

36 RECORDS. ALL CERTIFIED.

Record Breakers

The Craziest World Records of All Time



THE ROBOT BOOK CLUB



Record Breakers

The Craziest World Records of All Time

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Cartoons are original illustrations created for this book. Every record described is real and, wherever possible, officially certified; record figures are paraphrased from the record-keepers, never copied. Records are broken all the time — some numbers here may since have been beaten.

Published by The Robot Book Club


*For every kid who ever timed something
completely ridiculous just to see if it was a record.*


How to Read This Book


Every record in this book gets two pages, and — this is the important part — **every single one is real**. Somebody measured it. A judge signed off on it. It's in the books.


Each spread has the same equipment:

 The **holder badge** names the person, animal, or thing that owns the record.

 The **size graphic** puts the record on one scale next to an everyday object, so you can see exactly how big (or small) it really is.

 The **COULD YOU BEAT IT? box** gives you the honest answer — no fibbing, even when the answer is "not a chance."

 The **Wow-o-Meter** rates the record from 1 star (very impressive) to 5 stars (the best on the whole planet).

 The **cartoon** celebrates the moment. The record is real; the drawing is ours.

Read it front to back, or flip to the highest star counts first. Either way: yes, somebody really did that.

How a Record Becomes Real

Picture this: You just balanced fourteen spoons on your face, hopped across the living room on a pogo stick, and successfully caught a piece of toast flying out of the toaster in your teeth. Your dog is staring at you. Your sibling is slowly clapping. Panting, you look at the clock and think: *Wait... is that a world record?* It's a great question. But getting your name in the history books takes a lot more than just doing something completely absurd in your kitchen.

Who Says It Counts?

So, who actually gets to decide what counts? You can't just declare yourself the universe's greatest pogo-sticking toast-catcher. A record only becomes real when an official global authority says it is. For wacky human achievements, that's Guinness World Records (GWR). They get thousands of applications, but they only accept feats that are measurable, breakable, and have strict rules.

But GWR isn't the only boss in town. If you're trying to run the fastest 100-meter dash, the ultimate judge is World Athletics, the organization that oversees global track and field. And what about the natural world? If you want to prove you've found the heaviest meteorite or the oldest dinosaur fossil, you have to turn to places like the American Museum of Natural History in New York or the Carnegie Museum of Natural History. They use real scientists, expedition logs, and massive fossil collections to verify exactly what is the biggest, oldest, or rarest.

Bring the Evidence

Let's say you actually attempt a record. You can't just pinky-swear you did it. The burden of proof is intense! You need continuous, unedited video footage from start to finish. Take Catalin Alexandru Duru, who flew a propeller-powered hoverboard 275.9 meters over a lake in 2014. Without video and impartial witnesses marking the exact start and end points, it would just be a cool story, not a verified record.

If you don't hire an official, highly trained adjudicator to fly out and watch you in person, you need independent witnesses. And they can't be your mom or your best friend. They have to be experts or community officials who gain absolutely nothing from your success. When Canadian gardener Damien Allard grew a gargantuan, 29-kilogram (63-pound) turnip in 2020, he didn't just plop it on a bathroom scale. He had an agriculturist inspect it. Witnesses even had to *taste* the giant vegetable to prove it was real food and wasn't secretly stuffed with heavy lead weights!

Strict Rules for a Level Playing Field

The rules for record-breaking are completely ruthless, but they exist to keep things fair. Imagine trying to beat a sprinting record, but the previous guy had a massive wind blowing at his back. That's exactly why World Athletics uses highly calibrated wind gauges. If a tailwind is blowing faster than +2.0 meters per second, the record is immediately thrown out.

Just ask Cuban long jumper Iván Pedroso. In 1995, he launched himself into the sandpit for a mind-blowing 8.96-meter jump—one centimeter past the world record! The wind gauge read +1.2 m/s, which was perfectly legal. He celebrated, thinking he was the new champion. But when officials reviewed the tape, they saw an Italian coach standing right in front of the wind gauge, blocking the breeze. Because the true wind speed couldn't be trusted, Pedroso's incredible jump was totally wiped from the record books. One broken rule, and *poof*—history is erased.

Retired, Corrected, and Busted

Believe it or not, record books are living documents. Sometimes, categories get retired entirely because they are just too dangerous. Guinness stopped tracking the "Heaviest Pet" back in 1998 to stop people from dangerously overfeeding their cats, and they completely banned extreme sleep deprivation records so people wouldn't risk organ failure trying to stay awake for two weeks.

Organizations also have to fix their own mistakes. When real-life nurse Jessica Anderson broke the marathon record for a runner dressed as a nurse, Guinness initially rejected her because she was wearing her actual hospital scrubs instead of

an old-fashioned white dress and cap! After a massive public outcry from healthcare workers, Guinness apologized, updated their wildly outdated rule, and gave her the title.

And if you cheat? Modern technology will catch you. In 1982, Todd Rogers claimed an impossibly fast 5.51-second speedrun in the Atari game *Dragster*. Decades later, modern gamers dug into the game's computer code and mathematically proved that time was completely impossible. Rogers was stripped of his title. It just goes to show: if you want a world record, it has to be earned, it has to be fair, and above all, it has to be real.

CHAPTER 1

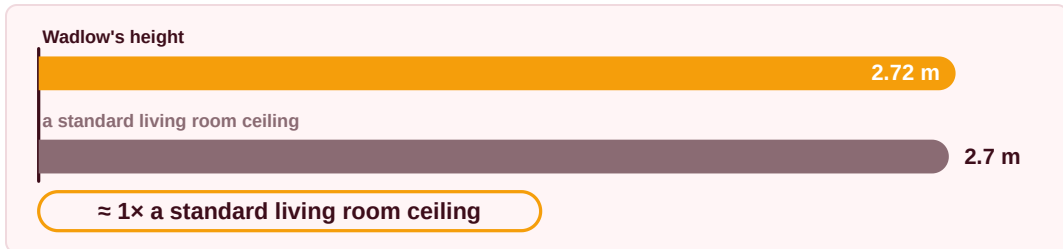
The Human Body

Some people are living proof that the human body has settings the rest of us never unlock. The tallest, the hairiest, the longest-nailed — every one of them a real, proud, record-holding person.

6 RECORDS · ALL OF THEM REAL

1 The Tallest Human Being in History

ALTON, ILLINOIS, USA · 1940



Robert was so astonishingly tall that his head would have brushed a standard living room ceiling!

Born to average-sized parents in 1918, Robert was a mild-mannered boy whose body just wouldn't stop growing. By the time he was only eight years old, he was already taller than his own father—and could even carry his dad up the stairs!

Despite his massive size, Robert just wanted to be a regular kid. At age thirteen, he became the world's tallest Boy Scout. He needed a custom-made uniform, sleeping bag, and a giant tent just so he could go camping with his friends.

Tragically, Robert passed away at just 22 years old from a poorly fitted leg brace. Remembered globally as the "Gentle Giant," he handled his immense fame—and a world built for much smaller people—with absolute champion-level grace.

How Is That Even Possible?

Robert was born with a rare variation in his pituitary gland—the part of the brain that tells the body when to grow. While most kids' glands hit the brakes after puberty, Robert's kept hitting the gas, flooding his body with growth hormones his entire life.

COULD YOU BEAT IT?

The Honest Answer

Unless you share Robert's incredibly rare genetic condition, no. Today, doctors can treat overactive pituitary glands to safely prevent humans from reaching this kind of joint-straining height. Robert's 2.72-meter record is considered permanently unbeatable.

Certified by Guinness World Records

WOW-O-METER ★★★★★

Best on the planet

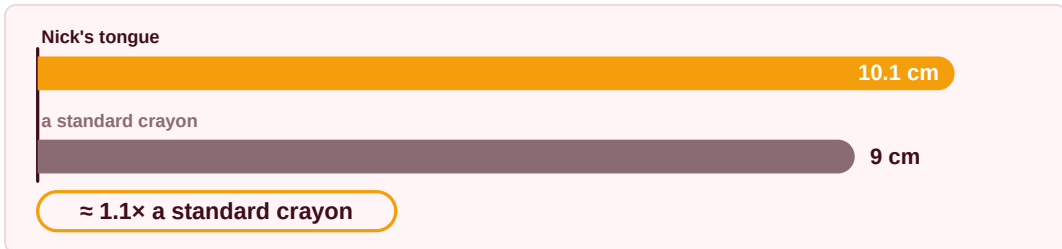
NO. 1



The Tallest Human Being in History — Robert Pershing Wadlow

2 The World's Longest Tongue

SALINAS, CALIFORNIA, USA · 2012



At over ten centimeters, Nick's tongue is actually longer than a brand-new crayon!

Nick Stoeberl always knew his tongue was extraordinary. On long family road trips as a kid, he found it highly entertaining to stick it out from the back seat at passing cars and shocked onlookers.

Instead of just keeping it as a funny party trick, Nick decided to use his record-breaking muscle for art! After securely wrapping his tongue in cling wrap, he dips it into acrylic paint to create highly original canvas paintings.

How Is That Even Possible?

The tongue is a highly flexible group of muscles anchored to the floor of the mouth. While genetics determined its unbelievable length, Guinness World Records uses a very strict protocol to measure it: they measure strictly from the middle of the closed top lip to the very tip.

COULD YOU BEAT IT?

The Honest Answer

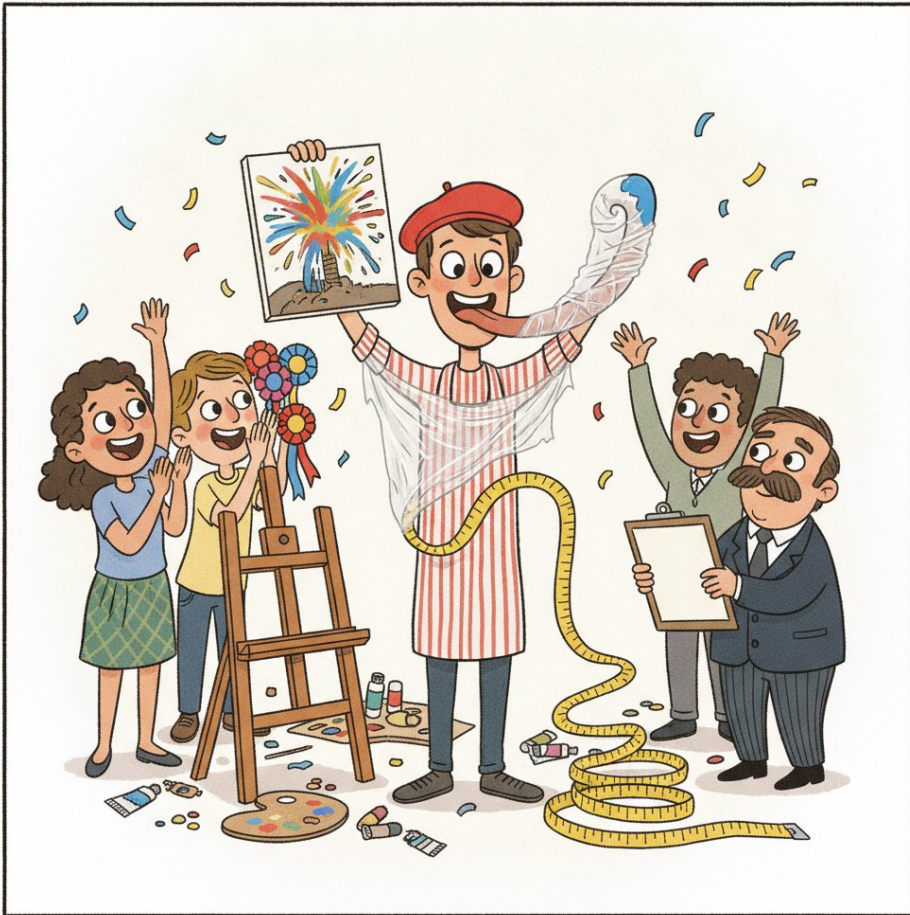
Grab a ruler and a mirror! To test yours officially, stick your tongue out and measure from your closed top lip to the very tip. While Nick's record is a rare genetic gift, measuring your own is a fun, completely safe experiment.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

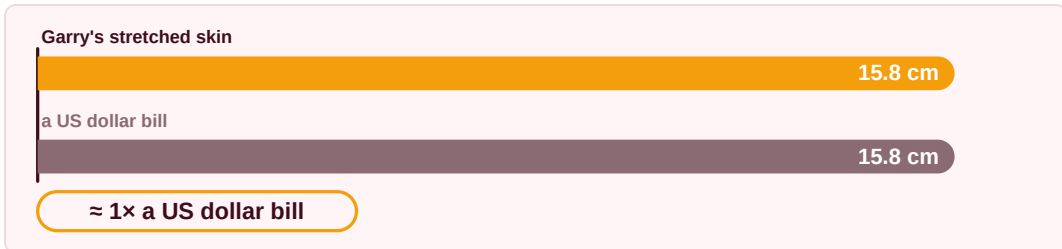
NO. 2



The World's Longest Tongue — Nick Stoerber!

