hogue, Johnny	Unattached	8:43.61	2(9)
15	Martin, Matthew	UNC Pembroke	8:44.48	3(2)
16	Magiera, Andrew	Wake Forest	8:45.33	3(3)
17	Ungvarsky, Mike	Duke	8:46.37	2(10)
18	Eagleson, Caleb	Lee (Tenn.)	8:46.76	3(4)
19	Garrett, Stephen	Duke	8:46.92	2(11)
20	Borger, Peter	Richmond	8:47.08	2(12)
21	Duppich, Yannik	Queens (N.C.)	8:47.52	1(5)
22	Ready, Ethan	Duke	8:47.62	3(5)
23	Kipkemei, Nick	Queens (N.C.)	8:49.94	3(6)
24	Levet, Zachary	Unattached	8:50.24	3(7)
25	Sanchez, Erick	Queens (N.C.)	8:52.24	1(6)
26	Kinne, Austin	Wash. & Lee	8:52.39	3(8)
27	Jaster, Nate	Warrior Project	8:56.61	3(9)
28	Pratt, Jeremiah	Unattached	8:57.20	4(1)
29	Ormsby, Ean	UNC Pembroke	8:57.83	4(2)
30	Reed, Dawson	Lee (Tenn.)	9:00.13	3(10)
31	Bett, Festus	Norfolk State	9:01.94	4(3)
32	Dolwick, Alex	Wash. & Lee	9:02.48	4(4)
33	Reynolds, Theo	Unattached	9:04.32	4(5)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#10 Men's 3000 Meters (cont'd)**

Pl	Name	Team	Time	H(Pl)
34	Inman, Andrew	Louisburg College	9:07.94	3(11)
35	Marx, Freddie	Wash. & Lee	9:08.26	4(6)
36	Similton, Daniel	Unattached	9:09.47	4(7)
37	Cope, Daniel	Wash. & Lee	9:11.85	4(8)
38	Hefner, Jayden	Unattached	9:14.25	3(12)
39	Seeber, Benjamin	Unattached	9:14.64	3(13)
40	Wright, Caleb	Unattached	9:39.72	4(9)
41	Klimczak, Maxwell	Mary Baldwin University	9:56.64	4(10)
42	Dye, Mason	Randolph	10:05.74	4(11)
43	Schmitzer, Caleb	Randolph	10:33.68	4(12)
	Rosas, Jose	Queens (N.C.)	DNF	1
	Combs, Aaron	Queen City TC	DNF	1
	Ambrosio, CJ	Duke	DNF	1
	Wammetsberger, Felix	Queens (N.C.)	DNF	1
	Ogden, Jake	Furman	DNF	2
	Norman, Albert	Louisburg College	DNF	4

#2 Men's 5000 Meters

\$	JDL Fast Track	14:06.24	Kevin Batt	Adams State	3/14/2014
!	College Facility	14:06.24	Kevin Batt	Adams State	3/14/2014
&	JDL DMR Invitational	14:24.05	Joe Sansone	North Carolina	2014

