



ARKANSAS TWILIGHT

FRIDAY, MAY 7, 2021

MEET INSTRUCTIONS

PACKETS

- Coaches may pick up team packets at John McDonnell Field on Thursday from 3:00 p.m. to 6:00 p.m. or during open hours on Friday. Team Packets will be located at the Walker Indoor Football Facility on Friday.
- We will distribute the packet to the first coach who arrives at the packet pick-up area. This packet will contain access credentials for the entire team. Please make arrangements to meet your team at a designated location outside John McDonnell Field to distribute credentials if you are planning to arrive at different times. We will not hold the packet at the packet pick-up area. Athletes and Staff will not be permitted entry to the John McDonnell Field without appropriate access credential.

PRACTICE TIMES AT JOHN MCDONNELL FIELD

- Teams interested in reserving practice time Thursday at John McDonnell Field must email their requested practice window to downsm@uark.edu by Wednesday, May 5. Visiting teams will be assigned times in an effort to reduce the number of athletes inside the venue at one time.
- Due to COVID-19 precautions, no weight room will be available for the 2021 season.

FACILITY ACCESS

- John McDonnell Field will open to competitors and coaches beginning two hours before competition begins on Friday. Only athletes will be permitted inside the competition areas. The facility is not open for practice on competition days.
- Athletes and team personnel should enter the facility through the northeast entrance to the track, shown on the venue map.
- Athletes and coaches must wear the wristbands included in the packet to enter the facility.

MASK POLICY

- All coaches, staff and non-competing student-athletes are required to wear a mask/neck gaiter when physical distancing is not possible. All competing student-athletes are required to wear a face mask/neck gaiter during warm-ups and at the starting line which may be removed just prior to the start of a race. All track and field officials are required to wear a face mask/neck gaiter in the competition area at all times.

TEAM CAMP AREAS

- Teams with six or more entered athletes will be assigned an individual tent on the outdoor practice football field to be used as a team camp/medical area (tent locations shown on venue map). Smaller teams without an assigned tent and individual/unattached athletes may utilize the indoor football facility for a camp location. All athletes not competing or actively preparing for competition should remain in either their assigned team camp area or in the athlete seating area in the West Grandstands with masks on.
- To the extent possible, institutions should arrange to have student-athletes arrive to the competition facility no more than two hours prior to his/her scheduled event. Consideration should also be given to transport student-athletes who have completed competition away from the facility following their last event. Please direct student-athletes to limit interaction between camps and with athletes from other teams.

TEAM DROP-OFF AND PARKING

- On Friday, team buses and vans should drop athletes at the bus drop-off area on Razorback Road near the warm up area indicated on the venue map.
- Buses should park in Lot 56, near the corner of Razorback Road and Martin Luther King Boulevard (map: <https://parking.uark.edu/parkmap.pdf>). Please do not have buses drop off at any other location than the location listed on the map. Team vans and cars should park at location number 2 on the attached venue map.

ENTERING AND EXITING THE COMPETITION TRACK

- Only competing student-athletes and track & field officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance.
- Coaches are not permitted into the competition area at any time. Coaching locations are indicated on the venue map surrounding the track and in the grandstands. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official they are permitted to cross the track.



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WARM-UPS

- No warm-ups will be permitted on the competition track at any time. Athletes should use the warm-up facility located on the practice football fields (indoors or outdoors) or warm-up outside the venue.
- Horizontal Jumps and Throws will utilize a 20-minute flight specific warm up time. Pole Vault athletes will be permitted a 90-minute warm up period, while high jump athletes will be permitted a 45-minute warm up period.

COACHING AREAS

- Coaches are not permitted into the competition area at any time. Field event athletes can view video, taken outside the competition area and not brought in the competition area, between attempts. Under the direction of an official, they are permitted to cross the track to confer with a coach.
- Coaching locations are indicated on the venue map surrounding the competition track and in the grandstands. Please respect social distancing measures.

ENTERING AND EXITING THE COMPETITION TRACK

- All athletes must enter and exit the oval from the gate by the common finish line (northeast gate).
- For the safety of everyone, only athletes currently contesting an event and coaches with appropriate wristband will be permitted on the track and infield. There will be NO exceptions to this policy.