3 The World's Stretchiest Skin

LOS ANGELES, CALIFORNIA, USA · 1999



Garry can stretch the skin on his stomach to the exact length of a dollar bill!

Garry Turner was born with a rare condition called Ehlers-Danlos Syndrome, which affects the connective tissue and collagen in his body. Because of this, his skin is unbelievably elastic! But instead of letting his differences bring him down, Garry turned them into an incredible superpower.

In 1999, Garry officially showed off his talent, painlessly stretching the skin on his stomach a massive 15.8 centimeters. He proudly travels the world as a star performer, leaving crowds everywhere in awe of his amazing, rubber-band-like abilities.

How Is That Even Possible?

Garry has Ehlers-Danlos Syndrome. This rare genetic condition alters how his body makes collagen, the strong protein that usually holds skin tight and firm. Without standard collagen, his connective tissues are loose, allowing his skin to stretch like a rubber band without causing him any pain.

COULD YOU BEAT IT?

The Honest Answer

No! Garry's stretching ability comes from his unique, natural genetics. Since typical skin is packed with tight collagen to protect your insides, pulling on it will just hurt. You should absolutely never try to forcefully stretch your own skin!

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

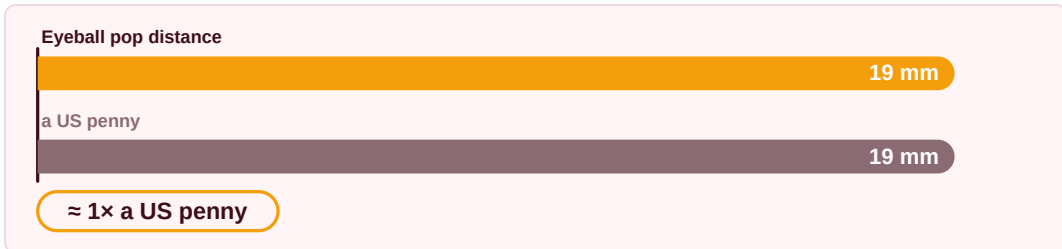
NO. 3



The World's Stretchiest Skin — Garry Turner

4 The Farthest Eyeball Pop

MILAN, ITALY · 2024



His eyeballs push out exactly the distance of a US penny's width!

When Williams was an eight-year-old kid messing around with his friends, he discovered a bizarre talent. By completely relaxing his eye muscles, he could safely push his eyeballs right out of their sockets!

Today, the father of four uses his eye-popping superpower to bring joy to millions. He loves watching people jump in shock when he performs his trick. He even has a massive social media following where fans beg him to shout their names while popping his eyes.

To make his record official, a doctor used a highly precise device called a proptometer to safely measure the exact distance his eyes protruded. He set a new world record, proving that sometimes the best way to see the world is to really let your eyes bug out.

How Is That Even Possible?

This is a rare, natural physical ability. Williams has unique control over his eye muscles, allowing him to safely relax them and push the eyeballs outward. Doctors call this "orbital excursion." It doesn't hurt him, but it requires highly specific facial biology that most humans just don't have.

COULD YOU BEAT IT?

The Honest Answer

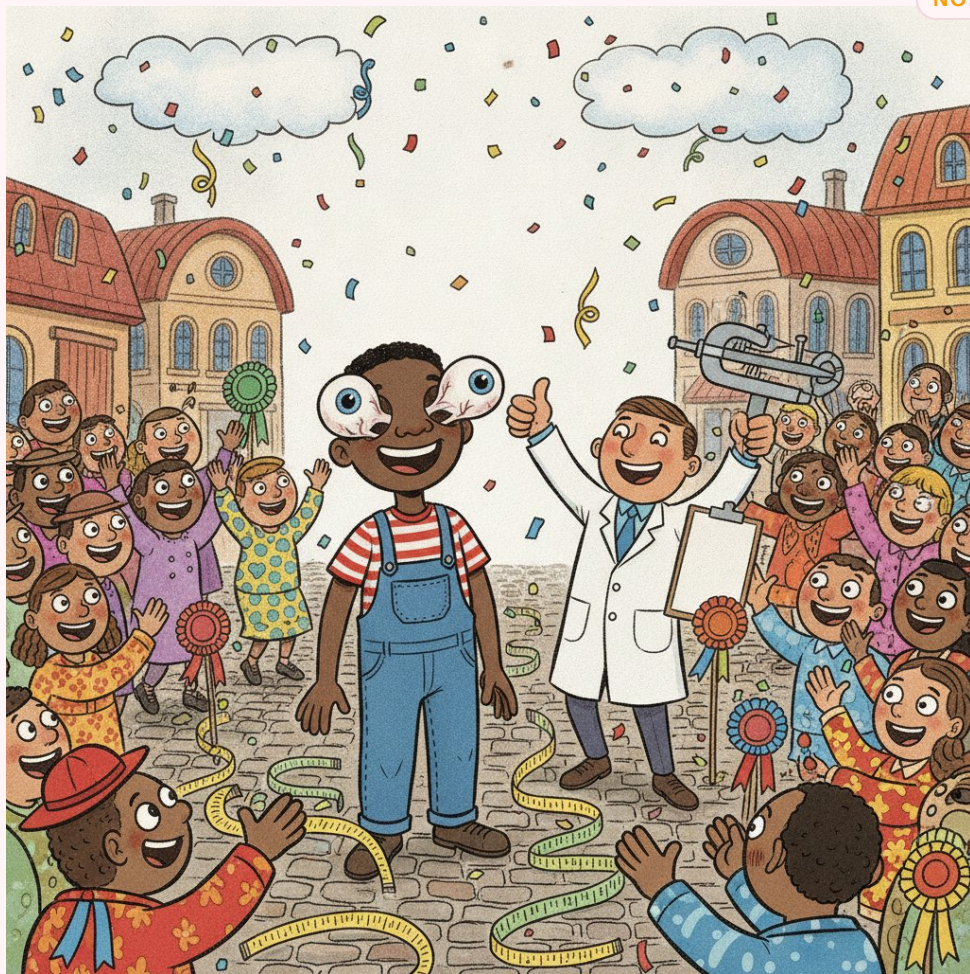
Unless you were born with this exact physical trait, absolutely not. Kids should never, ever poke, pull, or force their own eyes to pop. Eyes are incredibly delicate, and pushing them is dangerous. Leave this wild trick to the certified professionals!

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

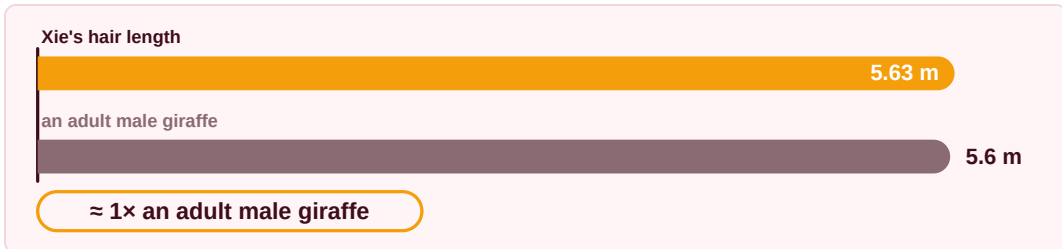
NO. 4



The Farthest Eyeball Pop — Williams Martin Sanchez Lopez

5 The Longest Hair Ever

CHINA · 2004



Xie's flowing hair is roughly the exact same length as a towering adult male giraffe is tall!

Imagine skipping every single haircut you've ever been scheduled for. That is exactly what Xie Qiuping decided to do in 1973 when she was just a thirteen-year-old girl. Decades later, her unbelievable dedication earned her the crown for the longest natural hair in human history.

Growing locks this massive is no easy task. The sheer weight of the hair means Xie has to stand incredibly straight just to safely carry it around. Washing and combing it takes immense patience and exhausting daily discipline to prevent tangles.

Despite the massive effort required to maintain her record-breaking mane, she considers it a beautiful part of who she is. As she proudly told the record judges: "It's no trouble at all, I'm used to it."

How Is That Even Possible?

Achieving this record takes extraordinary patience, excellent posture, and daily discipline to manage the massive weight. Judges meticulously inspect the hair to ensure it is completely natural and growing directly from the scalp, meaning no dreadlocks or extensions are allowed in this category.

COULD YOU BEAT IT?

The Honest Answer

Probably not. Even if you permanently boycotted the barber today, growing a mane over five meters long requires rare genetics to keep it from naturally shedding, plus decades of heavy, exhausting daily maintenance.

Certified by Guinness World Records

WOW-O-METER ★★★★★☆

Almost unbelievable

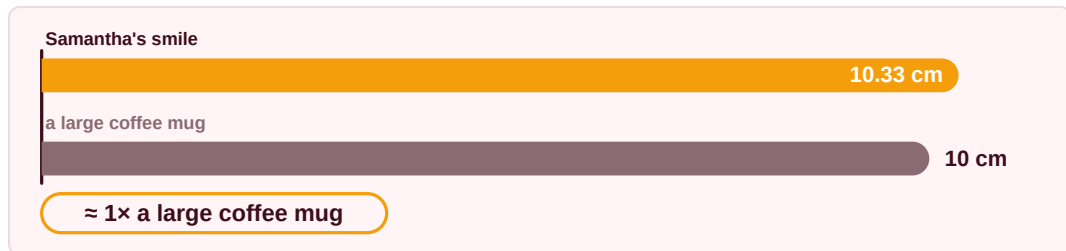
NO. 5



The Longest Hair Ever — Xie Qiuping

6 The World's Widest Mouth

NORWALK, CONNECTICUT, USA · 2022



Samantha's record-breaking smile is wider than the rim of a massive, steaming mug of hot chocolate!

Growing up, Samantha Ramsdell was bullied for her uniquely large smile. Cruel classmates teased her, calling her "big mouth bass girl," which left her feeling deeply insecure about her face. But instead of hiding, she eventually decided to share her massive grin with the world.

Samantha began posting hilarious comedy and singing videos on TikTok. Her audience absolutely loved her! Millions of fans cheered her on, encouraging her to officially measure her famous smile. She visited a professional dentist, who carefully used digital calipers to record a jaw-dropping 10.33-centimeter stretch.

Today, Samantha is a globally recognized champion and a beloved internet superstar. She proudly tells kids that the very things making them different are actually their greatest strengths. As she puts it, her unique smile isn't a flaw—it's her ultimate superpower!

How Is That Even Possible?

The width of a human mouth is determined by genetics, jawbone structure, and the elasticity of facial tissues. Samantha's unique facial muscles naturally allow for an extreme stretch without causing any pain. To verify the record safely and scientifically, a dentist used digital calipers to measure the exact distance from corner to corner.

COULD YOU BEAT IT?

The Honest Answer

Grab a ruler and smile as wide as you can! Most adults max out around six or seven centimeters. Unless you were born with highly unusual facial genetics, stretching your grin past the ten-centimeter mark is basically impossible.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Hard to believe

NO. 6



The World's Widest Mouth — Samantha Ramsdell

CHAPTER 2

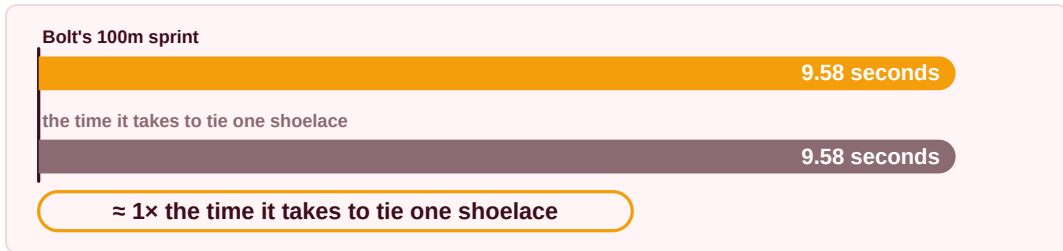
Strength and Speed

This chapter is pure horsepower: the fastest humans alive, the heaviest things ever lifted, and the split-seconds that separate a world record from an ordinary great day.