Pl	Name	Team	Time
1	Mortimer, Alex	Milligan	15:29.21
	35.94 (35.94)	37.55 (1:13.49)	36.77 (1:50.25)
	37.17 (4:18.51)	37.32 (4:55.82)	37.49 (5:33.31)
	36.71 (7:58.56)	36.95 (8:35.51)	37.82 (9:13.32)
	38.21 (11:45.69)	38.09 (12:23.77)	37.64 (13:01.41)
	35.80 (15:29.21)		
2	Ramirez-Ramos, Erick	Unattached	15:40.46
	35.95 (35.95)	37.56 (1:13.50)	36.55 (1:50.05)
	37.24 (4:18.45)	37.09 (4:55.54)	37.50 (5:33.03)
	36.82 (7:58.84)	36.84 (8:35.67)	37.85 (9:13.52)
	38.18 (11:46.02)	38.36 (12:24.38)	39.18 (13:03.56)
	33.98 (15:40.46)		
3	Martin, Jonathan	UNC Pembroke	15:41.04
	35.82 (35.82)	37.40 (1:13.21)	36.67 (1:49.88)
	37.20 (4:18.32)	37.33 (4:55.64)	37.57 (5:33.21)
	37.65 (8:00.90)	37.85 (8:38.75)	38.28 (9:17.03)
	38.75 (11:52.00)	39.57 (12:31.57)	39.50 (13:11.07)
	34.86 (15:41.04)		
4	Bett, Festus	Norfolk State	15:44.62
	36.13 (36.13)	37.53 (1:13.66)	36.86 (1:50.51)
	37.14 (4:18.72)	37.35 (4:56.06)	37.46 (5:33.52)
	37.58 (8:00.50)	38.10 (8:38.60)	38.35 (9:16.95)
	38.77 (11:51.91)	39.48 (12:31.38)	39.93 (13:11.31)
	35.25 (15:44.62)		

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#2 Men's 5000 Meters (cont'd)**

Pl	Name	Team					Time
5	Pack, John	Unattached					16:36.58
	38.02 (38.02)	38.73 (1:16.75)	39.16 (1:55.91)	38.97 (2:34.88)	39.02 (3:13.89)	38.64 (3:52.52)	
	38.86 (4:31.38)	39.58 (5:10.95)	39.32 (5:50.27)	39.71 (6:29.97)	40.08 (7:10.05)	40.55 (7:50.60)	
	40.43 (8:31.02)	40.15 (9:11.17)	40.52 (9:51.69)	39.76 (10:31.44)	40.73 (11:12.17)	40.69 (11:52.85)	
	40.76 (12:33.60)	41.78 (13:15.38)	40.78 (13:56.16)	40.91 (14:37.07)	40.88 (15:17.94)	40.74 (15:58.68)	
	37.91 (16:36.58)						
6	Sabo, Kevin	Unattached					16:53.79
	38.54 (38.54)	39.06 (1:17.59)	39.50 (1:57.09)	39.39 (2:36.48)	39.75 (3:16.23)	40.05 (3:56.28)	
	40.59 (4:36.86)	40.16 (5:17.02)	39.71 (5:56.73)	40.21 (6:36.93)	40.37 (7:17.30)	39.92 (7:57.21)	
	39.82 (8:37.03)	40.46 (9:17.48)	40.85 (9:58.32)	40.74 (10:39.05)	41.43 (11:20.47)	41.12 (12:01.59)	
	42.22 (12:43.81)	42.76 (13:26.57)	43.04 (14:09.61)	42.48 (14:52.08)	42.45 (15:34.53)	42.66 (16:17.18)	
	36.62 (16:53.79)						
	Lemaster, John	Queens (N.C.)					DNS

#8 Men's 60m Hurdles

\$	JDL Fast Track	7.55	Aleec Harris	adidas	1/31/2015
!	College Facility	7.63	Michael Dickson	North Carolina A&T	2/4/2017
&	JDL DMR Invitational	7.86	Moussa Dembele	Unattached	2016

Finals

Pl	Name	Team	Time
1	Krah, Marcus	North Carolina	8.04
2	Chisholm, Tayshaun	Louisburg College	8.20
3	Reid, Aveon	Louisburg College	8.31
4	Johnson, Dante	Keiser University	8.33
5	Banks, Jaylen	Norfolk State	8.44
6	Hillard, Dajion	Norfolk State	8.50
7	Carson, Byron	Norfolk State	8.71
	Clyburn, Darian	Keiser University	DNS

