



Shweta Pawar

25, DN Nagar, Mumbai, Maharashtra

“Listening to the mMitra baby laugh made me feel as if my baby was laughing in my womb”

A visit to a hospital in Mumbai confirmed Shweta Pawar’s pregnancy. The doctor asked her to come back for a routine check-up; Shewta forgot. Sometime during the second month, she felt a little discomfort. Shweta soon rushed to the hospital and was disheartened to know that the doctor, whom she had consulted for the first time, was not on duty. “He had told me that everything is normal. Then why the pain?” she recalls. A hassled Shweta was spotted by a hospital supervisor with ARMMAN’s mMitra programme.

“A didi (elder sister) in white clothes approached me. She listened to me very patiently. I felt better,” she informs, adding, “She explained me about the mMitra voice call services and how they can be beneficial.”

It was during one of these calls that Shweta learnt about how discharge of white fluid could be one of the danger signs. “When I spoke about it to my mother-in-law initially, she said it is normal. However, the doctor, told me that it was happening due to infection which could have been fatal,” she says.

Shweta wishes that mMitra is able to help every underprivileged women like her. “mMitra has helped me not only during pregnancy but also post-childbirth. A call informed me that if the baby’s ears smell of odour, it means they are infected. I had been noticing an odour from my baby’s ear but did not know what to do about it,” she says.

Shweta feels lucky to find a guiding friend in mMitra. “When I was pregnant, listening to the mMitra baby laugh made me feel as if my baby was laughing in my womb,” says an ever-smiling Shweta.