6 RECORDS · ALL OF THEM REAL

7 The Fastest Person on Earth

BERLIN, GERMANY · 2009



Bolt ran 100 meters in exactly the amount of time it takes to tie your shoe!

Usain Bolt, a tall, lightning-fast runner from Jamaica, didn't just beat the 100-meter world record—he completely destroyed it. During the 2009 World Championships, Bolt blasted out of the starting blocks and ran so fast he looked like he was flying.

The most amazing detail? Bolt was famous for eating chicken nuggets before his big races and smiling at the cameras even as he crossed the finish line. He proved that you can be the fiercest competitor in the world and still have fun doing it.

How Is That Even Possible?

To run this fast, an athlete must fight the fundamental laws of physics and air resistance. Bolt's muscles were conditioned to recruit fibers in perfect explosive unison. Taking advantage of a legal tailwind of just under +2.0 meters per second, his tall frame generated unbelievable kinetic power.

COULD YOU BEAT IT?

The Honest Answer

You can definitely test yourself! Have a friend time you running 100 meters at a local track. A fast kid might finish in 15 seconds. Catching Bolt, though, requires a once-in-a-generation body and years of grueling, elite training.

Certified by World Athletics

WOW-O-METER ★★★★★

Best on the planet

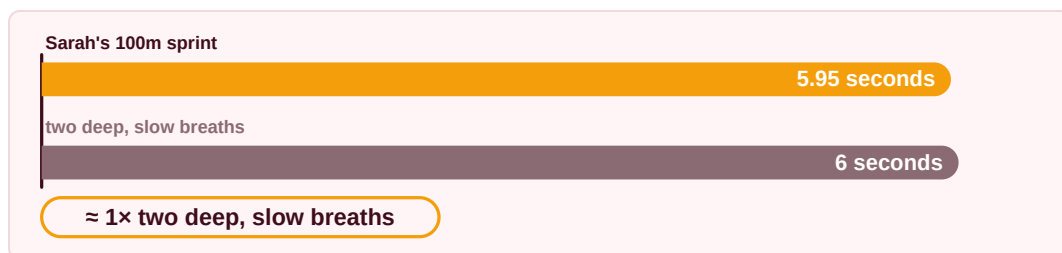
NO. 7



The Fastest Person on Earth — Usain Bolt

8 The Fastest Animal Sprint

CINCINNATI, OHIO, USA · 2012



Sarah ran a full 100 meters in the exact time it takes to take two slow breaths.

Usain Bolt might be the fastest human, but he would be left completely in the dust by an eleven-year-old cheetah named Sarah. To get her to run her absolute fastest, the zoo team didn't use a starter pistol—they used her favorite fluffy dog toy attached to a fast-moving wire.

As she chased the zooming toy down a custom track, Sarah hit a mind-boggling top speed of 61 miles per hour. She was literally flying! In fact, she moved with such explosive power that her paws were completely off the dirt for more than half of the race.

How Is That Even Possible?

Sarah's body was a biological racing machine. Her sharp, cleat-like claws dug into the dirt to provide the ultimate grip. Because of her explosive speed and stride, she spent more than half of the race completely airborne, minimizing friction with the ground.

COULD YOU BEAT IT?

The Honest Answer

Not a chance! The absolute fastest a human has ever run this distance is 9.58 seconds. Even if you were an Olympic champion, Sarah would cross the finish line while you were barely halfway down the track.

Certified by USA Track & Field and Guinness World Records

WOW-O-METER ★★★★★

Best on the planet

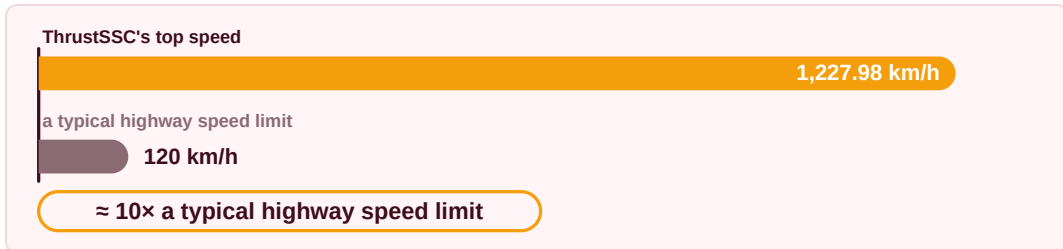
NO. 8



The Fastest Animal Sprint — Sarah the Cheetah

9 The Fastest Car in the World

NEVADA, USA · 1997



The ThrustSSC traveled over ten times faster than cars cruising on a normal highway.

How do you build the fastest car ever? You take two massive jet engines from a fighter plane and strap them to a custom frame! Driven by Royal Air Force pilot Andy Green, the ThrustSSC looked more like a wingless rocket than a regular automobile.

When Andy fired up the engines in the Nevada desert, the vehicle accelerated so fiercely it actually broke the sound barrier. It created a massive, booming shockwave that echoed across the dry lakebed as it averaged a mind-blowing 1,227.985 km/h.

Many supercar companies brag about their vehicles reaching incredible speeds, but those are just regular production cars. The ThrustSSC is a custom-built prototype and remains the absolute only car to ever officially blast past the speed of sound on land!

How Is That Even Possible?

Instead of a normal car engine that turns the wheels, the ThrustSSC used twin jet engines from an actual military fighter plane. It didn't drive so much as blast forward on pure thrust, overcoming immense aerodynamic drag to slice through the air and shatter the sound barrier.

COULD YOU BEAT IT?

The Honest Answer

Not a chance! You would need millions of dollars, a top-secret engineering team, dual military jet engines, and the lightning-fast reflexes of a trained fighter pilot just to keep this wingless missile from flying out of control.

Certified by Fédération Internationale de l'Automobile

WOW-O-METER ★★★★★

Best on the planet

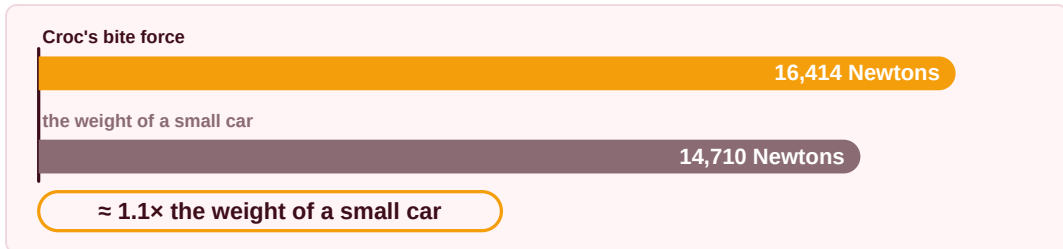
NO. 9



The Fastest Car in the World — ThrustSSC

10 The Most Powerful Animal Bite

AUSTRALIA · 2012



That is like resting the entire 1.5-ton weight of a small car directly onto your hand!

If you ever spot a 15-foot saltwater crocodile, keep your distance! Curious to find the world's strongest chomp, scientist Dr. Gregory M. Erickson and his team built a super-tough metal bite-meter and safely tested 83 living crocodiles.

When one massive reptile clamped down, the custom meter registered a bone-crushing 16,414 Newtons of force. It was a spectacular display of raw, prehistoric power, and the ultimate snapping trap.

You might hear rumors that great white sharks or extinct T-Rexes bite harder. But those are just computer estimates! The saltwater crocodile is the undisputed, scientifically tested king of the snap, holding the record for the strongest bite ever actually measured on a living animal.

How Is That Even Possible?

Saltwater crocodiles are highly evolved predators with massive jaw muscles that take up a huge portion of their skulls. Once they slam their jaws shut on their dinner, these muscles lock down with incredible mechanical leverage, making it virtually impossible to pry their mouths open.

COULD YOU BEAT IT?

The Honest Answer

Not even close! A human's hardest bite is a tiny fraction of a crocodile's. Even if you chewed the absolute toughest beef jerky every single day, your human jaw simply isn't built to crush solid bone like a swamp reptile.

Certified by PLOS One Scientific Journal

WOW-O-METER ★★☆☆☆

Almost unbelievable

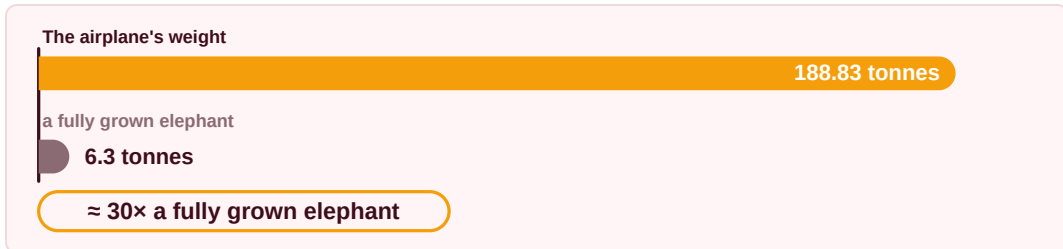
NO. 10



The Most Powerful Animal Bite — Saltwater Crocodile

11 The Heaviest Airplane Pulled

ONTARIO, CANADA · 2009



Kevin dragged a mass equal to about 30 fully grown elephants all by himself!

Kevin Fast isn't just a regular guy; he's a Canadian priest who happens to have superhero strength. To raise money for charity, Kevin decided to test his muscles against a gigantic CC-177 military cargo plane.

He put on a thick body harness, attached it to the colossal aircraft, and leaned forward with all his might. Slowly but surely, his boots gripped the concrete, and the massive plane actually started to roll!

Kevin dragged the staggering weight 8.8 meters all by himself, without any downhill slopes or mechanical help. Using the roar of the cheering crowd to power through, he completed the ultimate solo pull.

How Is That Even Possible?

It comes down to extreme leg strength and overcoming "rolling resistance." The hardest part is the beginning. Once a plane's wheels finally start moving, momentum helps keep it rolling. But getting nearly 189 tonnes to budge requires perfect gripping boots, a massive core, and a superhuman forward lean!

COULD YOU BEAT IT?

The Honest Answer

You definitely shouldn't try pulling an airplane anytime soon! But moving heavy objects is a classic strongman sport. With years of safe strength training, you might one day pull a small car or a pickup truck for charity.

Certified by Guinness World Records

WOW-O-METER ★★★★★☆

Almost unbelievable

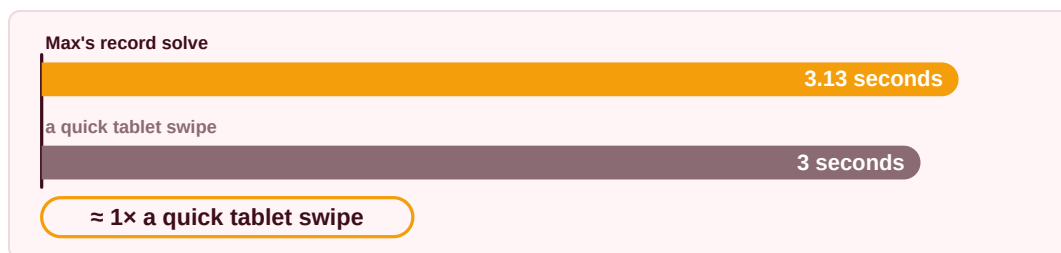
NO. 11



The Heaviest Airplane Pulled — Kevin Fast

12 The Fastest Puzzle Solver

CALIFORNIA, USA · 2023



Max solved the cube in roughly the time it takes to swipe open your tablet screen.

A standard puzzle cube has 43 quintillion possible combinations. For most of us, solving one takes days of frustration. But twenty-one-year-old Max Park isn't most people. At a 2023 competition in California, he sat down, inspected a scrambled cube, and took a deep breath.