Prelims

Pl	Name	Team	Time	H(Pl)
1	Krah, Marcus	North Carolina	7.97q	1(1)
2	Clyburn, Darian	Keiser University	8.06q	1(2)
3	Chisholm, Tayshaun	Louisburg College	8.15q	1(3)
4	Reid, Aveon	Louisburg College	8.30q	1(4)
5	Johnson, Dante	Keiser University	8.44q	1(5)
6	Hillard, Dajion	Norfolk State	8.50q	1(6)
7	Carson, Byron	Norfolk State	8.51q	2(1)
8	Banks, Jaylen	Norfolk State	8.55q	1(7)
9	Waltower, Kenan	Pfeiffer	8.63	2(2)
10	McCain, Jeremiah	Lee (Tenn.)	8.66	1(8)
11	Doerwaldt, Max	Mary Baldwin University	8.78	2(3)
12	Thomas, Ryan	William & Mary	8.83	2(4)
13	Cunningham, Stacen	Lee (Tenn.)	8.85	2(5)
14	Flatford, Derek	Lee (Tenn.)	8.90	2(6)
15	Rodgers, Nathan	UNCW	9.13	2(7)

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS

#8 Men's 60m Hurdles (cont'd)**Prelims**

Pl	Name	Team	Time	H(Pl)
16	Lloyd, Jonathan	UNCW	10.22	2(8)

#22 Men's 4 x 400m Relay

\$	JDL Fast Track	3:11.12	Hyatt, Bingham, Gibson, Jackson	GW Express/Nike	1/31/2015
!	College Facility	3:12.35	Sutton, Alowonle, Ways, Lipsey	North Carolina	2/15/2014
&	JDL DMR Invitational	3:12.35	Sutton, Alowonle, Ways, Lipsey	North Carolina	2014

Pl	Team	Time
1	Warrior Project (A)	3:26.17
2	Louisburg College (A)	3:37.64

#4 Men's 4000m DMR

\$	JDL Fast Track	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2017
!	College Facility	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2016
&	JDL DMR Invitational	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2017

Pl	Team	Time	H(Pl)
1	NC State (A)	9:55.47	2(1)
	3:01.58 (3:01.58) 49.27 (3:50.84) 1:53.41 (5:44.25) 4:11.22 (9:55.47)		
2	William & Mary (A)	10:04.13	2(2)
	3:02.95 (3:02.95) 48.47 (3:51.42) 1:57.29 (5:48.71) 4:15.43 (10:04.13)		
3	Pittsburgh (A)	10:13.96	2(3)
	3:08.98 (3:08.98) 48.87 (3:57.84) 1:56.11 (5:53.94) 4:20.02 (10:13.96)		
4	Mount Olive (A)	10:14.49	2(4)
	3:09.91 (3:09.91) 47.80 (3:57.71) 1:56.56 (5:54.26) 4:20.24 (10:14.49)		
5	Warrior Project (A)	10:16.67	1(1)
	3:12.23 (3:12.23) 48.52 (4:00.74) 1:57.93 (5:58.66) 4:18.01 (10:16.67)		
6	Richmond (A)	10:17.61	1(2)
	3:07.85 (3:07.85) 53.67 (4:01.52) 1:58.47 (5:59.98) 4:17.63 (10:17.61)		
7	Norfolk State (A)	10:30.50	1(3)
	3:12.83 (3:12.83) 51.94 (4:04.77) 2:01.35 (6:06.11) 4:24.39 (10:30.50)		
8	Louisburg College (A)	10:37.98	1(4)
	3:19.06 (3:19.06) 50.31 (4:09.37) 2:02.96 (6:12.33) 4:25.65 (10:37.98)		
9	Lee (Tenn.) (A)	10:44.06	1(5)
	3:17.45 (3:17.45) 51.59 (4:09.03) 2:04.68 (6:13.71) 4:30.36 (10:44.06)		
10	UNC Pembroke (A)	10:49.65	1(6)
	3:21.21 (3:21.21) 51.05 (4:12.26) 2:05.30 (6:17.55) 4:32.10 (10:49.65)		
	Queens (N.C.) (A)	DNS	2

#6 Men's Invite 4000m DMR

\$	JDL Fast Track	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2017
!	College Facility	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2/18/2016
&	JDL DMR Invitational	9:34.24	Manahan, DeRay, Engels, Tobin	Ole Miss	2017

