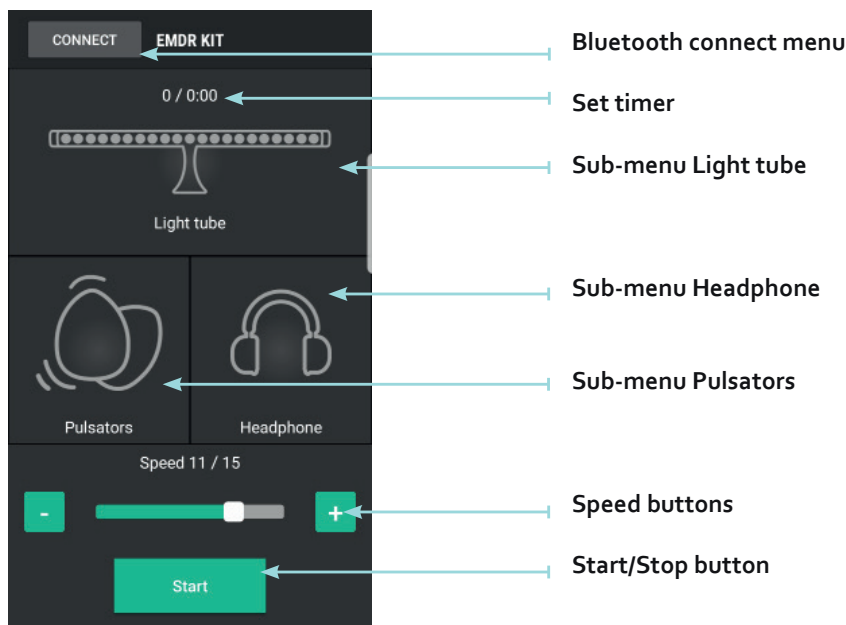


# EMDR KIT

## Quick guide

- 1 Before the first useage, charge the EMDR Kit with the supplied charger. Place the Pulsators in the dockingstations so they can charge as well.
- 2 To prevent problems with charging, we recommend to clean the contact points of the dockingstations and the Pulsators regularly. Please see the back of this page.
- 3 Download the EMDR Kit app on your smartphone or tablet.  
**Android**  
Open the Playstore.  
Search for 'EMDR Kit' in the searchbar.  
Select the icon of the EMDR Kit app.  
Choose 'Install' to install the app.  
(Make sure the most recent version of Android is installed.)  
**iOS (Apple)**  
Open the App store.  
Search for 'EMDR Kit' in the searchbar.  
Select the icon of the EMDR Kit app.  
Choose 'Install' to install the app.  
(Make sure the most recent version of iOS is installed.)
- 4 Activate Bluetooth in the settings on your smartphone or tablet. Open the EMDR Kit app and accept acces to location and the use of Bluetooth.
- 5 Turn the EMDR kit Light Tube on (0=off 1=on).  
Turn on the Pulsators by shaking them.  
Connect the parts through the Bluetooth connect menu in the app.  
Connect the Headphone through the settings on your smartphone or tablet.
- 6 You can now start working with the EMDR Kit.
- 7 Do not forget to shut down the EMDR Kit by pressing the DISCONNECT button and turning off the Light Tube using the on/off button.



Main menu of the EMDR Kit app

# EMDR KIT

## Cleaning protocol

Because the Pulsators are held by many different clients it is important to clean the Pulsators. Also, there can gather some dirt or dust on the contact points of the Pulsator. This dust or dirt can hinder the charging process.

You can use a wipe with a bit of alcohol to clean the pulsators surface and the contactpoints. Be careful not to use too much alcohol since it could damage the pulsator if you use too much.

Also, the contact points in the dockingstations on the foot of the Light Tube can gather some dust. Cleaning them once in a while will make sure that the pulsators are charged effectively.