RUNNING EVENTS INFORMATION

- **Masks must be worn during warm-up, clerking and staging.** Masks will be able to be removed at the final call area.
- Please make all scratches as soon as possible for all events. To do this ahead of the meet, please email your scratches to downsm@uark.edu. During the meet, please scratch your athletes with at the Clerk's Tent located at the northeast corner of the track, near the common finish line. We appreciate you making these scratches as soon as possible.
- Athletes in running events may check in for all events at any time BUT NO LATER than **20-minutes** before the scheduled start of the event. Athletes not checked in by this time will be scratched from their event.
- Athletes in all running events will follow the same protocol, which is outlined below.
 1. Athletes must report to the Clerks' Tent on the northeast corner of John McDonnell Field NOT later than **20-minutes** before the scheduled start of the event. Athletes failing to report by this deadline will be scratched.
 2. Athletes will be asked to report back to the Clerk's Tent approximately **5-minutes** prior to the scheduled start time of their heat based upon the clerking schedule.
 3. Athletes will be escorted from the Clerk's Tent to the starting line. Masks will be able to be removed prior to exiting the final staging area.
 4. At the conclusion of the running event, athletes must exit the track through the gate adjacent to the finish line.

FIELD EVENT INFORMATION

- **Masks must be worn by all competitors at all times, with the exception of competition attempts.** In the pole vault and throws, no chalk will be provided (athletes must bring their own personal). In the throws, each team will be required to use only their implement (no sharing implements between teams). Masks must be worn between competition attempts and during warm-ups.
- Field event athletes should check in NOT later than **20-minutes** before the scheduled start of their flight at the field event site. Athletes not checked in by this time will be scratched from their event. Athletes are not permitted to report until their assigned flight warm-up time and must depart the competition area at the conclusion of their flight.
- Horizontal Jumps and Throws will utilize a 20-minute flight specific warm up time. After the conclusion of their flight, athletes must depart the competition area. Pole Vault athletes will be permitted a 90-minute warm up period, while high jump athletes will be permitted a 45-minute warm up period.
- Athletes in all field events will follow the same protocol, which is outlined below.
 1. Athletes must walk directly to the field event site by carefully crossing the track. Athletes will only be permitted inside the competition area within the designated warm-up time for their flight/event.
 2. Athletes in field events must check-in with the appropriate official at the field event site and not with the Clerks.
 3. At the conclusion of their flight, athletes must exit the infield immediately.
- Coaches and non-competing athletes are not permitted inside the competition area at any time.



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DECLARATIONS

- Final declarations for all events occur at initial check in for each event. For running events, this occurs at the clerking area not less than 20-minutes before the scheduled start of the event. For field events, this occurs by checking in with the official at the field event site not less than 20-minutes before the scheduled start of the athletes scheduled flight. Athletes not declared by this time will be scratched from their event.

COMPETITOR'S BIBS

- Competitor's bibs will be worn on the front in all events, except the vertical jumps where athletes may choose to wear the bib on their back.

IMPLEMENT INSPECTION

- Implement inspection will begin on Friday at 8:00 a.m. at the weights and measures area in the west concourse of John McDonnell Field. All implements must be inspected not later than ninety minutes before the scheduled start of the event. Implements will be impounded until they are brought by the officials to the event site.

SPIKES

- Athletes may only use 1/4" pyramid spikes, with the exception of the high jump where 3/8" will be permitted. Spikes will be checked and those not meeting the regulations must be replaced. No pin/needle/Christmas tree spikes will be allowed on the competition track.

SPORTS MEDICINE

- Medical personnel must stage team training areas in their team's designated tent on the practice football fields. Medical personnel may enter the competition only in the event of injury or illness. Teams are responsible for providing their own water and nutritional needs; there will not be water coolers available. The meet's medical area is reserved for emergency situations only.

RESULTS

- Results and start lists will be available on FlashResults.com.

MEDIA

- Media inquiries, including team sports information directors and photographers, should be directed to Shawn Price (sdp013@uark.edu). A pool photographer will be available for visiting teams; contact Shawn Price for more information. Photographers and videographers must remain outside the competition area in their designated positions.



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VENUE MAP