Pl	Team	Time
1	Ole Miss (A)	9:34.43
	2:53.92 (2:53.92) 47.59 (3:41.51) 1:49.42 (5:30.92) 4:03.51 (9:34.43)	

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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RESULTS**#6 Men's Invite 4000m DMR (cont'd)**

Pl	Team					Time
2	Texas (A)					9:35.29
	2:52.95 (2:52.95)	47.86 (3:40.81)	1:53.83 (5:34.64)	4:00.66 (9:35.29)		
3	Iowa State (A)					9:35.44
	2:55.19 (2:55.19)	46.61 (3:41.80)	1:49.50 (5:31.29)	4:04.16 (9:35.44)		
4	Georgetown (A)					9:36.94
	2:56.26 (2:56.26)	48.11 (3:44.36)	1:49.40 (5:33.76)	4:03.19 (9:36.94)		
5	Arkansas (A)					9:36.99
	2:59.40 (2:59.40)	47.82 (3:47.21)	1:49.63 (5:36.84)	4:00.15 (9:36.99)		
6	Virginia Tech (A)					9:37.98
	2:57.08 (2:57.08)	48.05 (3:45.13)	1:51.48 (5:36.60)	4:01.38 (9:37.98)		
7	Kentucky (A)					9:44.40
	2:57.58 (2:57.58)	49.42 (3:47.00)	1:54.06 (5:41.05)	4:03.35 (9:44.40)		
8	Duke (A)					10:04.39
	2:58.79 (2:58.79)	48.93 (3:47.71)	1:55.99 (5:43.70)	4:20.70 (10:04.39)		
	Villanova (A)					DNF

#24 Men's High Jump

\$	JDL Fast Track	2.24m	Kris Kornegay-Gober	NC State	12/1/2012
!	College Facility	2.24m	Kris Kornegay-Gober	NC State	12/1/2012
&	JDL DMR Invitational	2.21m	Trey McRae	Charlotte	2015

Pl	Name	Team	Mark
1	Warner, Garth	Norfolk State	2.07m 6' 9½"
2	Hinkle, Walker	Unattached	2.02m 6' 7½"
3	Gamble, Orlando	Louisburg College	1.97m 6' 5½"
4	Hansen, Evan	Lee (Tenn.)	1.92m 6' 3½"
5	Jones, Tony	Wake Forest	1.92m 6' 3½"
5	Pelletier, Owen	UNCW	1.92m 6' 3½"
7	Grant, Miles	Unattached	1.87m 6' 1½"
8	Afrifa-Boakye, Philemon	Randolph	1.87m 6' 1½"
9	Christian, Brandon	Bridgewater (Va.)	1.82m 5' 11½"
	Moore, Adam	Queens (N.C.)	NH
	Wood, Dylan	UNCW	NH
	Cowman, Jack	UNCW	NH
	Mayes, Jonah	Lee (Tenn.)	NH
	Milton, Jacob	Norfolk State	NH
	Thomas, Ryan	William & Mary	NH
	Henley, Kequan	Norfolk State	NH

#26 Men's Pole Vault

\$	JDL Fast Track	5.46m	Scott Houston	Unattached	2/2/2019
!	College Facility	5.31m	Tray Oates	Samford	2/20/2016
&	JDL DMR Invitational	5.31m	Tray Oates	Samford	2015

Pl	Name	Team	Mark
1	Howe, Keon	Unattached	5.15m 16' 10¾"
2	Giliomee, Daniel	William & Mary	5.00m 16' 4¾"
3	Aldrich, Kane	Wake Forest	4.85m 15' 11"

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

MEET OFFICIALS**Meet Director:**

Ali Bahr

Timing:

Rhodes Race Timing

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RESULTS**#26 Men's Pole Vault (cont'd)**