The moment his hands left the official timer mat, his fingers became a blurry tornado of motion. Snap, twist, click! In practically the blink of an eye, every single side of the cube was perfectly color-matched.

He slammed his hands back down to stop the clock at an unbelievable 3.13 seconds. The crowd erupted into wild cheers, crowning Max the undisputed puzzle king of the world.

How Is That Even Possible?

Speedcubers like Max memorize hundreds of advanced mathematical algorithms to instantly recognize patterns. They know exactly which sequence of twists will solve multiple blocks at once. Combined with extreme finger dexterity built through years of practice, Max executes moves instantly without jamming the cube's internal mechanics.

COULD YOU BEAT IT?

The Honest Answer

You can definitely learn to solve a cube, and with practice, you might even finish in under a minute! But hitting three seconds requires superhuman pattern recognition and world-class finger speed. Max's incredible record is a masterpiece of the mind.

Certified by World Cube Association

WOW-O-METER ★★★★★

Best on the planet

NO. 12



The Fastest Puzzle Solver — Max Park

CHAPTER 3

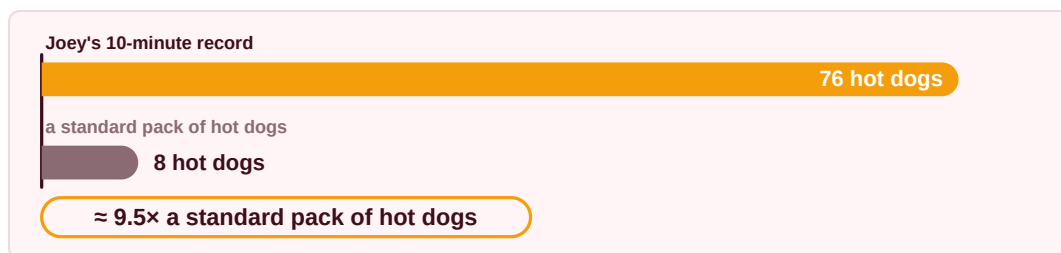
Eating Champions

Warning: read this chapter on an empty stomach. These are the people (and the appetites) that turned lunch into a world championship, from hot dogs to whole cars.

6 RECORDS · ALL OF THEM REAL

13 The Ultimate Hot Dog Hero

BROOKLYN, NEW YORK, USA · 2021



He ate almost ten whole packs of hot dogs in the time it takes for a recess break!

Joey Chestnut, known to fans worldwide as "Jaws," is the undisputed king of competitive eating. He doesn't just sit down for a quick lunch; he competes like an elite Olympic athlete to conquer literal mountains of food.

To reach champion status, Joey trains for months. He practices stretching his stomach to hold massive amounts of food safely, and he perfects special breathing techniques to help him chew and swallow at lightning speed.

In 2021, at the most famous eating contest on Earth, the crowd watched in awe as his hands moved in a blur. In a strict ten-minute window, he officially devoured a mind-boggling seventy-six complete hot dogs and buns to secure his legendary record!

How Is That Even Possible?

Speed eaters train their bodies for months like extreme athletes. By safely drinking large amounts of water, they stretch their stomach muscles to handle huge capacities. They also practice strict breathing techniques so they can chew and swallow rapidly without choking. It is highly regulated biology in action!

COULD YOU BEAT IT?

The Honest Answer

No way! Without intense professional training and medical supervision, eating this much this fast is incredibly dangerous. Plus, a normal kid would take about two and a half months of daily lunches to finish what Joey ate in ten minutes!

Certified by Major League Eating

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

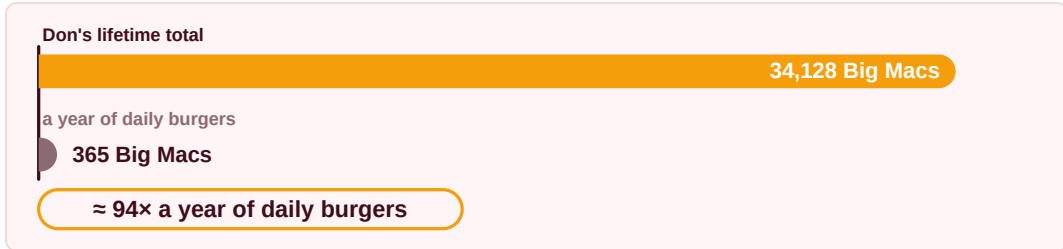
NO. 13



The Ultimate Hot Dog Hero — Joey Chestnut

14 The Lifetime of Big Macs

FOND DU LAC, WISCONSIN · 2024



If you ate one burger every single day, it would take you over 93 years to match Don!

Former prison guard Don Gorske tasted his first McDonald's Big Mac back in 1972 and immediately knew it was true love. Since that fateful bite, he has saved every single receipt and empty cardboard box to prove his daily diet.

He usually eats two Big Macs every day, skipping the french fries to focus entirely on his favorite main course. Over five decades, this dedicated routine resulted in an officially certified, towering mountain of 34,128 burgers.

To stay healthy, Don walks six miles every single day. His local restaurant loves his amazing loyalty so much that they even hung his portrait on the wall to celebrate his ultimate eating streak!

How Is That Even Possible?

Don paces himself, eating just two burgers a day over five decades rather than speed-eating. By strictly skipping the french fries and walking six miles every single day, medical professionals confirm he remains in excellent physical health despite his highly unusual, single-minded menu.

COULD YOU BEAT IT?

The Honest Answer

It is incredibly unlikely! You would have to eat a Big Mac every single day for over ninety-three years just to catch up. Plus, fast food is a rare treat for most kids, not a daily habit.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

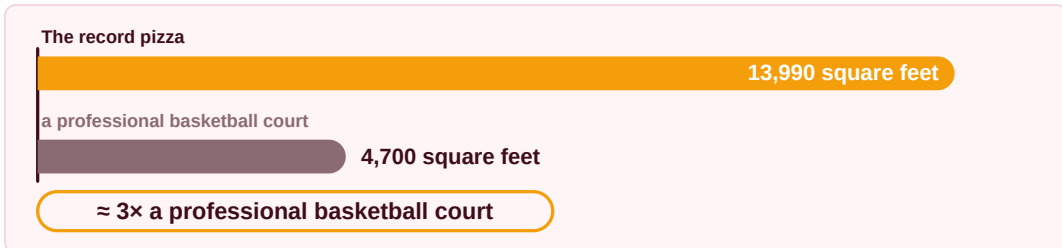
NO. 14



The Lifetime of Big Macs — Don Gorske

15 The World's Most Humongous Pizza

LOS ANGELES, USA · 2023



This titanic pie was so incredibly massive it could completely cover nearly three pro basketball courts!

When YouTube creator Airrack threw a pizza party at age eight, nobody showed up. To get the ultimate revenge on that childhood disappointment, he teamed up with Pizza Hut to throw the biggest pizza party the world had ever seen.

A massive crew worked for 48 hours straight at the Los Angeles Convention Center. They painstakingly laid down 13,653 pounds of dough, 4,948 pounds of sauce, and a mind-boggling 630,496 pieces of pepperoni to build the gigantic pie.

Because no oven on Earth could fit the creation, engineers invented a special hovering cooking machine that floated over the pizza to bake it. Afterward, all 68,000 delicious slices were safely donated to local food charities.

How Is That Even Possible?

Scaling up a pizza this much requires extreme culinary engineering. Because the team couldn't put it in a giant oven, they deployed a custom rig equipped with hovering heating elements that slowly moved across the raw ingredients, safely baking the dough and melting the cheese from above.

COULD YOU BEAT IT?

The Honest Answer

You definitely couldn't build this alone! Setting a giant food record today requires a massive budget, a team of professional chefs, mechanical engineers to build custom ovens, and strict health department planning to ensure no food goes to waste.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

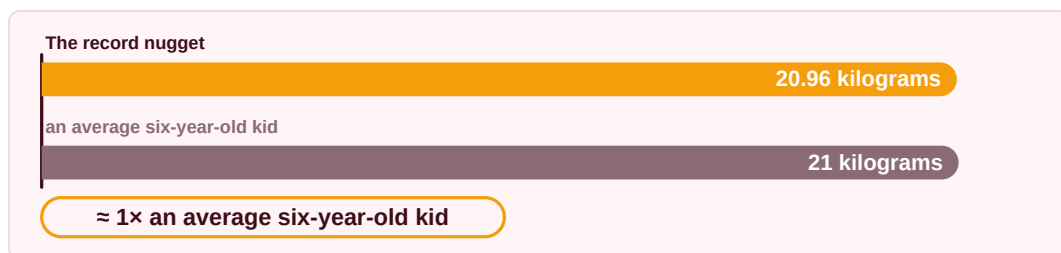
NO. 15



The World's Most Humongous Pizza — Pizza Hut & Airrack

16 The Giant Chicken Nugget

CAMBRIDGE, MASSACHUSETTS, USA · 2022



This single massive chicken nugget weighed exactly as much as a young kid in first grade!

TikTok cooking stars Nick and Lynja loved making ridiculously huge food. To build the ultimate chicken nugget, they mixed 40 pounds of ground chicken, 40 eggs, and half a gallon of milk together in a massive bowl.

The snack was so enormous that they had to use a paintbrush just to spread on the egg wash! Because it would never fit inside a normal kitchen appliance, they carefully drove the raw nugget to a special culinary school oven.

The rules required the meat to reach a safe internal temperature of 165°F. Once fully baked and officially weighed, Nick and Lynja chopped the golden-brown masterpiece up and fed it to their friends and film crew!

How Is That Even Possible?

Baking huge food is a tricky science! A regular oven can't surround a giant mound of meat with enough heat, leaving the deep center dangerously raw. They had to use a commercial culinary school oven to cook the inside perfectly without burning the outside breading.

COULD YOU BEAT IT?

The Honest Answer

You couldn't bake this at home, as it would never fit inside your family's oven! But with enough ground chicken, a team of friends, and permission to use an industrial kitchen, a dedicated cooking club could absolutely try to beat this tasty milestone.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Almost unbelievable

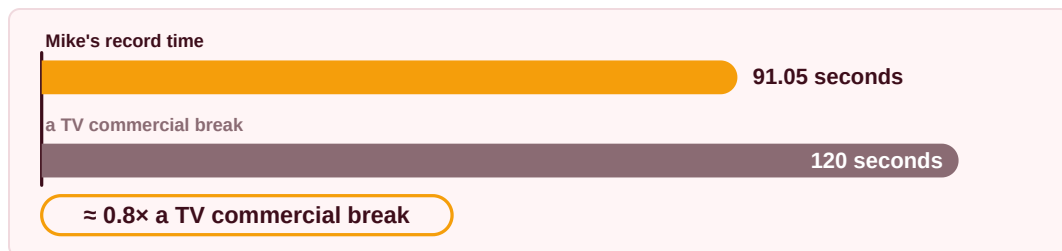
NO. 16



The Giant Chicken Nugget — Nick DiGiovanni and Lynja

17 The Speedy Salad

CANADA · 2021



Mike crunched through an entire head of lettuce faster than a typical television commercial break!

Who says competitive eaters only eat junk food? Mike Jack is a vegan speed-eater who genuinely loves his vegetables. He wanted to prove that clearing a plate of greens can be just as extreme as eating dozens of hot dogs.

Mike grabbed a massive, crunchy, raw head of lettuce and munched it down as fast as humanly possible. There was no salad dressing and definitely no croutons to help it go down—just pure leafy speed!

Chewing furiously, he polished off the entire head in just over a minute and a half. The strict judges made sure he didn't discard a single leaf before handing him the healthy world record.

How Is That Even Possible?

Speed-eaters like Mike train like elite athletes. To conquer this leafy challenge, he had to master rapid chewing to break down the tough, crunchy fibers of raw lettuce. He also used specialized breathing techniques to safely swallow all that dry food without choking or needing a sip of water.

COULD YOU BEAT IT?

The Honest Answer

You could definitely eat a whole head of lettuce if you had a tasty dressing and a normal dinner hour. But trying to speed-chew dry, crunchy vegetables in ninety seconds is a choking hazard. Leave the lightning-fast munching to the pros!

