EMDR KIT CLASSIC ENGLISH MANUAL





EMDRKIT

Preface

1 Introduction	Page 3
2 Light Tube	Page 4
3 Headphone	Page 5
4 Pulsators	Page 6
5 Liability / Warranty and Defects	Page 7
6 User information	Page 8





1 Introduction

In this manual you can find everything you need to be able to work with the EMDR Kit Classic. Read this information carefully. If you have any questions, you can find more information or our contact form on our website: www.EMDRKit.com.

The EMDR Kit Classic complete set consists of the following parts:

- Controller
- Light Tube
- Pulsators
- Headphone
- Tripod
- Charger
- Bag (optional)

Note that not all these parts may be included as we offer the possibility to aquire parts seperately.

Controller

Before the first use, charge the controller of the EMDR Kit Classic using the adapter. It is important that the controller is properly charged if you want to use it. In the display of the controller you can see the battery status. See page 8 for the symbol indications. A full charged controller should last for several days.

The different modalities (Light Tube, Pulsators and Headphone) can be connected to the controller by plugging them into the corresponding socket. If you do not want to use one of the modalities, you can simply disconnect them. The modalities can all be used simultaneously or separately.

You can turn the controller on or off by pressing the button briefly. When you do not use the EMDR Kit for 1 hour, the controller will shut down automatically.

Tripod

If you want to adjust the height of the tripod: Pull the legs until you reach the desired length. Turn the legs counterclockwise to secure them. You will hear a soft click when the leg is secured.

To unlock the legs and fold them up: Turn the legs counterclockwise again and push the legs in.



2 Light Tube

Connect the Light tube into the socket on top of the controller indicated with <u>Light</u>. When you turn on the controller, a light dot will apear on the Light Tube. When you press , the light dot on the Light Tube will start to move back and forth. By pressing once more, the light dot will pause as well as other modalities that are connected to the controller.

Speed

To adjust the speed of the Light Tube: Press on the or next to <u>Speed</u>.

Color

Adjust the color of the light dot by pressing two times so that the display reads <u>Color</u>. Press on until the preferred color is selected. You can also choose for random colors by selecting the <u>Random</u> color option.

Light Tube Mode

The Light Tube has two different modes. In Sweeping mode the light dot will move back and forth gradually. In Blinking mode, the light dot will blink from the left end to the right end of the Light Tube.

Change the mode by pressing three times so that the display reads <u>Light</u>. Press or until the preferred mode is selected.

Width

The light dot can be widened or narrowed by pressing four times so that the display reads *Width*. Press or to adjust the width.

Brightness

Adjust the brightness of the light dot by pressing five times so that the display reads *Bright*. Press or to increase or decrease the brightness of the light dot.



3 Headphone

Connect the Headphone into the socket on the top of the controller indicated with <u>Headphone</u>. When you press , you will hear sound comming through the headphone. By pressing again, the sound will pause, as well as the other modalities that are connected to the controller.

Speed

Adjust the speed of the sound stimuli by pressing or next to <u>Speed</u>.

Volume

Adjust the volume of the sound by pressing or next to <u>Volume</u>. This is also possible during use.

Irregular sound

You can choose for a regular or irregular sound stimuli. Press six times so that the display reads <u>Audio</u>. Press or until the preffered sound mode is selected; <u>Regular</u> for regular stimuli and or <u>Random</u> for irregular stimuli.

Pitch Height

To adjust the pitch height of the auditive stimuli: Press seven times so that the display reads *Tone*. Press or to descrease or increase the pitch height.

EMDRKIT

4 Pulsators

Connect the Pulsators into the socket on top of the controller indicated with <u>Pulsator</u>. When you press o, the Pulsators will start to pulse. You can pause the pulsator by press ing again. Other connected modalities will pause as well.

Speed

Adjust the speed of the Pulsators by pressing or next to <u>Speed</u>.

Intensity

Adjust the Pulsdator intensity by pressing once so that the display reads <u>Intense</u>. Press on or until the preferred intensity is selected.



5 Liability

The EMDR Kit is designed to support trained EMDR therapists in EMDR treatment. The practitioner is always responsible for the result of the treatment. Te developer or seller of the EMDR Kit can not be held liable for results of the treatment or any complaints from the client with regard to the use of the EMDR Kit. For a more detailed overview of the terms and conditions, please visit the support section on our website www.EMDRkit.com.

Warranty

The Light tube, the Pulsators, Headphone, adapter and bag have a warranty period of two years. The warranty starts on the day of delivery. Please keep a copy of your invoice as itcan be asked for warranty purposes.

What is not covered by the warranty:

- The warranty does not apply to normal wear and tear, defects caused by rough handling
 of the product, defects or damage caused by improper use of the product, including use
 in violation of the instructions supplied with the EMDR Kit.
- 2. The warranty does not cover defects or alleged defects resulting from the use of the product in combination with or connected to products, accessories, software and / or service not produced or supplied by the supplier of the EMDR Kit or if the product was used in another way than for which it is intended.
- 3. The warranty is not applicable if the product has been opened, modified or repaired by an unauthorized maintenance company or has been repaired using non-approved parts.
- 4. The warranty is not applicable if the product has been exposed to moisture, vapor or extreme temperatures or environmental conditions or rapid changes in such conditions, or corrosion, oxidation or spillage of food or liquid.

Defects

If you have any problems with your EMDR Kit, first consult the overview with the lot questions asked on our website www.EMDRKit.com. Do you still have questions or ambiguities afterwards? Feel free to contact us via the contact form at www.EMDRkit.com.

<u>Defects of the product or incomplete delivery must always be reported within 14 days of receipt to info@emdrkit.com.</u>

EMDRKIT

6 User information

- This product is meant to be used by trained EMDR therapists only. The EMDR Kit is not intended as a self-help tool.
- Keep the EMDR kit out of the reach of children unless there is surveillance (for example during treatments).
- To prevent damage, transport the EMDR Kit in the optional bag.
- Only use the included adapters and do not manipulate or modify them in any way.
- Adapter specifications:

Input: 100-240V 50/60Hz 0.3A

Ouput: 12V o.6A

Icon	Icon Meaning
o ⁿ	Charging
	Chargin ready: battery is full and power is connected
	No power connected: battery is in use
٥	Battery is almost empty
No icon	Problem with power or battery