Pl	Name	Team	Mark
4	Fairbanks, Michael	William & Mary	4.55m 14' 11"
5	Ward, Chandler	Unattached	4.25m 13' 11 ¹ / ₄
6	Futia, Nick	Queens (N.C.)	3.95m 12' 11 ¹ / ₂
7	Keech, Tommy	Unattached	3.80m 12' 5 ¹ / ₂
8	Simpson, Griffin	Bridgewater (Va.)	3.80m 12' 5 ¹ / ₂
9	Frazier, Karim	Randolph	3.80m 12' 5 ¹ / ₂
10	Halverson, Bill	Unattached	3.65m 11' 11 ³ / ₄
11	Crotty, Stephen	Queens (N.C.)	3.65m 11' 11 ³ / ₄
12	Rosenthal, Chase	Bridgewater (Va.)	3.50m 11' 5 ³ / ₄
	Matheson, Micah	Montreat	NH
	Booker, Patrick	Norfolk State	NH

#28 Men's Long Jump

\$	JDL Fast Track	7.81m	Mikeese Morse	Unattached	11/16/2013
!	College Facility	7.76m	Andre Dorsey	Kennesaw State	2/21/2014
&	JDL DMR Invitational	7.69m	Yann Randrianasolo	South Carolina	2018

Pl	Name	Team	Mark	F(Pl)
1	Price, Bobby	Norfolk State	7.15m 23' 5 ¹ / ₂	2(1)
2	Applequist, Anthony	Keiser University	6.90m 22' 7 ³ / ₄	2(2)
3	Grant, Miles	Unattached	6.88m 22' 7"	2(3)
4	Souza, Joey	North Carolina	6.75m 22' 1 ³ / ₄	2(4)
5	Flatford, Derek	Lee (Tenn.)	6.67m 21' 10 ³ / ₄	2(5)
6	Pledger, Carson	North Carolina	6.60m 21' 8"	1(1)
7	Stephens, Jonathan	UNCW	6.56m 21' 6 ¹ / ₄	2(6)
8	Word, Chad	Furman	6.37m 20' 10 ³ / ₄	1(2)
9	Mayes, Jonah	Lee (Tenn.)	6.35m 20' 10"	2(7)
10	Cowman, Jack	UNCW	6.28m 20' 7 ¹ / ₄	2(8)
11	Henley, Kequan	Norfolk State	6.28m 20' 7 ¹ / ₄	2(8)
12	Afrifa-Boakye, Philemon	Randolph	5.98m 19' 7 ¹ / ₂	1(3)
13	Rodgers, Nathan	UNCW	5.97m 19' 7"	1(4)
14	Murray, Keyshawn	Guilford	5.31m 17' 5 ¹ / ₄	1(5)
15	Helberg, Harris	Queens (N.C.)	5.06m 16' 7 ¹ / ₄	1(6)
	Dorsey, kyahl	Guilford	NM	1
	Moore, Adam	Queens (N.C.)	NM	1
	Masheleni, Schlitz	Randolph	NM	1
	alexander, trevel	Guilford	NM	2

#30 Men's Triple Jump

\$	JDL Fast Track	15.85m	Michael Tiller	Unattached	2/3/2018
!	College Facility	15.83m	Anthony Campbell	Charlotte	12/5/2015
&	JDL DMR Invitational	15.41m	Jaylon Holt	Unattached	2015
&	JDL DMR Invitational	15.41m	Alonzo Moore II	Unattached	2016

Pl	Name	Team	Mark
1	Applequist, Anthony	Keiser University	& 15.44m 50' 8"
2	Brooks, Josiah	Lee (Tenn.)	14.71m 48' 3 ¹ / ₄
3	Pledger, Carson	North Carolina	13.50m 44' 3 ¹ / ₂

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

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2/15/2019 - 2/16/2019

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RESULTS**#30 Men's Triple Jump (cont'd)**