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ☆ ☆

Hard to believe

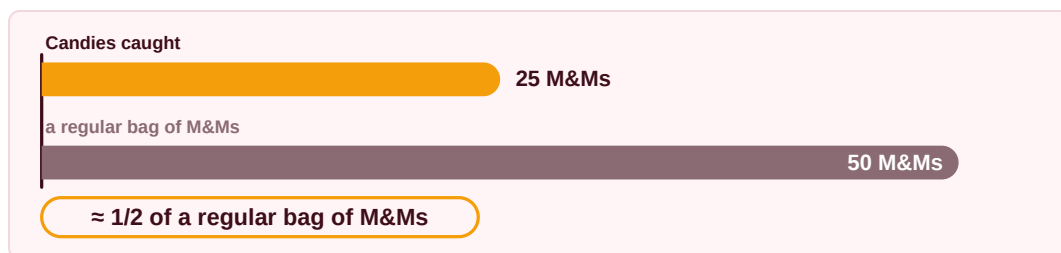
NO. 17



The Speedy Salad — Mike Jack

18 The Blindfolded Candy Catcher

MALAYSIA · 2022



He snatched up half a checkout-aisle bag of M&Ms using only chopsticks in total darkness!

Eating tiny candies is easy, but what if you couldn't see them and could only use wooden sticks? Avery Chin decided to take on one of the most oddly specific eating challenges on Earth.

Wearing a thick blindfold to block out all light, Avery sat at a table with a bowl of slippery, hard-shelled M&M candies. His mission was to pick up as many as possible using only chopsticks and pop them into his mouth before the 60-second timer buzzed.

Relying entirely on feel and incredible hand-to-mouth coordination, his chopsticks moved like lightning in the dark. He successfully snatched 25 pieces in just one minute, securing a delightfully sweet world record.

How Is That Even Possible?

Avery relied on extreme spatial awareness and muscle memory. Without sight, the brain must perfectly map the invisible distance from the table to the mouth. Catching slippery, hard-shelled candies with smooth wooden chopsticks also requires a delicate grip so they don't shoot across the room!

COULD YOU BEAT IT?

The Honest Answer

You could definitely try this safe, funny challenge at home! Grab a clean blindfold, chopsticks, and a bowl of round candies. You will be surprised by how hard it is to pick up even one slippery sweet when you are completely in the dark.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ☆ ☆

Hard to believe

NO. 18



The Blindfolded Candy Catcher — Avery Chin

CHAPTER 4

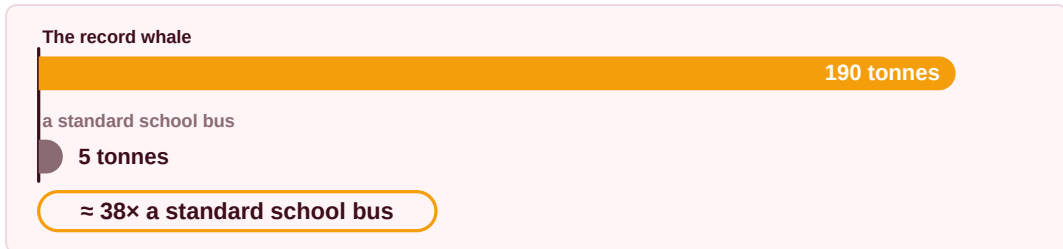
Animal Record-Holders

Nature has been setting records for a lot longer than we have. Meet the biggest, fastest, oldest, and loudest animals on the planet — the undisputed champions of the wild.

6 RECORDS · ALL OF THEM REAL

19 The Heaviest Animal in History

SOUTHERN OCEAN, ANTARCTICA · 1947



This giant female weighed exactly as much as 38 standard school buses stacked together!

How do you weigh the biggest animal in Earth's history when no scale is large enough to hold her? When this giant female Antarctic blue whale was caught in 1947, she had to be weighed piece by piece in a process called "flensing."

Even chunk by chunk, the numbers were mind-boggling. Her heart alone was the size of a golf cart! Because of the massive amount of fluid lost during the weighing process, scientists believe this ocean queen actually weighed even *more* while she was swimming.

How Is That Even Possible?

Blue whales grow to these incredible sizes because the ocean's salt water naturally supports their immense body weight. Without gravity pulling down heavily on their bones the way it does on land, whales can grow far larger and heavier than any land dinosaur ever could!

COULD YOU BEAT IT?

The Honest Answer

Absolutely not. You are a terrestrial mammal, and human bones simply aren't built to carry 190 tonnes! Even the heaviest human in medical history weighed a tiny fraction of a single blue whale flipper.

Certified by Guinness World Records

WOW-O-METER ★★★★★

Best on the planet

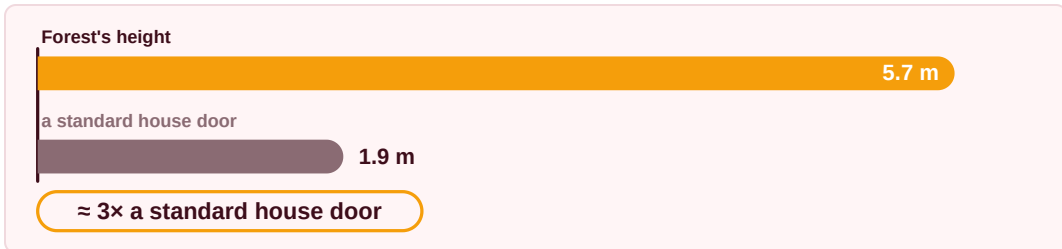
NO. 19



The Heaviest Animal in History — Antarctic Blue Whale

20 The Tallest Living Animal

QUEENSLAND, AUSTRALIA · 2019



Forest is exactly the same height as three standard house doors stacked perfectly on top of one another.

Forest the giraffe was always a giant, even among his extremely tall friends at the Australia Zoo. But proving exactly how tall he was to record judges was a massive challenge. You can't exactly ask a wild animal to stand perfectly still against a wall!

To get an official measurement, zookeepers—including the famous Irwin family—built a giant, specially marked measuring pole and placed it right next to Forest's favorite hay feeder.

It took months of patience. The team had to wait for Forest to finally get comfortable, step up to the feeder, and stand perfectly straight so they could capture the flawless video evidence needed to crown him the tallest.

How Is That Even Possible?

Giraffes are naturally the tallest land animals on Earth thanks to their towering necks and stilt-like legs. To get this official measurement, judges used custom tools to measure Forest from the ground all the way to the very tip of his ossicones—the furry, horn-like bumps on his head.

COULD YOU BEAT IT?

The Honest Answer

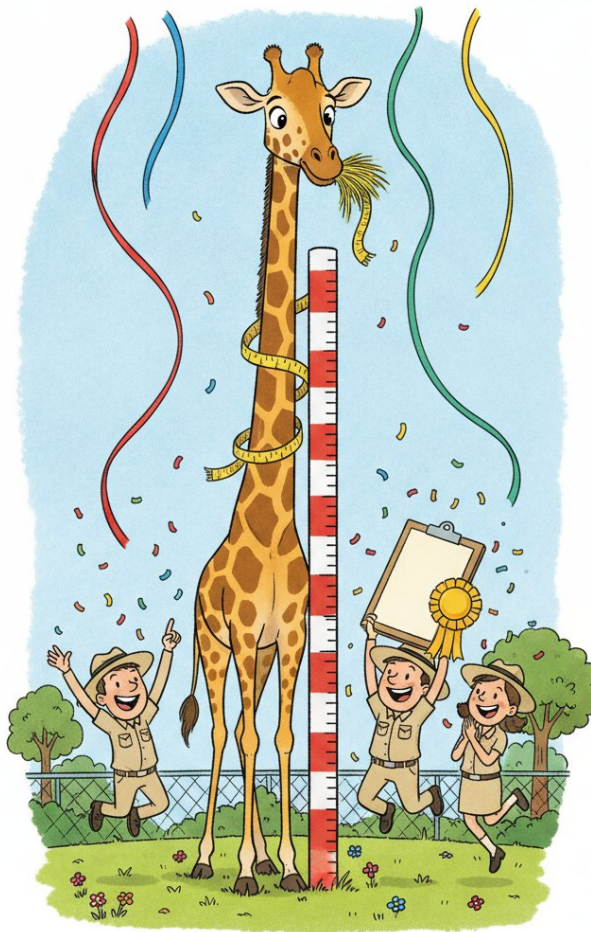
Not a chance! The absolute tallest human in recorded history stood at 2.72 meters. You would have to stand on another giant's shoulders just to look Forest in the eye.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

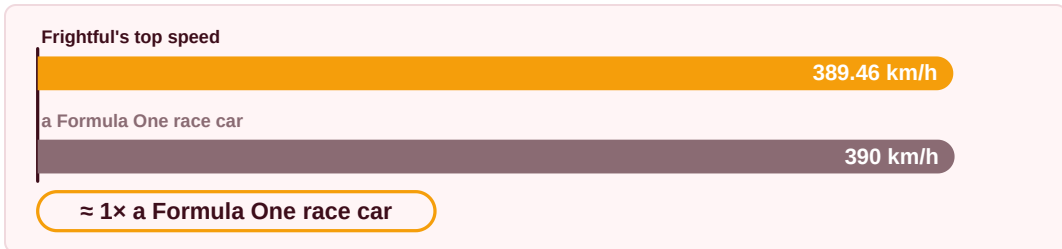
NO. 20



The Tallest Living Animal — Forest the Giraffe

21 The Fastest Diving Animal

WASHINGTON, USA · 1999



Frightful plummeted through the clouds almost exactly as fast as a racing car screaming down a straightaway.

How do you clock a speeding bird? You jump out of an airplane with it! In 1999, falconer Ken Franklin took his six-year-old falcon, Frightful, up in a Cessna to 17,000 feet. He attached a tiny skydiver's microchip to her tail feathers.

When they leaped from the plane, Ken tossed out a fake prey target. Frightful instantly locked onto it, tucked her wings, and plummeted out of the sky like a feathered bullet before pulling up safely.

The computer chip recorded a mind-blowing speed of 389.46 km/h. While some scientists debate if wild falcons naturally dive from such extreme altitudes, the physics are undisputed: Frightful is the fastest living creature on Earth.

How Is That Even Possible?

To achieve this massive speed in a hunting dive—known as a "stoop"—peregrine falcons fold their wings tight against their bodies to create an aerodynamic shape just like a fighter jet. This perfectly streamlined posture allows them to slice through the air, letting gravity accelerate them to unbelievable terminal velocities.

COULD YOU BEAT IT?

The Honest Answer

Not even close! If you jumped out of an airplane, human air resistance would max out your normal belly-down falling speed at about 200 km/h. You would just be eating her dust in the sky.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ★

Best on the planet

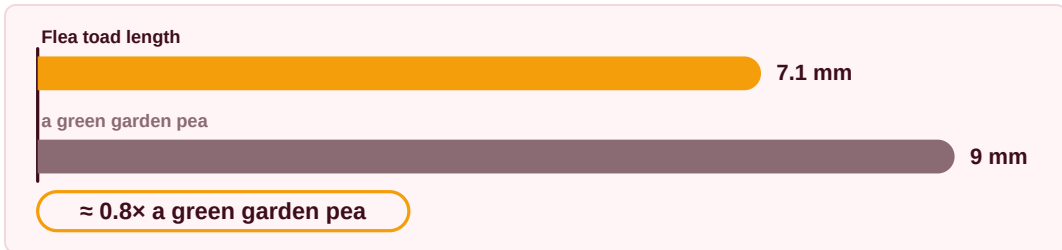
NO. 21



The Fastest Diving Animal — Frightful the Peregrine Falcon

22 The Smallest Animal With a Backbone

BAHIA, BRAZIL · 2024



This microscopic amphibian is significantly smaller than a standard green garden pea.

For years, scientists believed a tiny frog from New Guinea held the record for the world's smallest vertebrate. But in 2024, biologists exploring the rainforests of Brazil found something even smaller hiding in the damp dirt.

Meet the Brazilian flea toad. At just 7.1 millimeters long, this microscopic amphibian is so tiny it completely skips the tadpole stage! Instead, it hatches from a miniature egg as a perfectly formed, fully grown adult toad.

These fierce little hunters spend their days leaping through the leaf litter to catch microscopic bugs. They are so ridiculously small that you could easily fit two fully grown males side-by-side on your fingernail.

How Is That Even Possible?

