## SOCK METHOD FOR LEARNING PHARM

### SIDE EFFECTS:
- Focus on life threatening side effects that effect major organs and contradict therapy. View 140 Must Know Meds and MedMaster Course for help.

### ORGANS:
- Start with a macro understanding of A&P and focus on meds, side effects, and considerations that deal with major organ systems.

### CLASS/CONSIDERATION/CARDS:
- Focus on pharmacological classes, nursing considerations that impact ABCs and major organs, and use the NRSNG Drug Card Template.

### MUST KNOW:
- You can’t learn every medication. Focus on the most prescribed. Use NRSNG cheatsheets to help with this and develop your own list based on where you work.