Pl	Name	Team	Mark
4	Stephens, Jonathan	UNCW	13.00m 42' 8"
5	Sylla, Yamoussa	Unattached	12.89m 42' 3 ¹ / ₂
6	Pelletier, Owen	UNCW	12.77m 41' 10 ³ / ₄
7	Wood, Dylan	UNCW	12.38m 40' 7 ¹ / ₂
8	Doerwaldt, Max	Mary Baldwin University	11.70m 38' 4 ³ / ₄
	Masheleni, Schlitz	Randolph	NM
	Mayes, Jonah	Lee (Tenn.)	NM
	Banks, Jaylen	Norfolk State	NM
	Clyburn, Darian	Keiser University	NM
	Weathers, Darius	Wingate	NM

#32 Men's Shot Put

\$	JDL Fast Track	19.50m	Wesley Lavong	Adams State	3/15/2014
!	College Facility	19.50m	Wesley Lavong	Adams State	3/15/2014
&	JDL DMR Invitational	18.57m	Jake Deaton	Unattached	2015

Pl	Name	Team	Mark	F(Pl)
1	Cook, Jr., Kelly	William & Mary	17.46m 57' 3 ¹ / ₂	2(1)
2	Knauer, Martin	Queens (N.C.)	17.12m 56' 2"	2(2)
3	Boyers, Zach	Louisburg College	15.98m 52' 5 ¹ / ₄	2(3)
4	Scott, Connor	William & Mary	15.53m 50' 11 ¹ / ₂	2(4)
5	Joseph, Dominick	Cumberlands	15.47m 50' 9 ¹ / ₄	2(5)
6	Garmendia, Gari	Lee (Tenn.)	15.41m 50' 6 ³ / ₄	2(6)
7	Castillo, Vlad	William & Mary	15.14m 49' 8 ¹ / ₄	2(7)
8	Yearwood, Troy	William & Mary	14.63m 48' 0"	2(8)
9	Osborne, Ben	Queens (N.C.)	13.81m 45' 3 ³ / ₄	1(1)
10	Barnes, Zaire	Norfolk State	13.69m 44' 11"	1(2)
11	Boyles, Brandon	UNC Pembroke	13.59m 44' 7"	1(3)
12	Kyles, Jamison	Louisburg College	12.75m 41' 10"	1(4)
13	Leak, Justice	UNC Pembroke	10.70m 35' 1 ¹ / ₄	1(5)
14	Culberson, Joshua	Norfolk State	10.47m 34' 4 ¹ / ₄	2(9)
	diggs, montrell	Guilford	NM	1
	Wright, Evans	Queens (N.C.)	NM	1
	Richardson, Preston	William & Mary	NM	2

#34 Men's Weight Throw

\$	JDL Fast Track	23.24m	Josh Davis	NC State	12/3/2017
!	College Facility	23.24m	Josh Davis	NC State	12/3/2017
&	JDL DMR Invitational	22.92m	Josh Davis	NC State	2018

Pl	Name	Team	Mark
1	Parker, Tom	Unattached	18.77m 61' 7"
2	Cook, Jr., Kelly	William & Mary	17.36m 56' 11 ¹ / ₂
3	Wright, Jason	William & Mary	17.14m 56' 3"
4	Osborne, Ben	Queens (N.C.)	15.55m 51' 0 ¹ / ₄
5	Bee, Jacob	Queens (N.C.)	13.75m 45' 1 ¹ / ₂
6	Garmendia, Gari	Lee (Tenn.)	13.47m 44' 2 ¹ / ₂
7	Boyles, Brandon	UNC Pembroke	13.26m 43' 6"

JDL DMR INVITATIONAL

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/15/2019 - 2/16/2019

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Timing:

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RESULTS

#34 Men's Weight Throw (cont'd)

Pl	Name	Team	Mark
8	Gill, Klayton	Pfeiffer	13.00m 42' 8"
9	Leak, Justice	UNC Pembroke	12.67m 41' 7"
10	Haire, Tanner	Pfeiffer	8.18m 26' 10"
	Richardson, Preston	William & Mary	NM
	White, Andrew	Wake Forest	NM
	diggs, montrell	Guilford	NM
	Knauer, Martin	Queens (N.C.)	NM