The flea toad pushes the absolute physical limits of biology. To survive at this microscopic scale, their bodies had to evolve to skip the tadpole phase entirely. Hatching fully developed allows them to instantly hunt tiny bugs and survive in their damp rainforest habitat without needing a pond.

COULD YOU BEAT IT?

The Honest Answer

You couldn't shrink yourself to beat it, but you could absolutely discover the next record-breaker! The rainforest floor is full of unstudied life. If you grow up to be a field biologist, you might just find an even tinier vertebrate hiding in the dirt.

Certified by Guinness World Records & biological journals

WOW-O-METER ★★☆☆☆

Almost unbelievable

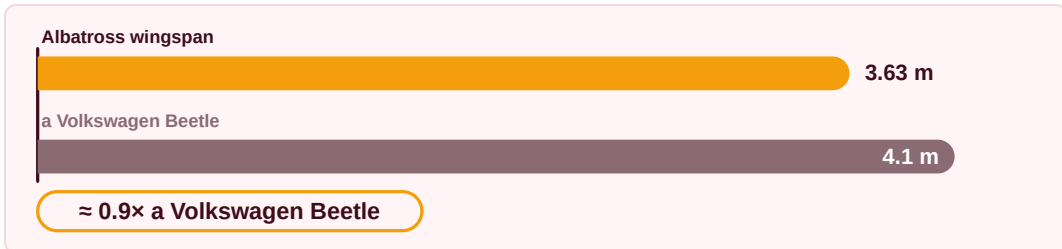
NO. 22



The Smallest Animal With a Backbone — Brazilian Flea Toad

23 The Largest Bird Wingspan

TASMAN SEA · 1965



At over three and a half meters wide, this bird is the size of a flying car!

The wandering albatross is the ultimate ocean glider. In 1965, scientists aboard a research ship called the *USNS Eltanin* caught a massive male bird over the Tasman Sea. When they carefully measured his wings from tip to tip, they stretched a mind-boggling 3.63 meters across!

With wings that incredibly long, flapping is way too much work. Instead, the albatross simply locks its wing joints into place and uses the fierce ocean winds like a giant living kite, effortlessly soaring above the wild waves.

These majestic birds spend almost their entire lives in the air near Antarctica, only landing to breed. They are such perfect gliders that they even sleep while flying, easily traveling up to 6,000 miles in a single journey.

How Is That Even Possible?

The secret is in their special anatomy. An albatross can literally lock its wing joints in place, meaning it doesn't have to use active muscle power to hold its wings outstretched. By riding the powerful wind currents bouncing off ocean waves, it can glide effortlessly without wasting any energy.

COULD YOU BEAT IT?

The Honest Answer

Not a chance! Even the tallest human adults only have an arm span of about two meters. You would need another person standing on your fingertips to stretch as wide as this colossal ocean wanderer.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Almost unbelievable

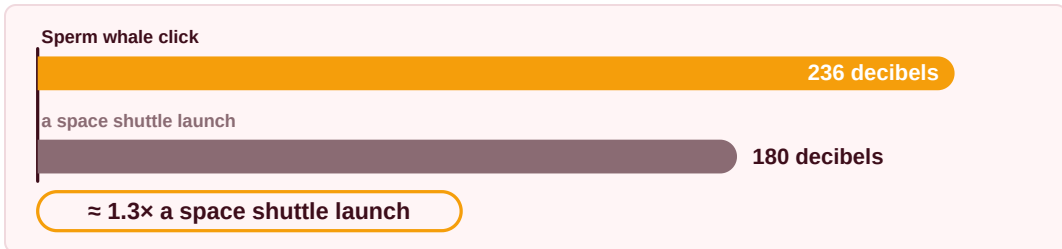
NO. 23



The Largest Bird Wingspan — Wandering Albatross

24 The Loudest Animal on Earth

DEEP OCEANS WORLDWIDE



A sperm whale's hunting click is significantly louder than a NASA rocket blasting off the launchpad.

Sperm whales hunt for giant squid in the pitch-black depths of the ocean. Because they cannot see in the dark, they use echolocation, firing off rapid clicking noises from inside their massive heads.

These clicks aren't just for finding objects—they are a weapon. Blasting out at an unbelievable 236 decibels, the sound waves are so incredibly loud that they act as a physical force in the water.

Scientists believe this intense acoustic shockwave is powerful enough to instantly stun their prey. Once the giant squid is knocked out by the wall of sound, the whale simply scoops up its deep-sea dinner!

How Is That Even Possible?

Sperm whales generate repeating clicking noises inside their massive heads. Because water is denser than air, the physics of sound work differently in the ocean. The acoustic pressure of these underwater clicks is so intense that it acts as a physical force, turning a simple noise into a stunning weapon.

COULD YOU BEAT IT?

The Honest Answer

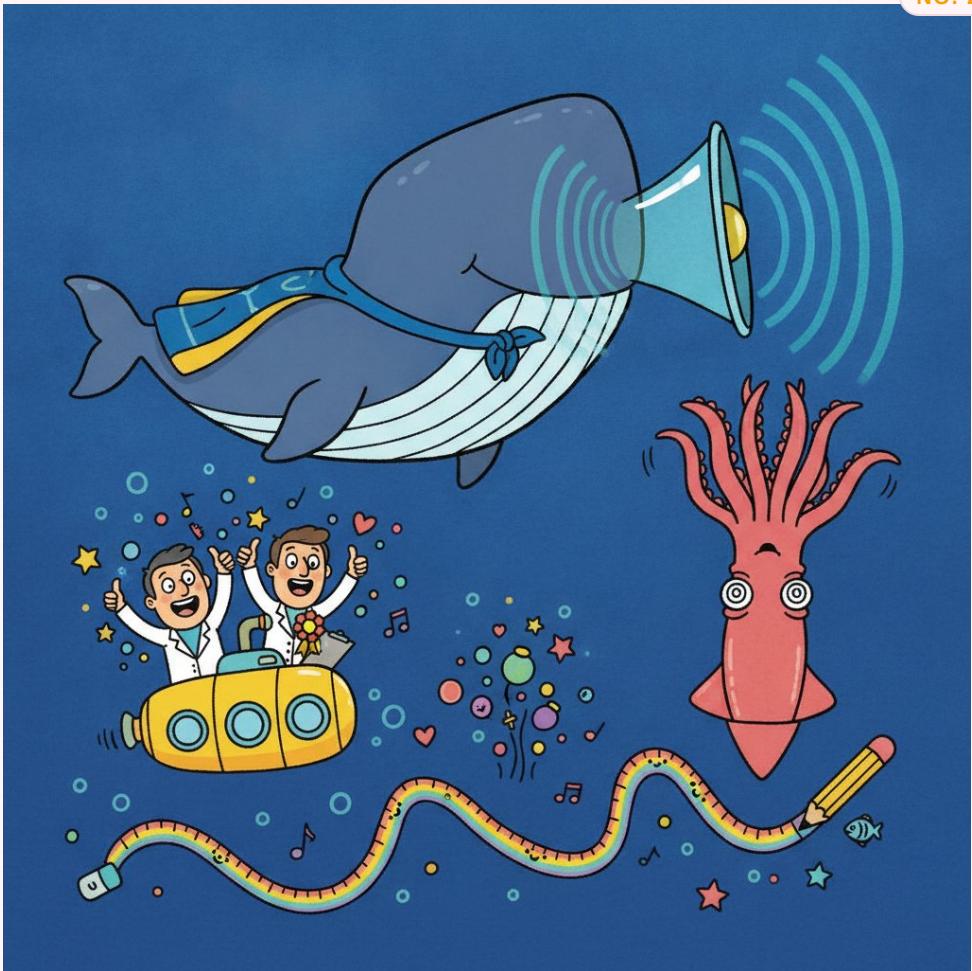
Not a chance. Human vocal cords could never compete. A 236-decibel click is far louder than a rocket launch and would instantly burst your eardrums. You simply do not have the giant skull or the deep-ocean biology required to blast a physical shockwave of sound.

Certified by Marine Acoustic Biologists

WOW-O-METER ★★★★★

Best on the planet

NO. 24



The Loudest Animal on Earth — Sperm Whale

CHAPTER 5

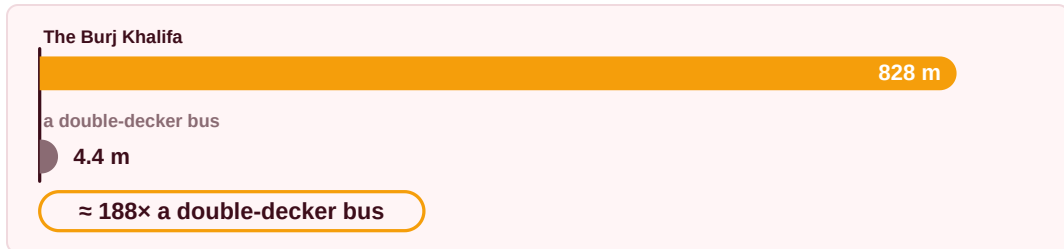
Things People Built

When humans decide to build the biggest — or the tiniest — version of something, they do not hold back. This chapter is the world's most extreme construction site.

6 RECORDS · ALL OF THEM REAL

25 The World's Tallest Building

DUBAI, UNITED ARAB EMIRATES · 2010



You would have to stack 188 double-decker buses end-to-end to reach the top of this super-tower!

Imagine trying to build a tower so high it pokes right through the clouds, all while fierce desert winds try to blow it over! To pull off the impossible, architects looked to nature. They modeled the Burj Khalifa's base in a "Y" shape, inspired by a desert flower called the Hymenocallis.

This clever floral shape keeps the massive skyscraper perfectly balanced, breaking up the wind so it won't topple over. Even so, if you stand at the absolute peak, you can feel the building swaying gently in the breeze!

The tower is so incredibly tall that taking the stairs would be a nightmare. Instead, visitors rocket up to the 124th-floor observation deck in super-powered elevators traveling an astonishing 10 meters per second.

How Is That Even Possible?

The spiraling, stepped design of the tower's exterior actually disrupts dangerous wind vortices. By preventing the wind from organizing into powerful gusts that could act against the building like a giant sail, the structure safely manages the extreme forces of gravity and desert wind shear.

COULD YOU BEAT IT?

The Honest Answer

Not unless you have billions of dollars and an army of structural engineers! Pushing past 828 meters requires inventing completely new construction materials and elevator technologies to handle the extreme weight and wind.

Certified by Council on Tall Buildings and Urban Habitat

WOW-O-METER ★ ★ ★ ★ ★

Best on the planet

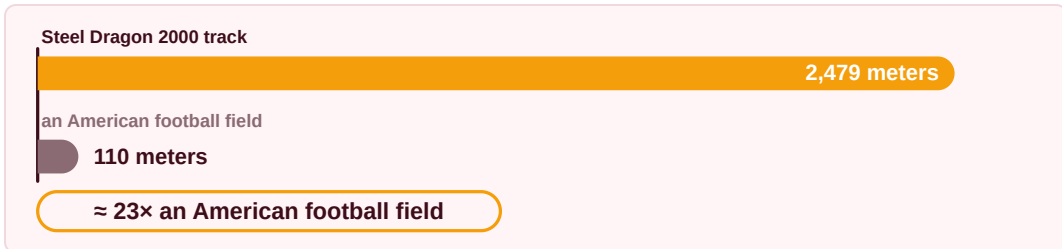
NO. 25



The World's Tallest Building — The Burj Khalifa

26 The Longest Roller Coaster

KUWANA, JAPAN · 2000



At 2,479 meters long, this colossal steel track equals about 23 American football fields laid end-to-end!

Roller coasters usually end just as your stomach drops, but the Steel Dragon 2000 was built to keep you screaming. Opened in the Year of the Dragon, this beast gives riders a thrilling four-minute journey packed with huge 300-foot drops and speeds over 95 miles per hour!

Because Japan experiences frequent earthquakes, engineers had to use massive amounts of extra steel to make the \$52 million structure incredibly strong. The track is so long that the chain pulling the cars up the first hill has to be split into two separate systems!

How Is That Even Possible?

Roller coaster cars don't have engines! They run entirely on physics. The ride uses a massive 97-meter lift hill at the very beginning to store huge amounts of potential energy. As the train plummets, that turns into kinetic energy, providing enough speed to coast through the entire 2.4-kilometer track.

COULD YOU BEAT IT?

The Honest Answer

You can't build one in your backyard! Constructing a steel coaster this enormous requires expert civil engineering, earthquake-proof designs, and over \$50 million. But you can definitely save up for a trip to Japan to ride the champion yourself!

Certified by Guinness World Records

WOW-O-METER ★★★★★☆

Almost unbelievable

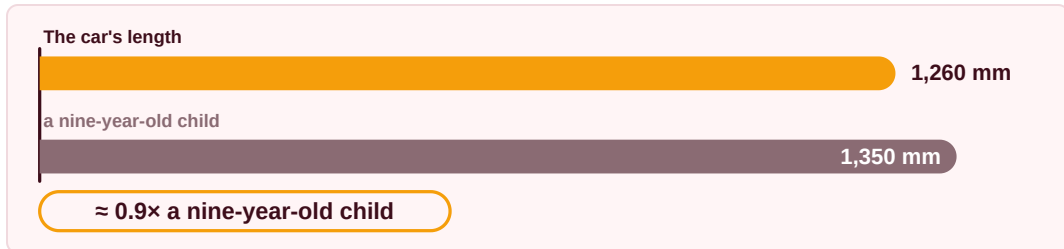
NO. 26



The Longest Roller Coaster — Steel Dragon 2000

27 The Smallest Street-Legal Car

PHOENIX, ARIZONA, USA · 2013



At just 1,260 millimeters long, the entire car is shorter than a typical nine-year-old lying down!

Austin Coulson always dreamed of breaking a world record, and as a mechanic, he knew exactly how to do it. He wanted to construct a vehicle so incredibly small it looked like a toy, but was real enough to drive right to the grocery store.

He pieced together parts from a quad bike, modeled the body to look like a classic 1957 Chevy, and painted it like a vintage fighter plane. His family doubted he could legally drive it, but he proved them wrong by installing a tiny safety-glass windshield, miniature working wipers, headlights, and seatbelts.

Today, Austin safely zips around his hometown at 25 miles per hour. Complete with a miniature half-gallon gas tank and a hilarious license plate that reads "IM BIG," this tiny machine is an absolute marvel of micro-engineering.

How Is That Even Possible?

Being "street legal" isn't about size—it's about passing a strict checklist of government safety regulations. Coulson passed the official transport inspection by carefully engineering miniaturized but fully functional headlights, turn signals, seatbelts, a horn, and a real windshield wiper, proving that safety doesn't require a massive vehicle.

COULD YOU BEAT IT?

The Honest Answer

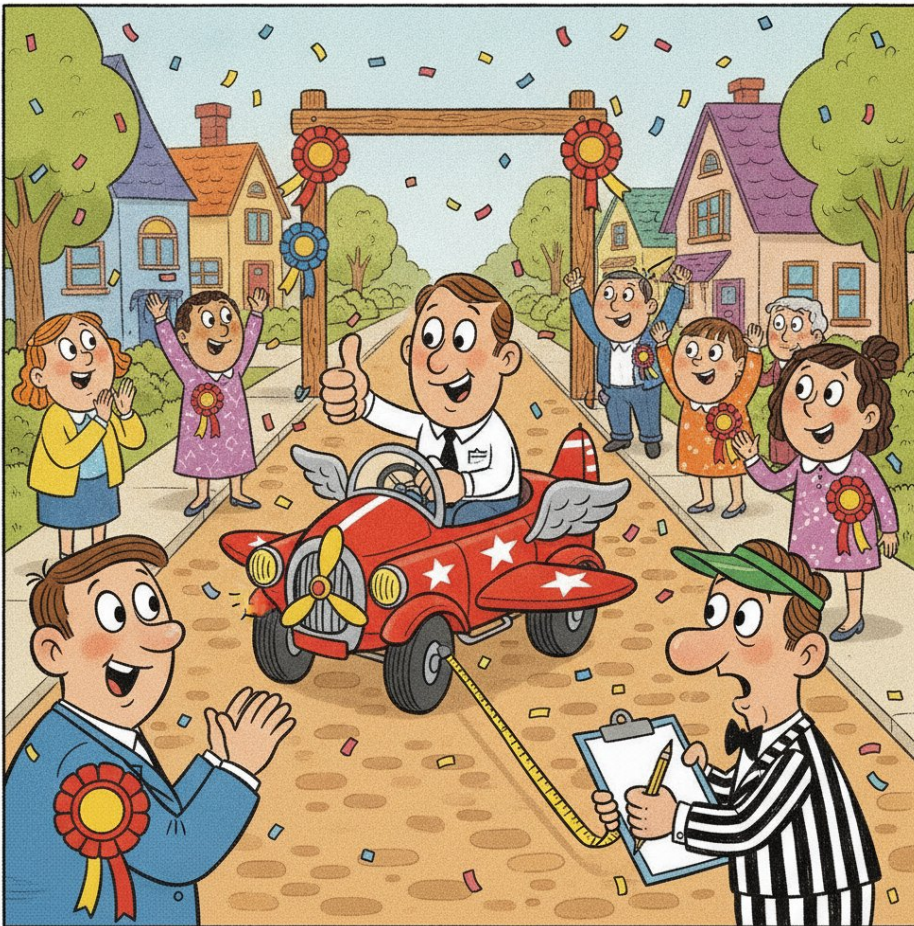
Building a street-legal car takes serious mechanical skill and welding knowledge. However, if you learn how to tinker with engines and study your local traffic laws, you could absolutely design your own miniature vehicle one day! You'll just have to keep it under 1,260 millimeters.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Almost unbelievable

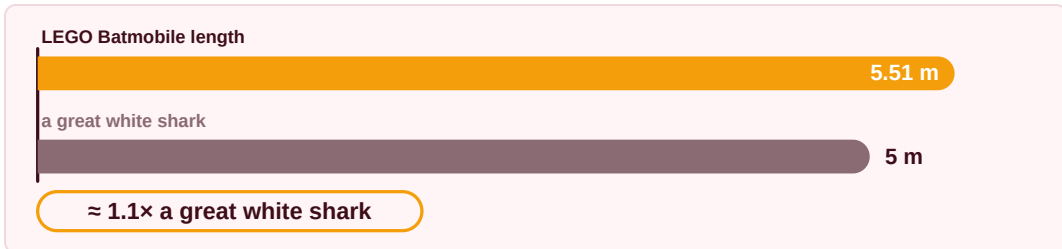
NO. 27



The Smallest Street-Legal Car — Austin Coulson

28 The Largest LEGO Brick Sculpture

LONDON, UK · 2017



This brick-built superhero ride is actually slightly longer than a fully grown great white shark.

We all know the pain of accidentally stepping on a stray LEGO brick. Now imagine working with half a million of them! Professional artist Nathan Sawaya took his love for superheroes to the ultimate level by building a life-sized, incredibly detailed Batmobile entirely out of standard plastic bricks.

Unveiled at a London art exhibition in 2017, the massive black vehicle looked ready to speed straight out of the Batcave and onto the streets of Gotham. Built with incredible patience, it easily secured the official world title.

How Is That Even Possible?

While a single LEGO brick is light, half a million of them weigh a tremendous amount. To keep the massive car from buckling under its own crushing weight, the builder had to use specialized interlocking patterns—just like a master stonemason laying real bricks for a heavy building.

COULD YOU BEAT IT?

The Honest Answer

Building a life-sized car takes an enormous budget and months of full-time work. But you can absolutely master the same engineering techniques! Start by practicing overlapping brick patterns to make small, super-strong walls, then slowly scale up.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ☆ ☆

Hard to believe

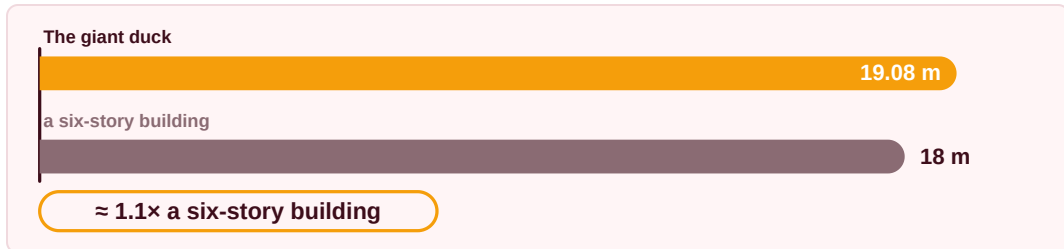
NO. 28



The Largest LEGO Brick Sculpture — Nathan Sawaya

29 The Biggest Rubber Duck

SHENZHEN, CHINA · 2025



At over 19 meters tall, this colossal yellow bath toy is higher than a six-story building!

What happens when bath time goes supersized? In 2025, the creators of the popular "B. Duck" characters built a bright yellow bath toy that would make an Olympic swimming pool look like a tiny puddle.

Claiming the record required exact measurements using professional surveying equipment. When the judges checked the math, this colossal inflatable duck towered a jaw-dropping 19.08 meters into the Shenzhen sky, officially claiming the crown.

Keeping a balloon this gigantic from blowing away is a serious engineering challenge. The team used industrial-strength fabric, massive concrete anchors, and powerful fans pumping non-stop air to keep its cheerful, chubby cheeks perfectly plump.

How Is That Even Possible?

Keeping a 19-meter balloon safely grounded is pure physics. Because a structure this large acts like a massive sail in the wind, engineers must use extremely heavy concrete weights to tether it. Meanwhile, industrial blowers continuously pump air inside to maintain high internal gas pressure and keep the duck's shape.

COULD YOU BEAT IT?

The Honest Answer

You could easily be the biggest duck builder in your own bathtub! But a 19-meter outdoor inflatable requires professional structural engineers, expensive industrial-strength fabrics, and massive concrete weights to stay tethered. This is a major corporate job, not a backyard project.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

NO. 29



The Biggest Rubber Duck — B. Duck Semk Holdings

30 The Heaviest Building Ever Moved

BAKU, AZERBAIJAN · 2013



This historic stone mansion weighed as much as a pod of 90 adult blue whales combined!

Imagine finding out your spectacular, historic stone mansion is sitting right in the path of a brand-new city road. Instead of destroying it with wrecking balls, the city of Baku decided to simply pick up the entire house and push it out of the way!

The city hired an expert engineering team to save the building. Workers carefully dug underneath the massive structure, severed it from its original foundation, and laid down a perfectly smooth track made of steel and concrete rails.

Using nine ultra-powerful hydraulic jacks, engineers slowly pushed the intact, 18,000-tonne mansion 35 feet down the street. Creeping along inch by inch, the record-breaking move took five entire days—proving that with enough science, anything is possible!

How Is That Even Possible?

Engineers used massive hydraulic jacks, which are machines that use pressurized liquid to multiply force. Because liquid cannot be squeezed into a smaller space, pumping fluid into a tight cylinder creates immense pressure—enough to slide an 18,000-tonne stone building along a low-friction steel track.

COULD YOU BEAT IT?

The Honest Answer

Not without an engineering degree and millions of dollars! Moving an intact building requires a massive crew and heavy industrial machinery. But if you master your physics and math, you could grow up to command the hydraulics that move the next giant mansion.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

NO. 30



The Heaviest Building Ever Moved — 39 Fizuli Street Mansion

CHAPTER 6

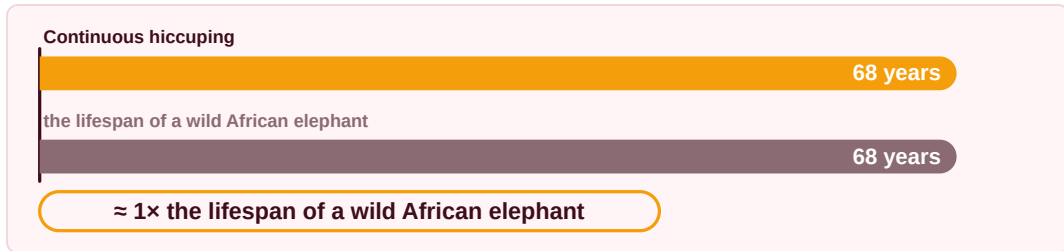
Records Nobody Should Want

Some records are trophies. Others are just... a lot. These are the gloriously uncomfortable ones — the longest hiccups, the most bees, the records that make you say 'why would anyone?' — all held with a grin.

6 RECORDS · ALL OF THEM REAL

31 The Longest Attack of Hiccups

UNION, NEBRASKA, USA · 1990



Charles hiccuped for the same amount of time a wild elephant wanders the savanna.

In 1922, young Charles Osborne was weighing a 350-pound hog for butchering when he slipped and took a hard fall. The accident popped a pin-sized blood vessel in his brain, permanently breaking his body's hiccup switch. He started hiccuping 20 to 40 times a minute—and didn't stop for six decades.

Over the years, Charles endured an estimated 430 million annoying spasms, but he never let them ruin his mood. He learned a secret breathing technique to muffle the sound, raised a large family, and simply blended his favorite chicken dinners when chewing became too difficult.

After 68 years of traveling the world looking for a cure, the hiccups mysteriously vanished on their own in 1990. Charles finally got to enjoy one wonderfully peaceful, hiccup-free year of life.

How Is That Even Possible?

A tiny, pin-sized burst blood vessel in Charles's brain damaged the specific neurological area that controls the hiccup reflex. Without that control center functioning properly, his diaphragm was stuck in an endless loop of involuntary muscle spasms for nearly seven decades until it mysteriously corrected itself.

COULD YOU BEAT IT?

The Honest Answer

You definitely shouldn't try! This was a permanent, accidental medical injury, not a willpower challenge. While normal hiccups go away after drinking water, beating this bizarre record would require spending your entire life suffering from nonstop diaphragm spasms.

Certified by Guinness World Records

WOW-O-METER ★★★★★

Best on the planet

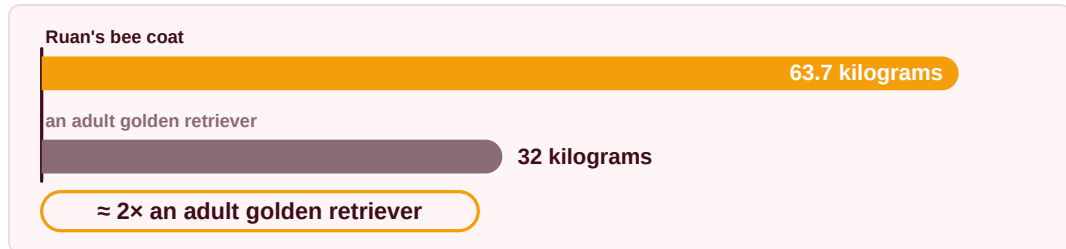
NO. 31



The Longest Attack of Hiccups — Charles Osborne

32 The Heaviest Coat of Bees

JIANGXI PROVINCE, CHINA · 2014



That is roughly the weight of two fully grown golden retrievers sitting all over your body!

Master beekeeper Ruan Liangming loves his insects so much he happily calls them his "flying friends." In 2014, he set out to conquer the ultimate, buzzing test of bravery by wearing a living suit of them.

Stripping down, Ruan had assistants place 60 queen bees all over his body. Because bees are intensely loyal, roughly 637,000 worker bees swarmed in to protect their queens, covering Ruan from head to toe in a squirming coat.

He stayed perfectly calm, proving his theory that bees won't sting unless agitated. To get the final certified weight, judges simply put him on a scale and subtracted his normal human body weight from the total.

How Is That Even Possible?

This wild stunt relies on basic bee biology! Worker bees are instinctively driven to follow and protect their queen. By strategically placing 60 queen bees on his body, Ruan created an irresistible signal. Because he stayed completely still and calm, the worker bees simply treated him like a giant, oddly shaped hive.

COULD YOU BEAT IT?

The Honest Answer

Absolutely not. This is a highly controlled stunt performed by a master professional who understands insect behavior. Without years of beekeeping experience, panicking is guaranteed—and panicking inside a swarm of 637,000 bees is a very quick way to get severely stung.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Almost unbelievable

NO. 32



The Heaviest Coat of Bees — Ruan Liangming

33 The Most Snails on a Face

SANDY, UTAH, USA · 2009



Fin's face was exactly as crowded as a large pizza perfectly covered in pepperoni slices!

What do you ask for when you turn eleven? Most kids want a video game or a new bike, but Fin Keheler just wanted his name in a world records book. After getting an almanac for his tenth birthday, Fin decided to conquer a weird, slimy challenge.

With the help of family and friends who gathered mollusks from neighbors' gardens, Fin lay back in a reclining chair. He had to stay perfectly still while 43 cold, gooey snails were carefully placed all over his cheeks, nose, and forehead.

To make it into the record books, the rules were incredibly strict: every single snail had to stay safely attached to his face for a minimum of ten consecutive seconds. Fin bravely endured the ticklish, squiggly sensation, successfully earning himself the slimiest birthday present ever.

How Is That Even Possible?

This record requires total physical control and an iron stomach. Snails secrete a thick mucus to help them move and stick to surfaces, meaning Fin's face became incredibly gooey. To keep 43 of them attached simultaneously, he had to breathe shallowly and ignore the overwhelming urge to itch his skin.

COULD YOU BEAT IT?

The Honest Answer

You genuinely could—if you have immense willpower and zero fear of slime! The hardest part would be safely finding 44 healthy garden snails and balancing them all on your face for ten seconds without twitching, laughing, or sneezing.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Hard to believe

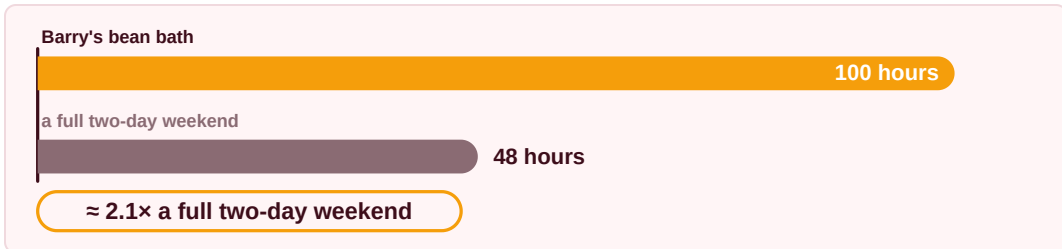
NO. 33



The Most Snails on a Face — Fin Keheler

34 The Longest Baked Bean Bath

PORT TALBOT, WALES · 1986



He sat in cold tomato sauce for more than double the length of an entire weekend!

In 1986, computer technician Barry Kirk wanted to raise money for a children's charity. He decided the best way to do it was utterly ridiculous: he filled a bathtub to the brim with freezing cold baked beans and tomato sauce, then climbed right in.

Barry stayed completely submerged in the sticky, freezing soup for an unbelievable 100 hours. He survived four straight days and nights in the tub. When he finally climbed out, his mother had just one piece of advice: "Son, don't try anything like that again!"

But the stunt changed his life forever. Barry loved the beans so much that he legally changed his name to "Captain Beany," painted his bald head orange, and turned his apartment into the world's only Baked Bean Museum!

How Is That Even Possible?

This is a pure test of mental endurance. Surviving 100 hours in a tub means dealing with severe sleep deprivation, muscle cramps from sitting still, and the freezing, sticky sensory nightmare of cold tomato sauce. Barry had to push past massive physical discomfort using sheer willpower and a great sense of humor.

COULD YOU BEAT IT?

The Honest Answer

You probably wouldn't want to! Sitting in a freezing, gooey mess for over four days is a sensory nightmare. Plus, modern record judges are very strict about sleep deprivation and extreme endurance stunts, so kids wouldn't be allowed to try a multi-day bath anyway.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Almost unbelievable

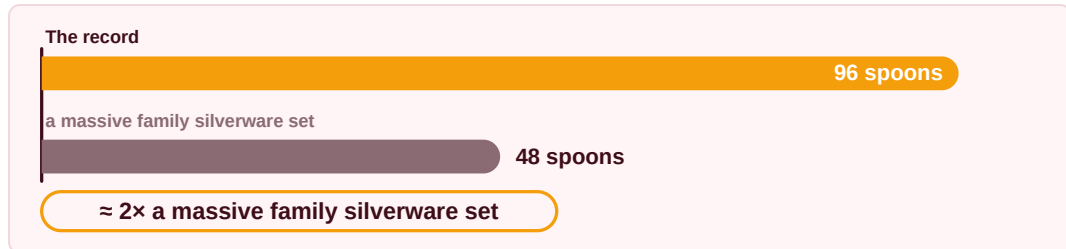
NO. 34



The Longest Baked Bean Bath — Barry Kirk

35 Most Spoons Balanced on a Body

KARAJ, IRAN · 2025



That is exactly two massive 48-piece silverware sets stuck entirely to one man's skin!

Ever since he was a kid, Abolfazl Saber Mokhtari noticed that things naturally stuck to him. As he grew up, he realized this quirky stickiness was a superpower. With bare skin and zero glue, he set his sights on becoming the ultimate human magnet.

Standing perfectly still, Abolfazl had a very patient assistant carefully place shiny metal spoons all over his chest, back, and arms. He has broken this specific record three times, leveling up from 85 to 88, and finally reaching a staggering 96 spoons!

Once the final spoon was officially counted and the record was secured, Abolfazl didn't carefully pluck them off. Instead, he celebrated in style by flexing his muscles, sending all 96 metal spoons crashing hilariously to the floor.

How Is That Even Possible?

It comes down to natural skin friction. Abolfazl's skin produces just the right amount of natural moisture to create a temporary suction effect against smooth metal. This natural stickiness, combined with an incredible ability to stand completely still, allows the spoons to hang on. Absolutely no glue or tape is allowed!

COULD YOU BEAT IT?

The Honest Answer

You can definitely try! Wash a smooth metal spoon, lean back slightly, and see if it sticks to your chest or cheek. Getting one or two is a fun party trick, but holding 96 requires incredibly unique skin and statue-like patience.

Certified by Guinness World Records

WOW-O-METER ★★☆☆☆

Hard to believe

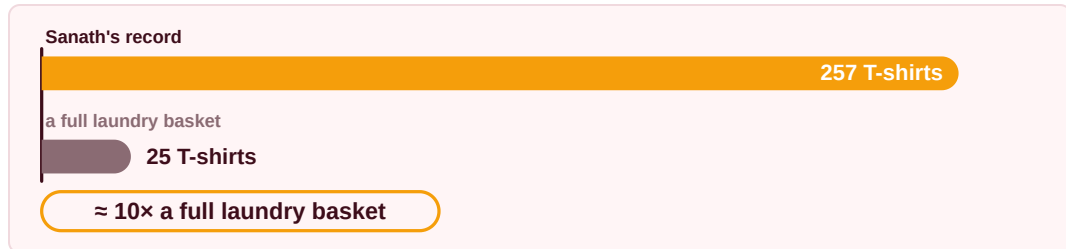
NO. 35



Most Spoons Balanced on a Body — Abolfazl Saber Mokhtari

36 Most T-Shirts Worn at Once

COLOMBO, SRI LANKA · 2011



Folded into a single stack, Sanath's 257 shirts would stand taller than your kitchen refrigerator.

In December 2011, Sanath Bandara stood in a Sri Lankan park, faced a cheering crowd, and started pulling T-shirts over his head. He didn't stop for an hour, seven minutes, and three seconds.

By the end, Sanath had squeezed into 257 layers, transforming into a waddling mountain of cotton. Because he grew so wide, the final shirts had to be gigantic, custom-made garments large enough to cover a mattress!

Why endure this heavy, sweaty challenge? Sanath had survived a tragic bombing in 2008. He set out to break world records to celebrate his survival and show the world his incredible, unbreakable determination.

How Is That Even Possible?

Wearing this many layers traps immense body heat and restricts movement. The physical secret is exponential sizing. The first few shirts are normal, but the outer layers must be gigantic, custom-sewn garments large enough to cover a mattress just to stretch over the previous 250 shirts!

COULD YOU BEAT IT?

The Honest Answer

You could easily pull on ten or fifteen shirts for fun! But reaching the hundreds requires custom-made giant clothes, immense stamina to carry the crushing weight, and a very high tolerance for feeling totally trapped and sweaty.

Certified by Guinness World Records

WOW-O-METER ★ ★ ★ ★ ☆

Almost unbelievable

NO. 36



Most T-Shirts Worn at Once — Sanath Bandara